

User Site Maps

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Steps	First time of using the App	welcome screen which teaches about the App, even inside the App	Alert when glucose/intake is low or high
	4 To track your exercise, Food intake daily	5 To discover health & fitness stats, Videos which teach about living healthy life	
	6 Share your progress to others, see others consistency in gyming, Food intake posts & get motivated to be consistent with your daily intakes.	7 Join groups which relates to you to stay updated on things you don't know about.	
Technology	Holy grail App for mobile & smart watch		