

EDISON-METUCHEN ORTHOPAEDIC GROUP

10 Parsonage Road, Suite 500, 5th Floor • Edison, NJ 08837 • PH (732) 494-6226 • FAX (732) 494-8762
Matthew Garfinkel, M.D. Nilesh Patel, M.D. Manisha Chalal, M.D.
Franklin Chen, M.D. Todd Ryan, D.O. Gloria Liu, APRN, BC.
Mohnish Ramani, M.D. David M. Idank, D.O.

MRI Imaging Request Form

Please contact our office if you have not heard from our office or the Facility in 5 business days.

All Insurance: We need the name & location of MRI facility to proceed with authorization.

If you do not know the facility before you leave our office, please call us back at 732-839-1942. If you have a worker's compensation claim, please call 732-839-1936 for status on authorization.

Account 165352	Cell phone : (732) 841-6108	Date: 8/16/2023
Name: Jorge Irizarry	Home Phone:	Weight 195lbs
DOB: 2/18/1983	Work Phone:	Sex: male

Address: 126 Iron Ore Road Manalapan NJ 07726

Insurance Dietz And Hammer	ID# PJWC083998	Group ID
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Insurance Address : Po Box 68 Newton NJ 07860

Reason for test: Knee Pain

Diagnosis:

Right knee Internal derangement

Referring Physician: Dr. Matthew Garfinkel

Precautions / Special Instructions:

Test Requested:

MRI of the right knee without contrast

Please fax report to Edison-Metuchen Orthopaedic Group at (732) 494-8762. Phone (732) 494-6226.

Matthew Garfinkel, M.D.

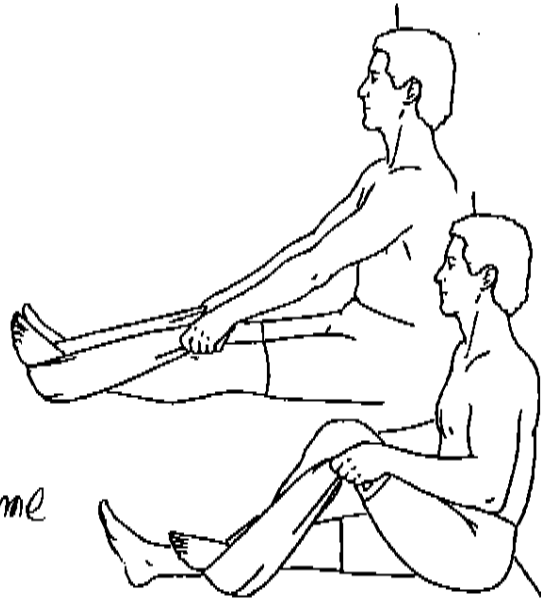
Matthew J. Garfinkel, M.D.

HIP / KNEE - 46 PROM: Knee Flexion

Dr. Garfinkel -
Knee Exercises

With towel around heel,
gently pull knee up with
towel until stretch is
felt.

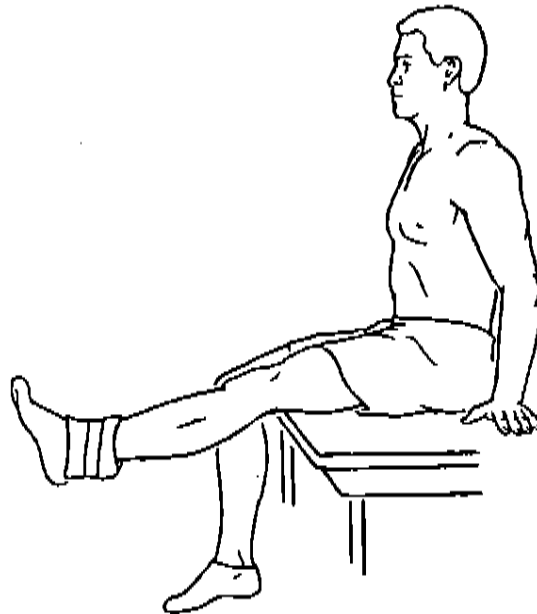
- 10 times for
10 seconds each time



HIP / KNEE - 76 Knee Extension (Sitting)

Straighten knee fully,
lower slowly.

- 10 times for
10 seconds each time



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Work Note

Date: 8/16/2023

Employee Name: **Jorge Irizarry**

DOB: 2/18/1983

Account No: 165352

Diagnosis : Pain in right knee, Other Internal derangements of right knee

Work Status

- | | |
|---|--|
| <input type="checkbox"/> Cannot work | <input type="checkbox"/> Return to work with modified duties |
| <input type="checkbox"/> Return to work Immediately | <input type="checkbox"/> Modified duties effective until return visit on |
| <input type="checkbox"/> Released from office | <input type="checkbox"/> These restrictions are permanent |
| <input type="checkbox"/> Full Duty on | <input checked="" type="checkbox"/> Do not return to work until: 8/17/2023 |

Work RestrictionsUpper Extremity ☐ Right ☐ Left

- ☐ No use of affected extremity
- ☐ No firm gripping
- ☐ Must wear Int/sling/cast
- ☐ No awkward wrist position
- ☐ No lifting over lbs.
- ☐ No repetitive motion
- ☐ No vibratory tools
- ☐ No overhead work (above shoulder)
- ☐ No commercial driving

Lower Extremity ☐ Right ☐ Left

- ☐ Seated work only/mainly
- ☐ No squatting / kneeling / twisting
- ☐ No climbing stairs/ladders
- ☐ No prolonged standing or walking
- ☐ Work with brace/cast
- ☐ No lifting over lbs.
- ☐ Elevate when possible / continuous
- ☐ Crutches/cane/walker
- ☐ No twisting, pushing, pulling

Other Appropriate Duties / Comments Desk work only, no running, jumping, kneeling, or squatting. No Interaction with prisoners.

If modified duties are stated above and they cannot be accommodated, consider Jorge Irizarry to be off work.

Special Instructions

Return to my office on _____ or in weeks



Matthew J. Garfinkel, M.D.

Jorge Irizarry

8/16/2023

EDISON METUCHEN ORTHOPAEDIC GROUP
EXECUTIVE PLAZA
10 PARSONAGE ROAD, SUITE 500, 5th FLOOR
EDISON, NEW JERSEY 08837
TEL: 732-494-6226 FAX: 732-4948762

Physical Therapy for the [RIGHT] Knee

DX: Right knee internal derangement

Modals/ROM/HEP/Strength
No Kneeling, Squats, or Stairmaster

3 x's a week/ 2 weeks



Matthew J. Garfinkel, M.D.