



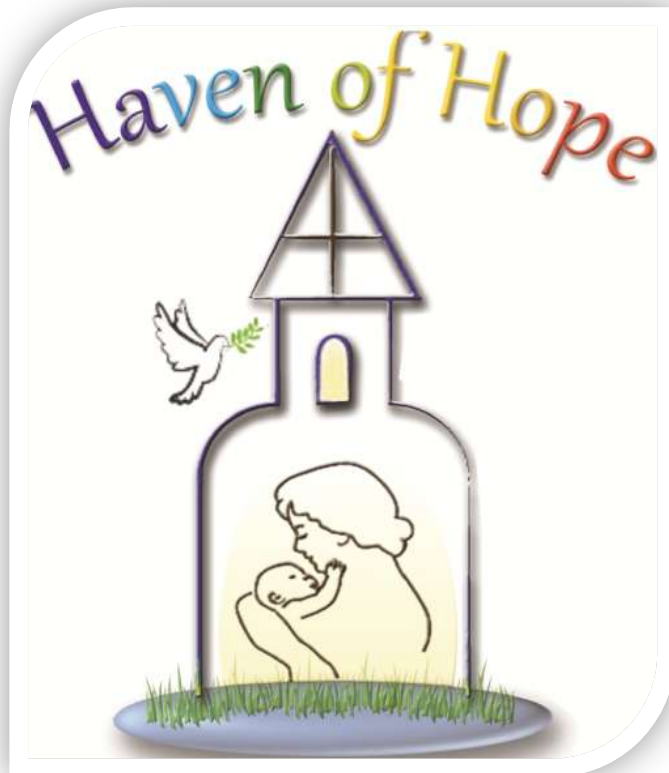
**Counselling and Rehabilitation
of Teenage Mothers
CAMEROON**

ANNUAL REPORT

01 SEPTEMBER 2015 – 31 JULY 2016

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**Counselling and Rehabilitation
of Teenage Mothers**
CAMEROON

"WORK OF FAITH, LABOUR OF LOVE,
PATIENCE OF HOPE"

01 SEPTEMBER 2015 TO 31 JULY 2016

PART I - NARRATIVE

A. OVERVIEW:

At the end of the previous season (August 2015), over 15 teenage mothers had been assisted to reintegrate into community life mainly in income-generating activities. It was noted that most of them easily relapsed into their former lifestyle after a very successful start-off. The aim of Haven of Hope being that these young women should gain enough self-esteem and self-confidence that will enable them persevere through the challenges in life, it was decided to restrict assistance to the 20 beneficiaries already in our care during the reporting period. Thereby we would have better insight of their individual concerns as well as identify the common factors that lead them to relapse. This then would be a guide to adapt more efficiently our counselling sessions, both individual and group, to address these concerns and better prepare teenage mothers to face and overcome the challenges that await them as they step into the active adult world.

The Mbororo teenage girls had demonstrated enthusiasm in the functional literacy classes, as they looked forward to be empowered with the knowledge and skills that will enable them become financially self-sufficient and partake in decision-making in their homes, communities and the country at large. In the course of the year, it was evident that a second teacher was needed to reinforce the facilitator. This was recruited and the group was divided into two classes based on the rate at which they were picking up; the faster learners from the slower/normal learners. These observations were the guiding principles that determined how our activities were implemented during the reporting period .



B. ACTIVITIES

1. URBAN CASELOAD:

1.1. COUNSELLING:

The beneficiaries being the same as the previous season, had more intensified individual counselling sessions. This approach was prompted, after the realisation that some ex-beneficiaries had the tendency of going back into their old lifestyles, in spite of the success they were having in their income-generating activities. It was a clear indication that it was not enough to highlight the importance of learning a trade and be financially self-reliant, but

it was also necessary to probe more into how they perceived themselves, and the extent to which they were ready to relate with others once they had achieved their rehabilitation programmes. Coupled with the individual counselling, monthly gatherings were organized and held, during which topics of common interest were discussed to sensitize them on good moral values and ethics as well as to stimulate their capacity to take decisions based on a reflected judgment. These gatherings offered a forum through which good cohesion was created among the girls.



Positive cohesion among beneficiaries



Admin Assistant visits parents of beneficiary

We solicited the collaboration of parents and guardians by paying visits to some or inviting others to our premises to update them or discuss about their daughters. Where possible parents were encouraged to support their daughters with food and basic needs, and also take good care of the grand children so that their daughters could concentrate on their rehabilitation programmes.

While emphasis was made on the current beneficiaries of rehabilitation programmes, we continued to receive teenage mothers and young women sporadically for counselling.

1.2 REHABILITATION PROGRAMMES:

In the last reporting season 2014/2015, 6 new cases were approved for rehabilitation in Bamenda, bringing the total urban caseload to 20. At the end of that season, it was projected that the urban case load of 20 beneficiaries should be maintained. This would enable better monitoring, orientation and phasing out of the current group of beneficiaries during the forthcoming seasons 2015/2016 and 2016/2017. New cases will be reconsidered and confirmed for the 2017/2018 working season. An exception was made to 1 single teenage mother.

The present group in Bamenda, are progressing in their various rehabilitation programmes, and are partitioned as follows: 4 in small scale businesses, 7 in skills training, 4 in general school education and 3 in vocational institutions and 2 in Polytechnic.

At the beginning of the season, some of our protégés had to continue their rehabilitation programmes far from their homes. HOH rented an apartment where they could live and attend their training programmes. A young responsible woman was hired to live there and oversee the teenagers.

1.2.1 INCOME-GENERATING ACTIVITIES:

The 4 teen mothers in small scale businesses are improving with minimal financial support from Haven of Hope and benefited from basic business classes. 1 of them who was in vegetable business in Yaoundé decided to resume studies. She obtained a part time job with a financial company. Haven of Hope paid her school fees and purchased her school requirements while the minimal income earned covered her basic needs and those of her child.

1.2.2 SKILLS TRAINING:

1.2.2.1 Hair Dressing: 3 trained in hairdressing. 2 who completed the previous season decided to upgrade their skills because they were not satisfied with the skills acquired. They were assigned to train in a more advanced and better equipped salon with more options in hair dressing, beauty care and massage. The other one decided to resume studies in form 5 and wrote the GCE O/L examination in June 2016. Haven of Hope paid her school fees while she used acquired skills to earn enough money to cover her basic needs.

1.2.2.2 Decoration: 2 are in decoration. 1 completed her training last season and will be established by the end of 2016. The other is still in training and looks forward to graduating by July 2017.

1.2.2.3 Tailoring: 2 trained in tailoring. 1 finished training in June this year and received her certificate of capacity in a graduation ceremony. The organization has purchased a sewing machine and other necessary requirements to keep her busy. She will be established after a business training programme. The other 1 is the fortunate beneficiary who was exceptionally accepted to join the group this working season. Haven of Hope gave her capital as she is good in business and negotiated with the trainer to permit her to sell food items on Saturdays in order to earn money for her personal and her son's needs. Her tailoring training specializes on traditional and contemporary marking.



Kids Model - Designed by Milly-HOH Beneficiary

1.2.3 SECONDARY EDUCATION:

1.2.3.1. 3 in form 5 - 1 continuing student plus 2 who decided to resume studies after their 1st rehabilitation programmes. They wrote the GCE O/L examination in June 2016.

1.2.3.2 3 in Lower sixth - It should be recalled that last season 5 wrote the GCE O/L exams and 2 wrote the GCE A/L exams. All passed with good grades - a 100% record.

1.2.4 VOCATIONAL TRAINING:

1 trained as **a nursing assistant** graduated in December 2015 and is now seeking for a job. The other one went in for a 6 month's intensive training as **administrative assistant** and received her diploma in March 2016. The organization had previously sponsored her in secondary school where she passed in 7 GCE O'Level subjects and obtained her certificate last school year. 1 is a continuing student in **electrical engineering** the Government Technical High School in Bafut, after having obtained her CAP from another technical institution 2 years earlier. She sat for the "Probatoire" exams in May 2016.



Teens join to celebrate graduation of one of theirs as Nursing Assistant - HOH sponsored beneficiary

1.2.5 **POST SECONDARY/HIGHER EDUCATION:**

National Polytechnic Bamenda, We are impressed with the performances of the 2 beneficiaries who passed in their Advance level exams and were admitted into the National Polytechnic in the fall of 2015; 1 in journalism and the other in food and nutrition. Haven of Hope continues to sponsor them at this level of their education.



Student in Journalist



Student - Food Processing and Nutrition

1,2,6 Other Activities: Christmas/New Year celebration is organized yearly. During this occasion teen mothers are encouraged to exchange gifts among themselves. The organisation also presents special Christmas gifts to the beneficiaries. It is a time for celebration.



Christmas/New Year celebration - December 2016

In solidarity, and in order to encourage other of our protégées, we celebrate the successes of our beneficiaries together. During this period we celebrated the graduation of the student nurse in December 2015, and also of those in skills training who completed their programme in tailoring and hairdressing.



Graduation -
Hairdressing and
Tailoring -
August 2016





SUCCESSFUL STUDENTS IN GCE O AND A LEVELS AND ASPIRING MBORORO TEEN MOTHERS RECEIVE GIFTS DURING YEAR END PARTY.

2. RURAL CASELOAD - MBORORO/FULANI Teen Mothers and Young Adult Women:

2.1 FUNCTIONAL LITERACY

The Mbororo young women have demonstrated a keen interest and zeal in the functional literacy programme that was launched in January 2015, in the campus of Government Primary School Njong in the Santa Sub-Division of Mezam Division, North West Region, Cameroon, within the context of a capacity building project. This campus was approved by the Mayor of Santa Sub-Division in collaboration with the Inspectorate Of Basic Education.

The number of beneficiaries rose from 10 to 18 by the end of the reporting period.

It was initially planned that by the end of one year, that is in January 2016, they would have acquired enough basic knowledge in reading and mathematics which would have enabled them to undertake skills training in any income generating activities of their choice. However, it was later realized that the time frame was not sufficient to achieve the set goals. Therefore, at the start of this working season in September 2015, a brief meeting was held in the premises of Haven of Hope and it was unanimously agreed to extend the duration for literacy classes to 2 years. The report was presented to the Inspectorate for Basic education in Santa for his endorsement.

5 teenage girls of the pioneer group who had been identified to write the First School Leaving Exams in June 2016 will now do so in June 2017.

Haven of Hope, as part of its programme supplies the necessary didactic materials (pens, pencils, exercise books, textbooks, etc) to the learners. The teachers are also given all the necessary tools to prepare lessons for these keen learners.



In order to ensure the success of the literacy programme, 1 more teacher was recruited in May 2016 by the organization to reinforce the main facilitator. The literacy classes were then divided into two sections; those who

have acquired enough literacy knowledge to sit for the FSLC examination, and those who have a slower pace of learning.

In the course of one of our counselling and assessment mission, two of the beneficiaries confided that they were not regular for classes due to a lot of work at home. The Director visited their parents who gave their approval for their daughters to be lodged closer to the school. The rents are paid by the organisation.

Though this batch is due to end their literacy classes in January 2017, two are already involved in income generating activities of their choice.

2.2 INCOME GENERATING ACTIVITIES

After having observed the regularity with which one of the young women attended classes, in spite of her difficult life, Haven of Hope decided to assist her to start her own small restaurant. She had been working as a waitress for a wage of 10,000 Frs. a month to care for herself and her daughter. She is part of the pilot group. This motivated the Chief Executive Director to set up a petty restaurant for her in mile 12 Santa. In May 2016, Haven of Hope purchased items required to set up the business and handed them to her to start immediately. The organisation also settled rents for her business shed, sanitation and hygiene fees to Santa Council to avoid her financial stress. The organization carries out regular assessment to ensure that her financial and stock record books are properly recorded. She continues to participate in the functional literacy classes.



The other teen mother who is also of the pilot group is smart and discrete. When literacy classes were launched, she attended classes for a month and noticed how interesting the lessons were. She was excited and could not wait for two years to elapse before engaging in skills' training. She took the initiative to negotiate with the trainer to give her the opportunity to begin training on the bases that an organization called Haven of Hope will come to pay her training fee and purchase training requirements. The trainer was impressed and allowed her to start training in February 2015. In March 2016, the organization signed her apprenticeship agreement form. The organization looks forward to establishing her upon graduation in February 2018.

Regular visits are paid by the staff of Haven of Hope to monitor progress in literacy and income-generating activities.



2.3 OTHER ACTIVITIES

The Mbororo teenage girls and young women, under the auspices of Haven of Hope took part in the Youth Day celebrations on 11 February and the National Day on 20th May, by participating in the march pasts. Both the Inspectorate of Basic Education in Santa and the Sub-Delegate for Women's Empowerment and the Family, have commended the commitment of the staff of Haven of Hope and are confident that the Mbororo teenage girls and young adult women will have a better future.



The enthusiasm of the women have caught the attention of the Mbororo young men, who have expressed their joy and appreciation for the project. They also request that a similar project should be set up for the Mbororo men who have not had the opportunity to go to school..

Meetings have been carried out in Santa to sensitize teenage girls and young women on the availability of the functional literacy programme. Many have expressed their desire to join the programme. We are expecting that the next intake in January 2017 will increase the number of participants to more than 20 learners.

3. ADMINISTRATION: Our administrative expenses have been less than in previous years as we strive to negotiate better deals with our suppliers.. The use of solar panels to supply electricity also enables us to save a lot in this area. In comparison with other administrative expenses, vehicle may seem high, however, this is an area where we do everything to minimize, but standard expenses cannot be avoided, such as insurance and the cost of fuel. We applaud the driver for another accident-free year, and pray that divine protection continues to be in our favour.

4. HUMAN RESOURCES: The core staff of the organisation remains at two. Our team was reinforced by an American Peace Corps Volunteer who will be returning to her country shortly. Her presence has been beneficial to the organisation, as she contributed to the well-being of the teenage mothers through monthly gatherings where her presentations on moral and ethics were highly appreciated. The sound and constructive advice from the consultant in technical areas, enables us to take proper decisions in our assistance projects and improve our relations with government and NGO counterparts.

5. INFORMATION & COMMUNICATION: Our website, www.havenofhopetm.org and YOUTUBE Channel, Haven of Hope Cameroon, still remain the main means we use in updating the public on our activities. We hope to be able to use other forums of the internet to enhance our global outreach.

6. PUBLIC RELATIONS:

The organisation is increasingly affirming its presence in the community. In the course of the year we participated in several public celebrations which included the Youth Day - 11th February 2016, National day - 20th May 2016 in Santa, and Labour Day in Bamenda- 1st May 2016. The organisation was invited to participate in the International Women's Day on 8th March 2016 in Santa Sub-Division as a resource speaker for the occasion.



As is wont by us, the year ended by a public presentation on July 17 2016. (Watch the celebration our YouTube Channel Haven of Hope Cameroon - Title 2015-2016 YEAR END PARTY, By Haven of Hope Cameroon)



Beneficiaries open the ceremony with the Anthem of HOHCam



Mbororo beneficiaries present a dance number at the event



CED of HOHCam and Friend receive the A.D.O and Mayor (Bamenda 2 Sub-Division) as they arrive at the celebration of the 2015-2016 working season - Year End Party.

7. FUNDING: We are very grateful to our donors for their support. Membership contribution is still somehow timid, but that is because of the few members and category we have. We invite more good benefactors to subscribe for membership, and we continue to encourage our donors to support the work, as there are still so many people who are in need of our help and support, both in the urban areas and the rural areas.

8. PROJECTION FOR 2016-2017:

By the end of this working season, we concluded that the peculiarity of teenage mothers' situation, necessitated closer monitoring during their rehabilitation programmes and more regular individual and group counselling sessions. We will therefore continue to limit assistance in the urban area to the group of teenage mothers currently under our auspices, who are still pursuing their reintegration programmes, while leaving the door open for counselling to those teenage mothers who may need counselling and advice.

As for the functional literacy classes in favour of the Mbororo teenage girls and young adult women, as the season drew to its close, the conclusion was drawn that the time-frame of one year initially foreseen for the classes to prepare them to engage in skills training and other income-generating activities had to be extended to 2 years. Furthermore, during the forthcoming period, we envisage to increase our assistance in the Santa Sub-District. Skills training will be proposed to those who have acquired enough basic knowledge in literacy. We are also looking forward to exploring other areas where the Mbororos are settled, in view of setting up functional literacy

centres for their communities, in preparation of sponsoring them in skills training in various income generating activities.

9. **CONCLUSION:**

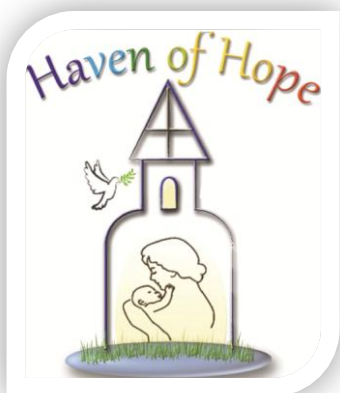
The challenges that face our communities today are varied and .complex. Our target groups of teen mothers and single adult young women, encompass women from various backgrounds. Together with other stakeholders our organisation is not only catering for the basic needs of teenage mothers, but we look beyond that. Our vision include addressing the specific needs of the indigenous population by targeting teenage mothers and single young women in the Mbororo community. We address the problem of strayed and abandoned children by emphasising to teen mothers and single young adult women, the importance of parenthood, and their intrinsic role as women in the community. We hope that our aspirations to improve the livelihood of our fellow human-beings through our projects, will inspire our readers, support us financially and in-kind so that we can help more vulnerable teenage mothers and expand capacity building to more girls and women in the Mbororo communities..



Beneficiaries of Haven of Hope - Mbororo Teen mothers and women at the Year End Party with staff of Haven of Hope and local authorities.

Approved by: **Gladys A. Ndong**
Founder/Chief Executive Director
Haven of Hope, Cameroon
September 2016

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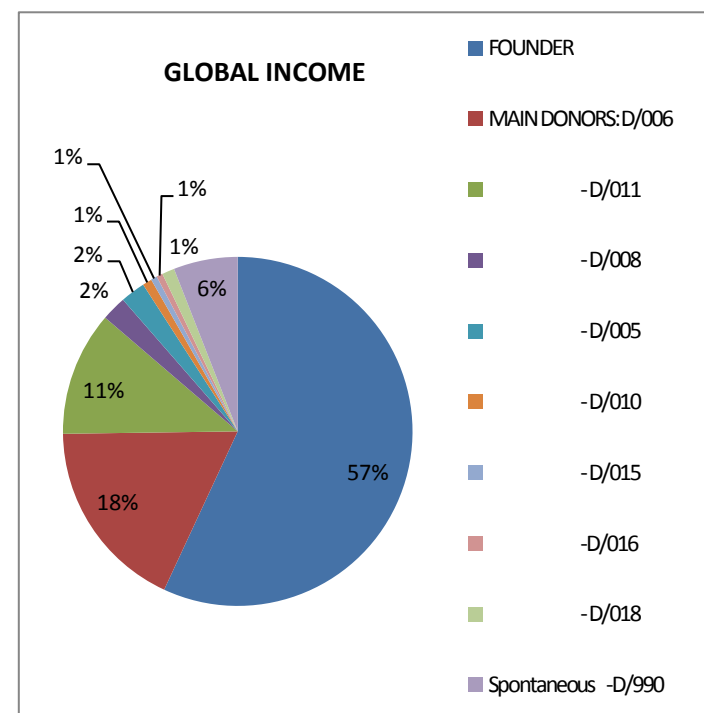
PART II - FINANCIAL

01 SEPTEMBER 2015 TO 31 JULY 2016

In XAF (CFA Frs.)

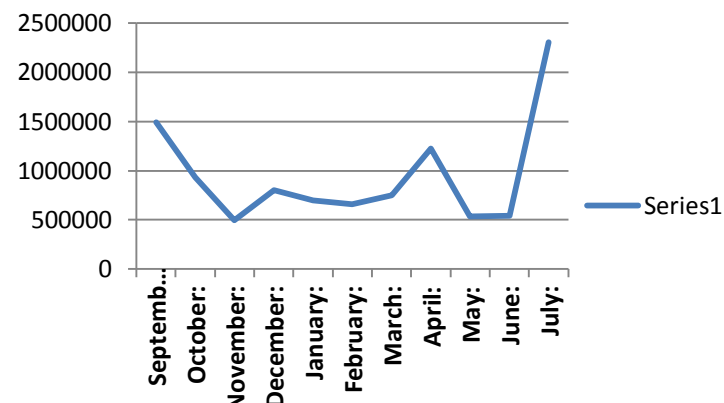
GLOBAL INCOME:

	<u>AMOUNT</u>	<u>Equiv. In Euros</u>
FOUNDER	6'491'394.00	9'896.17
MAIN DONORS: D/006	2'035'907.00	3'103.75
- D/011	1'311'912.00	2'000.02
- D/008	262'383.00	400.00
- D/005	262'383.00	400.00
- D/010	98'393.00	150.00
- D/015	65'595.00	100.00
-D/016	65'595.00	100.00
- D/018	131'191.00	200.00
Spontaneous -D/990	678'609.00	1'034.54
Balance @ 31/08/2015	284'394.00	433.56
TOTAL INCOME	11'687'756.00	17'818.06

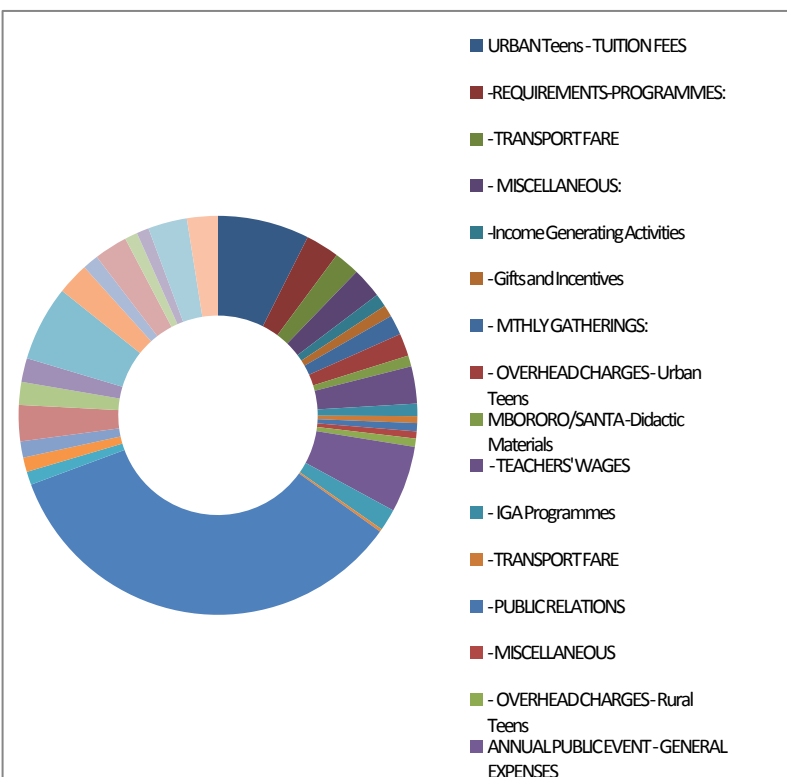


<u>MONTHLY EXPENDITURE</u>	<u>AMOUNT</u>	<u>Equiv. In Euros</u>
September:	1'491'040.00	2'273.10
October:	929'290.00	1'416.71
November:	496'111.00	756.32
December:	803'249.00	1'224.56
January:	695'506.00	1'060.30
February:	658'321.00	1'003.61
March:	752'671.00	1'147.45
April:	1'225'257.00	1'867.91
May:	537'364.00	819.21
June:	540'241.00	823.60
July:	2'309'325.00	3'520.58
Total	10'438'375.00	15'913.37
NET BALANCE @ 31 AUGUST 2015	1'249'381.00	1'904.69

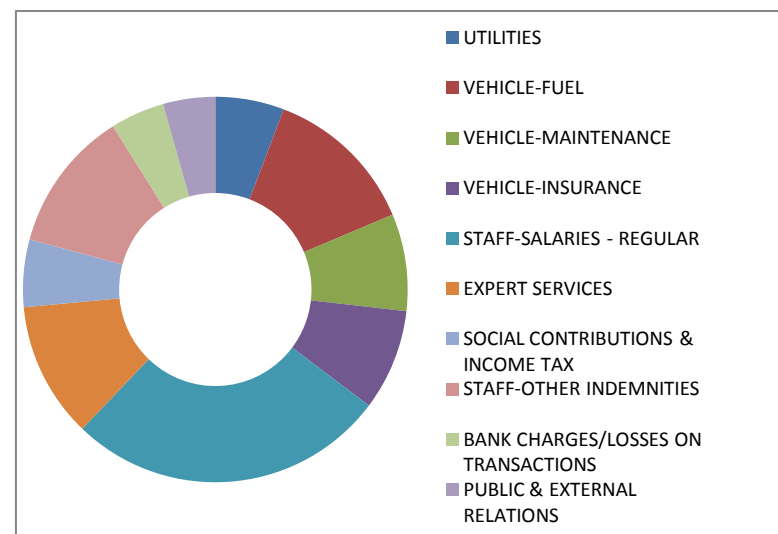
GLOBAL MONTHLY EXPENDITURE



<u>EXPENDITURE: BENEFICIARIES</u>	<u>AMOUNT</u>	<u>Equiv. In Euros</u>
URBAN Teens - TUITION FEES	1'290'500.00	1'967.38
-REQUIREMENTS-PROGRAMMES:	472'900.00	720.94
- TRANSPORT FARE	359'850.00	548.59
- MISCELLANEOUS:	428'500.00	653.25
-Income Generating Activities	186'000.00	283.56
- Gifts and Incentives	165'200.00	251.85
- MTHLY GATHERINGS:	280'900.00	428.23
- OVERHEAD CHARGES - Urban Teens	318'385.00	485.38
MBORORO/SANTA -Didactic Materials	154'100.00	234.93
- TEACHERS' WAGES	523'000.00	797.32
- IGA Programmes	174'400.00	265.87
- TRANSPORT FARE	97'200.00	148.18
- PUBLIC RELATIONS	115'600.00	176.23
- MISCELLANEOUS	100'500.00	153.21
- OVERHEAD CHARGES - Rural Teens	116'480.00	177.57
ANNUAL PUBLIC EVENT - GENERAL EXPENSES	933'950.00	1'423.81
ANNUAL PUBLIC EVENT - TV & RADIO	305'764.00	466.14
- SUPPLEMENTARY PROJECT	-39'250.00	-59.84
TOTAL BENEFICIARIES	5'983'979.00	9'122.61



EXPENDITURE: ADMINISTRATION & MANAGEMEN	AMOUNT	Equiv. In Euros
EXPENDABLE ITEMS	186'500.00	284.32
INFORMATION & COMMUNICATION	203'000.00	309.47
UTILITIES	228'226.00	347.93
VEHICLE-FUEL	508'350.00	774.98
VEHICLE-MAINTENANCE	322'000.00	490.89
VEHICLE-INSURANCE	335'595.00	511.62
STAFF-SALARIES - REGULAR	1'060'000.00	1'615.98
EXPERT SERVICES	450'000.00	686.03
SOCIAL CONTRIBUTIONS & INCOME TAX	223'818.00	341.21
STAFF-OTHER INDEMNITIES	470'000.00	716.52
BANK CHARGES/LOSSES ON TRANSACTIONS	178'972.00	272.84
PUBLIC & EXTERNAL RELATIONS	172'800.00	263.43
PROVISION	550'000.00	838.48
OVERHEAD CHARGES:	-434'865.00	-662.95
TOTAL - ADMIN & MANAGEMENT:	4'454'396.00	6'790.76



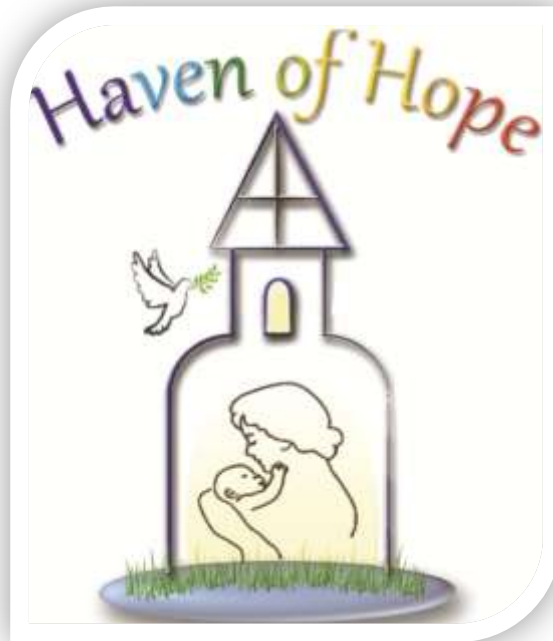
PROJECTION: 2016-2017

ADMINISTRATION & MANAGEMENT	AMOUNT	Equiv. In Euros
OFFICE VEHICLE	1'500'000.00	2'286.76
UTILITIES - OFFICE	400'000.00	609.80
HUMAN RESOURCES	2'439'536.00	3'719.09
PUBLIC & EXTERNAL RELATION	990'000.00	1'509.26
TOTAL:	5'329'536.00	8'124.91

<u>BENEFICIARIES- URBAN CASELOAD</u>	AMOUNT	Equiv. In Euros
TUITION AND RELATED EXPENSES	2'490'000.00	3'796.02
APPRENTICESHIP & IGA	1'800'000.00	2'744.11
PARTICIPATION IN PUBLIC EVENTS	1'550'000.00	2'362.98
MISCELLANEOUS NEEDS	600'000.00	914.70
OVERHEAD	673'000.00	1'025.99
TOTAL - URBAN :	7'113'000.00	10'843.81

<u>BENEFICIARIES - RURAL CASELOAD:</u>	AMOUNT	Equiv. In Euros
FUNCTIONAL LITERACY	1'474'000.00	2'247.12
APPRENTICESHIP	300'000.00	457.35
OTHER ACTIVITIES	520'000.00	792.74
OVERHEAD	294'000.00	448.20
TOTAL: RURAL	2'588'000.00	3'945.42
TOTAL EXPECTED EXPENDITURE 2016-2017:	15'030'536.00	22'914.15

Approved by: **Gladys A. Nding**
Chief Executive Director
September 2016



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