

habits
id INT
name VARCHAR(100)
2 more...
Indexes
PRIMARY
goal_id
Triggers
AFT UPDATE after_habit_update
AFT INSERT after_habit_insert
BEF DELETE before_habit_delete

goals
id INT
titulo VARCHAR(100)
descricao VARCHAR(255)
is_completed TINYINT(1)
user_id INT
criado_em TIMESTAMP
Indexes
PRIMARY
user_id
Triggers
AFT UPDATE after_goal_update
AFT INSERT after_goal_insert
BEF DELETE before_goal_delete

users
id INT
nome VARCHAR(100)
idade INT
motivacao VARCHAR(255)
4 more...
Indexes
PRIMARY
email
cpf
Triggers
BEF UPDATE validate_cpf
BEF INSERT validate_idade_user
BEF INSERT validate_idade
BEF INSERT validate_cpf
AFT INSERT log_insert

