From: 732-494-6094 To: Dominique Page: 5/7 Date: 3/29/2023 8:59:45 AM

## **EDISON-METUCHEN ORTHOPAEDIC GROUP**

10 Parsonage Road, Suite 500, 5th Floor • Edison, NJ 08837 • Ph(732) 494-6226

Matthew Garfinkel, M.D. Franklin Chen, M.D. Mohnish Ramani, M.D. Nilesh Patel, M.D. Todd Ryan. D.O. David M. Idank, D.O. Manisha Chahal, M.D. Gloria Liu, APRN, BC.

1 Idank D.O

	Work Note	Date : 3/28/2023			
Patient Name: Ivette Rios		DOB: 8/25/1972	Account # 136895		
Work Status					
Cannot work		Return to work with modifi			
Return to work immediately		☑Modified duties until return visit on 4/19/2023			
Released from office		These restrictions are permanent			
Full Duty		Do not return to work until	:		
Work Restrictions			_		
Upper Extremity ☐Right ☐Left		Lower Extremity Right Left			
No use of affected extremity		Seated work only/mainly			
Limited use of the affected extremit	У	No squating / kneeling / twisting			
Must wear orthotics as dispensed		☐No climbing /crawling			
No push/pull > 5 lbs		Limited standing or walking			
No lifting over 5lbs.		Work with brace/cast			
No driving to and from work		□ No lifting over lbs.			
No commercial driving		Elevate when possible / continurous			
		Crutches/cane/walker			
		No twisting, pushing, pulling			
Datum ta maraffica an anim marafic	Sp	ecial Instructions			
Return to my office on or in weeks					
For Employer Use:					
If you are unable to accommodate t (732)-494-2004.	the work restriction	ns as indicated, please sign t	pelow and fax it to		
If the employee must be full duty to return to work, please mark here					
Disability Forms will <u>not</u> be filled o					
	Employer / HR	Date			
File Chang					
Franklin Chan M D					

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10 Parsonage Road, Suite 500, 5th Floor • Edison, NJ 08837 • PH (732) 494-6226 • FAX (732) 494-8762 Matthew Garfinkel, M.D.

Franklin Chen, M.D. Mohnish Ramani, M.D.

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Nilesh Patel, M.D. Todd Ryan. D.O.

Manisha Chalal, M.D. Gloria Liu, APRN, BC.

David M. Idank, D.O.

EMG Referral Form					
Patient Information Name: Ivette Rios DOB:8/25/1972	Home Phone: Work Phone: (732) 826-0183	Date: 3/28/2023 Weight: Weight 199lbs Sex:female			
<b>Diagnosis:</b> G56.22 Lesion of u <b>Referring Physician:</b> Dr. Franl					
	mptoms, findings, working diagnosis, and/or che	ck appropriate box below):			
FOCAL PROBLEMS (SELECT LIMB - RIGHT OR LEFT )  Upper Extremity  R L  Cervical Radiculopathy  Carpial Tunnel Syndrome (CTS)  Median Neuropathy (pronator syndrome)  Ulnar Neuropathy (cubital Tunnel  Radial Neuropathy (superficial radial nerve/supinator syndrome)  Brachial Plexopathy  Special Instructions: At the time of the EMG appointment, the patient's skin should be clean without lotions, oils, or creams. No other special preparation is required. The patient can take all their medications as prescribed. Please indicate if the patient is taking a blood thinner, or is on medication for myasthenia gravis, or has a pacemaker or stimulator. There are no aftereffects and the patient can return to their usual activities immediately upon leaving the laboratory. The results of the EMG examination are made available to the referring physician, who in turn, will explain the results to the patient. If you have further questions, please call the EMG laboratory.  Comments:					

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Manisha Chalal, M.D. Gloria Liu, APRN, BC.

M.D. David M. Idank, D.O.

	Therapy Ref	ferral Form	
Patient Information	Chart No. 136895	Date: 3/28/2023	
Name: Ivette Rios	Home Phone:	Weight: Weight 199lbs	Sex: female
DOB: 8/25/1972	Work Phone: (732) 826-0183	Mobile : (848) 207-8552	
=	collateral ligament sprain of left elbow, ncounter, M77.02 Medial epicondylitis, n Chen, M.D.		
Frequency: Once a we week	eek 🛛 Twice a week 🔲 Three t	imes a week 🔲 One time e	valuation 2-3 times a
<b>Duration:</b> WEEKS 1	□ 2  □ 3  ⊠ 4  □ 5  □ 6		
Evaluate and Treat	Occupational Therapy	Physical Therapy	
Continue Current The	erapy Program		
Special Instruction:			
Goals			
Decrease Swelling	☐ Increase ROM	Improve	e Function
Decrease Pain Teach Home Exercise	☐ Increase Strength☐ Increase Stretch/Fl	exibility	
_	_	_	
<ul><li>✓ Modalities</li><li>✓ Flexor Tendon Repair Pr</li></ul>	□ ROM otocol □ Extensor Tendon R	Strengt Strengt	hening Exercise Program
Other	Extensor rendor is	repail Protocol	taercise i rogrami
I certify that the above o	rdered is medically necessary for the	e patient's diagnosis.	
File a	<b>ิ</b> ๛๑		
Franklin Chen, M.D.			