

# 7 Free Courses You Can Take From Harvard, Yale, and MIT

Enroll in the **top schools** in the world:





# 1. The Art of Persuasive Writing and Public Speaking (Harvard)

Duration: 12 weeks

## What you'll learn:

- How to employ a variety of rhetorical devices in writing and speaking

### Rhetoric: The Art of Persuasive Writing and Public Speaking

Gain critical communication skills in writing and public speaking with this introduction to American political rhetoric.

LEARN MORE [↗](#)

on edX








## 2. Introduction to Negotiation (Yale)

Duration: 31 hours

### What you'll learn:

- How to negotiate complex situations, negotiating with little power, and negotiating over email



## Introduction to Psychology


**Enroll for Free**  
Starts Sep 17

Financial aid available

1,177,276 already enrolled

### Course

Gain insight into a topic and learn the fundamentals

 Instructor: [Paul Bloom](#)

**PLUS** Included with Coursera Plus

4.9 ★  
(26,702 reviews)

**Beginner level**  
No previous experience necessary

**Approx. 14 hours to complete**  
3 weeks at 4 hours a week

**Flexible schedule**  
Learn at your own pace



## 3. Introduction to Computer Science and Programming Using Python (MIT)

Duration: 9 weeks

### What you'll learn:

- The Python programming language
- Simple algorithms
- Testing and debugging




### Massachusetts Institute of Technology: Introduction to Computer Science and Programming Using Python

★★★★★ 4.8 stars 155 ratings

An introduction to computer science as a tool to solve real-world analytical problems using Python 3.5.

**9 weeks**  
14–16 hours per week

**Instructor-paced**  
Instructor-led on a course schedule







## 4. Managing Happiness (Harvard)

Duration: 6 weeks

### **What you'll learn:**

- How to build a happy life and make the people around you happier

## Managing Happiness

Happiness is within your control. Write your own ending.

[LEARN MORE](#) on edX

A person wearing a wide-brimmed hat and a backpack is seen from behind, holding a map and looking out over a lush green forest with tall evergreen trees under a clear blue sky.



## 5. The Science of Well-Being (Yale)

Duration: 19 hours

### What you'll learn:

- Misconceptions about happiness
- How to overcome biases
- What really makes us happy

**Yale**

## The Science of Well-Being

**Enroll for Free**  
Starts Sep 17

Financial aid available

4,558,296 already enrolled

**Course**  
Gain insight into a topic and learn the fundamentals

Instructor: [Laurie Santos](#)  
Top Instructor

**PLUS** Included with Coursera Plus

4.9 ★  
(36,556 reviews)

Approx. 19 hours to complete  
3 weeks at 6 hours a week

Flexible schedule  
Learn at your own pace






## 6. Becoming an Entrepreneur (MIT)

Duration: 6 weeks

### What you'll learn:


- Valuation
- Risk analysis
- Introduction to corporate finance




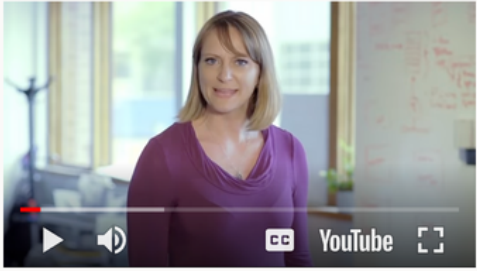
### Massachusetts Institute of Technology: Becoming an Entrepreneur

★★★★☆ 4.0 stars 7 ratings

Learn the business skills and startup mindset needed to embark on your entrepreneurial path from the premier program for aspiring entrepreneurs, MIT Launch.

**6 weeks**  
1–3 hours per week

**Self-paced**  
Progress at your own speed





## 7. CS50: Introduction to Computer Science (Harvard)

Duration: 11 weeks

### What you'll learn:

- A robust understanding of computer science and programming

CS50: Introduction to  
Computer Science

An introduction to the intellectual enterprises of computer science and the art of programming.

[LEARN MORE](#) on

CS50x

CS50x

CS50x

CS50x



# Want a 2024 Goal/Habit Tracker?

Introducing my **2024 Life Accelerator.**

**Click the link** in my bio to sign up  
and it will be sent to you RIGHT NOW.

JANUARY																																										
DAILY REFLECTION	How would the person I wish to be act today?																																									
MONTHLY GOALS	<input type="checkbox"/>	📖 Learning Sort out tax stuff						<input type="checkbox"/>	👥 Social (type monthly goal)						<input type="checkbox"/>	📖 Learning (type monthly goal)						<input type="checkbox"/>	💼 Career (type monthly goal)						<input type="checkbox"/>	🌱 Spiritual meditate 20 times						<input type="checkbox"/>	👥 Social (type monthly goal)					
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REVIEW	What worked?							What didn't?							What can I change?							MONTHLY REFLECTION							HABIT STREAK REWARD HABIT STRENGTH  0% Total Habits Completed													
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WEEK 2																																										
WEEK 3																																										
WEEK 4																																										