

Meridian Occupation Health
PT / OT Prescription

Hackensack Meridian Team Health Neptune PC

(732) 776-4251

Fax Number: (732) 776-4210

Patient: Ronald L. Tillery

DOB: 05/22/1978

Address: 139 Montgomery Terr

Red Bank

NJ

07701

Employer: Neptune Township

Referral Date: 10/13/2022 Date of Injury: 10/05/2022

Essential job function:

____ Patient Handling, ☒ Lifting ____ lbs. ☒ Carry /Pull, ☒ Bending, Stooping

Other: _____

Diagnosis: Sprain of other specified parts of left knee, subsequent encounter (S83.8X2D)

Prescription Detail

1. Therapist to evaluate and treat with goal to: reduce pain, return to baseline

2. Specific Request: ☒ Therapeutic exercise ☐ Whirlpool
☐ Cryotherapy ☐ Contrast Bsths
☒ Heat Treatment ☒ Home Exercise Program
☒ Ultrasound ☒ Review job specific Body Mechanics
☒ Phonophoresis ☐ Iontophoresis
☒ Balance Gait Training ☐ Traction to _____
☐ Other: _____

3. Frequency of session's 3 times per week, 2 weeks; **number of sessions:** 6

4. Precautions: _____

5. Next MD evaluation: 2 weeks

Prescribing Physician: Renee Mason APN-C

Signature: 

10/13/2022 2:12:25 PM

● Physical Therapy please forward PT progress reports to the referring Occupational Health site prior to the next MD evaluation. Please contact our office if there are any missed appointments at the end o the business day it occurred.