



**Schedule ONLY With
Certified Hand Therapist
or Occupational Therapist**

Peter S.H. Chan, MD

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Hand Therapy Referral

Date: 2/14/2024

Patient: Rodriguez, Lisa

Diagnosis: Healed fracture left ring finger middle phalanx

Rx:

She has progressed to 80 degrees of active flexion, we are close to functional, however only she can know if she is safe or not. After discussion, we decided to progress with continued therapy for 4 more weeks, with a goal of normal activities when I see her back.

Select

Frequency: 3 times per week for 4 weeks

Splint:

Range of Motion: Active, Passive Motion as tolerated

Strengthening: Aggressive

Other:

Modalities as Needed.

Additional Instructions:

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