




DEPARTMENT OF SURGERY
DIVISION OF PLASTICS
90 BERGEN ST, SUITE 7100
NEWARK NJ 07103
973-972-3229

Majkotoski, Matthew

MRN: 014246574

Ignatiuk, Ashley, MD
Physician
Specialty: SURGERY-PLASTICS

Progress Notes 
Signed

Encounter Date: 7/14/2023

Plastic Surgery Clinic Note

Subjective:

Chief Complaint: TFCC (triangular fibrocartilage complex) injury (3 week follow up)

HPI:

Matthew Majkotoski is a 40 year old male who is being seen in clinic for follow up 3 months post-operation. He is feeling well, but complains of some grip weakness and pain along the distal ulnar and radial styloids. He states that when he picked up a glass to drink from, he suddenly lost his grip strength.

BP (l) 162/101 (BP Location: Left arm, Patient Position: Sitting) | Pulse 73 | Ht 6' 4" (193 cm) | Wt 115.7 kg (255 lb) | BMI 31.04 kg/m²

Physical exam:

General: Awake, alert, no distress
HEENT: NC/AT, PERRL, EOMI
Resp: Breathing comfortably on room air, non-labored
Heart: Regular rate and rhythm
Abdomen: Soft, nontender, nondistended

Extremities: Range of motion intact, some tenderness on the radial and ulnar styloids, positive tincl sign on the ulnar aspect of the elbow.

Diagnosis:
TFCC

Assessment/Plan:

40 year old male with a history of TFCC repair 3 months post-operation. He complains of residual grip weakness and some pain on the radial and ulnar styloids.

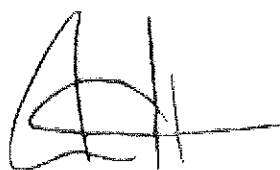
- Maintain wrist widget brace
- Can return to work with restrictions: no more than 10lbs pushing/pulling/lifting with right hand for about 6 weeks
- script for OT to improve wrist strength and range of motion

- Follow up in 2 weeks

Seen & discussed with Dr. Ashley Ignatiuk
Ricardo Cortes MS4
7/14/2023; 11:14 AM

Staff Attestation Note:

The patient has been seen and examined by myself personally. I have reviewed the resident documentation, pertinent labs and imaging. I agree with the findings and plan for treatment which was discussed with the patient. Please see the resident's note for complete details of the encounter.



Ashley Ignatiuk MD, MSc, FRCSC
Associate Professor
Department of Surgery, Division of Plastic Surgery
New Jersey Medical School, Rutgers

Electronically Signed By Ignatiuk, Ashley, MD on 7/19/2023 5:39 PM

Note Details

Author	Ignatiuk, Ashley, MD	File Time	7/19/2023 5:39 PM
Author Type	Physician	Status	Signed
Last Editor	Ignatiuk, Ashley, MD	Specialty	SURGERY-PLASTICS

Office Visit on 7/14/2023 *Note shared with patient*

Additional Documentation

Vitals: BP 162/101 ? (Abnormal) (BP Location: Left arm, Patient Position: Sitting) Pulse 73
Ht 6' 4" (193 cm) Wt 115.7 kg (255 lb) BMI 31.04 kg/m² BSA 2.49 m²
Flowsheets: Anthropometrics, Fall Risk Screening - MU, MAP
SmartForms: UMD AMB SCREENING FORM

Transcription Information

Dis Date
07/14/2023

Orders Placed

None

Medication Changes

As of 7/14/2023 11:04 AM

None

Visit Diagnoses

Primary: Injury of triangular fibrocartilage complex (TFCC) of right wrist, subsequent encounter
S69.81XD

Department

Name	Address	Phone	Fax
Department of Surgery	90 BERGEN ST, SUITE 7100	973-972-3229	973-972-0006
Division of Plastics	Newark NJ 07103		

Orders

Ambulatory referral to Occupational Therapy [REF53] (Order 132102484)

Order Information

Order Date/Time	Release Date/Time	Start Date/Time	End Date/Time
07/20/23 07:52 AM	None	7/20/2023	None

Order Details

Frequency	Duration	Priority	Order Class
None	None	ROUTINE	Internal Referral

Comments

AROM, PROM, strengthening, modalities

3x/week for 3 months

Order Providers

Authorizing Provider	Encounter Provider
Ignatiuk, Ashley, MD	Ignatiuk, Ashley, MD

Supervision Information

Encounter Supervising Provider	Type of Supervision
Ignatiuk, Ashley, MD	Yes for Ambulatory

Order Parameters

Order ID:	132102484
Procedure/Medication:	Ambulatory referral to Occupational Therapy [REF53]
Patient:	MAJKOTOSKI,MATTHEW
Order Workstation:	UMDNJGENERICID
Order Sent By:	Sabrina Alfassa, PA-C

Pass Number 1: "Sign" transmittal event

Destination	No workstation found
Workstation:	
Report:	UMB AMB C_0538 REF SCRIPT MASTER PA/APN SUPER

This order was not sent to a printer.

Additional Information

- Associated Reports
- View Encounter

Reprint Order Requisition

Ambulatory referral to Occupational Therapy (Order #132102484) on 7/20/23

