**□ OCCUPATIONAL THERAPY** 



APN SIGNATURE

## FROM: OCCUPATIONAL HEALTH SERVICE

PHONE: 201.833.7200 FAX:201.833.7073 718 TEANECK RD, TEANECK NJ 07666 DIAGNOSIS: **APN: Irmina Tanion** ☐ LIFTING ASSESSMENT **√** EXERCISE **Z** EVALUATION / TREATMENT LB RESTRICTION **PASSIVE ROM MODALITIES** WORK CONDITIONING STRETCHING THOT PACK / COLD PACK **□ WORK SIMULATION MOBILIZATION** MELECTRICAL STIMULATION ☐ BACK SCHOOL **ACTIVE ASSISTIVE ROM** TENS □ VESTIBULAR BALANCE PROGRAM **ULTRASOUND** ☐ WOUND CARE □ PRE's **□** IONTROPHORESIS HOME PROGRAM ☐ ISOKENETIC ☐ TRACTION \_\_\_\_ LBS ☐ FUNCTIONAL CAPACITY EVAL ☐ CONDITIONING ☐ Cervical ☐ Lumbar ☐ GAIT TRAINING \_\_ WB PARAFIN **ADDITIONAL INSTRUCTIONS:** ☐ FLUIDOTHERAPY **□** JOINT PROTECTION EDUCATION ☐ SPLINTING **□**Dynamic □ Static

PHYSICAL THERAPY