Forename	Surname	Club	Cat	No.	Px5 Time	Px5 Pos	Gen Pos	Cat pos
Grant	Jeans		MS	652	00:20:59	1	1	1
lain	Murphy		MS	93	00:21:09	2	2	2
Callum	Wallace		MS	577	00:21:16	3	3	3
Andrew	Anderson		MS	89	00:21:37	4	4	4
Ryan	Macready	Glasgow Triathlon Club	MS	674	00:22:11	5	5	5
Stephen	Lyons		MS	657	00:22:52	6	6	6
Mark	Ford		M40	116	00:22:55	7	7	1
Eddie	Neilson		M40	585	00:22:56	8	8	2
mark	king	Cambuslang Harriers	M50	569	00:22:58	9	9	1
Mark	McCormack	Fenwick Striders	MS	584	00:23:09	10	10	7
John	Murray	Garscube Harriers	M40	137	00:23:41	11	11	3
Hannah	Bayes		F40	611	00:23:48	12	1	1
DAVID	RIACH	Westerlands Cross Country Club	M50	668	00:23:58	13	12	2
Greig	Neilson		M40	682	00:24:01	14	13	4
Tom	Cairns		MS	82	00:24:04	15	14	8
Richard	Stark	Strathaven Striders	M60	661	00:24:09	16	15	1
Georgia	Freeman-Mills	Cambuslang Harriers	FS	133	00:24:20	17	2	1
Jenny	Brown		F40	598	00:24:47	18	3	2
Tom	Dumbleton		MS	87	00:24:50	19	16	9
Daniel	Burns	Clydesdale Harriers	MS	635	00:25:23	20	17	10
Janis	Mcarthur		FS	625	00:25:35	21	4	2
Ruth	Craddock		F40	97	00:26:19	22	5	3
Jonathan	Henderson		M40	556	00:26:27	23	18	5
James	Chesnet		M50	601	00:26:32	24	19	3
Laura	Lennon	Victoria Park City Of Glasgow	FS	656	00:26:39	25	6	3
Aaron	McCrone		MS	641	00:26:44	26	20	11
Robbie	Evans	Glasgow South Road Runners	MS	96	00:27:07	27	21	12
Jamie	Wieland	Bellahouston Road Runners	MS	571	00:27:15	28	22	13
Karen	McIntyre		F40	57	00:27:21	29	7	4
Sharon	O'Leary		F50	680	00:27:27	30	8	1
Julie	Atkinson	Lothian Running Club	F40	574	00:27:55	31	9	5
Craig	Hepburn		MS	626	00:27:57	32	23	14

Steven	Gilligan		M40	591	00:28:00	33	24	6
James	Speakman	West End Road Runners	M50	620	00:28:07	34	25	4
Craig	Brown	Garscube Harriers	M50	555	00:28:11	35	26	5
Sheila	Murray		F40	599	00:28:42	36	10	6
Allan	Mann		MS	642	00:28:49	37	27	15
Cédric	Moreau		M50	615	00:29:10	38	28	6
Nick	McKerrell		M50	686	00:29:54	39	29	7
Robert	Doherty		M60	663	00:29:57	40	30	2
Jingjie	Cheng	GSRR	FS	71	00:30:01	41	11	4
Steven	Smith	Greenock Glenpark Harriers	M50	553	00:30:03	42	31	8
Angus	Robinson		M50	612	00:30:15	43	32	9
Ruth	Harrison		F40	126	00:30:18	44	12	7
Joanne	Walker		F40	573	00:30:20	45	13	8
Stuart	Macdonald		M50	636	00:30:49	46	33	10
Graeme	Gilkes	Garscube Harriers	M50	633	00:30:54	47	34	11
Kristin	Sauer		F40	610	00:30:57	48	14	9
Stephanie	Rudd	Bellahouston Harriers	F50	639	00:30:58	49	15	2
Alice	Thompson		F40	672	00:30:58	50	16	10
Michael	McNamara	Bellahouston Harriers	M50	638	00:31:20	51	35	12
Kirsten	Downie		FS	691	00:31:23	52	17	5
Aileen	Coulter		F50	677	00:31:30	53	18	3
John	Sandbach		M50	676	00:31:31	54	36	13
Jan	Boyd	Garscube Harriers	F50	670	00:31:49	55	19	4
Isobel	McFarlane	West End Road Runners	F50	619	00:31:58	56	20	5
Paul	Fletcher	GSRR	M50	659	00:32:00	57	37	14
Anna	Conlon		FS	685	00:32:02	58	21	6
Derek	Millar	Jogscotland	M50	548	00:32:28	59	38	15
Arthur	O'Brien		M50	575	00:32:33	60	39	16
Peter	Meehan	Bellahouston Harriers	MS	572	00:32:40	61	40	16
Lyndsay	Kerrigan	Clydesdale Harriers	FS	634	00:32:46	62	22	7
Fiona	Greaney	Motherwell AC	F50	72	00:32:49	63	23	6
krystin	Macmillan		FS	688	00:33:11	64	24	8
Stuart	Weatherley		M40	597	00:33:16	65	41	7

Lesley	McKerral	Greenock Glenpark Harriers	F50	557	00:33:34	66	25	7
Nathalie	Smith	Greenock Glenpark Harriers	F40	582	00:33:37	67	26	11
Kirsty	Davidson		FS	609	00:34:08	68	27	9
Fiona	Roberts		F50	679	00:34:30	69	28	8
David	Gemmell	DB12Run	M40	576	00:35:12	70	42	8
Lynne	Coia		F50	552	00:35:53	71	29	9
Lucy	Addison		F50	614	00:35:55	72	30	10
Gillian	Phillips	Cumbernauld Amateur Athletics Club	F50	136	00:36:47	73	31	11
Raymond	Loughran	Glasgow Triathlon Club	M60	658	00:36:53	74	43	3
Kirsten	Macleman		FS	119	00:37:08	75	32	10
Pamela	Clark		F60	622	00:37:18	76	33	1
Terry	Nimmo	Bellahouston Road Runners	F60	60	00:37:27	77	34	2
Kirstin	Campbell		FS	590	00:37:28	78	35	11
Anna	Robinson		F50	623	00:38:38	79	36	12
Charles	Gorrie		M70	131	00:38:44	80	44	1
Nicola	Barrington	Bellahouston Road Runners	FS	628	00:38:55	81	37	12
Victoria	Tinney		FS	606	00:40:30	82	38	13
Amy	Gray	Jog scotland	FS	602	00:44:49	83	39	14
Colin	Gray	Clydesdale Harriers	M50	603	00:44:52	84	45	17
Richard	Cooper	Cambuslang Harriers	M50	586	00:44:55	85	46	18
rticilara	соорсі	Carribusiang Harriers	14130	5	00.44.55	- 03	70	10