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# ISRAELI AIR STRIKES KILL NASRALLAH, 20 HEZBOLLAH MEMBERS

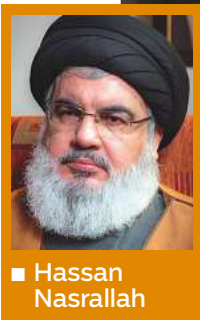
*Up to 1 million people  
displaced by Israel attacks,  
Lebanese PM says*

BEIRUT

Israel's military said yesterday its air strike on Beirut that killed Hassan Nasrallah also "eliminated" another 20 Hezbollah members, as its forces kept pounding Lebanon.

It said "more than 20 other terrorists of varying ranks" were present when Friday's air strike killed Nasrallah, an attack that dealt the Iran-backed armed group a seismic blow.

Israel also said Nabil Qaouq, a member of Hezbollah's central council, was killed in a strike on Saturday, adding that jets continued to hit "dozens" of targets around Lebanon.



Hassan Nasrallah

'Precise strike'

In one attack which Israel called a "precise strike" in Hezbollah's southern Beirut bastion, a witness told AFP a rocket hit a building which collapsed instantly.

A source close to Hezbollah told AFP the target had been Abu Ali Rida, a commander of one of the group's sectors in southern Lebanon. Israeli air strikes have



**50,000**  
people have fled  
from Lebanon to  
neighbouring Syria

People check the rubble of buildings which were levelled on Friday by Israeli strikes that targeted and killed Hezbollah leader Hassan Nasrallah in the Haret Hreik neighbourhood of Beirut's southern suburbs, yesterday.

decimated Hezbollah's senior command structure, with Nasrallah's right-hand man Fuad Shukur, head of the elite Radwan Force Ibrahim Aqil and others among the dead.

Meanwhile, Lebanon's Prime Minister Najib Mikati said yesterday that the intense Israeli attacks may have forced up to a million people to flee parts of Lebanon in possibly the worst

displacement crisis in the tiny country's history, Mikati told reports that "the estimated number is very high and may reach one million" — which would amount to roughly a

sixth of Lebanon's population. "It is the largest displacement movement that may have happened... in Lebanon," he said.

—AFP

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## Young patients in UAE share why heart attack is rising among youth

People as young  
as 22 recount how  
symptoms took  
them by surprise

DUBAI

BY SHARMILA DHAL  
UAE Editor

It's never too early to pay heed to heart health, as an increasing number of youngsters in the UAE will vouch.

From vaping and smoking to uncontrolled stress, the factors leading to a heart attack are many and real — young patients in their 20s and 30s told *Gulf News*.

Their trigger alerts, which coincided with World Heart Day on September 29, were

in the hope of raising greater awareness about the need to adopt a healthy lifestyle with adequate exercise and a balanced diet.

As Abdelrahman Ehab Farouk Soliman, 22, Saidalavi Suhail, 26, Alexine Jessica P. Piega, 31, Salahuddeem Bad-

**Common heart attack  
symptoms include chest  
pain, unusual sweating,  
breathlessness,  
and pain radiating  
to the arm or jaw.  
Unfortunately,  
these symptoms  
are often ignored or  
misdiagnosed in young  
people.**

sha, 32, and Mohammad Jehad Abdallah, who suffered a heart attack at 33, share their harrowing experiences, it is clear that the symptoms took them completely by surprise.

The root cause

However, doctors attending to them point to several aspects of our daily lives, which, unsuspecting as they may seem, are the root cause behind the problem.

The good news is that heart health can be protected if only we choose to.

Prevention is the key, say the doctors.

The patient accounts lend themselves to a valuable set of learnings that every youngster would do well to imbibe.

And the sooner, the better.

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