

THE SURF SPOTS IN BRITTANY

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OVERVIEW OF THE SURF SPOTS IN BRITTANY

Brittany boasts a diverse array of surf spots, featuring beach breaks, point breaks, and reef breaks suitable for all levels of surfers. We've selected the best surf spots for you.





THE SURF SPOTS IN NORTH BRITTANY

PART 1/2

Spot: near Cap Frehel

Cap Frehel

Driving up from Sables d'Or towards Cap Fréhel's multi-coloured cliffs reveals several surf options. The spot of La Fosse at Pléhérel beach is quite consistent, but La Grève d'En Bas is much better as long as it's not low tide. It handles southern winds well, though southwest winds can make it messy. Near beautiful town of Saint Malo. Many places to stay (and camp) nearby.

When to go: Suitable for intermediate and advanced surfers, performing best with solid western swell and southern winds. Mid tide best.



Perros-Guirec (Trestraou)

Perros-Guirec has two spots. The smaller bay, Pors Nevez, in the east corner of town, is a beach break with some rocks and boulders, works from medium N-NW swell. Just west of Pors Nevez is **Plage de Trestraou**, a little more northeast-facing beach break, therefore protected in west winds, works from medium N-NW swell (2M+). Both beaches can be crowded in summer. The surf is crowded on weekends. Barrels can be found here.

When to go: Perros-Guirec/Trestraou is good on decent western swells and southern. Suitable for intermediate and advanced surfers. All tides.





THE SURF SPOTS IN NORTH BRITTANY

PART 2/2

Spot: Unknown

Pors Ar Villec

'Porza' Porza is the most consistent surf spot in the relaxed area of Locquirec. It offers fast, hollow waves over a sandy reef during a northwest swell (2.5M+), or clean longboard-friendly waves with a southern wind. It's always crowded and has rocks that appear even at high tide. Many places to stay (and camp) nearby.

When to go: Suitable for intermediate and advanced surfers, performing best with solid western swell and southerly winds. Mid tide and high tide best.



Plage du Dossen

A long sandy beach exposed to the wind, suitable for sailing or kiting. It's less sloppy at lower tides and has various peaks perfect for longboarding and beginners. Shortboarders can find more challenging waves at Île de Sieck. Starts working at less than 1 meter.

When to go: Suitable for all surfers, performing best with western swell and easterly winds. All tides good. But mid to high best.



Boutrouilles (Kerlouan)

This spot features good higher tide beach breaks, thanks to patches of reef that hold the sand. Popular with bodyboarders, it has good wedges among the granite rocks. It can get crowded in high summer. Beach is very nice as well with easy parking.

When to go: Suitable for all surfers, performing best with western swell and easterly winds. All tides good. But mid to high best like Dossen.





THE SURF SPOTS NEAR BREST

Spot: near Brest

Plage de Porsmilin

Plage de Porsmilin features a left-hand reef break which can become crowded due to its limited space. And because it's close to Brest. When swell hits 2.5M+ more a bodyboard wave.

The area is beautifully surrounded by green hills and offers a small bay setting.

There are more parking options at **Plage de Portez**, and both bays have coastal trails nearby.

When to go: Suitable for intermediate and advanced surfers, performing best with southwestern swell (from 1.5M) and northern winds. Mid and high tide.



Le Petit Minou

A hollow beach break, rocky in the southern part known as 'Les Moules'. It offers fun walls and punchy lips with southwest to northwest swells and a north offshore wind. Best at low tide.

Often crowded on weekends due to its proximity to Brest. So better to avoid the weekends.

When to go: Suitable for intermediate and advanced surfers, performing best with southwestern swell (from 1M) and northerly winds. Low and mid tide.



THE SURF SPOTS ON CROZON PENINSULA

Spot: La Palue

La Plage de Pen-Hat

La Plage de Pen-Hat is the most consistent spot near **Camaret-sur-Mer**, with strong rips at either side of the bay. It needs small to medium W swell but picks up a bit less than La Palue to the south. It is best at low to mid tide.

When to go: Suitable for intermediate and advanced surfers, performing best with western swell and eastern winds. All tides.



Kerloc'h

Kerloch is known for its large crescent-shaped bay, which spreads out crowds due to its size. The beach is particularly visible from the road (D8) and is a popular spot, especially when the swell is medium-sized W-NW. A good summer spot for beginners.

When to go: Suitable for all surfers, performing best with north eastern winds and strong west swells. Mid to high tide.



Goulien

Goulien is a beach protected from South West winds. At low tide, it offers the opportunity to walk down the beach. Accessible from the D8, the beach has northern and southern parts, providing a long stretch of sandy shoreline. It's also very near **Pointe de Dinan**. A great campsite is near the surfspot.

When to go: Suitable for all surfers, performing best with south eastern winds and west swells. All tides.



La Palue

La Palue is the most popular summer spot on the Crozon Peninsula, possibly even in Brittany. It is extremely exposed, so even the slightest W-NW swell brings rideable waves. Beautiful scenery and friendly atmosphere.

When to go: Suitable for all surfers, performing best with eastern winds and small to medium west swells. All tides, but best with the push of the tide.





THE SURF SPOTS IN SOUTH BRITTANY

Spot: near Audierne

Plage du Ris

Le Ris is a beach close to Douarnenez. Except for northern winds, it's well protected from strong winds in any other direction and needs a solid W-NW swell to work. The wave is long, easy, and weak, making it ideal for longboarders and SUPs. Safe beach for kids to learn. Great view on Douarnenez. Including campsite (Huttopia).

When to go: Suitable for all surfers, performing best with south eastern winds and strong west swells. Mid to high tide.



Baie des Trépassés

The big bay between Pointe du Raz and Pointe du Van is known for its cold water and clean beach. It offers a backdrop of rocky cliffs and several peaks to choose from (right, middle and left of the bay). Fun when small, powerful when bigger. Exposed to wind, but shelter can be found in the utmost corners. Surfschool at the beach.

When to go: Suitable for all surfers, performing best with eastern winds and any west swells. Mid to high tide.



Saint Tugen

When you see Saint-Tugen in pictures, it appears tropical and warm. The water is crystal clear, with fine white sand making it even bluer. The beach has lumps of seaweed, and it's a fun drive through the small streets of medieval town Saint-Tugen. It offers beach breaks with rocks and boulders, powerful waves, and a thumping shore break with high tide. No amenities around.

When to go: Suitable for all surfers, performing best with north eastern winds and west swells (1M+). Mid to high tide. Not low.



Penhors

Penhors is a well-known surf spot in South Brittany with restaurants, bars, and a surf school at the location. The waves are mellow, and you will find various spots to catch your wave. At mid tide you can paddle out via the little harbour.

When to go: Suitable for all surfers, performing best with north eastern winds and west swells (1M+). Mid to high tide. Not low.





THE SURF SPOTS NEAR LA TORCHE

Spot: near La Torche

Tronoen

Tronoen is a quieter spot further north from La Torche. Especially during the week. Tronoen is between La Torche and Penhors and known for its consistent waves. The waves here are suitable for SUP and windsurf contests, making it a versatile spot for various water sports.

When to go: Suitable for all surfers, performing best with eastern winds and west swells, even less than 1 meter. Mid to high tide.



La Torche

La Torche is one of Brittany's most well-known surfing spots, due to its exposed position and length. It offers easy access and protection from the headland, which makes it popular for surf contests. Waves break cleanly along the rocky headland and continue towards the beach. Crowded in the weekends.

When to go: Suitable for all surfers, performing best with eastern winds and west swells. Mid to high tide.



Pors Carn

Pors Carn is located at the southern end of Pointe de la Torche. It is a safer spot for beginners and kids compared to La Torche. It offers beach breaks with rocks and boulders and is well-suited for those looking for less intense waves.

When to go: Suitable for all surfers, performing best with south eastern winds (but still good with south western winds) and west swells. Mid to high tide.





QUIBERON IN SOUTH BRITTANY

Spot: Côte Sauvage

Quiberon

Quiberon is located on a 14-kilometer peninsula in South Brittany, France, it's known for its excellent waves. The highlight is La Côte Sauvage (wild coast) on the southwest, with popular spots like Port Bara. Beginners can enjoy Port Blanc. Quiberon offers a delightful beach break with slightly warmer waters than the rest of Brittany..

When to go: Quiberon suits all surf levels and is best on low to mid tides and Eastern winds.



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