



WC Facsimile Transmittal Request

To: CAROLINA STEW

Company: DH Alternative Risk Solution

Fax Number: (973) 940 1852

Phone Number:

Re: LAWRENCE, RAGHAN

From: DH - Citopius

Date: 3/21/23

Claim Number:

IWC 082932

<input type="checkbox"/>	DDI
<input checked="" type="checkbox"/>	Work Note
<input type="checkbox"/>	Visit Note
<input checked="" type="checkbox"/>	PT Rx
<input type="checkbox"/>	MRI RX
<input type="checkbox"/>	Surgery
<input type="checkbox"/>	Other

Next Appointment Date: 4/5/23 Time: 2:30 am

Location: ☐ West Orange ☒ Westfield

Please Fax Next Appointment DDI to (908) 588-2319

Thank You.

CONFIDENTIAL NOTICE

This e-mail/fax transmission contains confidential or legally privileged information, which is intended only for the use of the individual or entity named in this transmittal. If you are not the intended recipient, you are hereby notified that any disclosure, copying, distribution or reliance upon the contents of this e-mail is strictly prohibited. If you received this transmission in error, please notify us immediately, and please forward the e-mail or fax, back to us with notification that you have deleted the transmission from your system.



Vinay Chopra MD
Matthew Griffin MD
Nicholas Delaney MD
Prashant Patel MD
John Griffin MD
Kevin Dunn MD
Mohammad Athar MD
Maybelle Maningat DPM

116 S. Euclid Ave, Suite 1
Westfield NJ 07090
Office: (908) 588-2311
Fax: (908) 588-2319

300 Executive Dr, Suite 110
West Orange, NJ 07052
Office: (973) 434-8878
Fax: (973) 434-8878

Date: 3/20/23

Re: Lawrence, Rashon

To Whom It May Concern,

This letter is to certify that Lawrence, Rashon has been under my orthopedic care.

The patient was seen and evaluated by Dr. Vinay Chopra in our office today.

The patients work/school status is

Out of Duty/Work

as of 3/20/23 until next eval 4/5/2023

If you have any questions, feel free to call our office at (908) 588-2311.

Sincerely,

Vinay Chopra

Vinay Chopra, MD

Order Form**Genesis Orthopaedic and Spine**

118 S EUCLID AVE, STE 1
WESTFIELD, NJ, 07090-2187
908-588-2311 908-588-2319

Req/Ctrl# (CD-): 71735

Vinay Chopra, MD

NPI: 1730329079

Sport Medicine

Lawrence, Rashon, Female, 11/15/1995 ID: 19138

Today: 03/20/2023 03:10 PM

862-438-3242 110 N 16TH ST, BLOOMFIELD, NJ 07003-5809

Order Date: 03/20/2023 02:00 PM

Primary Insurance Name: DandH Alternative Risk Solutions

Insurance Address: PO BOX 68 , NEWTON , NJ , 07860-0068

Subscriber Number: IWC082932

Insured Name: Lawrence, Rashon

Address: 110 N 16TH ST, BLOOMFIELD, NJ 07003-5809

Priority	Test Name	Assessment(s)	Instructions
Routine	Vestibular Rehabilitation 3x week for 2 weeks	- S06.0X0D, Concussion without loss of consciousness, subsequent encounter - H81.9D, Vestibular dysfunction after traumatic injury	

Electronically Signed By: Vinay Chopra, MD

Signature of Patient/Guardian

Order generated by eClinicalWorks (www.eclinicalworks.com)

Lawrence, Rashon, F, 11/15/1995

Order Form**Genesis Orthopaedic and Spine**

116 S EUCLID AVE, STE 1

WESTFIELD, NJ, 07090-2187

908-688-2311 908-688-2310

Req/Ctrl# (CD-): 71735

Vinay Chopra, MD

NPI: 1730329079

Sport Medicine

Lawrence, Rashon, Female, 11/15/1995 ID: 18138

Today: 03/20/2023 03:10 PM

862-438-3242 110 N 16TH ST, BLOOMFIELD, NJ 07003-5809

Order Date: 03/20/2023 02:00 PM

Primary Insurance Name: DandH Alternative Risk Solutions

Insurance Address: PO BOX 68 , NEWTON , NJ , 07560-0068

Subscriber Number: IWC082832

Insured Name: Lawrence, Rashon

Address: 110 N 16TH ST, BLOOMFIELD, NJ 07003-5809

Priority	Test Name	Assessment(s)	Instructions
Routine	PT/OT Modalities PRN	- M54.12, Cervical radiculopathy	

Electronically Signed By: Vinay Chopra, MD

Signature of Patient/Guardian

Order generated by eClinicalWorks (www.eclinicalworks.com)

Lawrence, Rashon, F, 11/15/1995

Order Form**Genesis Orthopaedic and Spine**

116 S EUCLID AVE, STE 1
WESTFIELD, NJ, 07090-2167
908-588-2311 908-588-2319

Req/Ctrl# (CD-): 71735

Vinay Chopra, MD

NPI: 1730329079

Sport Medicine

Lawrence, Rashon, Female, 11/15/1995 ID: 10138

Today: 03/20/2023 03:11 PM

862-438-3242 110 N 16TH ST, BLOOMFIELD, NJ 07003-5809

Order Date: 03/20/2023 02:00 PM

Primary Insurance Name: DandH Alternative Risk Solutions

Insurance Address: PO BOX 68 , NEWTON , NJ , 07860-0068

Subscriber Number: IWC082932

Insured Name: Lawrence, Rashon

Address: 110 N 16TH ST, BLOOMFIELD, NJ 07003-5809

Priority	Test Name	Assessment(s)	Instructions
Routine	PT/OT Eval and Treat 3x/week for 2 weeks	- M54.12, Cervical radiculopathy	

Electronically Signed By: Vinay Chopra, MD

Signature of Patient/Guardian

Order generated by eClinicalWorks (www.eclinicalworks.com)

Lawrence, Rashon, F, 11/15/1995

LAWRENCE, Rashon DOB: 11/15/1995 (27 yo F) Acc No. 19138 DOS: 03/20/2023

**Lawrence, Rashon**

27 Y old Female, DOB: 11/15/1995

Account Number: 19138

110 N 16TH ST, BLOOMFIELD, NJ-07003-5809

Home: 862-438-3242

Guarantor: Lawrence, Rashon Insurance: DandH Alternative

Risk Solutions

Appointment Facility: Genesis Orthopaedic and Spine

03/20/2023

Vinay Chopra, MD

Current Medications

Tylenol
 1. Tylenol 325mg/PC
 Medication is reviewed and reconciled with the patient.

Past Medical History

Medical History Verified

Surgical History

Denies Past Surgical History

Family History

Father: alive
 Mother: alive
 Paternal Grandmother: Hypertension

Social History

Tobacco Use
 Tobacco Use/Smoking
 Are you or have you ever smoked?

Allergies

N/A/D/A

Hospitalization/Major**Diagnostic Procedure**

Denies Past Hospitalization

Review of Systems**General/Constitutional**

Fever denies

Headaches denies

Lightheadedness denies

Allergy/Immunology

Rumex denies

Was denied penicillin denies

Cephalosporins denies

Vaccines denies

Anesthetics denies

Sedatives denies

ENT

Decreased hearing denies

Reason for Appointment

1. 2 weeks f/u concussion

History of Present Illness**Work Comp Information:**

Claim Number: IWC082932.

Date of injury: 2/19/2023.

Case Manager: Carol Shell.

Employer: Irvington Township.

Job Description: Police Officer.

Length of employment: 2 years.

Insurance Company: D H Alternative Risk Solution.

Phone Number: 973-940-1851 ext 239.

Fax: 973-940-1852.

WC Injury:**Questions:**Was your supervisor notified immediately? *Yes*Did you continue working after you were injured? *No*Did you go to the emergency room? *Yes*Were X-rays and/or MRIs taken? *No*Rate your pain today on a scale of 1-10: *6*Have you ever experienced similar symptoms in the past? *No*How long have you been employed at your current job? *2 2 years*What is your current work status? *On a leave*Have you ever been treated by a Chiropractor? *Yes***Head/Brain trauma:**

c/o Head/brain trauma occurred The patient is presenting today with head injury which occurred on 2/19/23 while at work. Patient states he works as a police officer. Patient states he was responding to an emergency call, as he was driving he was T-boned by another vehicle, and pushed into a fire hydrant and light pole. He denies LOC and airbags did not deploy. He states he hit the left side of his head against the car paneling and the top of his head. He made sure the scene was clear and called for backup. He was taken by ambulance to Newark Beth Israel Hospital, where no imaging was performed and he was diagnosed with a concussion. He was seen the next day by a work physician who recommended tylenol if necessary, heating, and counseling on screen time. He was then referred to a concussion specialist. Currently he complains of headache that can last 5 minutes to 1.5 hours. Pain ranges from 5-6/10 to 8/10. He also complains of light and noise sensitivity. He is following up today and states that his

Progress Note: Vinay Chopra, MD 03/20/2023

Data generated by eClinicalWorks. Validated and certified by eClinicalWorks.

LAWRENCE, Rashon DOB: 11/15/1995 (27 yo F) Acc No. 19138 DOS: 03/20/2023

Noise/bleed denies. Ringing in the ears denies.

Endocrine

Difficulty sleeping denies.

Dizziness denies. Excessive

sweating denies. Excessive

thirst denies.

Respiratory

Cough denies. Shortness of

breath denies. Wheezing denies.

Cardiovascular

Chest pain denies.

Palpitations denies.

Weakness denies.

Gastrointestinal

Diarrhea denies. Nausea denies.

Vomiting denies.

Hematology

Easy bleeding denies. Easy

bruising denies. Swollen

glands denies.

Genitourinary

Hamaturia denies. Urinary

incontinence denies. Pain in lower

back denies.

Neurologic

Balance difficulty denies.

Coordination denies. Fainting denies.

Headache denies. Irritability denies.

Memory loss denies. Seizures denies.

Tingling/numbness denies.

Psychiatric

Self-harm denies.

Anxiety denies. Depressed

mood denies. Nervous

breakdown denies.

symptoms are slightly improved however he still complains of headache and neck pain. He has not yet started vestibular therapy, however he is scheduled for his first session later this week.

Cervical Spine/Neck:

c/o Neck pain The patient is presenting today with neck injury which occurred on 2/19/23 due to a work injury described above. He states his neck pain typically comes with his headaches. He describes the pain over the superior trapezius region bilaterally as well as tenderness, left worse than right. He states his pain can range from 3-5/10. He has minor radicular symptoms.

Vital Signs

Temp 96.9 F, HR 106 /min, BP 116/70 mm Hg, Wt 215 lbs, BMI 28.36 Index, Ht 73 in, Oxygen sat % 99 %, Ht-cm 185.42 cm, Wt-kg 97.52 kg.

Examination

General Examination:

GENERAL APPEARANCE: in no acute distress, well developed, well nourished, alert, oriented x 3.

GAIT: non-antalgic gait.

HEAD: normocephalic, atraumatic.

EYES: pupils equal, round, , extraocular movement intact (EOMI) , sclera anicteric.

EARS: normal , hearing intact to whispered voice.

NOSE: no nasal drainage.

ORAL CAVITY: mucosa moist.

THROAT: oropharynx clear, oral mucosa without lesions.

NECK/THYROID: neck supple, no cervical lymphadenopathy, , no thyromegaly.

SKIN: no suspicious lesions, warm and dry, no erythema, no rashes, no wounds.

HEART: no murmurs, regular rate and rhythm, S1, S2 normal.

LUNGS: clear to auscultation bilaterally.

ABDOMEN: normal, bowel sounds present, soft, nontender, nondistended.

EXTREMITIES: no clubbing, cyanosis, or edema.

PERIPHERAL PULSES: normal , 2+ throughout.

NEUROLOGIC: nonfocal, sensory exam intact, cranial nerves 2-12 grossly intact, deep tendon reflexes 2+ symmetrical, Babinaki absent.

Cervical Spine:

Inspection , loss of lordosis.

Skin no signs of erythema, pressure ulcers, rashes, lacerations.

Range of Motion normal range of motion on flexion, extension, rotation.

Palpation , positive midline tenderness , positive left paraspinal tenderness.

Stability no instability noted, can sit upright on exam table with minimum effort.

Special tests negative Spurling's.

Strength 5/5 strength neck and upper extremities bilaterally.

Neurological 2+ reflexes upper extremities bilaterally.

Assessments

LAWRENCE, Rashon DOB: 11/15/1995 (27 yo F) Acc No. 19138 DOS: 03/20/2023

1. Concussion without loss of consciousness, subsequent encounter - S06.0X0D (Primary)
2. Vestibular dysfunction after traumatic injury - H81.90
3. Cervical radiculopathy - M54.12

Treatment**1. Concussion without loss of consciousness, subsequent encounter**PROCEDURE: Vestibular Rehabilitation 3x week for 2 weeks

Clinical Notes: I spent a significant amount of time with the patient here today interviewing the patient, speaking to his case manager, reviewing accident history and records, performing a physical exam, neurological exam, neurobehavioral testing, neuropsychological testing, and balance testing at this visit. The patient has findings consistent with an ongoing concussion due to a direct head injury at work. At this time, his symptoms are mildly to moderately elevated, however his balance and cognition tests are within normal limits. Given his findings, the patient will continue with a physical therapy program focused on vestibular rehabilitation which has shown in recent studies to improve recovery from a concussion. He will follow up in 2 weeks for further care and testing and will continue to be placed out of work at this time. I spent the following amount of time on concussion testing, analysis, and interpretation:

CPT 96116: 60 minutes (1:30 pm - 2:30pm)
 CPT 96121: 120 minutes (2:30 pm - 4:30 pm)
 CPT 96132: 60 minutes (2:00pm - 3:00pm)
 CPT 96133: 120 minutes (3:00 pm - 4:55 pm)
 CPT 97750: 30 minutes (1:45pm - 2:12pm).

2. Vestibular dysfunction after traumatic injuryPROCEDURE: Vestibular Rehabilitation 3x week for 2 weeks

Clinical Notes: I spent the following amount of time on concussion testing, analysis, and interpretation:

CPT 96116: 60 minutes (1:30 pm - 2:30pm)
 CPT 96121: 120 minutes (2:30 pm - 4:30 pm)
 CPT 96132: 60 minutes (2:00pm - 3:00pm)
 CPT 96133: 120 minutes (3:00 pm - 4:55 pm)
 CPT 97750: 30 minutes (1:45pm - 2:12pm).

3. Cervical radiculopathyPROCEDURE: PT/OT Eval and Treat 3x/week for 2 weeksPROCEDURE: PT/OT Modalities PRN

Clinical Notes: After reviewing imaging done in the office today, reviewing external notes, external imaging, and history and discussing findings with the patient, and based off our exam here today, the patient has findings consistent with cervical radiculopathy. Given his findings, he will start a physical therapy program. He will follow up in 2 weeks for further care.

ProceduresNeurobehavioral Testing:

Neurobehavioral testing Full Neurobehavioral testing done in the office shows a symptoms score of 68 today which is elevated as it shows findings consistent with headache, "Pressure in head", nausea, dizziness, blurred vision, balance problems, sensitivity to light, sensitivity to noise, feeling slowed down, feeling like "in a fog", "don't feel right", difficulty

LAWRENCE, Rashon DOB: 11/15/1995 (27 yo F) Acc No. 19138 DOS: 03/20/2023

concentrating, difficulty remembering, fatigue and low energy, confusion, drowsiness, trouble falling asleep, feeling more emotional, irritability, nervousness and anxiety. He also performed full cognition testing and was able to score 46/46 as his cognition is within normal limits.

Neuropsychological Testing:

Neuropsychological testing Full Neuropsychological testing was done today in the office which showed the following results: Verbal Memory composite score of 72/10%, Visual Memory composite score of 39/ < 1%, Visual Motor Speed composite 29.65/6%, Reaction Time composite score 0.65/35%, Impulse Control composite 15.

Balance testing:

Balance testing Balance testing done in the office shows the following results: Eyes Open Firm Surface Sway Index 1.43, Eyes Closed Firm Surface Sway Index 1.49, Eyes Open Foam Surface Sway Index 1.77, Eyes Closed Foam Surface Sway Index 2.58, Composite Score Sway Index 1.82.

Diagnostic Results:

Cervical Spine X-Ray 1. cervical spine 3 view x-rays done in the office today shows loss of lordosis.

Work/School Excuse:

Work Excuse No duty until next appointment.

Visit Codes

99215 Office/Outpatient Visit Est. Modifiers: 25

Procedure Codes

96116 Neuro Behavioral Exam, Modifiers: 59

96121 Neuro Behavioral Exam, Each Additional Hour, Units: 2.00 ,
Modifiers: 59

96132 Neuro Psychological Exam, Modifiers: 59

96133 Neuro Psychological Exam, Each Additional Hour, Units: 2.00 ,
Modifiers: 59

97750 Physical Performance Test/Meas W/Reprt Ea 15 Min, Units: 2.00 ,
Modifiers: 59

72040 Radex Spine Cervical 2 Or 3 Views

Follow Up

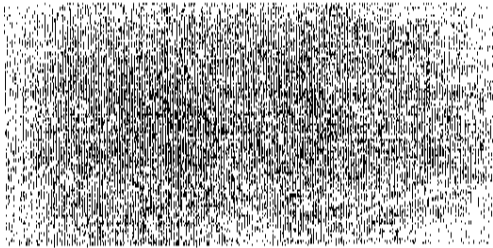
2 Weeks

Vinay Chopra

Electronically signed by VINAY CHOPRA , MD on 03/20/2023 at 03:47 PM EDT

Sign off status: Completed

LAWRENCE, Rashon DOB: 11/15/1995 (27 yo F) Acc No. 19138 DOS: 03/20/2023



Genesis Orthopaedic and Spine
116 S EUCLID AVE
STE 1
WESTFIELD, NJ 07090-2187
Tel: 908-588-2311
Fax: 908-588-2310

Progress Note: Vinay Chopra, MD 03/20/2023

At the time of the visit, the patient was seen for a follow-up visit. The patient was seen for a follow-up visit.