

Latest Reddit Tech Posts

r/science

Inflammation and immune system activation are linked to major depressive disorder, especially in those not responding to standard antidepressants. Such individuals could benefit from immune-targeting treatments like anti-inflammatories

URL: https://www.reddit.com/r/science/comments/1fxiov3/inflammation_and_immune_system_activation_are/

Author: giuliomagnifico | Score: 3900 | Comments: 111

Exposure to specific PFAS “forever chemicals” linked to sleep disturbances. People with blood levels in the highest third slept around 80 minutes less per night. Elevated PFOS concentrations linked to difficulties falling asleep, staying asleep, waking frequently or feeling tired during the day.

URL:

https://www.reddit.com/r/science/comments/1fxkueu/exposure_to_specific_pfes_forever_chemicals/

Author: mvea | Score: 1557 | Comments: 60

Liquefied natural gas leaves a greenhouse gas footprint that is 33% worse than coal, when processing and shipping are taken into account. Methane is more than 80 times more harmful to the atmosphere than carbon dioxide, so even small emissions can have a large climate impact

URL: https://www.reddit.com/r/science/comments/1fxd1cx/liquefied_natural_gas_leaves_a_greenhouse_gas/

Author: Wagamaga | Score: 5072 | Comments: 240

Higher levels of compatibility between religious and scientific beliefs tend to be associated with better well-being, finds a new study of 55,230 people from 54 countries. Pro-science beliefs were also positively associated with well-being.

URL:

https://www.reddit.com/r/science/comments/1fxexj5/higher_levels_of_compatibility_between_religious/

Author: mvea | Score: 2579 | Comments: 399

Dinosaur-Killing Asteroid Impact Turned Ants into Fungus Farmers, Study Says

URL:

https://www.reddit.com/r/science/comments/1fxqkyr/dinosaur_killing_asteroid_impact_turned_ants_into/

Author: Hilla007 | Score: 477 | Comments: 9

Research found early-life trauma, in particular, especially physical abuse by parents, was strongly related to end-of-life pain, loneliness and depressive symptoms. Clinicians should consider cumulative hardships in optimizing

treatment during patients' final years

URL:

https://www.reddit.com/r/science/comments/1fxd3qz/research_found_earlylife_trauma_in_particular/

Author: Wagamaga | Score: 3069 | Comments: 85

Researchers have made a significant step forward in personalized nutrition by creating the first detailed map that shows how molecules in specific foods interact with our unique gut bacteria, paving the way for evidence-based dietary recommendations tailored to individual gut health needs

URL: https://www.reddit.com/r/science/comments/1fxker4/researchers_have_made_a_significant_step_forward/

Author: giuliomagnifico | Score: 678 | Comments: 7

Sharp rise in vaping among young adult non-smokers: The number of adults in England to have started vaping despite never having been regular smokers has reached one million. This is mostly young adults, with about 1 in 7 18-24-year-olds who never regularly smoked now using e-cigarettes.

URL: https://www.reddit.com/r/science/comments/1fxd8tj/sharp_rise_in_vaping_among_young_adult_nonsmokers/

Author: mvea | Score: 1992 | Comments: 298

Research finds dietary zinc inhibits antimicrobial resistance (AMR) gene transmission: Bacteria transferred plasmids with AMR genes in the presence of zinc may result in reduced or nonexistent rates of AMR, without disrupting the gut microbiome

URL: https://www.reddit.com/r/science/comments/1fxufde/research_finds_dietary_zinc_inhibits/

Author: FunnyGamer97 | Score: 100 | Comments: 4

Carbohydrate Restriction-Induced Elevations in LDL-Cholesterol and Atherosclerosis: The KETO Trial

URL:

https://www.reddit.com/r/science/comments/1fxn1y3/carbohydrate_restrictioninduced_elevations_in/

Author: Sizbang | Score: 213 | Comments: 21