

Weekly Self Diagnostic

Take about 10 minutes or less to answer the following questions:

- a) Overall how are you feeling about the course material covered this week in class?
- b) What standards do you think you have demonstrated proficiency in this week? (via activities, self-assessment, revisions, etc.) Briefly but concretely explain how you know you are proficient.
- c) What standards did you improve on this week but still need to keep working on?
- d) What meta-cognition skills did you improve on this week and what past meta-cognition topics are proving helpful?
- e) Overall how would you assess your effort in the class this week and your progress towards meeting your goals?