Forename	Surname	Club	Cat	No.	Rx5	Pos	Gen	Cat Pos
David	Hepburn		MS	624	00:18:56	1	1	1
Grant	Jeans		MS	652	00:19:03	2	2	2
Callum	Wallace		MS	577	00:20:00	3	3	3
Ryan	Macready	Glasgow Triathlon Club	MS	674	00:20:17	4	4	4
Lukasz	Pudlo		MS	567	00:20:24	5	5	5
Victor	Mcgregor	Kilbarchan Amateur AC	MS	551	00:20:29	6	6	6
Mark	Ford		M40	116	00:21:21	7	7	1
Mark	McCormack	Fenwick Striders	MS	584	00:21:28	8	8	7
Eddie	Neilson		M40	585	00:21:30	9	9	2
Hannah	Bayes		F40	611	00:22:10	10	1	1
DAVID	RIACH	Westerlands Cross Country Club	M50	668	00:22:19	11	10	1
mark	king	Cambuslang Harriers	M50	569	00:22:20	12	11	2
John	Murray	Garscube Harriers	M40	137	00:22:27	13	12	3
Georgia	Freeman-Mills	Cambuslang Harriers	FS	133	00:22:29	14	2	1
Jenny	Brown		F40	598	00:22:34	15	3	2
Greig	Neilson		M40	682	00:22:40	16	13	4
Richard	Stark	Strathaven Striders	M60	661	00:22:47	17	14	1
lain	Muirhead	Bellahouston Harriers	M50	61	00:23:09	18	15	3
Tom	Cairns		MS	82	00:23:18	19	16	8
Scott	Mcleod	Vegetarian Cycling & AC	M40	654	00:23:30	20	17	5

Jamie	Wieland	Bellahouston Road Runners	MS	571	00:23:37	21	18	9
Jonathan	Henderson		M40	556	00:23:41	22	19	6
Ruth	Craddock		F40	97	00:23:47	23	4	3
Kenneth	Taylor	Bellahouston Harriers	M40	655	00:23:50	24	20	7
Craig	Brown	Garscube Harriers	M50	555	00:23:56	25	21	4
Edward	Guccione		M40	579	00:24:02	26	22	8
Janis	Mcarthur		FS	625	00:24:05	27	5	2
Laura	Lennon	Victoria Park City Of Glasgow	FS	656	00:24:07	28	6	3
Robbie	Evans	Glasgow South Road Runners	MS	96	00:24:18	29	23	10
Gordon	McLarnon		MS	644	00:24:21	30	24	11
Allan	Mann		MS	642	00:24:29	31	25	12
Laura	Wallace	Ayr Seaforth Athletic Club	F40	604	00:24:40	32	7	4
Andrew	Howie		M40	596	00:24:43	33	26	9
Jo	McKnight		F40	63	00:24:47	34	8	5
James	Chesnet		M50	601	00:24:49	35	27	5
Sharon	O'Leary		F50	680	00:24:55	36	9	1
Julie	Atkinson	Lothian Running Club	F40	574	00:25:01	37	10	6
Karen	McIntyre		F40	57	00:25:04	38	12	7
Roberta	Fletcher	Milburn Harriers	FS	561	00:25:04	39	11	4
James	Speakman	West End Road Runners	M50	620	00:25:12	40	28	6
Marie	Kane		FS	105	00:25:34	41	13	5

Sheila	Murray		F40	599	00:25:43	42	14	8
Craig	Hepburn		MS	626	00:25:45	43	29	13
Joanne	Walker		F40	573	00:25:50	44	15	9
Ruth	Harrison		F40	126	00:26:04	45	16	10
mark	Bailkoski		M50	562	00:26:43	46	30	7
Marina	McCallum	Kirkintilloch Olympians	F50	135	00:26:46	47	17	2
Nick	McKerrell		M50	686	00:26:58	48	31	8
CÃ@dric	Moreau		M50	615	00:27:10	49	32	9
Robert	Doherty		M60	663	00:27:14	50	33	2
Gillian	Gallagher		F40	684	00:27:18	51	18	11
Isobel	McFarlane	West End Road Runners	F50	619	00:27:21	52	19	3
Kay	Guccione		F40	578	00:27:26	53	20	12
David	Kelly	In2 The Wild Fitness	MS	627	00:27:54	54	34	14
Angus	Robinson		M50	612	00:27:57	55	35	10
Alice	Thompson		F40	672	00:28:15	56	21	13
Stephanie	Rudd	Bellahouston Harriers	F50	639	00:28:16	57	22	4
James	Steel		M40	681	00:28:21	58	36	10
Paul	Rooney		M40	122	00:28:27	59	37	11
Nicholas	Dowley		M50	691	00:28:34	60	23	11
Stuart	Macdonald		M50	636	00:28:39	61	38	12
Michael	Devlin		M60	128	00:28:51	62	39	3

Graeme	Gilkes	Garscube Harriers	M50	633	00:29:02	63	40	13
Kristin	Sauer		F40	610	00:29:03	64	24	14
Michael	McNamara	Bellahouston Harriers	M50	638	00:29:10	65	41	14
Derek	Millar	Jogscotland	M50	548	00:29:12	66	42	15
Catherine L	yn Macnaughton	West End Road Runners	F40	637	00:29:20	67	25	15
Maureen	Campbell	Garscube Harriers	F50	632	00:29:22	68	26	5
Fiona	Roberts		F50	679	00:29:32	69	27	6
Peter	Meehan	Bellahouston Harriers	MS	572	00:29:45	70	43	15
Nathalie	Smith	Greenock Glenpark Harriers	F40	582	00:29:50	71	28	16
Steven	Smith	Greenock Glenpark Harriers	M50	583	00:29:50	72	44	16
Kirstin	Campbell		FS	590	00:30:02	73	29	6
Kelly	Ludwig	Bellahouston Road Runners	F40	675	00:30:06	74	30	17
Paul	Fletcher	GSRR	M50	659	00:30:33	75	45	17
Kirsty	Davidson		FS	609	00:30:36	76	31	7
Gillian	Irvine	Westerlands Cross Country Club	F50	646	00:30:38	77	32	7
Lucy	Addison		F50	614	00:30:44	78	33	8
Andy	Taylor	Kilmarnock Harrier & Athletic Club	M60	669	00:31:12	79	46	4
Tania	Duffy	Bellahouston harriers	F40	109	00:31:15	81	34	18
Donna	Gillon	Glasgow south side runners	F50	95	00:31:15	80	35	9
Anna	Conlon		FS	685	00:31:27	82	36	8
Deirdre	Parkinson	Bellahouston Harriers	F60	566	00:31:29	83	37	1

Rob	Huggett		MS	648	00:31:30	84	47	16
Melissa	Williams	Westerlands Cross Country Club	FS	645	00:31:34	85	38	9
Lynn	Reid	Bellahouston Road Runners	F50	568	00:31:39	86	39	10
Sarah	Renouf		FS	647	00:31:52	87	40	10
David	Gemmell	DB12Run	M40	576	00:31:54	88	48	12
Linda	Dickson		F50	98	00:31:56	89	41	11
Karen	Rosling	Bellahouston Harriers	F40	100	00:32:29	90	42	19
Wendy	Morcos		F60	81	00:32:40	91	43	2
Terry	Nimmo	Bellahouston Road Runners	F60	60	00:32:57	92	44	3
Raymond	Loughran	Glasgow Triathlon Club	M60	658	00:33:12	93	49	5
Emma	main	On the Run Cumbernauld	F40	618	00:33:23	94	45	20
Kirsten	Macleman		FS	119	00:33:50	95	46	11
Claire	Purdie		F50	563	00:34:12	96	47	12
Cindy	McNeill		F50	650	00:34:15	97	48	13
Pamela	Clark		F60	622	00:34:42	98	49	4
Gillian	Phillips	Cumbernauld Amateur Athletics Club	F50	136	00:34:55	99	50	14
Nicola	Barrington	Bellahouston Road Runners	FS	628	00:35:08	100	51	12
Anna	Robinson		F50	623	00:36:26	101	52	15
Charles	Gorrie		M70	131	00:36:40	102	50	1
Jayne	Gilkes		F50	631	00:36:55	103	53	16
Amy	Gray	Jog scotland	FS	602	00:37:42	104	54	13

Colin	Gray	Clydesdale Harriers	M50	603	00:37:43	105	
Kathleen	McGee		F40	589	00:38:55	106	
Richard	Cooper	Cambuslang Harriers	M50	586	00:38:56	107	
Melanie	Scott		F40	640			
Elaine	Somerville	Milburn Harriers	F40	559			
Penny	Bond		F50	580			
Jan	Boyd	Garscube Harriers	F50	670			
Lynne	Coia		F50	552			
Jules	Collins	On the run Cumbernauld	F50	588			
Aileen	Coulter		F50	677			
Maria	Hunter	Airdrie Harriers	F50	617			
Blythe	Lindsay		F50	630			
Shona	McCormack		F50	550			
Lesley	McKerral	Greenock Glenpark Harriers	F50	557			
Lindsey	Shields Waters	West End Road Runners	F50	690			
Annette	McKirdy		F60	667			
Wendy	Morcos		F60	564			
Catherine	Mullaney		F60	666			
Wendy	Russell		F60	554			
Barbara	Donaldson		F70	649			
Emma	Bowden		FS	613			

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Lyndsay	Kerrigan	Clydesdale Harriers	FS	634	
Jennifer	Killeen		FS	692	
krystin	Macmillan		FS	688	
Victoria	Tinney		FS	606	
Steven	Gilligan		M40	591	
Stephen	Grant		M40	616	
Graham	Marshall		M40	605	
Liam	McGregor	Vegan Runners	M40	662	
Richard	McKean		M40	689	
Audrey	O'Brien	Westerlands Cross Country Club	M40	653	
Stuart	Reid		M40	629	
Garry	Smith	Bellahouston Road Runners	M40	570	
Stuart	Weatherley		M40	597	
Duncan	Boyd	Garscube Harriers	M50	671	
Hugh	Brown		M50	683	
Gordan	Gallagher	Bellahouston Harriers	M50	678	
Philip	Knight	Glasgow South Road Runners	M50	673	
Arthur	O'Brien		M50	575	
Ole	Pahl		M50	600	
Simon	Parkinson	Bellahouston Harriers	M50	565	
John	Sandbach		M50	676	

David	Sawyer	Unattached	M50	651	
Alistair	Stenhouse	Millburn Harriers	M50	560	
Chris	Upson	Cambuslang Harriers	M50	549	
Stuart	Whittaker		M50	621	
colin	wylie	Giffnock North AC	M50	660	
Annibale	Coia	Glasgow Triathlon Club	M60	553	
Alan	Duff	Glasgow Triathlon Club	M60	558	
Gareth	Brooks		MS	592	
Daniel	Burns	Clydesdale Harriers	MS	635	
Kieran	Cooper	Cambuslang Harriers	MS	587	
Steven	Glasgow		MS	664	
lan	Lafferty		MS	693	
Ged	Lawrenson		MS	643	
Stephen	Lyons		MS	657	
Matthew	M Hinton		MS	595	
Alan	Main	Motherwell AC	MS	687	
Aaron	McCrone		MS	641	
Mark	McDonald		MS	608	
Ciaran	McEachen	In2 The Wild	MS	607	
Duncan	Bond			581	