Daily dynamics of the Consideration of Future Consequences (CFC) and wellbeing in romantic couples: A multilevel approach

Authors: Lucía Alvarez-Nuñez 123, Alejandro Vásquez-Echeverría 2, Mirko Antino 3

- ¹ Eurecat Technology Centre of Catalonia, Spain
- ² Faculty of Psychology, University of the Republic, Uruguay
- ³ Faculty of Psychology, Complutense University of Madrid, Spain

Acknowledgements

The authors gratefully acknowledge the financial support provided by the Academic Postgraduate Commission (Comisión de Posgrado Académico) of the University of the Republic, Uruguay (Universidad de la República, Uruguay), through a doctoral scholarship awarded to the first author.

We also extend our sincere appreciation to all participants for their valuable time and commitment to this research.

Finally, we thank Eurecat – Technology Centre of Catalonia (Eurecat, Centre Tecnològic de Catalunya) for supporting the first author's participation in the 16th European Conference on Psychological Assessment (ECPA 2025).

References

- Alvarez-Nuñez, L. S., & Vásquez-Echeverría, A. (2023). Psychometric properties of an abbreviated consideration of future consequences scale in Spanish and of its adaptations to specific domains. *Psy ArXiv PrePrints.*, 1–36. https://doi.org/10.31234/osf.io/9f4vu
- Apostolou, M., Christoforou, C., & Lajunen, T. J. (2023). What are Romantic Relationships Good for? An Explorative Analysis of the Perceived Benefits of Being in a Relationship. *Evolutionary Psychology*, 21(4). https://doi.org/10.1177/14747049231210245
- Furler, K., Gomez, V., & Grob, A. (2013). Personality similarity and life satisfaction in couples. *Journal of Research in Personality*, 47(4), 369–375. https://doi.org/10.1016/j.jrp.2013.03.002
- Joireman, J., Shaffer, M. J., Balliet, D., & Strathman, A. (2012). Promotion Orientation Explains Why Future-Oriented People Exercise and Eat Healthy. *Personality and Social Psychology Bulletin*, 38(10), 1272–1287. https://doi.org/10.1177/0146167212449362
- Kunin, T. (1998). The construction of a new type of attitude measure. *Personnel Psychology*, *51*(4), 823–824. https://doi.org/10.1111/j.1744-6570.1998.tb00739.x
- Luo, S. (2017). Assortative mating and couple similarity: Patterns, mechanisms, and consequences. *Social and Personality Psychology Compass*, *11*(8), e12337. https://doi.org/10.1111/spc3.12337
- Lyubomirsky, S., & Lepper, H. S. (1999). A measure of subjective happiness: Preliminary reliability and construct validation. *Social Indicators Research*, 46(2), 137–155. https://doi.org/10.1023/A:1006824100041

- Nigro, G., Cosenza, M., Ciccarelli, M., & Joireman, J. (2016). An Italian translation and validation of the Consideration of Future Consequences-14 Scale. *Personality and Individual Differences*, 101, 333–340. https://doi.org/10.1016/j.paid.2016.06.014
- Strathman, A., Gleicher, F., Boninger, D. S., & Edwards, C. S. (1994). The consideration of future consequences: Weighing immediate and distant outcomes of behavior. *Journal of Personality and Social Psychology*, 66(4), 742–752. https://doi.org/10.1037/0022-3514.66.4.742
- Vásquez-Echeverría, A., Antino, M., Alvarez-Nuñez, L., & Rodríguez-Muñoz, A. (2018). Evidence for the reliability and factor solution of the CFCS-14 in Spanish: A multi-method validation in Spain and Uruguay. *Personality and Individual Differences*, 123, 171–175. https://doi.org/10.1016/j.paid.2017.11.021