## Unicago de Cribune



**TUESDAY, OCTOBER 22, 2024** 

BREAKING NEWS AT CHICAGOTRIBUNE.COM

#### Glucose tracker the next accessory?

Abbott Laboratories moves beyond diabetes with its newest device

**By Lisa Schencker** Chicago Tribune

In recent years, smartwatches and smart rings have grown increasingly popular, adorning the wrists and fingers of consumers who use them to monitor their exercise, sleep and heart activity.

Now, medical device companies, including north suburban-based Abbott Laboratories, are hoping health enthusiasts will embrace a new type of wellness accessory: wearable sensors to track glucose levels.

Unlike previous, similar devices, the new ones don't require prescriptions and aren't just for diabetics. Abbott's new device, called Lingo, is geared toward people who don't have diabetes but want to see how food and activity affect their glucose levels, and how that might be connected to their mood, energy level and sleep quality.

Abbott says it's the next frontier in wearable health technology, though questions remain about whether people will pay for it. Doctors also caution that it's too early to say whether the devices will improve the long-term health of those who wear them.

"I think people have been waiting for these technologies to be over the counter, without a prescription, for a long time," said Pam Nisevich Bede, Abbott's head of nutrition for Lingo. "Glucose matters in all individuals. It definitely links to how we're feeling in the short term."

Abbott's Lingo biosensor resembles a quarter-size disc that can be worn on the back of the upper arm to monitor glucose in the body's interstitial fluid, which is the fluid in between the cells, under the skin. Interstitial fluid absorbs glucose after it enters a person's bloodstream.

The Lingo has a tiny filament, about the length of an eyelash, that sits just beneath the skin to measure glucose. Users can then

**Turn to Monitor,** Page 4

#### Migrant shelters to shut down in 2025

Chicago's migrant shelters will be shut down at the end of the year and absorbed into an existing system for homeless residents, Mayor Brandon Johnson said in a Monday announcement .

Chicagoland, Page 3

#### South Elgin complex targeting renters

Construction has started on Authentix South Elgin, a 336-unit apartment complex with rents ranging from \$1,300 to \$2,435 that will fill a needed housing market niche in the community, village officials say. **Business** 

#### Elusive character of Mr. McMahon

The Tribune's Rick Kogen reviews "Mr. McMahon," a six-part Netflix documentary about wrestling's Vince McMahon. **Arts & Living** 



Former House Speaker Michael Madigan arrives Monday at the Dirksen U.S. Courthouse for the start of his trial. **ANTONIO PEREZ/CHICAGO TRIBUNE** 

**MICHAEL MADIGAN TRIAL** 

# Different pictures are painted as racketeering case gets underway

Ex-speaker a corrupt political boss or a defender of his constituents?

By Jason Meisner, Megan Crepeau and Ray Long Chicago Tribune

Former House Speaker Michael Madigan may have spent decades at the pinnacle of Illinois politics, but at his core he was simply a soft-spoken, nonconfrontational Southwest Side guy trying to advance his party's blue-collar agenda, Madigan's lawyer told a federal jury Monday.

It's been five years since Madigan, the nation's longest-serving legislative leader and the kingpin of the state's Democrats, landed in the crosshairs of a sprawling federal corruption investigation. On Monday, as opening state-

ments in Madigan's historic trial got underway, his defense team finally began laying out its case.

Decrying the government's cooperating witnesses as liars with an "axe to grind" who were operating without the speaker's knowledge or authorization, attorney Tom Breen urged jurors to focus on what Madigan's intentions were, "not what somebody else says" on some 200 wiretapped audio and video recordings that will dominate the 11-week trial.

What they'll find, Breen said, is a man trying to provide jobs and opportunities for his constituents following in the footsteps of his father, a 13th Ward superintendent.

"What you will see is that his intention, like his daddy taught him, was to protect the Democratic agenda. The working stiff," Breen said. He said that while others may have been scheming behind Madigan's back, "He

**Turn to Madigan,** Page 7



Mariyana Spyropoulos, who is running for Cook County Circuit Court clerk, chats Friday at a Cook County Democratic Party fundraiser at the Hilton Chicago on South Michigan Avenue in Chicago. CHRIS SWEDA/CHICAGO TRIBUNE

**ELECTION 2024** 

### Democrats looking for another clean sweep of Cook County races

**By A.D. Quig** Chicago Tribune

The down-ballot races for Cook County clerk and Circuit Court clerk could spell big changes to the county's administrative hinterlands. Each office is known either for its paper pushing, its reputation for political patronage hiring, or some combination of both.

In the court clerk race, three candidates are vying to become the next head of the massive office that serves as the records manager for one of the largest court systems in the nation. The winner will succeed outgoing Clerk Iris Martinez, who lost

in the Democratic primary in

Three candidates are also facing off in the race for county clerk, an office that manages suburban elections, legislative records for the Cook County Board and oversees all

**Turn to Democrats,** Page 2

#### Debunked FEMA claims repeated

Trump takes aim at agency, but hopeful about voter turnout

By Michelle L. Price and Bill Barrow Associated Press

SWANNANOA, N.C. — Surveying storm damage in North Carolina, former President Donald Trump blasted federal emergency responders Monday whose work has been stymied by armed harassment and a deluge of misinformation, but he said he was not concerned that the aftermath of Hurricane Helene would affect election results in the battleground state.

Trump was asked whether it was helpful to criticize hurricane relief workers after the Federal Emergency Management Agency recently paused its work in the area because of reports that they could be targeted by militia. He responded by again attacking the agency and repeating the falsehood that the response was hampered because FEMA spent its budget helping people who crossed the border illegally. That

**Turn to FEMA,** Page 11

TODAY'S WEATHER



High **75** 

Low **54** 

Complete Chicagoland forecast on Page 12

\$4.00 city and suburbs and elsewhere 177th year No. 296 © Chicago Tribune



