

# FAX COVER SHEET

**TO**

NAME: Carolina Shell  
COMPANY:

FAX PHONE: (973)-940-1852

**FROM**

NAME: Sandra Manresa  
COMPANY: INFINITY ORTHOPEDICS,LLC  
1450 RT 22 West,Ste 200  
Mountainside, NJ 07092-2619

VOICE PHONE: (908)-364-7801

FAX PHONE: (908)-222-2757

SENT ON: 11/04/24 3:52 pm

PAGES: 4

SUBJECT:

Document Distribution

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## INFINITY ORTHOPEDICS, LLC

JEFFREY M. WARSHAUER, D.O.  
HEATHER A. PEDERSEN, PA-CP: 908.364.7801  
F: 908.222.2757

WWW.INFINITYORTHOPEDICS.NJ.COM

1150 ROUTE 22 WEST  
SUITE 200  
MOUNTAINSIDE, NJ 070923 PROGRESS ST  
SUITE 106  
EDISON, NJ 08820MAILING ADDRESS:  
PO BOX 4290  
WARREN, NJ 07059WORKERS COMPENSATION PROGRESS NOTE  
(Full Note to Follow Via Fax)

Date: 11/04/2024

Patient's Name: Scarlett Torrez

DOB: 03/26/1986

Employer: PLAINFIELD BOE

Date of Injury: 10/08/24 Worker's Compensation Company: D &amp; H Risk MGMNT (WC)

Adjuster: CAROLINA SHELL

Phone Number: 973-940-1851X239 Fax Number: 973-940-1852

Claim Number: PLB089508

Authorized Injuries/Body Parts: LUMBAR SPINE, CERVICAL SPINE, RIGHT SHOULDER

Diagnoses:

① cmt ② lumb

Treatment:

Medications:

m.p.

Therapy:

6 visit - cmt + lumb

Diagnostic Studies:

In Office Procedures:

Other:

Surgery:

Work Status:

☒ Full Duty  
☐ Light Duty  
☐ Sedentary Duty  
☐ Out of Work
Is the patient at MMI? ☐ Yes ☒ No

Work Restrictions:

☒ No Lifting over lbs  
☐ Other:

Return to work date: 11/5/24

Next Appointment: 11/18/24 @ 4:00 PM

## INFINITY ORTHOPEDICS, LLC

JEFFREY M. WARSHAUER, D.O.  
HEATHER A. PEDERSEN, PA-C



F: 908-364-7801  
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1450 ROUTE 22 WEST  
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MOUNTAINSIDE, NJ 07092

3 PROGRESS ST  
SUITE 106  
EDISON, NJ 08820

MAILING ADDRESS:  
PO BOX 4290  
WARREN, NJ 07059

To Whom it May Concern:

Scarlett Torrez is currently under my care and was seen in our office today, 11/04/2024.

- ☐ Please excuse the patient from work today.  
☒ The patient may return to work at full duty status on 11/05/2024.  
☐ The patient may return to work on 00/00/0000.

With the following restrictions:

- ☐ Sedentary duty  
☐ Light duty  
☐ No lifting over lbs.  
☐ Out of Work  
☐ Surgery Scheduled for:  
☐ Remain out of work for:  
☐ Other:

- ☒ The patient will be re-evaluated on 11/18/2024.

Should you have any questions regarding the patient's treatment please call us at (908)364-7801.

Dr. Jeffery M. Warshauer/ Heather A. Pedersen, PA-C

11/04/24

INFINITY ORTHOPEDICS, LLC  
Patient Therapy Order Requisition

Page 1

Torrez, Scarlett  
1717 W 7TH St  
Piscataway, NJ 08854PATIENT  
H-Phone: (347)-882-8899 DOB : 03/26/1986  
W-Phone: ( ) - -  
C-Phone: ( ) - - Sex : F  
Race : White Chart:  
Account: 15475Co#: 70 Policy#: PLB089508  
D & H Risk MGMT (WC)  
PO Box 68  
Newton, NJ 07860PRIMARY INSURANCE  
Insured Name: Scarlett Torrez  
Group Number:  
Plan Name :  
Expired Date: 00/00/00Status : Open  
Doctor : Warshauer, Jeffrey M., D.O.  
Address : 1450 ROUTE 22 WEST  
Address2 : SUITE 200  
Address3 : MOUNTAINSIDE, NJ 07092-2603  
Phone : (908)-364-7801  
Therapist:  
Address1 :  
Address2 :  
Phone : Fax:THERAPY ORDER  
NPI : 1558360222  
LIC : 25MB05525300  
Fax: (908)-222-2757Ordered Date: 11/04/24  
Start Date : 00/00/00  
End Date : 00/00/00  
Duration : 2 WeeksTherapy :  
Physical Therapy Frequency  
3 times weekDiagnosis: S13.4xxA Sprain of ligaments of cervical spine, initial encounter  
Diagnosis: S30.0xxA Contusion of lower back and pelvis, initial encounter

## INSTRUCTIONS

☒ EVALUATE & TREAT  
☐ T.E.N.S.  
☐ MASSAGE  
☐ ULTRASOUND  
☐ WHIRLPOOL☒ THERAPEUTIC EXERCISES  
☒ STRENGTHENING PROGRAM  
☐ GAIT TRAINING  
☐ ELECTRICAL STIM  
☐ JOBSTOrdering Physician's Signature: 

Electronically signed by agent of provider: Rosa Matos, MA on 11/04/24 at 3:48 pm