



## WC Facsimile Transmittal Request

To: Carolina ShellCompany: Dand H Alternatives K SolutionsFax Number: 973-940-1852Phone Number: 973-940-1851 ext. 239From: Dr. ChopraDate: 12/22/23Claim Number: WC086299Re: Hamilton, Dorthesha☐ DDI (Not needed)☒ Work Note☒ Visit Note☒ PT RX☐ MRI RX☐ Surgery☐ OtherNext Appointment Date: 01-05-24 Time: 2:45 PMLocation: ☐ West Orange ☒ Westfield

Please Fax Next Appointment DDI to (908) 588-2319

Thank You.

## CONFIDENTIAL NOTICE

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Vinay Chopra, MD  
Matthew Griffin, MD  
Nicholas Delaney, MD  
John Griffin, MD  
Prashant Patel, MD



116 S. Euclid Ave, Suite 1  
Westfield, NJ 07090  
Office: (908)-588-2311  
Fax: (908)-588-2319

300 Executive Dr. Suite 110  
West Orange, NJ 07052  
Phone: (973)-434-9575  
Fax: (973)-434-9578

25 Lindsley Dr. Ste 208  
Morristown, NJ 07960  
Phone: 862-345-7955  
Fax: 862-345-7988

Date: 12/22/23

Re: Hamilton, Darshana

To whom it may concern,

This letter is to certify that Hamilton, Darshana has been under my orthopedic care.

This patient was seen and evaluated by Dr. Chopra in our office.

The patient's work/School status is: Light Duty, no lifting > 10-15 lbs  
no add'l stress/height

as of 12/22/23, until their next evaluation: 01-05-24

If you have any questions, feel free to call our office. Thank you.

Sincerely,

Vinay Chopra, MD

## Order Form

## Genesis Orthopaedic and Spine

118 S EUCLID AVE,  
WESTFIELD, NJ, 07090-2184  
908-588-2311 908-588-2319

Req/Ctrl# (CD-): 90319

Vinay Chopra, MD

NPI: 1730329079

Sport Medicine

Hamilton, Darnesha, Female, 06/24/1972 ID: 22292 - WC

862-380-1408 104 HEDDEN TER, NEWARK, NJ 07108-1759

Today: 12/22/2023 02:11 PM

Order Date: 12/22/2023 11:45 AM

Primary Insurance Name: DandH Alternative Risk Solutions

Insurance Address: PO BOX 88 , NEWTON , NJ , 07860-0088

Subscriber Number: IWC086289

Insured Name: Hamilton, Darnesha

Address: 104 HEDDEN TER, NEWARK, NJ 07108-1759

Priority	Test Name	Assessment(s)	Instructions
Routine	PT/OT Modalities PRN	- S06.0X0A, Concussion without loss of consciousness, Initial encounter - H81.93, Vestibular dysfunction of both ears	



Electronically Signed By: Vinay Chopra, MD

Signature of Patient/Guardian

Order generated by eClinicalWorks (www.eclinicalworks.com)

Hamilton, Darnesha, F, 06/24/1972

## Order Form

## Genesis Orthopaedic and Spine

116 S EUCLID AVE,  
WESTFIELD, NJ, 07090-2184  
908-588-2311 908-588-2319

Req/Ctrl# (CD-): 90319

Vinay Chopra, MD

NPI: 1730329079

Sport Medicine

Hamilton, Darnesha, Female, 06/24/1972 ID: 22282 - WC

Today: 12/22/2023 02:12 PM

862-380-1408 104 HEDDEN TER, NEWARK, NJ 07108-1759

Order Date: 12/22/2023 11:45 AM

Primary Insurance Name: DandH Alternative Risk Solutions

Insurance Address: PO BOX 88 , NEWTON , NJ , 07860-0088

Subscriber Number: IWC086289

Insured Name: Hamilton, Darnesha

Address: 104 HEDDEN TER, NEWARK, NJ 07108-1759

Priority	Test Name	Assessment(s)	Instructions
Routine	Vestibular Rehabilitation 3x week for 2 weeks	- S08.0X0A, Concussion without loss of consciousness, Initial encounter - H81.93, Vestibular dysfunction of both ears	



Electronically Signed By: Vinay Chopra, MD

Signature of Patient/Guardian

Order generated by eClinicalWorks (www.eclinicalworks.com)

Hamilton, Darnesha, F, 06/24/1972

12/22/23, 3:43 PM

Print Preview

HAMILTON, Darnesha DOB: 06/24/1972 (51 yo F) Acc No. 22292 - WC DOS: 12/22/2023

**HAMILTON, Darnesha**

51 Y old Female, DOB: 06/24/1972

Account Number: 22292 - WC

104 HEDDEN TER, NEWARK, NJ-07108-1759

Home: 862-380-1408

Guarantor: Hamilton, Darnesha Insurance: DandH Alternative Risk Solutions

Appointment Facility: Genesis Orthopaedic and Spine

12/22/2023

Vinay Chopra, MD

**Current Medications****Taking**

- Losartan Potassium-HCTZ
  - amlodipine Besylate 5 MG Tablet 1 tablet Orally Once a day
- Medication List reviewed and reconciled with the patient

**Past Medical History**

Medical History Verified.

**Surgical History**

Denies Past Surgical History

**Family History**

Father: deceased  
 Mother: deceased  
 2 brother(s) - healthy, 3 son(s), 1 daughter(s) - healthy.

**Social History****Tobacco Use:**

Tobacco Use/Smoking

Are you a: *never smoker***Drugs/Alcohol:****Drugs**

Have you used drugs other than those for medical reasons in the past 12 months? *No*

Do you drink alcohol?: *Yes.***Allergies**

Latex

Shellfish-derived Products

**Hospitalization/Major****Diagnostic Procedure**

Denies Past Hospitalization

**Review of Systems****General/Constitutional:**

Denies Fever. Denies Headache.

Denies Weight loss.

**Allergy/Immunology:**

Runny nose denies. Itchy

**Reason for Appointment**

1. Head Injury

**History of Present Illness****Work Comp Information:**

Claim Number: IWCo86299.

Date of injury: 12/12/2023.

Case Manager: Carolina Shell.

Employer: Irvington Fire Department.

Job Description: Fire Inspector.

Insurance Company: D&amp;H Alternative Risk Solutions.

Phone Number: 973-940-1851 EXT: 239.

Fax: 973-940-1852

Email: cshell@risksolutions.com.

**WC Injury:****Questions:**Was your supervisor notified immediately? *Yes*Did you continue working after you were injured? *No*Did you go to the emergency room? *Yes*Were X-rays and/or MRIs taken? *Yes*Rate your pain today on a scale of 1-10: *8*Have you ever experienced similar symptoms in the past? *No*How long have you been employed at your current job? *1 year*What is your current work status? *Currently employed*Have you ever been treated by a Chiropractor? *Yes***Head/Brain trauma:**

c/o Head/brain trauma occurred The patient is presenting today with a head injury which occurred at work on 12/12/2023. She states she is a fire inspector and hit her head leaving leaving a room. Her head a concrete wall/ceiling and she was dazed at the time. She denies LOC. She was seen at an Urgent care then sent to Clara Maas hospital where CT head was negative for brain bleed. She complains of headaches, dizziness and her overall pain is 8/10..

**Vital Signs**

Temp: 97.6 F, HR: 72 /min, BP: 135/89 mm Hg, Wt: 216 lbs, BMI:

34.86 Index, Ht: 66 in, Oxygen sat %: 97 %, Ht-cm: 167.64 cm, Wt-kg:

97.98 kg.

**Examination**

Progress Note: Vinay Chopra, MD 12/22/2023

Note generated by eClinicalWorks, a Medical Software (www.eClinicalWorks.com)

12/22/23, 3:43 PM

Print Preview

HAMILTON, Darnesha DOB: 06/24/1972 (51 yo F) Acc No. 22292 - WC DOS: 12/22/2023

eyes denies. Congestion denies.

Ophthalmologic:

Vision loss denies. Blurry vision denies. Red eye denies.

ENT:

Decreased hearing denies. Nosebleed denies. Sore throat denies.

Endocrine:

Cold intolerance denies. Excessive sweating denies. Excessive thirst denies.

Respiratory:

Cough denies. Shortness of breath denies. Wheezing denies.

Cardiovascular:

Chest pain denies. Palpitations denies. Leg swelling denies.

Gastrointestinal:

Diarrhea denies. Nausea denies. Vomiting denies.

Hematology:

Easy bleeding denies. Easy bruising denies. Swollen glands denies.

Genitourinary:

Hematuria denies. Difficulty urinating denies. Frequent urination denies. Burning w/Urination denies.

Skin:

Skin infection denies. Hives denies. Rash denies.

Neurologic:

Dizziness denies. Headache denies. Seizures denies. Tremor denies.

Psychiatric:

Panic attacks denies. Depressed mood denies. Suicidal thoughts denies.

General Examination:

GENERAL APPEARANCE: in no acute distress, well developed, well nourished, alert, oriented x 3.

GAIT: non-antalgic gait.

HEAD: normocephalic, atraumatic.

EYES: pupils equal, round, , extraocular movement intact (EOMI) , sclera anicteric.

EARS: normal , hearing intact to whispered voice.

NOSE: no nasal drainage.

ORAL CAVITY: mucosa moist.

THROAT: oropharynx clear, oral mucosa without lesions.

NECK/THYROID: neck supple, no cervical lymphadenopathy, , no thyromegaly.

SKIN: no suspicious lesions, warm and dry, no erythema, no rashes, no wounds.

HEART: no murmurs, regular rate and rhythm, S1, S2 normal.

LUNGS: clear to auscultation bilaterally.

ABDOMEN: normal, bowel sounds present, soft, nontender, nondistended.

EXTREMITIES: no clubbing, cyanosis, or edema.

PERIPHERAL PULSES: normal , 2+ throughout.

NEUROLOGIC: nonfocal, sensory exam intact, cranial nerves 2-12 grossly intact, deep tendon reflexes 2+ symmetrical, Babinski absent.

Assessments

1. Concussion without loss of consciousness, initial encounter - S06.0X0A (Primary)
2. Vestibular dysfunction of both ears - H81.93

Treatment

1. Concussion without loss of consciousness, initial encounter  
PROCEDURE: PT/OT Modalities PRN

PROCEDURE: Vestibular Rehabilitation 3x week for 2 weeks

Clinical Notes: I spent a significant amount of time with the patient here today interviewing the patient, speaking to his case manager, reviewing accident history and records, performing a physical exam, neurological exam, neurobehavioral testing, neuropsychological testing, and balance testing at this visit. The patient has findings consistent with a concussion due to a direct head injury at work. At this time, her symptoms are mildly to moderately elevated and her balance testing shows vestibular dysfunction however her cognition tests are within normal limits. Given his findings, the patient will be placed into a physical therapy program focused on vestibular rehabilitation which has shown in recent studies to improve recovery from a concussion. She will follow up in 2 weeks for further care and testing and will be placed on light duty. I spent the following amount of time on concussion testing, analysis, and interpretation:

CPT 96116: 60 minutes (3PM - 4PM)

CPT 96121: 180 minutes (4PM- 7PM)

CPT 96132: 60 minutes (3:30PM - 4:30PM)

CPT 96133: 180 minutes (4:30PM - 7:30PM)

CPT 97750: 40 minutes (5PM - 5:40PM)

2. Vestibular dysfunction of both ears

Progress Note: Vinay Chopra, MD 12/22/2023

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HAMILTON, Darnesha DOB: 06/24/1972 (51 yo F) Acc No. 22292 - WC DOS: 12/22/2023

**PROCEDURE: PT/OT Modalities PRN**

**PROCEDURE: Vestibular Rehabilitation 3x week for 2 weeks**

Clinical Notes: I spent the following amount of time on concussion testing, analysis, and interpretation:

CPT 96116: 60 minutes (3PM - 4PM)

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CPT 96132: 60 minutes (3:30PM - 4:30PM)

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CPT 97750: 40 minutes (5PM - 5:40PM)

**Procedures**

**Neurobehavioral Testing:**

Neurobehavioral testing Full Neurobehavioral testing done in the office shows a symptoms score of 109 today which is elevated as it shows findings consistent with headache, "Pressure in head", nausea, dizziness, blurred vision, balance problems, sensitivity to light, sensitivity to noise, feeling slowed down, feeling like "in a fog", "don't feel right", difficulty concentrating, difficulty remembering, fatigue and low energy, confusion, drowsiness, trouble falling asleep, feeling more emotional, irritability, nervousness and anxiety. She also performed full cognition testing and was able to score 46/46 as her cognition is within normal limits.

**Neuropsychological Testing:**

Neuropsychological testing Full Neuropsychological testing was done today in the office which showed the following results: Verbal Memory composite score of 66/9%, Visual Memory composite score of 34/3%, Visual Motor Speed composite 31.10/35%, Reaction Time composite score 0.87/24%, Impulse Control composite 4.

**Balance testing:**

Balance testing Balance testing done in the office shows the following results: Eyes Open Firm Surface Sway Index 0.25, Eyes Closed Firm Surface Sway Index 1.49, Eyes Open Foam Surface Sway Index 2.55, Eyes Closed Foam Surface Sway Index 4.24, Composite Score Sway Index 2.13 which shows findings consistent with vestibular dysfunction.

**Work/School Excuse:**

Work Excuse Light duty until next appointment, no lifting greater than 15 lbs, no ladders/heights..

**Visit Codes**

99245 Office Consultation New/Estab Patient 80 Min. Modifiers: 25

**Procedure Codes**

96116 Neuro Behavioral Exam, Modifiers: 59

96121 Neuro Behavioral Exam, Each Additional Hour, Units: 3.00 ,  
Modifiers: 59

96132 Neuro Psychological Exam, Modifiers: 59

96133 Neuro Psychological Exam, Each Additional Hour, Units: 3.00 ,  
Modifiers: 59

97750 Physical Performance Test/Meas W/Reprt Ea 15 Min, Units: 3.00 ,  
Modifiers: 59

**Follow Up**

2 Weeks

Progress Note: Vinay Chopra, MD 12/22/2023

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HAMILTON, Darnesha DOB: 06/24/1972 (51 yo F) Acc No. 22292 - WC DOS: 12/22/2023

*Vinay Chopra*

Electronically signed by VINAY CHOPRA, MD on 12/22/2023 at  
02:06 PM EST

Sign off status: Completed

Genesis Orthopaedic and Spine  
116 S EUCLID AVE  
WESTFIELD, NJ 07090-2184  
Tel: 908-588-2311  
Fax: 908-588-2319

Progress Note: Vinay Chopra, MD 12/22/2023

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