

**Summary of Consultation – 2025-06-11**

Mr. Thomas Reed presented with chronic left knee pain consistent with early-stage osteoarthritis. He reported stiffness and sharp pain after activity, with minimal benefit from prior physiotherapy. Dr. Lawson reviewed imaging confirming mild joint space narrowing and advised conservative management, including targeted physiotherapy, topical NSAIDs, and low-impact exercise. A follow-up was planned to reassess potential for joint injection if symptoms persist.