

Leadership

Poor leaders:

- Lack of presence
- Lack of direction
- Lack of transparency
- Lack of authority
- Lack of listening skills
- Lack of faith

How to build a positive team:

1. Discuss 'success' - what does it mean? how would it feel? what would it look like?
2. Set goals - Work with the team to identify individual and team goals that they want to pursue
3. Discuss values - Find out from your team the values that they believe are of utmost importance
4. Respect - Build a culture where everyone is treated equally
5. Responsibility - Players must accept their role and be responsible for their actions
6. Commitment - Players must be committed to the team, training and games
7. Continuous development - Building a positive team culture takes time. Are you committed to keep developing it?
8. Praise - Make sure that coaches are appropriately praising players
9. Support - Coaches and athletes can support each other when things become hard in training or games
10. Work together - it is key that everyone works together when things become tough
11. Team building - Develop activities so everyone gets to know each other
12. Lead by example - Have a number of key role models who people can look up to
13. Clear expectations - identify clear expectations to the team
14. Be patient - Building a team culture takes time and it is important that you are patient with the process
15. Communicate - Ask the right questions and make sure that you communicate effectively with everyone on the team

Belbin roles

- Resource investigator
- Monitor evaluator
- Specialist
- Plant (innovator)
- Implementer
- Completer finisher
- Shaper
- Coordinator
- Teamworker