

TRI-COUNTY ORTHOPEDICS

World-Class Tools. Affordable Care.

197 Ridgedale Avenue, Suite 300
Cedar Knolls, NJ 07927
Phone: 973-538-2334

Office Visit Summary

Exam Date: 3/21/23 Date of Injury: 07/29/2022 Physician: DAVID EPSTEIN, MD

Patient: MARLENY MERCADO-TORRES

Carrier: D&H

Clin#: PLB081694

Adjustor: ANGELA MONTGOMERY

Phone: 973-940-1851 Ext: 241

Email: AMONTGOMERY@RISKSOLUTIONS.COM

Fax: 973-940-1852

Case Mgr/Other:

Phone:

Ext:

Email:

Fax:

Diagnosis: R knee LMT

ICD-10:

Causality: (first visit only) Yes No

Work Status

Unable to work effective: _____ Return to work full duty effective: 2/4/23

Return to work with modifications: _____

Restrictions include: ☐ No Climbing ☐ No Kneeling ☐ No Squatting ☐ No Overhead lifting

Maximum lift and push/pull of _____ lbs with affected extremity

NWB TTWB PWB FWB No use of: _____ Other: _____

Able to drive at work: Yes _____ No _____ Estimated MMI: _____

Able to drive outside of work: Y/N _____

Treatment Plan

Physical Therapy: _____ x/wk _____ wk OK ☒ MRI/MRI Arthrogram ☐ CT Scan

☐ Injection ☐ EMG/NCS ☐ Brace ☐ Splint ☐ CAM Walker

☐ HEP/Therabands ☐ Consults _____

☐ Other _____

Medications

Narcotic prescribed: _____ Start Date: _____

Pain Score prior to narcotic initiation: (0-10) _____ Pain Score after Narcotic initiation (0-10) _____

Referral to pain management: _____

Follow up appointment: _____ @ _____ AM/PM MMI: ☐ Yes ☐ No

TCO Case Manager: P. MAF Ext: _____

Orthopedic Surgeon

TRI-COUNTY ORTHOPEDICS

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David Epstein M.D.

PO BOX 1446, Morristown, NJ 07962-1446 Main: 973-538-2334 Billing: 973-538-032

☐ 197 Ridgedale Ave, 3rd floor

Cedar Knolls, NJ 07927

Fax: 973-267-6882 (Sport)

Fax 973-538-4081 (Joint)

☒ 1590 Route 206

Bedminster, NJ 07921

Fax: 908-234-2022

☐ 757 Route 15

Lake Hopatcong, NJ 07849

CONSULTS & STUDIES PRESCRIPTION:

Patient Name: Marleny Mercado-Torres

Date: 3-21-2023

Diagnosis: ☒ Right ☐ Left ☐ Bilateral

S83.231A Complex tear of medial mensc, current injury, r knee, Init

Consults: Please evaluate patient regarding above:

☐ Internal Medicine

☐ Neurology

☐ Pain Management

☐ Rheumatology

☐ PM & R

☐ Vascular Medicine/Surgery

Studies:

☐ X-Ray: ☐ Right ☐ Left ☐ Bilateral ☐ Weight Bearing _____

☒ MRI: ☒ Right ☐ Left ☐ Bilateral ☐ Right knee MRI _____

☐ CT Scan: ☐ Right ☐ Left ☐ Bilateral _____

☐ Ultrasound/Doppler: ☐ Right ☐ Left ☐ Bilateral ☐ Venous ☐ Arterial ☐ Upper Extremity ☐ Lower Extremity

☐ EMG/NCV: ☐ Right ☐ Left ☐ Bilateral ☐ Upper Extremity ☐ Lower Extremity

☐ Bone Scan: ☐ Right ☐ Left ☐ Bilateral ☐ Three-Phase ☐ Indium WBC

Laboratory Testing:

Chemistry/Hematology/Microbiology: ☐ Stat

☐ SMA-7

☐ ESR

☐ RF

☐ T3/FT4/TSH

☐ C&S

☐ Gram Stain

☐ SMA-20

☐ CRP

☐ ANA

☐ B12/Folate

☐ Aerobic

☐ Fungus KOH Stain

☐ CBC

☐ UA

☐ Lyme Titers

☐ Joint Fluid

☐ Anaerobic

☐ w/ Diff Micro

☐ RPR

☐ Cell Count

☐ Mycobacterium

☐ PT/PTT/INR

☐ Uric Acid

☐ Protein/Glucose

☐ SARS - CoV-2 RNA Detection (pre-procedure)

☐ Tzanck Smear

☐ HLA-B27

☐ Crystals

☐ Other: _____

Physician's Signature: _____

(I have medically prescribed the above treatment)

David M. Epstein, MD

Sports Medicine & Orthopedic Surgery,
Shoulder, Knee, Foot & Ankle Surgery

Zachary Murray, PA-C

Orthopedic Physician Assistant

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(973) 538-2334

Mar 21, 2023

Patient Name: Marleny Mercado-Torres

The above named patient has been under my care for an orthopedic problem.

☒ Had an appointment today 3/21/23

☐ Work guidelines: _____

☐ No Work: _____

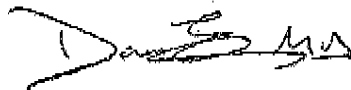
☒ Return to Full Duty: 3/21/23

☐ Light Duty: _____

☐ Limitations: _____

If there are any questions, please feel free to contact our office.

Sincerely,



Physician Name: David Epstein M.D.