

D&H ALTERNATIVE RISK

ATTN: Carolina Shell

FAX: 973-940-1852

CLAIM#: PLB083069

GREGORY S. GALLICK, M.D.

ORTHOPAEDIC SURGERY AND SPORTS MEDICINE
2780 MORRIS AVE, SUITE 2-C
UNION, NEW JERSEY 07083

(908) 686-6665

FAX (908) 687-7507

Time In: 9:23aTime Out: 10:27 am.Name: Katrina Paige Date: 6-6-23Diagnosis: S/P OPHT or Lide, Biceps Tendositis.Have you prescribed any medications? NO (YES): Percocet was prescribed on 6-1-23,
Will this medication affect their ability to work? NO (YES) no refills.☒ Temporarily Totally Disabled for:2 Days 2 Weeks Months☐ May Return to Work/School Full Time ☐ Part Time ☐☐ May Return to Work/School with Restrictions:

	No	Occasionally	Intermittent
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Squatting	<u> </u>	<u> </u>	<u> </u>
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Stooping	<u> </u>	<u> </u>	<u> </u>
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Kneeling	<u> </u>	<u> </u>	<u> </u>
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Bending	<u> </u>	<u> </u>	<u> </u>
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Running	<u> </u>	<u> </u>	<u> </u>
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Jumping	<u> </u>	<u> </u>	<u> </u>
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Climbing	<u> </u>	<u> </u>	<u> </u>
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Turning	<u> </u>	<u> </u>	<u> </u>
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Lifting	0-10 lbs.	10-25 lbs.	25-50 lbs	None
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Carrying	0-10 lbs.	10-25 lbs.	25-50 lbs	None
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Standing	15 min.	30 min.	60 min.	120 min.
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then after minutes of rest may return to
standingReturn to Work/School Date: Return to Sports Date: Drive: ☒ Yes ☐ NoRemarks: Physical Therapy for 2 weeks needs to be scheduled. NEXT appt. 6/20/23 @ 10:15a.Signature:

GREGORY S. GALICK, MD
2780 MORRIS AVE. 2C
UNION, NJ 07083-4848

June 6, 2023

Patient: Katrina Paige DOB: 01/22/1970
14208 Crystal Ridge Dr
Watchung, NJ 07069

88503

PHYSICAL THERAPY PRESCRIPTION (SSX)

DX: S/P OPA R SHLDER, BICEPS TENODESIS WORKON ROM NO BICEPS EXERCISES FRO 5 WEEKS

Shoulder-Rotator Cuff Tendinitis: Ice, ultrasound, electric stim. internal & external Rotator Cuff exercises, gentle passive manipulation to avoid a frozen shoulder. A-ROM & strengthening exercises, progress as tolerated.

For: 3 times per week for 2 weeks.

PLEASE SEND PROGRESS NOTES WITH PATIENT FOR THEIR NEXT APPOINTMENT

DO NOT FAX PROGRESS NOTES TO OUR OFFICE

A handwritten signature in black ink, appearing to read 'Greg S. Gallick' followed by a stylized flourish.

Gregory S. Gallick, M.D.
Tax I.D. # 22-2677509
Phone #: 908-686-6665