



197 Ridgedale Avenue, Suite 300
Cedar Knolls, NJ 07927
Phone: 973-538-2334

Office Visit Summary

Exam Date: 2/2/23 Date of Injury: 01/30/2023 Physician: DAVID EPSTEIN, MD

Patient: SHAWN STEWART

Carrier: D&H

Clin#: IWC082699

Adjustor: ANGELA MONTGOMERY

Phone: 973-940-1851 Ext: 241

Email: AMONTGOMERY@RISKSOLUTIONS.COM

Fax: 973-940-1852

Case Mgr/Other:

Phone:

Ext:

Email:

Fax:

Diagnosis: Other (Cartilage to Rto)

ICD-10: Lmt

Causality: (first visit only) Yes ✓ No

Work Status

Unable to work effective: 2/3/23 Return to work full-duty effective:

Return to work with modifications: 2/3/23 - Desk duty

Restrictions include: ☐ No Climbing ☐ No Kneeling ☐ No Squatting ☐ No Overhead lifting

Maximum lift and push/pull of lbs with affected extremity

NWB TTWB PWB FWB No use of: Other:

Able to drive at work: Yes No Estimated MMI:

Able to drive outside of work: Y/N

Treatment Plan

Physical Therapy: x/wk wk ☒ MRI/MRI Arthrogram ☐ CT Scan

☐ Injection ☐ EMG/NCS ☐ Brace ☐ Splint ☐ CAM Walker

☐ HEP/Therabands ☐ Consults

☐ Other

Medications

Narcotic prescribed: Start Date:

Pain Score prior to narcotic initiation: (0-10) Pain Score after Narcotic initiation (0-10)

Referral to pain management:

Follow up appointment: @ AM/PM MMI: ☐ Yes ☐ No

TCO Case Manager: Ext:

Orthopedic Surgeon

TRI-COUNTY ORTHOPEDICS

World-Class Team. Hometown Choice.

David Epstein M.D.

PO BOX 1446, Morristown, NJ 07962-1446 Main: 973-538-2334 Billing: 973-538-032

☐ 197 Ridgedale Ave, 3rd floor

Cedar Knolls, NJ 07927

Fax: 973-267-6882 (Sport)

Fax 973-538-4081 (Joint)

☐ 1590 Route 206

Bedminster, NJ 07921

Fax: 908-234-2022

☒ 757 Route 15

Lake Hopatcong, NJ 07849

CONSULTS & STUDIES PRESCRIPTION:

Patient Name: Shawn Stewart

Date: 2-3-2023

Diagnosis: ☐ Right ☒ Left ☐ Bilateral

S83.272A Complex tear of lat mensc, current Injury, left knee, init

Consults: Please evaluate patient regarding above:

☐ Internal Medicine

☐ PM & R

☐ Neurology

☐ Vascular Medicine/Surgery

☐ Pain Management

☐ Rheumatology

Studies:

☐ X-Ray: ☐ Right ☐ Left ☐ Bilateral ☐ Weight Bearing

☒ MRI: ☐ Right ☒ Left ☐ Bilateral Left knee MRI

☐ CT Scan: ☐ Right ☐ Left ☐ Bilateral

☐ Ultrasound/Doppler: ☐ Right ☐ Left ☐ Bilateral ☐ Venous ☐ Arterial ☐ Upper Extremity ☐ Lower Extremity

☐ EMG/NCV: ☐ Right ☐ Left ☐ Bilateral ☐ Upper Extremity ☐ Lower Extremity

☐ Bone Scan: ☐ Right ☐ Left ☐ Bilateral ☐ Three-Phase ☐ Indium WBC

Laboratory Testing:

Chemistry/Hematology/Microbiology: ☐ Stat

☐ SMA-7

☐ ESR

☐ RF

☐ T3/FT4/TSH

☐ C&S

☐ Gram Stain

☐ SMA-20

☐ CRP

☐ ANA

☐ B12/Folate

☐ Aerobic

☐ Fungus KOH Stain

☐ CBC

☐ UA

☐ Lyme Titers

☐ Joint Fluid

☐ Anaerobic

☐ w/ Diff Micro

☐ RPR

☐ Cell Count

☐ Mycobacterium

☐ PT/PTT/INR

☐ Uric Acid

☐ Protein/Glucose

☐ SARS - CoV-2 RNA Detection (pre-procedure)

☐ Tzanck Smear

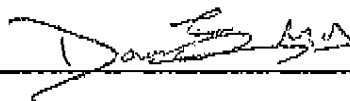
☐ HLA-B27

☐ Crystals

☐ Other: _____

Physician's Signature:

(I have medically prescribed the above treatment)



David M. Epstein, MD

Sports Medicine & Orthopedic Surgery,
Shoulder, Knee, Foot & Ankle Surgery

Zachary Murray, PA-C

Orthopedic Physician Assistant



World-Class Team. Hometown Choice.
PO BOX 1446, Morristown, NJ 07962-1446
(973) 538-2334

Feb 3, 2023

Patient Name: Shawn Stewart

The above named patient has been under my care for an orthopedic problem.

☒ Had an appointment today 2/3/2023

☐ Work guidelines: _____

☐ No Work: _____

☐ Return to Full Duty: _____

☒ Light Duty: Desk work only until cleared by M.D.

☐ Limitations: _____

If there are any questions, please feel free to contact our office.

Sincerely,

A handwritten signature in black ink, appearing to read "David Epstein", is written over a horizontal line.

Physician Name: David Epstein M.D.