

# Latest Reddit Tech Posts

## r/science

***A diet low in carbs and high in fat, which has gained popularity as a way of shedding weight, can increase the risk of type 2 diabetes by 20%, according to a new study. The research team behind the study says their findings highlight the need to eat a balanced diet.***

URL:

[https://www.reddit.com/r/science/comments/1falq80/a\\_diet\\_low\\_in\\_carbs\\_and\\_high\\_in\\_fat\\_which\\_has/](https://www.reddit.com/r/science/comments/1falq80/a_diet_low_in_carbs_and_high_in_fat_which_has/)

Author: mvea | Score: 1956 | Comments: 292

***A new study reveals that feedback providers are more likely to inflate performance evaluations when giving feedback to women compared to men. This pattern appears to stem from a social pressure to avoid appearing prejudiced toward women, which can lead to less critical feedback.***

URL: [https://www.reddit.com/r/science/comments/1fabf47/a\\_new\\_study\\_reveals\\_that\\_feedback\\_providers\\_are/](https://www.reddit.com/r/science/comments/1fabf47/a_new_study_reveals_that_feedback_providers_are/)

Author: mvea | Score: 7924 | Comments: 747

***People with high levels of mental resilience may live much longer lives, according to the authors of new research that found the link to be especially prevalent in women***

URL: [https://www.reddit.com/r/science/comments/1fai4lm/people\\_with\\_high\\_levels\\_of\\_mental\\_resilience\\_may/](https://www.reddit.com/r/science/comments/1fai4lm/people_with_high_levels_of_mental_resilience_may/)

Author: giuliomagnifico | Score: 2120 | Comments: 99

***Study shows that ultra-thin polyurethane condom are non-inferior to control latex condom.***

URL: [https://www.reddit.com/r/science/comments/1fan4ja/study\\_shows\\_that\\_ultrathin\\_polyurethane\\_condom/](https://www.reddit.com/r/science/comments/1fan4ja/study_shows_that_ultrathin_polyurethane_condom/)

Author: skdfnza | Score: 724 | Comments: 89

***Low-impact yoga and exercise found to help older women manage urinary incontinence: After 12 weeks of a low-impact yoga program, study participants had about 65% fewer episodes of incontinence.***

URL: [https://www.reddit.com/r/science/comments/1fao2my/lowimpact\\_yoga\\_and\\_exercise\\_found\\_to\\_help\\_older/](https://www.reddit.com/r/science/comments/1fao2my/lowimpact_yoga_and_exercise_found_to_help_older/)

Author: FunnyGamer97 | Score: 411 | Comments: 3

***Researchers have made a cooling device that uses the physics of radiative cooling, and they say can chill environments with 50% of the energy used by conventional air conditioning***

URL: [https://www.reddit.com/r/science/comments/1faequc/researchers\\_have\\_made\\_a\\_cooling\\_device\\_that\\_uses/](https://www.reddit.com/r/science/comments/1faequc/researchers_have_made_a_cooling_device_that_uses/)

Author: giuliomagnifico | Score: 1255 | Comments: 43

***Millions of US adults may be getting wrong blood pressure reads at home | Around 17 million US adults could actually be getting poor blood pressure readings from at-home kits that aren't fitted correctly. This potentially has serious implications for nearly 7% of American adults.***

URL: [https://www.reddit.com/r/science/comments/1fad8j8/millions\\_of\\_us\\_adults\\_may\\_be\\_getting\\_wrong\\_blood/](https://www.reddit.com/r/science/comments/1fad8j8/millions_of_us_adults_may_be_getting_wrong_blood/)

Author: chrisdh79 | Score: 1058 | Comments: 123

***COVID-19 vaccines and boosters were most effective within the first few months after injection, but even after protection against infection declined they continued to protect against hospitalisation and death, finds a new study of over 5 million people in New Zealand.***

URL: [https://www.reddit.com/r/science/comments/1fadxal/covid19\\_vaccines\\_and\\_boosters\\_were\\_most\\_effective/](https://www.reddit.com/r/science/comments/1fadxal/covid19_vaccines_and_boosters_were_most_effective/)

Author: mvea | Score: 928 | Comments: 28

***Chickadee research finds cognitive skills impact lifespan: Study finds birds with better spatial learning and memory abilities (when it came to understanding their surroundings and food storing or caching strategies) live longer.***

URL: [https://www.reddit.com/r/science/comments/1favpl4/chickadee\\_research\\_finds\\_cognitive\\_skills\\_impact/](https://www.reddit.com/r/science/comments/1favpl4/chickadee_research_finds_cognitive_skills_impact/)

Author: FunnyGamer97 | Score: 80 | Comments: 6

***Study supports right-wing authoritarianism and self-perceived attractiveness as potential strong predictors in understanding men's hostility towards women in the wider community.***

URL: [https://www.reddit.com/r/science/comments/1fan7wr/study\\_supports\\_rightwing\\_authoritarianism\\_and/](https://www.reddit.com/r/science/comments/1fan7wr/study_supports_rightwing_authoritarianism_and/)

Author: skdfnza | Score: 191 | Comments: 13