

LUDIVINE MIAFFO ZEMGUE

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SUMMARY

Compassionate, motivated and dedicated Certified Nurse Assistant, I have exceptional skills in providing optimum patient care. Solution oriented and highly skilled in-patient care management and collaboration. Enthusiastic team player and able to focus and complete tasks while under pressure.

ACHIEVEMENTS

Co-Author, Zemgue, L. M. Interventions infirmières et auto-détermination dans les auto-soins de la personne atteinte de diabète et sa famille, Press of the Catholic University of Central Africa.

WORK EXPERIENCE

CNA

Memorial Hermann Southwest Hospital

January 2021- Present

- Vital signs check, accuchecks, record intake & output,
- Perform EKGs as ordered,
- patient safety (call light, rails up, bed alarm, telephone within reach),
- Assist patient with feeding, bathing, grooming, cleaning as needed and document,
- Assisting patient with mobility needs, transferring them from wheelchair to bed,
- Turning or adjusting patient in bed to prevent bedsores and check for skin breakdown, bruises or tears,
- Practice range of motion in order,
- Empty/change ostomy bag,
- Practice infection control...

Elite Medical Staffing (Nursing Skills)

August 2020- December 2020

- Help residents per shift with personal hygiene and care such as bathing, grooming, dressing, bowel and bladder care,
- Observe and record residents' conditions, food and liquid intake and other behavior, and report changes to the nurse,
- Help residents walk with canes, walkers, or other devices,
- Make beds, and maintain clean and safe environments for the residents,
- Lift, transport, and move patients using the appropriate techniques,
- Treat all patients, family, and other visitors with respect, and always engage with them in a tactful manner...

Evergreen Private Care

August 2020-february 2022

- Help client with activities of daily living (ADL's) such bathing, grooming, dressing, feeding, toileting,
- continence, mobility, transfer, lifting,
- Medication reminder,
- Observe and report change in activity level, mental status, skin,
- Light housekeeping and meal preparation,
- Help client to change appliances,
- Catheterized patient in need as ordered...

EDUCATION

Certified Nurse Aide

- Texas License #NA0060056571 **July 2022**
- CPR and AED Program **June 2022**

Master's degree in nursing sciences

Catholic University of Central Africa, Yaoundé, Cameroon

March 2016

Bachelor's in nursing sciences

Université des Montagnes, Bangangte, Cameroon

August 2013