

Peter S.H. Chan, MD

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Hand Therapy Referral

Date: 7/12/2024

Patient: Ortiz, Steven

Schedule ONLY With Certified Hand Therapist or Occupational Therapist

Diagnosis: Status post repair scapholunate ligament right wrist

Rx:

We will not start radiocarpal motion for at least 4 weeks, he needs to go to therapy however to have the splint made, and also to work on digital motion

Select

Frequency:

3 times per week for 4 weeks

Splint:

Forearm based / MP's free

Range of Motion: To digits only Active, Active Assistive, Gentle Passive

Strengthening:

None for now

Other:

Wound care, Scar Management, Edema control

Modalities as Needed.

Additional Instructions:

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