

1- Trocar remedio da enxaqueca

Propanolol 3 times a day

Que tal um dos “monoclonal antibody”? Anti- CGRP (Calcitonin-gene related peptide) – block the ability to act and interact with its receptor.

Erenumabe (= aimovig): 140mg – Only Specialist/ neurologist. Free for NHS. Not for pregnant.

Galcanzumab (= Emgality): private prescription from neurologist or GP. Monthly injection. There is a auto-injector pen (pre-filled pen). 120mg. Effects in pregnant are not known.

Eptinezumab (= Vyepti): 100mg (to 300mg) intravenous infusion (takes 30 minutes to take). Take every 12 weeks. Limited information in pregnant woman. No studies in pregnant.

Fremanezumabe (= ajovy): private prescription from neurologist or GP. 225mg, every month (for 3 months), than after 3 months. Or 3 injections in the first month, than after 3 months take another one. Not for pregnant or breastfeeding.

- Free of charge?
- Pregnant woman?

2- Pedir fit note para viagem de grávida