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UNIVERSITY MEDICAL CTR

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Department: Neurology / Internal Med

Document Type: ED NOTE + CONSULT + DISCHARGE

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Printed by: J.Nguyen (unit clerk) ext 4021

PATIENT INFORMATION

Name: Jenniferr K. Lee

AKA: Jenny Lee / J. Lee

DOB: 5-6-94

Age: 29 y/o

Sex: F

Preferred Language: English

Race/ethnicity (self-reported): Korean-American

MRN: 00077219

Acct#: A-77821

Encounter ID: 44-92-771

Home Address:

455 San Mateo Ave

Apt# 3B

Redwood City, CA 94063

CURRENT ADDRESS (per patient, moved recently):

4127 W. Elm st Apt #3B

Springfield, IL 62704

Phone: 312-555-7712

Alt/cell: (312) 555 77 13

Email: jlee94 @ yahoo.com

Emergency contact:

Marry Smith (spouse) 217.555.0198

relationship: wife

Secondary contact:

Anne McKinly (sister) 773.555.8891

Primary care provider (outside):

Dr. S. Patel, MD

Northside Pulmonology

Fax: 847 555 4021

CHIEF COMPLAINT

"migraine flare" + dizziness + chest tightness intermittently

HISTORY OF PRESENT ILLNESS

Pt is a 29 yo F presenting on 03/21/2024 with headache for 2 days.

Pain begins behind R eye, throbbing, +photophobia.

She states she ran out of topiramate "a few wks ago" due to insurance issues.

Reports dizziness at work yesterday while lifting boxes.

She works at McArthur Shipping Co. (warehouse shift). Reports high stress.

Denies syncope. No focal weakness or speech changes.

One episode N/V this AM (3-21-24).

Pt also notes intermittent chest pressure for ~2 weeks, worse w/ exertion.

She denies palpitations. No LE swelling. No known hx DVT/PE.

She notes she lived in CA until 2017 and previously received care at:

Redwood Neurology Center

1200 El Camino Real, Redwood City CA

(Old records list this address; patient unsure if still correct.)

Pt traveled internationally recently (reports "Spain + Netherlands") for vacation, returned approx 2/28/24. Also mentions family background includes Czech ancestry on father's side. (Father immigrated from Poland in early 1990s.)

REVIEW OF SYSTEMS

- + headache
 - + nausea/vomiting
 - + photophobia
 - fever/chills
 - cough
 - SOB at rest
 - dysuria
 - rash
-

PAST MEDICAL HISTORY

Migraine disorder
Asthma (mild intermittent)
HTN (borderline)
Hyperlipidemia
Anxiety

Prior hospitalizations: none known
Surgical hx: appendectomy (2010)

ALLERGIES: NKDA per pt

MEDS (per pt; inconsistent compliance):

- topiramate 25mg BID (ran out)
- albuterol inhaler PRN
- lisinopril 10mg daily
- atorvastatin 20mg qhs

SOCIAL HISTORY

Lives w/ spouse. Denies tobacco. Occ ETOH.

No illicit substances.

Employment: McArthuer Shipping Co. (warehouse)

Insurance: BlueCross of IL (pt unsure of policy #)

Pt prefers morning appts; works nights occasionally.

FAMILY HISTORY

Mother: Rosa Ramirez (contact in chart: 773.555.4410) [note: pt unsure if current]

Father: deceased, hx "stroke" per pt

Sibling: sister Anne McKinly (see contact above)

PHYSICAL EXAM

Vitals:

T 98.2 HR 102 BP 151/92 RR 18 SpO2 99% RA

GEN: alert, anxious

HEENT: PERRL, mild photophobia

CV: tachycardic, reg rhythm

RESP: CTA bilat

NEURO: AOx3, CN2-12 intact, no drift, gait slightly unsteady

ED COURSE / MEDICAL DECISION MAKING

Given migraine cocktail: fluids + metoclopramide + ketorolac.
Pt improved significantly after tx.

EKG: sinus tachy, no ST elevation.

CXR: negative.

Troponin: negative.

Consider PE given travel hx; D-dimer obtained.

LAB RESULTS

Specimen ID: L-998211

Collection date: 2024.03.21 22:10

Result date: 2024-03-22

CBC: WNL

BMP: WNL

D-dimer: 0.42 (neg)

hCG: negative

IMAGING

CT Head w/o contrast

Study date: 2024-02-17 (outside prior) — stable

Today's study date: 03/21/24

IMPRESSION: no acute intracranial hemorrhage. chronic microvascular changes.

NEUROLOGY CONSULT NOTE

Consult requested by ED provider at 23:40.

Consultant: Rebecca Wong MD

Assistant: J. Nguyen PA-C

Assessment:

Chronic migraine w/ medication nonadherence.

No red flags. Normal neuro exam.

Plan:

1. Restart topiramate 25mg BID; increase to 50mg BID in 7 days if tolerated.
2. Add sumatriptan 50mg PRN for severe headaches (max 2 doses/24h).
3. Encourage hydration, sleep hygiene.
4. Follow up in clinic.

Follow-up arranged:

South Loop Immediate Care / Neurology clinic
Call 312.555.7766 for scheduling

Pt requests FMLA paperwork; advise PCP.

DISCHARGE SUMMARY

Discharge date: 3-22-24

Disposition: home

DIAGNOSES:

- Migraine exacerbation
- Anxiety
- Chest tightness, likely non-cardiac

FOLLOW UP:

PCP: Dr. S. Patel (Northside Pulmonology listed in chart; verify PCP)

Neurology in 4-6 weeks

DISCHARGE CONTACT INFO:

Return precautions given. Patient understands.

Signed:

S. Patel, MD (electronically signed)

Faxed summary to: 847 555 4021

NOTES / ADDENDUM

Pt requested results be emailed due to difficulty accessing portal:
jlee94 @ yahoo.com

Spouse requested call for updates:

217.555.0198

Case mgr note:
Pt has outstanding balance; referred to billing office.

END OF DOCUMENT
