These charts provide acupoint locations for specific conditions. Acupoints can be activated with the Photonic Health Red Light or other means. Hold your Photonic Red Light to each point for 10-30 seconds. While the chart displays points on one side of the horse, points on both sides of the horse need to be Red Lighted.

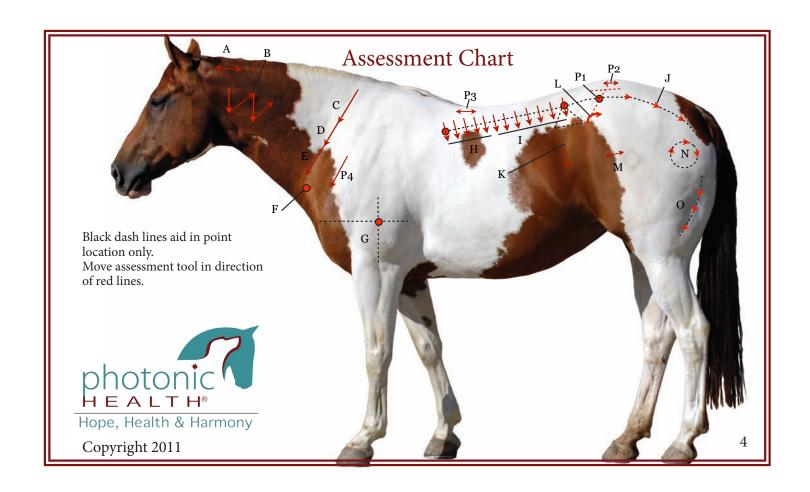
## How to perform a basic assessment on your horse

Bring your energy level down and quiet your mind. It is best to perform an assessment when you are calm, relaxed, and are not in a hurry. Offer your hand to the horse before starting. Once he accepts your handshake, take a moment to slowly run your hands along either side of his neck, spine, and down his legs. Take note of any unusually warm or cold spots on the horse. Keep one hand on the horse at all times.

Start with point A on the chart. Take your assessment tool (not included in kit) and apply about 4 ounces of pressure on this spot. Watch for ANY reactions. If a horse is not experiencing discomfort, he will stand there. If you are not sure, re-evaluate and observe. Look for flinching, muscle spasms, ear movement, leg placement, facial expression, or anything abnormal for your horse.

Move through each point on the chart. Be sure to record your observations as you go along. Keep one hand on the horse at all times during the assessment. Ideally, your body should be positioned with your feet parallel to the horse. On certain points arrows are indicated. Move the assessment tool in the direction of the arrow with 4 ounces of pressure or less.

Copyright 2011



## Location

A: One hand width behind ear

B: Across the cervical vertebrae

C: Top 1/3 of base of neck

D: Middle of base of neck

E: Lower 1/3 of base of neck

F: Bottom of Jugular muscle

G: Center of Shoulder in depression

H: Between First 5 ribs

I: Between rest of ribs and loin

J: Line across mid rump

K: Behind center of last rib

L: Just above point of hip

M: Just below point of hip

N: Around hip joint

O: Groove down back of leg

P1: 1/3 from top point of hip

P2: Beside top pelvic bone

P3: Inch down from end of withers

P4: Scapula groove

## Area of Concern

Opposite hindquarter

Neck, shoulder croup on same side

Upper shoulder

Knee

Lower neck, shoulder or often opposite lower front leg

Teeth; stifles, shoulder

Forequarters; either forelimb

Shoulder, possible forequarter, saddle fit

Saddle fit, sore back, digestion Digestion, rump muscles, sciatica

Back or abdominal pain, ovarian point

Hip and/or Hocks

Stifle point

Hip joint soreness

Hips, stifle, hocks. Use caution when checking as horse may kick!

Back pain

Sacroiliac

Front saddle fit

Front shoulder issues