



ON SUNDAY

£2.10 £1.85 to subscribers

JULY 21, 2024

£5 OFF
When you spend £30
**at HOLLAND
& BARRETT**
Coupon on page 76 In-store only. Terms apply



How to cut down on **ultra-processed food** and still eat what you love **A MAJOR NEW SERIES BY A TOP DIETITIAN**

Pages 26-29

Unprecedented rise in number of threats – and gun attack on Trump – triggers dramatic increase in Westminster security measures

PANIC ALARMS GIVEN TO ALL NEW MPs OVER SAFETY FEARS

EVERY new MP has been given a panic alarm as they face unprecedented levels of abuse and threats to their safety.

The devices have been supplied as part of Commons 'welcome packs' for the first time, as officials beef up security measures for politicians increasingly facing intimidation and death threats.

One veteran MP told The Mail on Sunday: 'There is an assumption that there's a level of risk for all parliamentarians that

EXCLUSIVE

By Anna Mikhailova and Abul Taher

never existed before.' The pocket alarms contain GPS trackers and, when activated, alert the police who can despatch a rapid response unit.

They have been available to all MPs on request since the murder of Labour MP Jo

Cox in 2016. Now they have been automatically handed to the 335 new MPs who entered Parliament after an election campaign marred by menacing behaviour.

It also comes as America reels from the attempted assassination of Donald Trump and as senior Westminster politicians have spoken out against the 'worst' threat level they have ever seen. Labour MP Naz Shah told this newspaper: 'Never before did I

Turn to Page 2 >>

PICTURE EXCLUSIVE



Secrets of Zendaya's love affair with the UK

SEE PAGE 9