

# Latest Reddit Tech Posts

## r/science

***Programs designed to change a person's sexual orientation or gender identity are linked to depression, PTSD and suicidality. Researchers say their findings support policies banning all conversion therapy.***

URL: [https://www.reddit.com/r/science/comments/1fto21y/programs\\_designed\\_to\\_change\\_a\\_persons\\_sexual/](https://www.reddit.com/r/science/comments/1fto21y/programs_designed_to_change_a_persons_sexual/)

Author: Wagamaga | Score: 11608 | Comments: 505

***Explaining High Happiness in Latin America: This paper explains why people in Latin America are happier than expected for their economic situation, pointing to strong personal relationships as a key factor. These close connections boost life satisfaction and well-being more than income.***

URL: [https://www.reddit.com/r/science/comments/1ftw2mh/explaining\\_high\\_happiness\\_in\\_latin\\_america\\_this/](https://www.reddit.com/r/science/comments/1ftw2mh/explaining_high_happiness_in_latin_america_this/)

Author: ridersofthestorms | Score: 1814 | Comments: 72

***Frequent fizzy drinks doubles the risk of stroke and more than 4 cups of coffee a day increases chances of a stroke by a third. However, drinking water and tea may reduce risk of stroke, finds large international study of risk factors for stroke, involving almost 27,000 people in 27 countries.***

URL: [https://www.reddit.com/r/science/comments/1ftmhnu/frequent\\_fizzy\\_drinks\\_doubles\\_the\\_risk\\_of\\_stroke/](https://www.reddit.com/r/science/comments/1ftmhnu/frequent_fizzy_drinks_doubles_the_risk_of_stroke/)

Author: mvea | Score: 6673 | Comments: 733

***Tattoo inks in Europe are mislabeled and some contain banned ingredients. Analysis of green and blue tattoo inks finds 9/10 to violate regulations. Previous research on tattoo inks in the U.S. which found that 45 out of 54 inks didn't match the contents listed on the label.***

URL: [https://www.reddit.com/r/science/comments/1ftrbx/tattoo\\_inks\\_in\\_europe\\_are\\_mislabeled\\_and\\_some/](https://www.reddit.com/r/science/comments/1ftrbx/tattoo_inks_in_europe_are_mislabeled_and_some/)

Author: Wagamaga | Score: 2194 | Comments: 90

***Microplastics in leave-on cosmetic and personal care products such as sunscreens, moisturisers, hand-sanitizers, deodorants and lipsticks are being overlooked by research and regulators, new research shows.***

URL: [https://www.reddit.com/r/science/comments/1ftkgzn/microplastics\\_in\\_leaveon\\_cosmetic\\_and\\_personal/](https://www.reddit.com/r/science/comments/1ftkgzn/microplastics_in_leaveon_cosmetic_and_personal/)

Author: mvea | Score: 5819 | Comments: 144

***Our cutesy cringey dog voices could be practical. Humans are much faster 'talkers' than dogs, with a speech rate of about 4 syllables per second, while dogs growl, bark, woof, and whine at about 2 vocalisations per second. We change our speech and tempo to match what dogs can process.***

URL: [https://www.reddit.com/r/science/comments/1fu0nye/our\\_cutesy\\_cringey\\_dog\\_voices\\_could\\_be\\_practical/](https://www.reddit.com/r/science/comments/1fu0nye/our_cutesy_cringey_dog_voices_could_be_practical/)

Author: mvea | Score: 571 | Comments: 12

***Time-restricted eating benefits adults with metabolic syndrome: Patients who ate within an 8-10 hour window for 3 months showed improved blood sugar regulation and metabolic markers compared to standard treatments***

URL: [https://www.reddit.com/r/science/comments/1ftwv8n/timerestricted\\_eating\\_benefits\\_adults\\_with/](https://www.reddit.com/r/science/comments/1ftwv8n/timerestricted_eating_benefits_adults_with/)

Author: giuliomagnifico | Score: 651 | Comments: 22

***Botanists identify 33 global 'dark spots' with thousands of unknown plants | Kew study reveals areas with at least 100,000 undiscovered plant species – most likely to be under threat of extinction***

URL:

[https://www.reddit.com/r/science/comments/1ftlwqe/botanists\\_identify\\_33\\_global\\_dark\\_spots\\_with/](https://www.reddit.com/r/science/comments/1ftlwqe/botanists_identify_33_global_dark_spots_with/)

Author: chrisdh79 | Score: 1648 | Comments: 14

***Cool, light-colored roofs could have reduced London's 2018 average temps by 0.8°C, potentially preventing 249 of the 786 heat-related deaths (32%)***

URL: [https://www.reddit.com/r/science/comments/1ftrdtt/cool\\_lightcolored\\_roofs\\_could\\_have\\_reduced/](https://www.reddit.com/r/science/comments/1ftrdtt/cool_lightcolored_roofs_could_have_reduced/)

Author: giuliomagnifico | Score: 605 | Comments: 20

## **r/technology**

***Microsoft exec tells staff there won't be an Amazon-style return-to-office mandate unless productivity drops***

URL:

[https://www.reddit.com/r/technology/comments/1ftxvr3/microsoft\\_exec\\_tells\\_staff\\_there\\_wont\\_be\\_an/](https://www.reddit.com/r/technology/comments/1ftxvr3/microsoft_exec_tells_staff_there_wont_be_an/)

Author: mepper | Score: 17492 | Comments: 669