

# Check in with the Checkmates

Think someone's gambling might be getting out of hand?  
Learn to spot the signs.



## Buck

He keeps asking his mates for money

**Warning sign: Borrowing money from friends and family**



## Moby

He's always checking the odds

**Warning sign: Only thinking and talking about gambling**



## Skip

He'd rather have a punt than party

**Warning sign: Becoming absent from events and commitments**



## Betty

She tries to catch up by going all in

**Warning sign: Chasing gambling losses**

Check in next time you catch up at [responsiblegambling.nsw.gov.au](https://responsiblegambling.nsw.gov.au)