

Bay January Real School Lunch

Daily offerings include: entrée, seasonal sides, housemade soups, full salad bar, organic fruit, and beverages. We source with care, with a focus on local, organic, and sustainable ingredients, as available. All meats are antibiotic and hormone-free.

January 2 – 6

- M-W:** No Class
Th: Corn Quesadillas with Black Beans and Salsa Fresca
F: Niman Ranch Hamburgers or Veggie Burgers with Sweet Potato Wedges and Kale Salad

January 9 – 13

- M:** Grilled Cheese Sandwiches with Crudité, Dip, and Tomato Basil Soup
T: Chicken or Vegetable Coconut Curry with Basmati Rice and Kale Salad
W: Penne Bolognese or Marinara with Mixed Greens Salad and Seasonal Vegetables
Th: Build-Your-Own Steak & Rice Bowl with Fresh Vegetables and Miso Ginger Marinade
F: Breakfast for Lunch Day!

January 16 – 20

- M:** No Class
T: Housemade Cheese Pizza with Seasonal Vegetables and Salad
W: Fried Rice with Honey Ginger Glazed Vegetables
T: Dry Rub BBQ Chicken or Hodo Tofu with Sautéed Greens, Cornbread, and Mac Salad
F: Cacio e Pepe Veggie Pasta Bake with Seasonal Vegetables and Mixed Greens Salad

January 23 – 27

- M:** Zoe's All Beef Hot Dogs or Veggie Dogs with Sweet Potato Wedges and Broccoli
T: Garam Masala Chicken or Curried Cauliflower & Chickpeas with Coconut Rice
W: Beef Stew with Rustic Bread and Chicory & Citrus Salad
Th: No Class
F: No Class

**We know lunch is important; we think it's the most important meal of the day! While we make every effort to stick to the published menu, items are subject to change without notice pending school schedule and availability of perishable and seasonal items. Thank you and enjoy your lunch!*