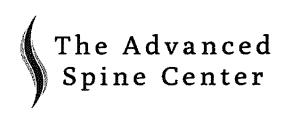
From:9737532150



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Prescription for Physical Therapy
PATIENT NAME: Dennis Bergnen DATE: 2/27/24
DIAGNOSIS: Cervical Strain S13.4XX Thoracic Strain S23.3XX Lumbar Strain S39.012 R / L SI Joint M46.1 Cervical Radic M54.12 Thoracic Radic M54.14 Lumbar Radic M54.16 R / L Shoulder M25.
GOALS: Decrease Pain and Inflammation - Increase Strength and Range of Motion
Wean from Brace
PRECAUTIONS: Dost-op: Cervical / Thoracic / Lumbar
MODALITIES: X: THERAPIST'S DISCRETION X: ULTRASOUND X: HEAT : NO TRACTION X: ELECTRIC STIMULATION : COLD : T.E.N.S. TRIAL X: MANUAL THERAPIES
EXERCISE: X: THERAPIST'S DISCRETION: FLEXION BIASEDX: FUNCTIONAL ACTIVITIES X: AROM: EXTENSION BIASEDX: PROGRESSIVE ACTIVITIES
PROGRAMS:
X: TEACH HOME MAINTENANCE PROGRAM: FUNCTIONAL CAPACITY EVALUATION
: AQUATIC / POOL THERAPY: WORK CONDITIONING / HARDENING
FREQUENCY OF TREATMENT DAYS PER WEEK DURATION OF TREATMENT WEE
Sarah J. Ries, PA-C Michele Lohman, PA-C Tanya Lugo, PA-C