

# Latest Reddit Tech Posts

## r/science

***Heavy smokers' heart health can take more than 25 years to return to normal***

URL: [https://www.reddit.com/r/science/comments/1ghp73l/heavy\\_smokers\\_heart\\_health\\_can\\_take\\_more\\_than\\_25/](https://www.reddit.com/r/science/comments/1ghp73l/heavy_smokers_heart_health_can_take_more_than_25/)

Author: Hashirama4AP | Score: 6806 | Comments: 297

***In a First, Scientists Found Structural, Brain-Wide Changes During Menstruation***

URL:

[https://www.reddit.com/r/science/comments/1gi4aoa/in\\_a\\_first\\_scientists\\_found\\_structural\\_brainwide/](https://www.reddit.com/r/science/comments/1gi4aoa/in_a_first_scientists_found_structural_brainwide/)

Author: CookMotor | Score: 7045 | Comments: 405

***For white women, racial resentment was a strong predictor of support for Trump. The study also found that hostile sexism played a unique role among Latina and Asian American women, who were more likely to support Trump if they scored high on the hostile sexism scale.***

URL: [https://www.reddit.com/r/science/comments/1ghzqtb/for\\_white\\_women\\_racial\\_resentment\\_was\\_a\\_strong/](https://www.reddit.com/r/science/comments/1ghzqtb/for_white_women_racial_resentment_was_a_strong/)

Author: mvea | Score: 7277 | Comments: 772

***A study of more than 1,000 Colorado residents explored how prolonged sitting (9 to 16 hours) impacts health, cholesterol, and BMI in young adults (avg age 33). It found that the minimum recommended physical activity guidelines—20 min per day of moderate exercise—aren't enough***

URL:

[https://www.reddit.com/r/science/comments/1gi0kov/a\\_study\\_of\\_more\\_than\\_1000\\_colorado\\_residents/](https://www.reddit.com/r/science/comments/1gi0kov/a_study_of_more_than_1000_colorado_residents/)

Author: giuliomagnifico | Score: 3207 | Comments: 143

***Data obtained from an observatory in La Palma Spain shows an increase of 1.1 °C over the past 20 years, i.e. 0.55 °C per decade. This is more than double the increase predicted by climate models for the same area, and even more than expected for the next 20 years.***

URL: [https://www.reddit.com/r/science/comments/1gi36qf/data\\_obtained\\_from\\_an\\_observatory\\_in\\_la\\_palma/](https://www.reddit.com/r/science/comments/1gi36qf/data_obtained_from_an_observatory_in_la_palma/)

Author: Wagamaga | Score: 1152 | Comments: 21

***Voters more trusting of elections when polls are supervised by multiple groups / Research suggests that having various monitoring groups present at polling places increase voter confidence in the election process, regardless of voters' political leanings or pre-existing trust in electoral bodies.***

URL: [https://www.reddit.com/r/science/comments/1gi8b7p/voters\\_more\\_trusting\\_of\\_elections\\_when\\_polls\\_are/](https://www.reddit.com/r/science/comments/1gi8b7p/voters_more_trusting_of_elections_when_polls_are/)

Author: chrisdh79 | Score: 461 | Comments: 34

***NASA Reveals Spooky Eyes in Space, And They're Staring Straight at You***

URL: [https://www.reddit.com/r/science/comments/1gidnt2/nasa\\_reveals\\_spooky\\_eyes\\_in\\_space\\_and\\_theyre/](https://www.reddit.com/r/science/comments/1gidnt2/nasa_reveals_spooky_eyes_in_space_and_theyre/)

Author: PatheticMeat | Score: 167 | Comments: 10

***A study tracking 8,442 adults aged 50 and above in England over 10 years found that higher education, better occupation, and increased wealth can lower the risk of cognitive impairment or dementia in later life (having post-secondary education was linked to a 43% reduction in risk)***

URL: [https://www.reddit.com/r/science/comments/1gi5c7i/a\\_study\\_tracking\\_8442\\_adults\\_aged\\_50\\_and\\_above\\_in/](https://www.reddit.com/r/science/comments/1gi5c7i/a_study_tracking_8442_adults_aged_50_and_above_in/)

Author: giuliomagnifico | Score: 492 | Comments: 12

***People described as kind or helpful were rated as more physically attractive than those who were not described this way. When a person was described as prosocial, people were less likely to focus on minor flaws, such as scars or other physical irregularities. This applied to men and women.***

URL: [https://www.reddit.com/r/science/comments/1ght5na/people\\_described\\_as\\_kind\\_or\\_helpful\\_were\\_rated\\_as/](https://www.reddit.com/r/science/comments/1ght5na/people_described_as_kind_or_helpful_were_rated_as/)

Author: mvea | Score: 3162 | Comments: 78

***Intermittent weekend exercise has same brain benefits as regular workouts, study finds | Research reveals positive cognitive health impacts of exercising once or twice a week are much the same as exercising more often***

URL: [https://www.reddit.com/r/science/comments/1ghztr7/intermittent\\_weekend\\_exercise\\_has\\_same\\_brain/](https://www.reddit.com/r/science/comments/1ghztr7/intermittent_weekend_exercise_has_same_brain/)

Author: Hashirama4AP | Score: 834 | Comments: 8