GARDEN STATE ORTHOPAEDIC ASSOCIATES, P.A.
28-04 BROADWAY, FAIR LAWN, NJ 07410
400 FRANKLIN TPK,SUITE112, MAHWAH, NJ 07430
33-41 NEWARK STREET, HOBOKEN, NJ 07030
925 CLIFTON AVE, SUITE 106, CLIFTON, NJ 07013
22 MADISON AVE, SUITE 202, PARAMUS, NJ 07652
2 SYLVAN WAY, PARSIPPANY, NJ 07054
Pre-certification: Phone: (201) 475-0019 FAX: (201) 475-8740

Douglas S. Holden, M.D. Adam D. Bernstein, M.D. Steven B. Shamash, D.O. Brian P. Van Grouw, D.O. Ryan T. Cassilly, M.D. Frederick F. Fakharzadeh, M.D. Erik C. Zachwieja, M.D. Seth R. Queler, M.D. William G. Thomson, PA-C Bryan D. Sheldon, PA-C Long K. Bui-Le, PA-C Jeffrey R. Lee, PA-C Justin P. Van Grouw, PA-C

## THERAPY PRESCRIPTION

**NAME:** Kirby Johnston

**DATE OF BIRTH:** 02/14/1958 64 years y.o.

**DATE:** 12-20-2022

**ACCOUNT NUMBER: 1161032** 

PHYSICAL THERAPY

**DIAGNOSIS:** PAIN IN LEFT SHOULDER

**FREQUENCY:** 3 x per week x 4 weeks

Evaluation & Treatment

Modalities as needed

Shoulder rehab: Evaluation & Treatment, Modalities: Hot Packs, Cold Packs, Ultrasound, Tens, Electrical Stimulus, Cuff/Scapula Kinetic Chain, Pendulums, HEP. **OTHER**:

I CERTIFY THAT THE ABOVE IS MEDICALLY NECESSARY FOR THE FOLLOWING GOALS: GOALS:

## **GAIT TRAINING:**

Provider Signature: Adam D. Bernstein, M.D.

\*\*\*PLEASE SEND MOST RECENT DAILY NOTES/PROGRESS REPORT TO PHYSICIAN PRIOR TO PATIENT'S APPOINTMENT WITH THIS OFFICE \*\*\*