

# The Bay School

# **Real School Lunch**

# May 2022

Daily offerings include homemade chicken soup, seasonal salad, organic seasonal fruit, and dairy. We source with care, with a focus on local and sustainable offerings as available.

## May 2-6

M: Grilled Cheese Sandwiches with Seasonal Vegetables and Tomato Soup T: Garlic Noodles with Ginger Glazed Vegetables W: Taco Bar with Niman Ranch Beef, Seasonal Vegetables, and Rice TH: Cheddar Baked Potato Bar with Bacon, Cheddar, and Veggie Chili Zoe's All-Beef Hot Dogs or Veggie Dogs with Seasonal Vegetables F:

#### May 9 - 13

M: Mary's Chicken or Avocado Caesar Salad with Vegetables and Bread & Cheese Niman Ranch Beef or Vegetable Stir Fry with Rice T: W: Spaghetti with Smoky Bacon Sauce or Marinara and Seasonal Vegetables Th: Bean & Cheese Burritos with Housemade Salsa and Seasonal Vegetables Cajun Mary's Chicken & Rice with Seasonal Vegetables F:

### May 16 - 20

Seasonal Veggie Pizza with Seasonal Salad M: Spring Pesto Pasta with Seasonal Vegetables T: W: Niman Ranch Beef or Veggie Enchiladas with Seasonal Vegetables Th: Oven-Fried Mary's Chicken or Hodo Tofu with Seasonal Vegetables Seasonal Sandwich Day F:

May 23 - 27

M-F: No Service