

18 June 2020

All Residents

9, 11 & 15 Ardmore Park

REOPENING OF FACILITIES IN PHASE 2

Please familiarise yourself with these policies and measures for the reopening of facilities under Phase 2.

Measures may be enhanced or/and modified according to guidelines by the authorities from time to time.

Personal Hygiene



Wash your hands frequently and thoroughly with soap.



Monitor your temperature regularly, at least twice a day.



Avoid touching your face with your hands.



Keep your area and surroundings clean and well-ventilated



No sharing of drink bottles and towels.



All individuals are encouraged to download the TraceTogether mobile application.



Cover your mouth and nose with a tissue paper when coughing or sneezing, and dispose the soiled tissue paper in the rubbish bin immediately if you remove your mask to do so.



Avoid close contact with people who are unwell or show symptoms of illness.



Comply with Home Quarantine Orders and Leave of Absence and stay at your designated locations.





Gymnasium



Gymnasium will now operate by timeslots



Only 10 gym users are allowed in the gym at any one time.



No sharing of mats or equipment.



Guests and Coaches are not allowed for now. Gradual easing will depend on the usage.



For safe distancing, residents should use alternate machines.



Practise Safe Distancing of at least 2 metres at all times.



No sharing of weights.



Gym users to wear mask at all times except while exercising.



All gym users are reminded to clean all machines and equipment before and after use.



Gym disinfectant wipes are available to clean equipment.



Water coolers for refilling of water bottles will remain open. Only direct drinking water spout will be close.

Revised rules for usage of Gymnasium during Phase 2 of Reopening

- 1. A maximum of ten (10) persons will be allowed to use the gymnasium at any one time.
- 2. Gymnasium will be operating according to the following revised timeslots: 6 - 7.30am / 8 - 9.30am / 10 - 11.30am / 12 - 1.30pm / 2- 3.30pm / 4 - 5.30pm / 6- 7.30pm / 8 - 9.30 pm

(With 30 mins intervals for thorough wipe down and sanitisation of the equipment)

3. Residents need to approach the clubhouse counter or management office for access to the gymnasium during the respective timeslots.





Tennis Courts



Booking of tennis courts will only be accepted via online or phone booking



Regular sanitisation of common touchpoints such as door handles, etc. by cleaners.



Practise Safe
Distancing of at least
2 metres at all times.



Users should wear their masks once they exit the courts.



Maximum of 4 players on each tennis court.



Each player is encouraged to have their own set of balls marked distinctively.



Users are to leave the facility after session and avoid gathering of any sort.



Users are to practise good personal hygiene of washing their hands before and after the tennis sessions.



Only one parent should accompany younger children utilising the facility.



Users are advised to use only their own rackets and water bottles.



Water coolers for refilling of water bottles will remain open. Only direct drinking water spout will be close.



Pool Tables

(Only pool tables is available for booking, entertainment room will not be available for booking)



Book the pool tables slot online or through phone.



Maximum of two players per pool table. No spectators are allowed.



Cleaning of tables and chairs will be carried out frequently.



Users should wear their masks at all times.

Clubhouse Lobby

Please wash your hands with soap or use the hand sanitizer before and after handling the reading materials at the clubhouse.

Please ensure safe distancing at all times

Function Rooms & BBQ pits

Each facility is limited to a maximum of five (5) persons.

Please observe safe distancing of at least 1 metre.

Playground/ Multi-Purpose Courts/ Fitness Corner

Social gathering of not more than five (5) persons and with no mixing between groups.

Three (3) metres distance between different groups should be maintained at all times.

Steam Room

Only one (1) person is allowed in the steam room at any one time.

Changing Rooms

Practise safe distancing at all times, maximum of two (2) persons at any one time.

