

**As a result of
attending this
one-to-one guidance
appointment,
I will...**

EXPLORE

...explore and discover
my Career options and
reflect on what I'm
learning about myself

ENCOUNTER

...discuss and evaluate
my Career options,
narrowing them down
by reflecting on what
is important to me

EMBARK

...take ownership of my
Career choice, applying
my self-awareness to
make good applications
and feel confident
in my choice