

Referral Queue ID: 480574472

Patient Referral

Patient Information:

Patient: Mckinney, Sherri	Home Phone: (732) 877-8339	
SSN:	Work Phone:	Ext:
Address: 2030 lehigh st apt 508	DOI: 11/15/2024	Cell Phone: (732) 877-8339
EASTON, PA 18042	DOB: 05/22/1973	

Employer Contact:

Employer Location: Plainfield Board of Education	Contact: Wendy Hardy
Address: 1200 Myrtle Ave	Role: Additional Contact
Plainfield, NJ 070631139	Phone: (908) 731-4323 Ext.:
Auth. by:	Fax:

Program:

Billing Information:

Carrier: D&H Alternative Risk Solutions	Billing: D&H Alternative Risk Solutions
Address: PO Box 68	Address: PO Box 68
Newton, NJ 078600068	Newton, NJ 078600068
Phone: (973) 940-1851	Claim #:
Fax: (908) 684-9911	
Notes: Alt name, Dietz & Hammer	

Referral Contact:

Contact: Carolina Shell
Role: Adjuster
Phone: (973) 940-1851 **Ext.:** 239
Fax: (973) 940-1852
Email:

****NOTE TO THE ABOVE FACILITY OR PHYSICIAN:**
Please send a copy of all reports on this patient to the payer and the center.

Referral Queue ID: 480574472

Patient Referral

Patient Information:

Patient:	Mckinney, Sherri	Home Phone:	(732) 877-8339	Ext:	
SSN:		Work Phone:		Cell Phone:	(732) 877-8339
Address:	2030 lehigh st apt 508 EASTON, PA 18042	DOI:	11/15/2024	DOB:	05/22/1973

Therapy Referral Information:

Referral Status: New Referral

REFERRAL PRESCRIPTION

Provider Type: Physical Therapist

Requested

Total Treatments:	6	Request Comments:	
Treatments per Week:	3	Auto Generated	
Treatment Duration:	2 Weeks		

Diagnosis

ICD9 Code	ICD10 Code	Description
844.8	S86.912A	STRAIN OF UNSP MUSC/TEND AT LOWER LEG LEVEL, LEFT LEG, INIT-S86.912

Body Part

Part	Laterality
Knee	Left

Additional Notes

Auto Create - Physical Therapy Referral

Date: 11/15/2024

Referring Provider: Kristen Dematti, PA

Kristen Dematti M-C

Number of Visits to Date: 0

Authorized

Total Treatments:	Auth Number:
Treatments per Week:	Effective Date:
Treatment Duration:	Expiration Date:
Authorization Comments:	Units Authorized:

****NOTE TO THE ABOVE FACILITY OR PHYSICIAN:**

Please send a copy of all reports on this patient to the payer and the center.

Transcription

Patient: Mckinney, Sherri Service ID #: 487070156
Soc. Sec. #: Referral Q ID:
Date of Birth: 5/22/1973 Age: Injury Date: 11/15/2024 Service Date: 11/15/2024
Service Location: CMC - NNJ South Plainfield Employer: Plainfield Board of Education
Claim Number: Dictated By: Kristen Dematti, PA
Diagnosis: S86.912A STRAIN OF UNSP MUSC/TEND AT LOWER LEG LEVEL, LEFT LEG, INIT-S86.912A

Notes:

Reason For Visit

Chief Complaint: The patient presents today with left knee, fell on knee trying to keep a kid from running outside of building, pt fell directly on knee states knee is giving out, has difficulty applying pressure on foot feels like something is out of place, went to school nurse and got an ice pack to apply to knee. Workers Compensation - Patients Occupation: security.

Chaperone was offered: Patient declined the presence of a chaperone

Medical History

Diabetes Type II

FAMILY HISTORY:

The patient s family history has been obtained and carefully reviewed. It has been determined that the patient s family history is noncontributory to the current injury.

Surgical History

History of No pertinent past surgical history (Z78.9)

Allergies

No Known Drug Allergies

Occupational History

Occupational History

Type of job / Job title: security
Major job functions: walking around school, sitting when needed
Length of time at this job: 3 year(s). Average weekly work hours: 40.
Recent overtime: Yes
Overtime hours per week: 6-8

History of Present Illness

Kristen Dematti PA-C

Documented By: Kristen Dematti, PA

Documented On: 11/15/2024 4:00 PM

Transcription

Patient: Mckinney, Sherri Service ID #: 487070156
Soc. Sec. #: Referral Q ID:
Date of Birth: 5/22/1973 Age: Injury Date: 11/15/2024 Service Date: 11/15/2024
Service Location: CMC - NNJ South Plainfield Employer: Plainfield Board of Education
Claim Number: Dictated By: Kristen Dematti, PA
Diagnosis: S86.912A STRAIN OF UNSP MUSC/TEND AT LOWER LEG LEVEL, LEFT LEG, INIT-S86.912A

Notes:

Patient here with left knee pain which started today at work after she fell 11/15/2024. Apparently, was trying to stop a child from running outside and she lost her grip and fell forward landing on her left knee. States at this time her lower back feel stiff and the back of her left thigh feels "stretched." and some pain to her right ankle with full ROM. Denies medications taken for pain. Denies previous injury to left knee, no outside or sports injury. States has a HNP L5-S1 from a previous injury from prior to 2010, but states her back has felt fine since then. Denies tingling or numbness to LE. No open wounds to knee. Left knee: pain with flexion and extension of knee, has a small bruise to front of knee which is painful with touching.

Review of Systems

Constitutional: Reviewed and found to be negative.
Eyes: Reviewed and found to be negative.
Cardiovascular: Reviewed and found to be negative.
Respiratory: Reviewed and found to be negative.
Gastrointestinal: Reviewed and found to be negative.
Musculoskeletal: joint pain.
Integumentary: Reviewed and found to be negative.
Neurological: Reviewed and found to be negative.
Psychiatric: Reviewed and found to be negative.
Hematologic and Lymphatic: Reviewed and found to be negative.

Vitals

Vital Signs

Recorded: 15-Nov-2024 03:29 PM
Systolic: 114
Diastolic: 80
BP Cuff Size: Regular - Adult
Heart Rate: 80
Respiration: 15
Height: 5 ft 5 in

Kristen Dematti PA-C

Documented By: Kristen Dematti, PA
Documented On: 11/15/2024 4:00 PM

Transcription

Patient: Mckinney, Sherri Service ID #: 487070156
Soc. Sec. #: Referral Q ID:
Date of Birth: 5/22/1973 Age: Injury Date: 11/15/2024 Service Date: 11/15/2024
Service Location: CMC - NNJ South Plainfield Employer: Plainfield Board of Education
Claim Number: Dictated By: Kristen Dematti, PA
Diagnosis: S86.912A STRAIN OF UNSP MUSC/TEND AT LOWER LEG LEVEL, LEFT LEG, INIT-S86.912A

Notes:

Weight: 225 lb
BMI Calculated: 37.44 kg/m2
BSA Calculated: 2.08 m2

Vital signs were reviewed and found to be unremarkable.

Physical Exam

Constitutional: well appearing and well nourished.

Head/Face: Normocephalic and atraumatic.

Eyes: Extraocular movements intact.

ENT: Hearing is grossly normal.

Pulmonary: Normal to palpation.

Cardiovascular: Extremities are warm with no edema. capillary refill was normal.

Left Thigh: Appearance normal. No deformity. No tenderness. Full range of motion.

Strength normal.

Left Knee: Appears with. Skin trauma noted. Ecchymosis noted to front of knee below

patella- tender to area. There is tenderness diffusely over the anterior knee.

Palpates normal. Limited range of motion in all planes with pain. Flexion: with pain.

Extension: with pain.

Neurologic: Bilateral deep tendon reflexes are 2/4. Sensation is intact to light

touch in all dermatomes. The muscles display no weakness. Vascular: The pulses are

2+/2+ bilaterally and capillary refill time is normal bilaterally., No symptoms of

compartment syndrome: no out of proportion pain, no paresthesia, no pain with range

of motion distal to the injury, no pallor or pulselessness, and no paralysis.

Ligamentous Laxity Test(s): negative Anterior Drawer sign and negative Posterior

Drawer sign.

Right Ankle: Appearance normal. No deformity. No tenderness. Full range of motion.

Strength normal.

Lumbosacral Spine: with normal lordosis, no tenderness and full ROM.

Straight leg

raises negative bilaterally.

Kristen Dematti PA-C

Documented By: Kristen Dematti, PA

Documented On: 11/15/2024 4:00 PM

Transcription

Patient: Mckinney, Sherri Service ID #: 487070156
Soc. Sec. #: Referral Q ID:
Date of Birth: 5/22/1973 Age: Injury Date: 11/15/2024 Service Date: 11/15/2024
Service Location: CMC - NNJ South Plainfield Employer: Plainfield Board of Education
Claim Number: Dictated By: Kristen Dematti, PA
Diagnosis: S86.912A STRAIN OF UNSP MUSC/TEND AT LOWER LEG LEVEL, LEFT LEG, INIT-S86.912A

Notes:

Neurologic: Gait evaluation demonstrated a normal gait, full weight bearing, no ataxia, no shuffling.

Psychiatric: . mood and affect are appropriate.

ASSESSMENT

1. Knee strain, left, initial encounter (S86.912A)
2. Contusion of left knee, initial encounter (S80.02XA)
3. Strain of left hamstring muscle, initial encounter (S76.312A)
4. Lumbar spine strain, initial encounter (S39.012A)

Plan

1. Start: Ibuprofen 600 MG Oral Tablet; TAKE 1 TABLET 3 TIMES DAILY WITH FOOD AS NEEDED

Rx By: Dematti, Kristen M; Order: 7 Days ; #:20 Tablet; Refill: 0;For: Lumbar spine strain, initial encounter; DAW = N; Sent To: CONCENTRA - SOUTH PLAINFIELD; Msg to Pharmacy: Process using: BIN: 019090 PCN: STM Group#: CMC00005 ID#: Q05152411289772450

2. Physical Therapy Referral Physical Therapy See Referral Comment! Done: 15Nov2024

Ordered;For: Knee strain, left, initial encounter; Ordered By: Dematti, Kristen M

Performed: Due: 29Nov2024

Laterality 1 : Left

Body Part 1 : Knee

PT Necessary : PT is medically necessary to address objective impairment/functional

loss and to expedite return to full activity

Frequency : 3 x week

Duration : 2 weeks

Therapy Order : Evaluate and Treat

3. Hot/Cold Pack 6" x 10"; Requested for:15Nov2024;

Perform:ENVI; Due:20Nov2024;Ordered; For:Lumbar spine strain, initial encounter;

Ordered By:Dematti, Kristen M;

Dispensed : Dispensed today for home use. The patient was instructed to use as

directed for reduction of pain

Quantity : 1

ibuprofen and ice to area

Kristen Dematti PA-C

Documented By: Kristen Dematti, PA

Documented On:11/15/2024 4:00 PM

Transcription

Patient: Mckinney, Sherri Service ID #: 487070156
Soc. Sec. #: Referral Q ID:
Date of Birth: 5/22/1973 Age: Injury Date: 11/15/2024 Service Date: 11/15/2024
Service Location: CMC - NNJ South Plainfield Employer: Plainfield Board of Education
Claim Number: Dictated By: Kristen Dematti, PA
Diagnosis: S86.912A STRAIN OF UNSP MUSC/TEND AT LOWER LEG LEVEL, LEFT LEG, INIT-S86.912A

Notes:

ALL THE PATIENT S MEDICATIONS FOR THIS ENCOUNTER WERE DISPENSED IN THE CENTER.

Discussion/Summary

Left knee strain and contusion, left thigh strain and lumbar strain s/p fall today
at this time major complaint is pain to left knee- other areas seem of less pain
Left knee limited ROM with pain as well a contusion
Start ibuprofen/ ice to area
PT referral placed for left knee to help aid in recovery
MD
return in 2 to 3 days for recheck

Medication injection was considered at this visit but deferred as: Oral medications
are appropriate at this time.
DME was considered at this visit but deferred as: It is not clinically necessary at
this time.
Imaging and other diagnostics were considered at this visit but deferred
as: While
not ordered at this time it will be reconsidered next visit.

Kristen Dematti PA-C

Documented By: Kristen Dematti, PA
Documented On: 11/15/2024 4:00 PM

Concentra Medical Centers (NJ)116 Corporate Blvd Ste E SOUTH PLAINFIELD, NJ 07080
Phone: (908) 757-1424 Fax: (908) 757-5678**Transcription**

Patient: Mckinney, Sherri Service ID #: 487070156
Soc. Sec. #: Referral Q ID:
Date of Birth: 5/22/1973 Age: Injury Date: 11/15/2024 Service Date: 11/15/2024
Service Location: CMC - NNJ South Plainfield Employer: Plainfield Board of Education
Claim Number: Dictated By: Kristen Dematti, PA
Diagnosis: S86.912A STRAIN OF UNSP MUSC/TEND AT LOWER LEG LEVEL, LEFT LEG, INIT-S86.912A

Notes:

A comprehensive discussion was held with the patient to review the diagnosis and overall treatment plan and objectives. The patient verbally acknowledged their understanding of all items discussed, and was afforded an opportunity to get clarification and/or ask additional questions regarding the proposed treatment(s). Patient was instructed to keep their scheduled appointments for follow-up and/or return to Concentra.

Activity Status and Restrictions**Treatment Status:**

Returning for follow-up: 2 to 3 days

Activity Status

Return to modified work/activity today.

Work Duration

Patient may work their entire shift.

Restrictions: KEY - Occasionally = up to 3 hrs/day, Frequently = up to 6

hrs/day, Constantly = up to 8 hours or greater per day

May bend frequently

May stand frequently

May walk frequently

Signatures

Electronically signed by : Kristen Dematti, PA-C; Nov 15 2024 4:00PM
Eastern
Standard Time - Author

*Kristen Dematti PA-C***Documented By: Kristen Dematti, PA****Documented On: 11/15/2024 4:00 PM**