

The Bay School November Menu 2021

*Daily offerings include homemade soup, seasonal salad, organic fruit, and dairy.
We source with care with a focus on local and sustainable offerings as available.*

November 1-5

- M:** Chef's Choice Soup and Salad Day with Bread
- T:** Cheesesteak or Grilled Veggie Sandwiches with Creamy Dill Coleslaw and Chips
- W:** Indian Spiced Chicken or Curried Cauliflower and Chickpeas with Kale salad and Coconut Rice
- Th:** Baked Pasta with Chopped Romaine Salad
- F:** Chicken Tenders or Breaded Tofu and Cauliflower with Golden Mashed Potatoes and Greens.

November 8-12

- M:** Housemade Pizza with Seasonal Vegetables and Spinach Salad
- T:** Sweet Chili-Lime Chicken or Tofu with Seasonal Vegetables and Rice
- W:** Mac and Cheese with Salad and Seasonal Vegetables
- TH:** Pulled Pork or Jackfruit Taco Salad with Rice and Seasonal Vegetables
- F:** Seasonal Soup and Sandwich Day with Chips

November 15-19

- M:** Quesadillas with Smoky Pinto Beans and Housemade Salsa
- T:** Chicken & Rice or Veggie & Rice Bake with Seasonal Sauce and Sautéed Greens
- W:** Penne Pasta with Marinara Sauce and Seasonal Vegetables
- TH:** Thanksgiving Lunch
- F:** Niman Ranch Burger or Veggie Burgers with Tri Color Coleslaw & Potato Wedges

November 22 - 26

- M-F** No School

November 29 – December 3

- M:** All Beef Hot Dogs or Veggie Dogs with Oven Baked Fries and Seasonal Vegetables
- T:** Chicken or Avocado Caesar Salad with Roasted Vegetables and Bread & Cheese
- W:** Niman Ranch Beef or Vegetable Stir Fry with Rice and Veggie Soup
- Th:** Spaghetti with Marinara or Pesto Cream Sauce and Seasonal Vegetables
- F:** Bean & Cheese Burritos with Citrus Cabbage Slaw and Rice