Forename	Surname	Gender	Club	Cat	No.	Result	Pos	GenPos	CatPos
Kieran	Cooper	Male	Cambuslang Harriers	MS	587	00:16:44	1	1	1
Grant	Jeans	Male		MS	652	00:17:26	2	2	2
David	Hepburn	Male		MS	624	00:17:33	3	3	3
Chris	Upson	Male	Cambuslang Harriers	M50	549	00:18:04	4	4	1
Callum	Wallace	Male		MS	577	00:18:49	5	5	4
Richard	Cooper	Male	Cambuslang Harriers	M50	586	00:18:50	6	6	2
Victor	Mcgregor	Male	Kilbarchan Amateur AC	MS	551	00:19:10	7	7	5
Lukasz	Pudlo	Male		MS	567	00:19:19	8	8	6
mark	king	Male	Cambuslang Harriers	M50	569	00:19:21	9	9	3
Stephen	Lyons	Male		MS	657	00:19:22	10	10	7
Eddie	Neilson	Male		M40	585	00:19:24	11	11	1
Mark	McCormack	Male	Fenwick Striders	MS	584	00:19:39	12	12	8
Stephen	Grant	Male		M40	616	00:19:43	13	13	2
Daniel	Burns	Male	Clydesdale Harriers	MS	635	00:20:38	14	14	9
Jenny	Brown	Female		F40	598	00:20:44	15	1	1
Hannah	Bayes	Female		F40	611	00:20:44	16	2	2
Aaron	McCrone	Male		MS	641	00:21:07	17	15	10
Matthew	M Hinton	Male		MS	595	00:21:13	18	16	11
Scott	Mcleod	Male	Vegetarian Cycling & AC	M40	654	00:21:29	19	17	3
Jonathan	Henderson	Male		M40	556	00:21:55	20	18	4
Elaine	Somerville	Female	Milburn Harriers	F40	559	00:22:02	21	3	3
Craig	Brown	Male	Garscube Harriers	M50	555	00:22:04	22	19	4
Alistair	Stenhouse	Male	Millburn Harriers	M50	560	00:22:07	23	20	5
Janis	Mcarthur	Female		FS	625	00:22:13	24	4	1
Allan	Mann	Male		MS	642	00:22:13	25	21	12
Jamie	Wieland	Male	Bellahouston Road Runners	MS	571	00:22:19	26	22	13
Laura	Lennon	Female	Victoria Park City Of Glasgow	FS	656	00:22:24	27	5	2
Kenneth	Taylor	Male	Bellahouston Harriers	M40	655	00:22:39	28	23	5
Julie	Atkinson	Female	Lothian Running Club	F40	574	00:22:54	29	6	4
James	Speakman	Male	West End Road Runners	M50	620	00:22:55	30	24	6
Gordon	McLarnon	Male		MS	644	00:23:04	31	25	14
Steven	Gilligan	Male		M40	591	00:23:09	32	26	6

Laura	Wallace	Female	Ayr Seaforth Athletic Club	F40	604	00:23:12	33	7	5
David	Sawyer	Male	Unattached	M50	651	00:23:19	34	27	7
Roberta	Fletcher	Female	Milburn Harriers	FS	561	00:23:20	35	8	3
James	Chesnet	Male		M50	601	00:23:29	36	28	8
Mark	McDonald	Male		MS	608	00:23:32	37	29	15
Ged	Lawrenson	Male		MS	643	00:23:35	38	30	16
Sheila	Murray	Female		F40	599	00:23:36	39	9	6
Andrew	Howie	Male		M40	596	00:23:37	40	31	7
Craig	Hepburn	Male		MS	626	00:23:39	41	32	17
Simon	Parkinson	Male	Bellahouston Harriers	M50	565	00:23:41	42	33	9
Edward	Guccione	Male		M40	579	00:23:49	43	34	8
Maria	Hunter	Female	Airdrie Harriers	F50	617	00:23:57	45	10	1
Ciaran	McEachen	Male	In2 The Wild	MS	607	00:23:57	44	35	18
Joanne	Walker	Female		F40	573	00:24:12	46	11	7
Gareth	Brooks	Male		MS	592	00:24:20	47	36	19
David	Kelly	Male	In2 The Wild Fitness	MS	627	00:24:25	48	37	20
mark	Bailkoski	Male		M50	562	00:24:34	49	38	10
Graham	Marshall	Male		M40	605	00:24:54	50	39	9
Isobel	McFarlane	Female	West End Road Runners	F50	619	00:24:56	51	12	2
Kay	Guccione	Female		F40	578	00:25:00	52	13	8
Annibale	Coia	Male	Glasgow Triathlon Club	M60	553	00:25:18	53	40	1
Angus	Robinson	Male		M50	612	00:25:23	54	41	11
Wendy	Russell	Female		F60	554	00:25:29	55	14	1
Cédric	Moreau	Male		M50	615	00:25:32	56	42	12
Emma	Bowden	Female		FS	613	00:25:38	57	15	4
Derek	Millar	Male	Jogscotland	M50	548	00:26:09	58	43	13
Arthur	O'Brien	Male		M50	575	00:26:15	59	44	14
Stuart	Macdonald	Male		M50	636	00:26:16	60	45	15
Catherine Lynn	Macnaughton	Female	West End Road Runners	F40	637	00:26:19	61	16	9
Lyndsay	Kerrigan	Female	Clydesdale Harriers	FS	634	00:26:23	62	17	5
Maureen	Campbell	Female	Garscube Harriers	F50	632	00:26:24	63	18	3
Stephanie	Rudd	Female	Bellahouston Harriers	F50	639	00:26:25	64	19	4
Graeme	Gilkes	Male	Garscube Harriers	M50	633	00:26:26	65	46	16

Stuart	Weatherley	Male		M40	597	00:26:27	66	47	10
Garry	Smith	Male	Bellahouston Road Runners	M40	570	00:26:28	67	48	11
Peter	Meehan	Male	Bellahouston Harriers	MS	572	00:26:32	68	49	21
Aileen	Coulter	Female		F50	593	00:26:43	69	20	5
John	Sandbach	Male		M50	594	00:26:44	70	50	17
Kirstin	Campbell	Female		FS	590	00:26:45	71	21	6
Michael	McNamara	Male	Bellahouston Harriers	M50	638	00:26:46	72	51	18
Lucy	Addison	Female		F50	614	00:26:47	73	22	6
Nathalie	Smith	Female	Greenock Glenpark Harriers	F40	582	00:27:45	74	23	10
Steven	Smith	Male	Greenock Glenpark Harriers	M50	583	00:27:45	75	52	19
Lesley	McKerral	Female	Greenock Glenpark Harriers	F50	557	00:27:56	76	24	7
Kristin	Sauer	Female		F40	610	00:27:59	77	25	11
Gillian	Irvine	Female	Westerlands Cross Country Club	F50	646	00:28:02	78	26	8
Lynne	Coia	Female		F50	552	00:28:09	79	27	9
Stuart	Reid	Male		M40	629	00:28:29	80	53	12
Wendy	Morcos	Female		F60	564	00:28:32	81	28	2
Lynn	Reid	Female	Bellahouston Road Runners	F50	568	00:28:37	82	29	10
Stuart	Whittaker	Male		M50	621	00:28:41	83	54	20
Kirsty	Davidson	Female		FS	609	00:29:00	84	30	7
Ole	Pahl	Male		M50	600	00:29:03	85	55	21
Melissa	Williams	Female	Westerlands Cross Country Club	FS	645	00:29:12	86	31	8
Alan	Duff	Male	Glasgow Triathlon Club	M60	558	00:29:15	87	56	2
Deirdre	Parkinson	Female	Bellahouston Harriers	F60	566	00:29:43	88	32	3
David	Gemmell	Male	DB12Run	M40	576	00:29:43	89	57	13
Penny	Bond	Female		F50	580	00:30:08	90	33	11
Sarah	Renouf	Female		FS	647	00:30:12	91	34	9
Rob	Huggett	Male		MS	648	00:30:12	92	58	22
Melanie	Scott	Female		F40	640	00:30:26	93	35	12
Cindy	McNeill	Female		F50	650	00:30:58	94	36	12
Claire	Purdie	Female		F50	563	00:31:10	95	37	13
Barbara	Donaldson	Female		F70	649	00:31:15	96	38	1
Nicola	Barrington	Female	Bellahouston Road Runners	FS	628	00:31:18	97	39	10
Emma	main	Female	On the Run Cumbernauld	F40	618	00:31:37	98	40	13

Pamela	Clark	Female		F60	622	00:32:03	99	41	4
Audrey	O'Brien	Male	Westerlands Cross Country Club	M40	653	00:32:14	100	59	14
Jules	Collins	Female	On the run Cumbernauld	F50	588	00:32:24	101	42	14
Victoria	Tinney	Female		FS	606	00:33:05	102	43	11
Anna	Robinson	Female		F50	623	00:33:29	103	44	15
Jayne	Gilkes	Female		F50	631	00:33:35	104	45	16
Amy	Gray	Female	Jog scotland	FS	602	00:34:34	105	46	12
Colin	Gray	Male	Clydesdale Harriers	M50	603	00:34:36	106	60	22
Duncan	Bond	Male			581	00:36:06	107	61	
Kathleen	McGee	Female		F40	589	00:36:28	108	47	14
Shona	McCormack	Female		F50	550	00:38:50	109	48	17
Blythe	Lindsay	Female		F50	630	DNF	DNF	DNF	DNF