

guide to wellness and growth.



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nature

nurture

nature



*monstera deliciosa*



*ficus lyrata*



*philodendron hederaceum*

nature



monstera deliciosa



ficus lyrata



philodendron hederaceum

Heartleaf philodendron (*Philodendron hederaceum*) is among the most common houseplants because of its easy to grow nature and lower light requirements. If you've struggled growing houseplants in the past because of poor natural sunlight in your home, or the tendency to neglect plants, you should try your hand at growing a heartleaf philoden-

dron. How to care for heartleaf philodendron: Provide bright, indirect sunlight, grow in well-draining soil and keep the soil slightly moist. Reduce watering during the fall and winter, fertilize lightly every month, and pinch back the stems to create a fuller, bushy plant.

