

## The Bay School December Menu 2021

Daily offerings include homemade soup, seasonal salad, organic seasonal fruit, and dairy. We source with care, with a focus on local and sustainable offerings as available.

## December 6 - 10

M: Seasonal Pizza with Organic Seasonal Vegetables and Organic Baby Spinach Salad
 T: Oven-Fried Mary's Chicken or Hodo Tofu with Potatoes and Sautéed Greens
 W: Niman Ranch Beef or Veggie Enchiladas with Brown Rice and Carrot & Lime Slaw
 Th: Seasonal Baked Pasta with Steamed Broccoli and Italian Filone
 F: Seasonal Soup and Sandwich Day with Chips and Fresh Baked Dessert

## **December 13 – 17**

M: Seasonal Corn Quesadillas with Whole Black Beans and Brown Rice
 T: Niman Ranch Hamburgers or Veggie Burgers with Sweet Potato Fries and Kale Salad
 W: Teriyaki Chicken or Tofu Rice Bowl with Broccoli and Jicama Carrot Apple Slaw
 Th: Mac and Cheese with Organic Arugula Salad and Roasted Rainbow Carrots
 F: Seasonal Wrap with Housemade Soup, Chips, and Fresh Baked Dessert

## December 20 - 31

M - F: No School. Have a great Winter Break!

