Forename	Surname	Club	Cat	No.	Qx5	Pos	Gen Pos	Cat Pos
David	Hepburn		MS	624	00:20:08	1	1	1
Callum	Wallace		MS	577	00:20:35	2	2	2
Lukasz	Pudlo		MS	567	00:20:45	3	3	3
Ryan	Macready	Glasgow Triathlon Club	MS	674	00:21:08	4	4	4
Eddie	Neilson		M40	585	00:21:54	5	5	1
David	Shaw	Run Rhaw	MS	94	00:21:57	6	6	5
Stephen	Lyons		MS	657	00:22:08	7	7	6
Mark	McCormack	Fenwick Striders	MS	584	00:22:53	8	8	7
Hannah	Bayes		F40	611	00:23:38	9	1	1
Laura	Lennon	Victoria Park City Of Glasgow	FS	656	00:24:15	10	2	1
Richard	Stark	Strathaven Striders	M60	661	00:24:22	11	9	1
Jamie	Wieland	Bellahouston Road Runners	MS	571	00:24:53	12	10	8
Ruth	Craddock		F40	97	00:25:09	13	3	2
Janis	Mcarthur		FS	625	00:25:17	14	4	2
Allan	Mann		MS	642	00:25:21	15	11	9
Elaine	Somerville	Milburn Harriers	F40	559	00:25:27	16	5	3
Jonathan	Henderson		M40	556	00:25:29	17	12	2
Julie	Atkinson	Lothian Running Club	F40	574	00:25:30	18	6	4
Aaron	McCrone		MS	641	00:25:31	19	13	10
Kenneth	Taylor	Bellahouston Harriers	M40	655	00:25:39	20	14	3
Laura	Wallace	Ayr Seaforth Athletic Club	F40	604	00:25:40	21	7	5
James	Chesnet		M50	601	00:25:44	22	15	1
Gordon	McLarnon		MS	644	00:25:45	23	16	11
Edward	Guccione		M40	579	00:25:48	24	17	4
Alistair	Stenhouse	Millburn Harriers	M50	560	00:26:02	25	18	2
Sheila	Murray		F40	599	00:26:04	26	8	6
Sharon	O'Leary		F50	680	00:26:07	27	9	1
Craig	Hepburn		MS	626	00:26:23	28	19	12
Robbie	Evans	Glasgow South Road Runners	MS	96	00:26:47	29	20	13
Ruth	Harrison		F40	126	00:27:41	30	10	7
Annibale	Coia	Glasgow Triathlon Club	M60	553	00:27:47	31	21	2

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James	Speakman	West End Road Runners	M50	620	00:28:04	32	22	3
Jo	McKnight		F40	63	00:28:09	33	11	8
Joanne	Walker		F40	573	00:28:09	34	12	9
Nick	McKerrell		M50	686	00:28:14	35	23	4
Cédric	Moreau		M50	615	00:28:19	36	24	5
Steven	Gilligan		M40	591	00:28:23	37	25	5
Nicholas	Dowley		M50	691	00:28:37	38	13	6
Gordan	Gallagher	Bellahouston Harriers	M50	678	00:28:41	39	26	7
mark	Bailkoski		M50	562	00:28:42	40	27	8
Angus	Robinson		M50	612	00:28:44	41	28	9
Isobel	McFarlane	West End Road Runners	F50	619	00:29:01	42	14	2
Kay	Guccione		F40	578	00:29:14	43	15	10
Fiona	Greaney	Motherwell AC	F50	72	00:29:33	44	16	3
Lindsey	Shields Waters	West End Road Runners	F50	690	00:29:49	45	17	4
Arthur	O'Brien		M50	575	00:30:09	46	29	10
Robert	Doherty		M60	663	00:30:17	47	30	3
Alice	Thompson		F40	672	00:30:18	48	18	11
Kristin	Sauer		F40	610	00:30:25	49	19	12
Maureen	Campbell	Garscube Harriers	F50	632	00:30:28	51	21	5
Katy	Tallon	Glasgow South Road Runners	FS	237	00:30:28	50	20	3
Michael	Devlin		M60	128	00:30:33	52	31	4
Derek	Millar	Jogscotland	M50	548	00:30:38	53	32	11
Paul	Fletcher	GSRR	M50	659	00:30:39	54	33	12
Aileen	Coulter		F50	677	00:31:20	56	22	6
John	Sandbach		M50	676	00:31:20	55	34	13
Catherine	Macnaughton	West End Road Runners	F40	637	00:31:57	57	23	13
Lucy	Addison		F50	614	00:32:06	58	24	7
Lesley	McKerral	Greenock Glenpark Harriers	F50	557	00:32:15	59	25	8
Kirstin	Campbell		FS	590	00:32:17	60	26	4
Kelly	Ludwig	Bellahouston Road Runners	F40	675	00:32:26	61	27	14
Gillian	Irvine	Westerlands Cross Country Club	F50	646	00:32:27	62	28	9
Melissa	Williams	Westerlands Cross Country Club	FS	645	00:32:32	63	29	5

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Kirsty	Davidson		FS	609	00:32:33	64	30	6
Nathalie	Smith	Greenock Glenpark Harriers	F40	582	00:32:39	65	31	15
Andy	Taylor	Kilmarnock Harrier & Athletic Club	M60	669	00:32:45	66	35	5
Peter	Meehan	Bellahouston Harriers	MS	572	00:32:49	67	36	14
Ole	Pahl		M50	600	00:33:04	68	37	14
Vicki	Fraser-hopewell	Bellahouston Harriers	F40	302	00:33:09	69	32	16
Lynn	Reid	Bellahouston Road Runners	F50	568	00:33:10	70	33	10
Anna	Conlon		FS	685	00:33:10	71	34	7
Graeme	Gilkes	Garscube Harriers	M50	633	00:33:20	72	38	15
David	Gemmell	DB12Run	M40	576	00:33:26	73	39	6
Sarah	Renouf		FS	647	00:33:27	74	35	8
Jennifer	Coelho	Moray Road Runners	F50	312	00:33:33	75	36	11
Alan	Duff	Glasgow Triathlon Club	M60	558	00:33:40	76	40	6
Emma	Bowden		FS	613	00:33:43	77	37	9
Gill	Sisson		F40	321	00:33:44	78	38	17
Deirdre	Parkinson	Bellahouston Harriers	F60	566	00:33:47	79	39	1
Stuart	Reid		M40	629	00:33:48	80	41	7
Wendy	Morcos		F60	564	00:33:49	81	40	2
Colin	Gray	Clydesdale Harriers	M50	603	00:34:24	82	42	16
Raymond	Loughran	Glasgow Triathlon Club	M60	658	00:34:42	83	43	7
Terry	Nimmo	Bellahouston Road Runners	F60	60	00:34:45	84	41	3
Fiona	McDonald	Whitemoss AAC	F50	311	00:35:08	85	42	12
Stephanie	McNicol		FS	319	00:35:32	86	43	10
Claire	Purdie		F50	563	00:35:46	87	44	13
Nicola	Barrington	Bellahouston Road Runners	FS	628	00:37:50	88	45	11
Victoria	Tinney		FS	606	00:37:54	89	46	12
Emma	main	On the Run Cumbernauld	F40	618	00:38:20	90	47	18
Catherine	Mullaney		F60	666	00:38:39	91	48	4
Gillian	Phillips	Cumbernauld Amateur Athletics Club	F50	136	00:38:51	92	49	14
Jayne	Gilkes		F50	631	00:39:32	93	50	15
John	Softley	Bellahouston Harriers	M70	304	00:40:17	94	44	1
Annette	McKirdy		F60	667	00:40:48	95	51	5

Bridget	Cox		F50	665	00:40:49	96	52	16
Kathleen	McGee		F40	589	00:41:55	97	53	19
Charles	Gorrie		M70	131	00:43:52	98	45	2
Shona	McCormack		F50	550	00:44:15	99	54	17
Richard	Cooper	Cambuslang Harriers	M50	586	00:44:16	100	46	17