From:9735855702



World-Class Team. Hometown Choice. PO BOX 1446, Morristown, NJ 07962-1446 (973) 538-2334

Jul 19, 2024

DX: S93.491D Sprain of other ligament of right ankle, subs encntr I have medically prescribed the following treatments: ☑ Evaluate and treat as necessary:		
☐ Whirlpool ☐ Moist Heat ☐ Ultrasound ☐ Electrical Stim. ☐ TENS ☐ Iontophoresis ☐ Phonophoresis ☐ Mobilization ☐ ☐ ☐ ☐ ☐ ☐ ☐ ☐ ☐ ☐ ☐ ☐ ☐ ☐ ☐ ☐ ☐ ☐ ☐	☐ Cervical Traction ☐ Lumbar Traction ☐ Massage ☑ Cryo-Therapy ☑ Passive ROM ☑ Active ROM ☑ Active Assistive ☐ Gait Training ☐ Cervical Pillow	☐ LIDO Evaluation ☐ Isokinetic Exercise ☐ LIDO ☐ Bicycle/Upper Cycle ☒ PRE'S ☐ Body Master Fitness Training ☒ Home Ex. Program ☐ ACL Rehab Protocal ☐ Custom Orthotics

REFERRING PHYSICIAN: Michael Goldberger MD