

## NEST CENTRE - an after-school programme for children from multiproblem families



## **Brief description:**

This is a mandatory introduction training for any organization that wants to implement the Nest Centre model. The Nest Centre is an after school facility for children from multi-problem families. The main aim is to support and develop resilience of these children and to empower them so they can overcome their difficulties. The Nest Center essentially forms a home away from home. The copyright on the model is owned by Kinderpostzegels (<a href="www.kinderpostzegels.nl">www.kinderpostzegels.nl</a>); organizations who want to implement Nest are obliged to follow the introductory training organized by ICDI. There is an accompanying manual.

**Duration:** 3 days

## Course Contents (non-exhaustive):

- Introduction into Nest (aims, principles, set-up)
- Child and youth development
- Child rights and participation
- Working with children from multi-problem families
- Working with parents
- Working with volunteers

For: Staff from international and national organizations who wish to establish a Nest Centre

