



I could barely look at my baby after his traumatic birth and my fiancé thought about leaving me

BY MADE IN CHELSEA'S LOUISE THOMPSON **PAGES 34-35**

RISHI WARNS UK IS ENTERING A 'DANGEROUS ERA'

Landmark speech to spell out the challenges of AI, migration and authoritarian states — and why Labour would leave us vulnerable

By **Harriet Line**
and **Rebecca Camber**

BRITONS will see 'almost every aspect' of their lives change over the next five years as the country enters one of its most dangerous eras, the Prime Minister will warn today.

In a major speech, Rishi Sunak will say he feels a 'profound sense of urgency' to tackle the threats facing the nation while also seizing the opportunities to build a more secure future.

He is expected to say Britain is at a 'cross-roads' – ahead of the election and a defining period for the West – while warning that Labour could leave the country exposed.

Rapid advances in technology, a global rise in immigration and authoritarian states increasingly working together will mean 'more will change in the next five years than in the last 30', Mr Sunak will say.

But while warning of the dangers, the PM is set to outline his 'bold ideas' to capitalise on the opportunities presented by an increasingly

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Harry who? How Nigeria has gone mad for Meghan

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