

## Bay March Menu 2022

*Daily offerings include homemade soup, seasonal salad, organic seasonal fruit, and dairy. We source with care, with a focus on local and sustainable offerings as available.*

### February 28 – March 4

- M:** Seasonal Pizza with Seasonal Salad
- T:** Oven-Fried Chicken or Tofu with Organic Seasonal Vegetables
- W:** Veggie Enchiladas with Rice and Organic Seasonal Vegetables
- Th:** Chicken Pasta with Seasonal Salad and Organic Seasonal Vegetables
- F:** Seasonal Sandwich or Wrap

### March 7 – 11

- M:** Seasonal Quesadillas with Beans and Rice
- T:** Niman Ranch or Veggie Burgers with Seasonal Salad and Organic Seasonal Vegetables
- W:** Teriyaki Chicken or Tofu Rice Bowl with Organic Seasonal Vegetables
- Th:** Mac and Cheese with Seasonal Salad and Organic Seasonal Vegetables
- F:** Seasonal Sandwich or Wrap

### March 14 – 18

- M:** Grilled Cheese Sandwiches with Organic Seasonal Vegetables and Tomato Soup
- T:** Chicken or Vegetable Coconut Curry with Rice and Seasonal Salad
- W:** Breakfast for Lunch
- Th:** Faculty Only
- F:** Faculty Only

### March 21 – 25

- M:** Housemade Pizza with Seasonal Salad and Organic Seasonal Vegetables
- T:** Dry Rub BBQ Chicken or Tofu with Seasonal Salad and Organic Seasonal Vegetables
- W:** Pork or Veggie Fried Rice with Organic Seasonal Vegetables
- T:** Pasta Bake with Seasonal Salad and Organic Seasonal Vegetables
- F:** Bean & Cheese Burritos with Rice and Organic Seasonal Vegetables

***\*We know lunch is important; we think it's the most important meal of the day! And while we make every effort to stick to the published menu, items are subject to change without notice pending school schedule and availability of perishable and seasonal items. Thank you and enjoy your lunch!***



**March 28 – April 1**

- M:** All Beef Hot Dogs or Veggie Dogs with Organic Seasonal Vegetables
- T:** Five-Spice Chicken or Tofu Rice Noodle Bowl with Seasonal Slaw
- W:** Whole Wheat Quesadillas with Beans and Rice
- Th:** Pasta Bar with Organic Seasonal Vegetables
- F:** Chicken Rice Bake or Veggie Rice Bake with Organic Seasonal Vegetables

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