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**PLEASE NOTE: AS OF April 25, 2006 WE CAN NO LONGER FAX PHYSICAL THERAPY PRESCRIPTIONS. LOST WE CAN MAIL A COPY TO YOU AND OR YOUR THERAPIST. THANK YOU**

**PHYSICAL THERAPY**

**NAME:** Angelo, Bento

**DOB:** 10-28-63.

**DIAGNOSIS:**

s/p (R) stentelin Arthroscopy re. lateral debridement

9-8-23

☒ **Range of Motion**

☒ **Active**

☒ **Active Assisted**

☒ **Passive**

☒ **Strength**

☒ **Isometric**

☐ **Short arc strength quads**

☐ **Closed chain**

☐ **Open chain**

☐ **Pendulums**

☐ **Passive supine forward elevation and external rotation**

☐ **Back exercises**

☐ **Ultrasound**

☐ **Electrical Stim**

☐ **Cryotherapy**

☐ **Heat**

☐ **Massage**

☐ **Edema reduction**

☒ **Conditioning**

2/3 **Times a week**

6 **Weeks**

9/20/2023

R. Schloss

**M.D.**