Self-Directedness and AI Dependency Patterns
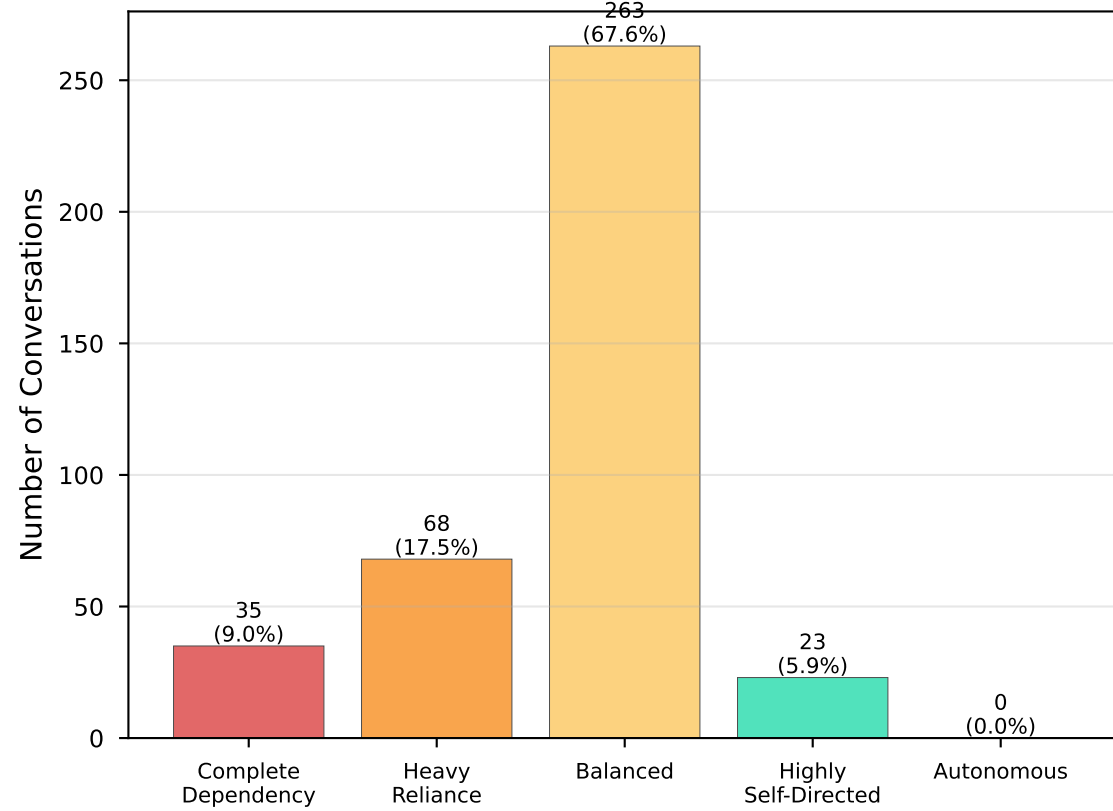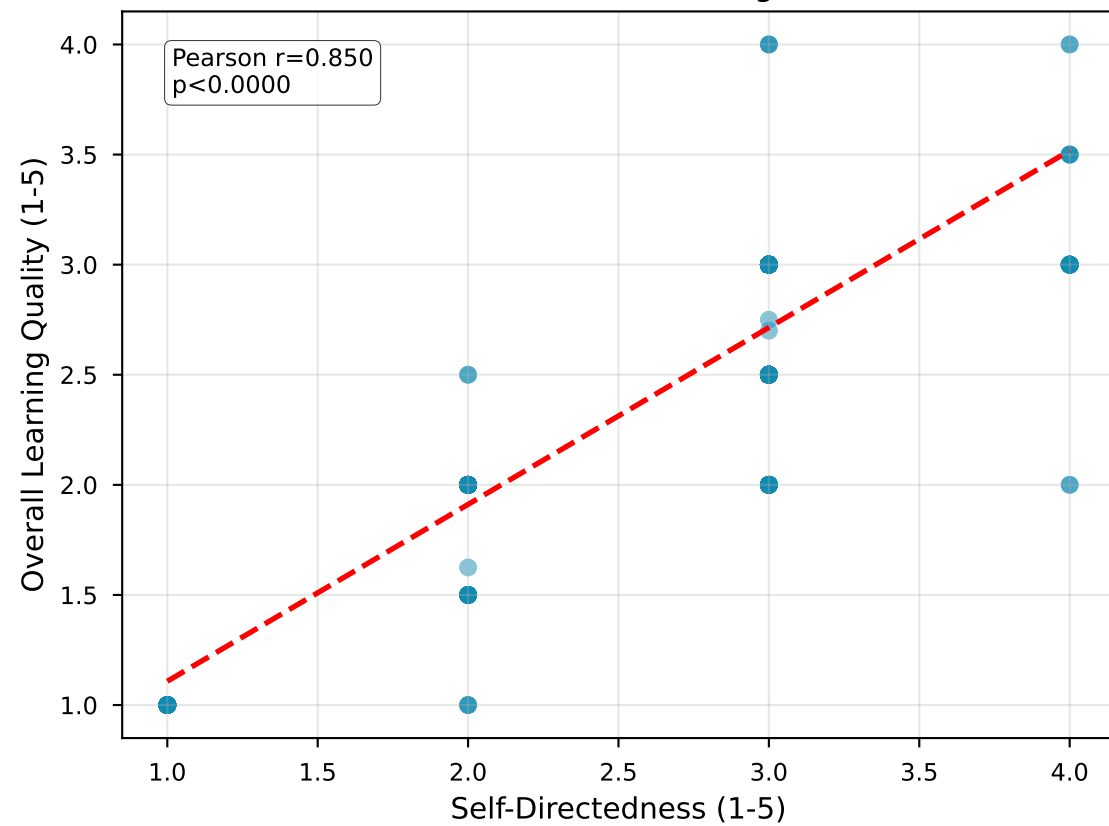**(Behavioral Economics: Cognitive Offloading)**
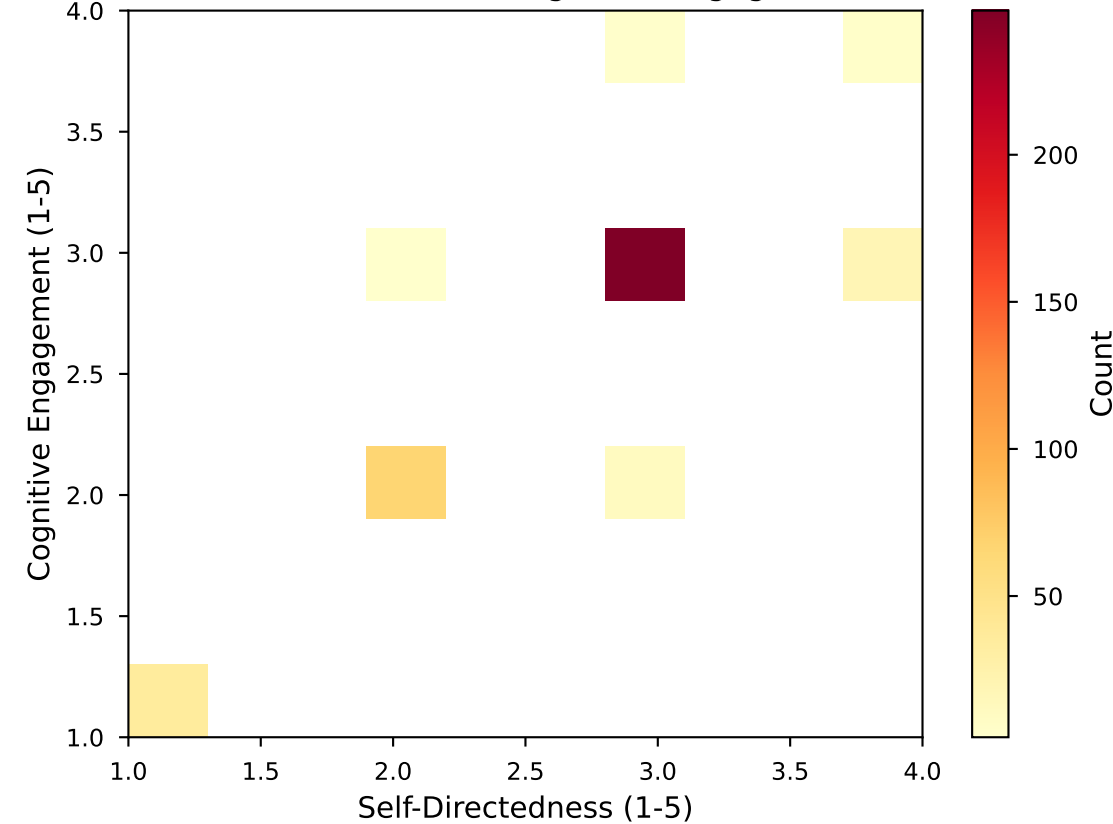
Distribution of Self-Directedness Levels

Self-Directedness vs. Learning Outcomes

Pearson r=0.850
p<0.0000

Joint Distribution:
Self-Directedness & Cognitive Engagement

Memory Retention by Self-Directedness Level

Kruskal-Wallis
p=0.0000