

## EDISON-METUCHEN ORTHOPAEDIC GROUP

10 Parsonage Road, Suite 500, 5th Floor • Edison, NJ 08837 • Ph(732) 494-6226

Matthew Garfinkel, M.D.

Nilesh Patel, M.D.

Manisha Chahal, M.D.

Franklin Chen, M.D.

Todd Ryan, D.O.

Gloria Liu, APRN, BC.

Mohnish Ramani, M.D.

David M. Idank, D.O.

### Work Note

Date: 5/18/2023

Employee Name: **Jessica Dejesus**

DOB: 2/22/1982

Account No: 160884

Diagnosis : Left shoulder torn anterior labrum, torn superior labrum with unstable proximal biceps tendon, torn rotator cuff, bursitis, and impingement.

### Work Status

- |   |   |
|---|---|
| <input type="checkbox"/> Cannot work                | <input checked="" type="checkbox"/> Return to work with modified duties                       |
| <input type="checkbox"/> Return to work immediately | <input checked="" type="checkbox"/> Modified duties effective until return visit on 6/19/2023 |
| <input type="checkbox"/> Released from office       | <input type="checkbox"/> These restrictions are permanent                                     |
| <input type="checkbox"/> Full Duty on               | <input type="checkbox"/> Do not return to work until:   |

### Work Restrictions

- Upper Extremity** ☐ Right ☐ Left
- ☐ No use of affected extremity
  - ☐ No firm gripping
  - ☐ Must wear int/sling/cast
  - ☐ No awkward wrist position
  - ☒ No lifting over 0lbs.
  - ☐ No repetitive motion
  - ☐ No vibratory tools
  - ☒ No overhead work (above shoulder)
  - ☐ No commercial driving

- Lower Extremity** ☐ Right ☐ Left
- ☒ Seated work only/mainly
  - ☐ No squatting / kneeling / twisting
  - ☐ No climbing stairs/ladders
  - ☐ No prolonged standing or walking
  - ☐ Work with brace/cast
  - ☐ No lifting over lbs.
  - ☐ Elevate when possible / continuous
  - ☐ Crutches/cane/walker
  - ☐ No twisting, pushing, pulling

Other Appropriate Duties / Comments

**If modified duties are stated above and they cannot be accommodated, consider Jessica Dejesus to be off work.**

Special Instructions

\*\*\*Desk work only, no lifting or pushing with left arm, no work overhead, and no interaction with prisoners. Ms. Dejesus must be allowed to leave work to attend all of her physical therapy sessions. \*\*\*\*

Return to my office on 06/15/2023 12:45 PM or in 4 weeks



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**Patient Name:** Jessica Dejesus

**Date:** 5/18/2023

**Date of Birth:** 2/22/1982

**Attending Physician:** Matthew J. Garfinkel, M.D.

Dynasplint

DX: Left shoulder torn anterior labrum, torn superior labrum with unstable proximal biceps tendon, torn rotator cuff, bursitis, and impingement.

732-600-7505 contact person Denise. Fax number: 866-641-0002

The above patient has resistant deficit in ROM which has been treated without adequate response with physical therapy and HEP so that Dynasplint is medically necessary.



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**DME Product prescription**

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Date: 5/18/2023

Patient: Jessica Dejesus Account : 160884

DOB: 2/22/1982

Diagnosis Left shoulder torn anterior labrum, torn superior labrum with unstable proximal biceps tendon, torn rotator cuff, bursitis, and impingement.

Patient has resistant deficit in ROM without adequate response to physical therapy and HEP

DME Prescribed: DynaSplint

Size:  Right  Left



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**Matthew J. Garfinkel, M.D.**