IWC 682 932



WC Facsimile Transmittal Request

TO: CAROLINA SHOW		DN - Othopia
company: DIA ALTERNATIVE RISK Soution	Date:	4/5/2023
Fax Number: 6113) 91 40 1852	Claim Number:	

RE: LOW NEW CE, RASHON

Phone Number:

Work Note

Visit Note

Visit Note

PT Rx

Please Fax Next Appointment DDI to (908) 588-2319

MRI RX

Surgery

Other V

CONFIDENTIAL NOTICE

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Vinay Chopra MD
Matthew Griffin MD
Nicholas Delaney MD
Prashant Patel MD
John Griffin MD
Kevin Dunn MD
Mohammad Athar MD
Maybelle Maningat DPM

116 S. Euclid Ave, Suite 1 Westfield NJ 07090 Office: (908) 588-2311 Fax: (908) 588-2319

300 Executive Dr. Suite 110 West Orange, NJ 07052 Office: (973) 434-9575 Fax: (973) 434-9578

Fax: (973) 434-9578	
Date: 4/5/23	
Re:	
To Whom It May Concern,	
This letter is to certify that Roshon Laurence has been under my orthopedic care.	
The patient was seen and evaluated by Dr. Vinay Chopra in our office today.	
The patients work/school status is Desk 1	
holiting great hen	
10-15/	,
as of A F 7013.	د
If you have any questions, feel free to call our office at (908) 588-2311.	
Sincerely,	
Vinay Chopra	
Vinay Chopra, MD	

APPOINTMENT CARD

Patient Name: Lawrence, Rashon

Appointment:

Wednesday, April 19, 2023 at 2:00 PM

Provider:

VINAY CHOPRA, MD

Resource:

CHOPRA, VINAY

Facility:

Genesis Orthopsedic and Spine

116 S EUCLID AVR WESTFIELD, NJ-07090-2184 Tel:908-588-2311 Fex:908-588-2319

Reason:

2 wks f/up concussion, neck & mri results

Genesis Orthopaedic and Spine

♀ 116 S EUCLID AVE,

WESTFIELD, NJ, 07090-2184

908-588-2311 🚗 908-588-2319

Req/Ctrl# (CD-): 72833 Vinay Chopra, MD NPI: 1730329079

Sport Medicine

Lawrence, Rashon, Female, 11/15/1995 ID: 19138

662-436-3242 9 110 N 16TH ST, BLOOMFIELD, NJ 07003-5809

Today: 04/05/2023 02;20 PM Order Date: 04/05/2023 01;30 PM

Primary Insurance Name: DandH Alternative Risk Solutions Insurance Address: PO BOX 68 , NEWTON , NJ , 07860-0058

Subscriber Number: IWC082932 Insured Name: Lawrence, Reshon

Address: 110 N 16TH ST, BLOOMFIELD, NJ 07003-5809

Priority

Diagnostic Name

Assessment(s)

Instructions

STAT

MRI : Cervical without Contrast

- M54.12, Cervical radiculopathy

Notes: w/ contrast, r/o rediculopathy

Electronically Signed By: Vinay Chopra, MD

Signature of Patient/Guardian

Order generated by eClinicalWorks (www.eclinicalworks.com)

Genesis Orthopaedic and Spine

₱ 116 S EUCLID AVE,

WESTFIELD, NJ, 07090-2184

908-588-2311 908-588-2319

Req/Ctrl# (CD-): 72833 Vinay Chopra, MD

NPI: 1730329079 Sport Medicine

Today: 04/05/2023 02:20 PM

Order Date: 04/05/2023 01:30 PM

Lawrence, Rashon, Female, 11/15/1995 ID: 19138

\$62-438-3242

♀ 110 N 16TH ST, BLOOMFIELD, NJ 07003-5809

Primary insurance Name: DandH Alternative Risk Solutions Insurance Address: PO BOX 68 , NEWTON , NJ , 07860-0068

Subscriber Number: (WC082932 Insured Name: Lawrence, Rashon

Address: 110 N 16TH ST, BLOOMFIELD, NJ 07003-5809

Priority Routine Teet Name

Vestibular Rehabilitation 3x week for 2 weeks

Assessment(s)

nent(s) Instructions

- S06.0X0D, Concussion without loss of consciousness, subsequent

encounter

- H81.90, Vestibular dysfunction

after traumatic injury

Electronically Signed By: Vinay Chopra, MD

Signature of Patient/Guardian

Order generated by eClinicalWorks (www.eclinicalworks.com)

Genesis Orthopaedic and Spine

₱ 116 S EUCLID AVE,

WESTFIELD, NJ, 07090-2184

Q 908-588-2311 **A** 908-588-2319

Req/Ctrl# (CD-): 72833 Vinay Chopra, MD

Today: 04/05/2023 02:21 PM

Order Date: 04/05/2023 01:30 PM

Instructions

NPI: 1730329079 Sport Medicine

Lawrence, Rashon, Female, 11/15/1995 ID: 19138

€ 862-438-3242 ♥ 110 N 16TH ST, BLOOMFIELD, NJ 07003-5809

Primary Insurance Name: DandH Alternative Risk Solutions Insurance Address: PO BOX 68 , NEWTON , NJ , 07860-0068

Subscriber Number: IWC082932 Insured Name: Lawrence, Rashon

Address: 110 N 16TH ST, BLOOMFIELD, NJ 07003-5809

Priority

Test Name

Routine

PT/OT Modalities PRN

Assessment(s)

- S06.0X00, Concussion without

loss of consciousness, subsequent

encounter

- H81.90, Vestibular dysfunction

after traumatic injury

- M54.12, Cervical radiculopathy

Electronically Signed By: Vinay Chopra, MD

Signature of Patient/Guardian

Order generated by eClinicalWorks (www.eclinicalworks.com)

Genesis Orthopaedic and Spine

₱ 116 S EUCLID AVE,

WESTFIELD, NJ, 07090-2184

908-588-2311 908-588-2319

Req/Ctrl# (CD-): 72833

Vinay Chopra, MD NPI: 1730329079

Sport Medicine

Lawrence, Rashon, Female, 11/15/1995 lb: 19138

📞 862-438-3242 🔍 110 N 16TH ST, BLOOMFIELD, NJ 07003-5809

Primary Insurance Name: DandH Alternative Risk Solutions Insurance Address: PO BOX 58 , NEWTON , NJ , 07880-0088

Subscriber Number: IWC082932 Incured Name: Lawrence, Rachon

Address: 110 N 16TH ST, BLOOMFIELD, NJ 07003-5809

Priority

Test Name

Assessment(s)

Instructions

Today: 04/05/2023 02:21 PM

Order Date: 04/05/2023 01:30 PM

Routine

PT/OT Eval and Treat 3x/week for 2 weeks

- M54.12, Cervical radiculopathy

Electronically Signed By: Vinay Chopra, MD

Signature of Patient/Guardian

Order generated by eClinicalWorks (www.eclinicalworks.com)



Lawrence, Rashon

27 Y old Female, DOB: 11/15/1995 Account Number: 19138

110 N 16TH ST, BLOOMITHAD, NJ-07003-5800

Home: 862-438-3242

Guarantor: Lawrence, Rashon Insurance: DandH Alternative Risk Solutions

Appointment Facility: Genesis Orthopaedic and Spine

04/05/2023

Vinay Chopra, MD

Current Medications

Taking

Cydlobensaprine HCll

Medication list reviewed and reconciled
with the patient

Past Medical History

Medical History Verified.

Surgical History

Danies Past Surgical History

Femily History ...

Fatheri alive Motheri alive

Paternal Grand Mother hypertension

Social History

Topacon use: Tobacco use/Smoking Are your!! have, smicker

Allergies

N.K.D.A.

Hospitalization/Mejor

Diagnostic Procedure

Denies Past Hospitalization

Review of Systems

General/Constitutional

Faright defines Pever denies

Masschone denies

Light feachtes denies

Allar V. Innitiables

Turny ness denies light

eyes denies Congestion denies

Chithamolosus

Vision loss denies Blurry

vision denies Correctivalens denies

Eye Pair denies

Rye Pain denles.

Reason for Appointment

1. 2 wks f/up concussion

History of Present Illness

Work Comp Information:

Claim Number: IWC082932. Date of injury: 2/19/2023. Case Manager: Carolina Shell. Employer: Irvington Township. Job Description: Police Officer, Length of employment: 2 years.

Insurance Company: D H Alternative Risk Solution.

Phone Number: 973-940-1851 ext 239.

Fax: 973-940-1852.

WC Injury:

Ouestions:

Was your supervisor notified immediately? Yes Did you continue working after you were injured? No Did you go to the emergency room? Yes Were X-rays and/or MRIs taken? No Rate your pain today on a scale of 1-10: 6

Have you ever experienced similar symptoms in the past? No How long have you been employed at your current job? 22 years

What is your current work status? On a leave Have you ever been treated by a Chiropractor? Yes

<u>Head/Brain trauma:</u>

c/o Head/brain trauma occurred The patient is presenting today with head injury which occurred on 2/19/23 while at work. Patient states he works as a police officer. Patient states he was responding to an emergency call, as he was driving he was T-boned by another vehicle, and pushed into a fire hydrant and light pole. He denies LOC and airbags did not deploy. He states he hit the left side of his head against the car paneling and the top of his head. He made sure the scene was clear and called for backup. He was taken by ambulance to Newark Beth Israel Hospital, where no imaging was performed and he was diagnosed with a concussion. He was seen the next day by a work physician who recommended tylenol if necessary, heating, and counseling on screen time. He was then referred to a concussion specialist. Currently he complains of headache that can last 5 minutes to 1.5 hours. Pain ranges from 5-6/10 to 8/10. He also complains of light and noise sensitivity. He is following up today and states he has

Nosebleed **denies** Ringing in the ears denies Endocrine

Endopsine

Difficulty sleeping denties

Dizziness denties Endessive
sweating denties Excessive
thirst denties
Respiratory

Respiratory:
Cough denies, ishortness of breath denies, wheeling denies, Cardiovasquare

Chest pait denies Palpitations denies Weskriss tistifes Gastrointestinal

Diamher denies, Natises denies Vontting denies

Hamatologyi

Essy bleeding denies, Essy bruising denies: Swollen glands denies. Genitourharys

Homaturia denies, Urinary incontinence denies, Pain in lower hack denies variologie:

pack center

Neurolosia

Balancadifficulty defiles

Coordination defiles, sainting defiles
Headache defiles, from billio defiles
Memory loss defiles, Seizures defiles
Tingling/Numbnese defiles
Psychiatrics

Psychiatric

Fanigattacks denies
Anxiety denies/Dapressed
mood denies/Nervous
breakdown denies

been to 6 sessions of vestibular therapy, which he states is helping. He still notes occasional headache and dizziness with activity.

Cervical Spine/Neck:

c/o Neck pain The patient is presenting today with neck injury which occurred on 2/19/23 due to a work injury described above. He states his neck pain typically comes with his headaches. He describes the pain over the superior trapezius region bilaterally as well as tenderness, left worse then right. He states his pain can range from 3-5/10. He has minor radicular symptoms. He is following up today and states his neck pain persists, however PT has helped with the pain.

Vital Signs

Temp 98.2 F, HR 98 /min, BP 112/73 mm Hg, Wt 215 lbs, BMI 28.36 Index, Ht 73 in, Oxygen sat % 98 %, Ht-cm 185.42 cm, Wt-kg 97.52 kg.

Examination

General Examination:

GENERAL APPEARANCE: in no acute distress, well developed, well nourished, alert, oriented x 3.

GAIT: non-antalgic gait,

HEAD: normocephalic, atraumatic.

EYES: pupils equal, round, , extraocular movement intact (EOMI), sclera anicteric.

EARS: normal, hearing intact to whispered voice.

NOSE: no nasal drainage.

ORAL CAVITY: mucosa moist.

THROAT: oropharynx clear, oral mucosa without lesions.

NECK/THYROID: neck supple, no cervical lymphadenopathy, , no thyromegaly.

SKIN: no suspicious lesions, warm and dry, no crythema, no rashes, no wounds.

HEART: no murmurs, regular rate and rhythm, S1, S2 normal.

LUNGS: clear to auscultation bilaterally.

ABDOMEN: normal, bowel sounds present, soft, nontender, nondistended.

EXTREMITIES: no clubbing, cyanosis, or edema.

PERIPHERAL PULSES: normal, 2+ throughout.

NEUROLOGIC: nonfocal, sensory exam intact, cranial nerves 2-12 grossly intact, deep tendon reflexes 2+ symmetrical, Babinski absent. Cervical Spine:

Inspection, loss of lordosis.

Skin no signs of erythema, pressure ulcers, rashes, lacerations.

Range of Motion normal range of motion on flexion, extension, rotation.

Palpation, positive midline tenderness, positive left paraspinal tenderness.

Stability no instability noted, can sit upright on exam table with minimum effort.

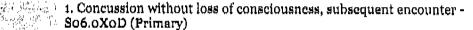
Special tests negative Spurling's.

Strength 4/5 strength neck and upper extremities bilaterally.

Neurological 2+ reflexes upper extremities bilaterally.

Assessments

Control to the control of the contro



- 2. Vestibular dysfunction after traumatic injury H81.90
- 3. Cervical radiculopathy M54.12

Treatment

1. Concussion without loss of consciousness, subsequent encounter

PROCEDURE: PT/OT Modalities PRN

PROCEDURE: Vestibular Rehabilitation 3x week for 2 weeks
Clinical Notes: I spent a significant amount of time with the patient here
today interviewing the patient, speaking to his case manager, reviewing
accident history and records, performing a physical exam, neurological
exam, neurobehavioral testing, neuropsychological testing, and balance
testing at this visit. The patient has findings consistent with an ongoing
concussion due to a direct head injury at work. At this time, his symptoms,
balance, and cognition tests are within normal limits. Given his findings,
the patient will continue with a physical therapy program focused on
vestibular rehabilitation which has shown in recent studies to improve
recovery from a concussion. He will follow up in 2 weeks for further care
and testing and will be placed on sedentary duty at this time. I spent the
following amount of time on concussion testing, analysis, and
interpretation:

CPT 96116: 60 minutes (1:30 pm - 2:30pm) CPT 96121: 120 minutes (2:30 pm - 4:30 pm) CPT 96132: 60 minutes (2:00pm - 3:00pm) CPT 96133: 120 minutes (3:00 pm - 4:55 pm) CPT 97750: 30 minutes (1:45pm - 2:12pm).

2. Vestibular dysfunction after traumatic injury

PROCEDURE: PT/OT Modalities PRN

PROCEDURE: Vestibular Rehabilitation 3x week for 2 weeks Clinical Notes: I spent the following amount of time on concussion testing, analysis, and interpretation:

CPT 96116: 60 minutes (1:30 pm - 2:30pm) CPT 96121: 120 minutes (2:30 pm - 4:30 pm) CPT 96132: 60 minutes (2:00pm - 3:00pm) CPT 96133: 120 minutes (3:00 pm - 4:55 pm) CPT 97750: 30 minutes (1:45pm - 2:12pm).

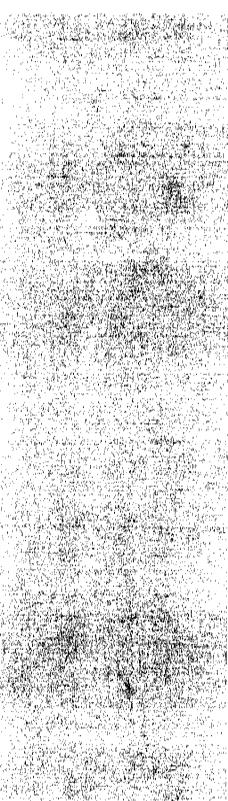
3. Cervical radiculopathy

IMAGING: MRI; Cervical without Contrast

w/ contrast, r/o radiculopathy

PROCEDURE: PT/OT Eval and Treat 3x/week for 2 weeks PROCEDURE: PT/OT Modalities PRN

Clinical Notes: After reviewing imaging done in the office today, reviewing external notes, external imaging, and history and discussing findings with the patient, and based off our exam here today, the patient has findings consistent with cervical radiculopathy. Given his findings, mechanism of injury, and persistent pain, I will send the patient for MRI of the cervical spine for further investigation. He will follow up in 2 weeks for further care.



Procedures

Neurobehavioral Testing:

Neurobehavioral testing Full Neurobehavioral testing done in the office shows a symptoms score of 23 today which is within normal limits. He also performed full cognition testing and was able to score 46/46 as his cognition is within normal limits.

Neuropsychological Testing:

Neuropsychological testing Full Neuropsychological testing was done today in the office which showed the following results: Verbal Memory composite score of 64/3%, Visual Memory composite score of 49/3%, Visual Motor Speed composite 36.58/32%, Reaction Time composite score 0.60/56%, Impulse Control composite 9.

Balance testing:

Balance testing Balance testing done in the office shows the following results: Eyes Open Firm Surface Sway Index 1.46, Eyes Closed Firm Surface Sway Index 1.14, Eyes Open Foam Surface Sway Index 2.04, Eyes Closed Foam Surface Sway Index 1.97, Composite Score Sway Index 1.66. Work/School Excuse:

Work Excuse sedentary/desk duty, no lifting greater than 15 lbs, no ladders/heights.

Visit Codes

99215 Office/Outpatient Visit Est. Modifiers: 25

Procedure Codes

96116 Neuro Behavioral Exam, Modifiers: 59

96121 Neuro Behavioral Exam, Each Additional Hour, Units: 2.00,

Modifiers: 59

96132 Neuro Psychological Exam, Modifiers: 59

96133 Neuro Psychological Exam, Each Additional Hour, Units: 2.00,

Modifiers: 59

97750 Physical Performance Test/Meas W/Reprt En 15 Min, Units; 2.00,

Modifiers: 59

Follow Up

2 Weeks for concussion and neck MRI

Vinay Poper

Electronically signed by VINAY CHOPRA , MD on 04/05/2023 at 02:24 PM EDT

Sign off status: Completed

Mark Contract Con-

Genesis Orthopaedic and Spine 116 S EUCLID AVE WESTFIELD, NJ 07090-2184 Tel: 908-588-2311 Eux: 908-588-2319

Progress Note: Vinay Chopra, MD 04/05/2023

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