

HAVEN OF HOPE

PROJECT PROPOSAL



**REHABILITATION OF TEENAGE MOTHERS
IN URBAN CENTRES AND
CAPACITY BUILDING FOR
MBORORO/FULANI
TEENAGE MOTHERS IN THE
SANTA SUB-DISTRICT, N.W.R. CAMEROON
2016 – 2018**

By Gladys A. Ndong



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HAVEN OF HOPE

PROJECT PROPOSAL COUNSELLING AND REHABILITATION OF TEENAGE MOTHERS CAMEROON 2016-2018

**TARGET GROUPS: - MBORORO/FULANI TEENAGE GIRLS AND YOUNG WOMEN – CAPACITY BUILDING
- TEENAGE MOTHERS – URBAN CENTRES – COUNSELLING & REHABILITATION**

A. BACKGROUND – MOTIVATION, CONCEPT, RECENT ACHIEVEMENTS

- 1) **MOTIVATION**: As a young adult woman, I began to realise that the opportunity to access education was not naturally granted to everyone. Why should a young woman not go to school? The more it became evident to me that many girls were deprived of education, I reflected on what I could do to give them the opportunity to become literate. The big challenge was where could I start from? There are millions of women who have been deprived of education, and even so, millions of girls who are going through the same fate. This burden lingered within me for decades, as I ponder on where to begin. The choice of teenage mothers settled in me. Being a mother at this tender age, in this postmodern era can be very disconcerting, as life is becoming more and more complex; the young girl lacks experience and maturity to address these challenges, not only for herself, but worse with a child to take care of. The idea of drop outs from school because of pregnancy is even more disquieting; as these young girls see their dreams come to an abrupt end. The Foundation endeavours to give opportunities to teenage mothers who didn't have the opportunity to go to school to gain minimum basic literacy, while those who dropped out may resume their studies or learn a trade.
- 2) **CONCEPT**: In addressing the problems of teenage mothers, we bear in mind that we are dealing with young parents who may not realize the importance of their role as a parent, and the dual obligation to be able to take care of themselves and prepare their children for a good future. We also take into account the individual's background which includes family set up, educational background, environment and community, as well as the individual's perception of life and her expectations. Within this framework, through counselling sessions, we aim to bring the individual to gain consciousness of her individuality and her person. Our main objective is to help teenage mothers reconcile with themselves, gain self confidence, and take a conscious decision to be the masters of their lives, to make it a success, and become responsible for the well-being of their children. When a teenage mother, through counselling sessions comes to terms with herself, she is given the opportunity to decide on the course she will like her life to take; i.e. choose a rehabilitation programme that will lead her to financial self-sufficiency and constitute a foundation on which she could build her life. She is given the financial support, continuous counselling and coaching sessions, which will help her to forge her life in the direction she now deems best by undertaking the rehabilitation programme of her choice. At the same time, in order to galvanise the notion of self-sufficiency and empowerment, they are encouraged and coached to carry out small business activities that will enable them have enough money to meet their basic needs (pay rents, buy food, give some support for the upkeep of their children, and meet their own personal needs). As we strive to give these girls and young women a new opportunity and hope in life, we draw their parents and guardians into the picture, so that they too can assist within their means, generally by accepting to take care of the children while the girls take up rehabilitation programmes, supply food stuff or give moral support.



- 3) **RECENT ACHIEVEMENTS:** The Foundation went into life in January 2013, it was registered in the office of the Senior Divisional Officer of Mezam Division Cameroon under the law of Associations in January 2011.
- a) **Urban Caseload:** From the time it went operational until date, counselling is opened to teenage mothers and young women on an on-going basis. Not all who come for counselling are retained for rehabilitation programmes. We have received over 60 teenage mothers and young women for counselling in our office. Many who come for counselling find the way forward to their situations and do not need to continue with us. Others, after counselling have been granted the opportunity to choose a rehabilitation programme based on their choices and relevant to their natural inclinations. Thus since 2013, we have sponsored 30 girls in Bamenda and its immediate vicinities to undertake various programmes:

Activity	No.	Activity	No.
Small scale loans to start IGA	3	Tailoring	4
Financial incentives to boost IGA	6	Resumption of secondary education	7
Hair-dressing and beauty care	4	Vocational studies (post primary)	4
Decoration and tailoring:	2	TOTAL: 2013 to 2015:	30

By the end of 31st August 2015, we recorded the following :

ACTIVITY	No. Sponsored	Achieved	%	Comments
Income Generating Activities - Loan	3	2	66	1 has resumed secondary education while doing business.
Income Generating Activity – Incentive	6	6	100	Improving small scale business.
Hairdressing & Beauty Care	4	2	50	Training extended for 2, 1 resumes secondary education.
Decoration & Tailoring	2	1	50	Training extended for 1, Workshop set up for the other.
Tailoring	4	-	-	Training on-going – 2 dropouts
Vocational Training (Post Primary)	4	4	100	On-going to higher levels
Secondary Education (1 st Cycle)	5	5	100	3 successful in O-Level GCE exams, 2 promoted to form V
Secondary Education (2 nd Cycle)	2	2	100	Advanced Level GCE Exams, To continue in Polytechnic (Diploma)

Notably are 2 teenage mothers who succeeded in their reintegration programmes (1 in vegetable business and the other in hairdressing) who have decided to resume their secondary education by attending evening classes, while using their acquired skills to earn their living.

- b) **Community Based (Rural Areas) :** In the course of our campaign in the suburbs, we encountered the situation of rural girls who were not only illiterate, but also had little exposure to what was happening beyond the borders of their communities. This was the case of the MBORORO/FULANI community in the Santa Sub-District of the North West Region of Cameroon. To this effect a capacity building project for the community was conceived, which started with a functional literacy education programme since January 2015 with 10 Fulani girls of which 8 are mothers, who had not been to school before or had minimal elementary education. At this point the 10 Fulani teenage girls are acquiring basic functional literacy education which will enable them learn a trade of their choice from January 2016. Three of them will be taking the First School Leaving Certificate Exams in June 2016. This caseload is fully sponsored by Haven of Hope, who pays monthly wages to the teachers.

Our intervention in the MBORORO/FULANI community has awakened their consciousness to the fact that they are lagging behind the other communities, and there is a strong demand from the



girls and women to start a formal adult literacy programme from January 2016. At the close of our annual cycle, we had 30 Mbororo teenagers and young women on the waiting list who desire to take part in the next session of adult literacy classes.

As a result of the positive impact the literacy programme is having on the teenage mothers, there is a general demand from the community leaders to extend the programme to the boys and men as well. MBOSCUDA, the Mbororo cultural association advocating for the rights and development of the Mbororo people in Cameroon has agreed to look into this matter, bearing in mind that Haven of Hope's target group is teenage mothers and young adult women.

B. MAJOR ACTIVITIES PER CASELOAD TYPE ENVISAGED FOR THE NEXT 3 YEARS:

For the time being the caseload we assist has been divided into 3 sub-groups namely: Urban Caseload, Community Based (Mbororo/Fulani) and Special Cases.

1) **URBAN CASELOAD:** Urban caseload refers to individual teenage single mothers who live in urban areas, or have resettled in the city in order to benefit of a rehabilitation programme in the urban centre.

a) **Counselling sessions** are dispensed to teenage mothers, young adult women, and teenage girls irrespective of their status, free of charge. Preliminary sessions determine the type of assistance that could be given to the person. It could lead to the recommendation and or approval of a single teenage mother to subscribe for a rehabilitation programme of her choice or adapted to her peculiar situation. Others may benefit only from the counselling sessions, during which they may gain insight of the cause of their problems, thus getting the solution. Others, especially the women may be recommended to other NGO's who are specialized in this area, while some may realize that the organization does not or cannot meet their expectations. Notwithstanding, attention is given to any female who requests for counselling with us. In addition to individual counselling, monthly group counselling sessions are held with our beneficiaries. During these interactive sessions, selected topics related to community life, common challenges in everyday life and expectations of future challenges are discussed.

b) **Rehabilitation programmes:** As of date, we have been assisting teenage mothers in the city of Bamenda and the sub-divisions of its immediate vicinity i.e.; Tubah, Bafut and Santa.

There are currently 16 teenage mothers who are being sponsored in various institutions, notably;

PROGRAMME	No. of Teens
Hairdressing and Beauty Care	2
Tailoring	2
Decoration	1
Secondary School – Form 5	3
Secondary School – Lower 6 (2 nd Cycle)	3
Vocational Training – Nursing (Till December 15)	1
Higher Technical Sec. School, Electrical Engineering	1
Professional Training (Admin. Assist)	1
Polytechnic (Diploma/Degree Programme)	2

While these constitute on-going students, we intend to increase the number in the course of the year depending on the availability of funds.

Our goal is to sponsor 20 to 25 teenage mothers during a working season (September to August of the following year).

c) **Free-Interest Loan Scheme:** Our goal is not only to sponsor teenage mothers to acquire skills, but also to give them the financial and material support necessary to start their own income-generating activities, or intervene on their behalf for employment at the end of their programme.

With regard to those who are to start their income-generating activities, a three-day basic business training course is given to them, in collaboration with CCEMMED – African Dream, after which they can receive a free-interest loan, reimbursable at a commonly-agreed pace, which will not exert pressure on the borrower.



- d) **Monitoring after integration:** As teenage mothers and young women integrate into active life, they are monitored for a certain period, to ascertain the sustainability of their business activities, and their successful integration into community and social life. Corrective measures are taken and they also receive counselling as they face new and challenging situations.

2) **COMMUNITY BASED ASSISTANCE – CAPACITY BUILDING - THE MBORORO/FULANI OF SANTA.**

The plight of teenage mothers has unfortunately permeated into rural communities, as the traditional set up of these communities has actually fallen apart. Our investigations concerning the rural communities have met with a general outcry for fast intervention. The case of the Mbororo teenage mothers in the Santa Sub-Division is a typical example. While it can be understood that the Mbororo community has been uprooted from their ancestral lifestyle from nomadic to sedentary, the other communities are faced with the challenges of the breakup of family structures, the outflow to urban centres, incompatibility of proposed modern lifestyle with the realities in the villages, etc. Teen pregnancies and early mother-hood out of wedlock is fast becoming endemic in the rural communities! If this situation is not addressed specifically, the long term consequences in these areas, with their rippling effects to the rest of the nation cannot be imagined.

The target group of Haven of Hope is teenage mothers. Our aim is to give them the chance to learn skills that will bring them to self-sufficiency through income-generating activities, or pursue studies to achieve higher professional goals. While this may be a straight forward approach in urban centres, it cannot be applied in the rural communities, as they are generally ignorant of the realities of the contemporary society and the expectations these impose on the individual.

In view of the aforementioned, Haven of Hope has since 2013 taken a close interest in the Mbororo community, and the status of women among them. Since our concern is the well-being of teenage mothers, we have chosen to focus our attention on this segment of the community.

As per the tradition, Fulani girls get married at a tender age. Illiteracy is very high; although there have been attempts by many NGOs particularly MBOSCUA and the government in the past to encourage them to send their children to school, the response has been very low. Where some effort was made to send the children to school, most did not complete the elementary level. Our findings revealed that the illiteracy rate in the Mbororo Community of Santa was quite high, irrespective of the gender; the female population being even more affected.

Why is there a growing problem of single teenage mothers among the Mbororo community? As explained above, inter alia, the main reasons are: the imposition on this tribal group to become sedentary, contrary to their cultural heritage of living a nomadic lifestyle; the geopolitical boundaries demand that one must have a definite nationality; increasing population reduces grazing or pastoral lands thus creating more and more clashes between the sedentary population and the nomads; increasing population among the Fulani people in the constantly diminishing grazing land within restricted political boundaries, reduces the number of cattle to be shared within family heirs; non nomadic populations are increasingly interested in cattle husbandry, thus buying off the cattle from the Fulani people resulting in them being dispossessed even further of their cultural heritage. All these factors, and more, taken into account, destabilize the traditional set up of the Mbororo people, thus making it difficult for the men to meet up with their family obligations, which has resulted in an increasing number of teenage girls and young women being left alone to care for their children.

We observed that as a result of this fast changing environment, the younger men, who have no cattle or do so in smaller numbers than before, have to look for jobs in the towns and cities. The income is hardly enough to cope with the family obligations, not to talk about the basic needs of the women. Many of these young men who now find themselves in a tight situation, just abandon the home and go somewhere else at times, without leaving a trail. Within this context, the women who have been totally dependent on the men to provide for them find themselves in a state of disarray. At least it was in this state that we were confronted with the Mbororo teen mothers of Santa. Of course, teen mothers are not the only ones facing this situation; many women of the younger generation find themselves alone, having to improvise ways in which they could provide for their children and meet up with their most basic needs. How can single illiterate women face the complex situations in a post-modern society which they have not been prepared to live in?



It is in this state of helplessness that a few Mbororo teenage mothers approached Haven of Hope in 2013, with the hope that the Foundation will be able to help them get through the challenges they are experiencing. **To this end, a special programme was conceived to curtail the propagation of teen pregnancies, early marriages and increasing poverty within the Mbororo/Fulani community of Santa, and to facilitate their integration into the mainstream society.**

2.1) CONCEPT FOR THE CAPACITY BUILDING PROJECT - FULANI TEENAGE GIRLS OF SANTA

The Project for this community has been structured as a **multi-year capacity building project**. We intend to use the Santa experience as a gateway to other Mbororo Communities in the North West Region of Cameroon, who are still caught up in their fading traditional culture. Haven of Hope Cameroon will be working in close collaboration with MBOSCUA (Mbororo Social and Cultural Development Association).

a) Phase 1: Functional Literacy for Teenage Girls and Young Adult Women:

During the pilot year, 10 teenage girls have been receiving functional literacy education. The impact on the community has been a strong demand from the women to be given the possibility to also acquire knowledge in functional literacy. While we will continue with the pilot group, we want to launch a full scale programme for the Mbororo community in Santa to facilitate their integration into the general population of Cameroon. As experienced with the pilot group, a two-year period is needed to bring to a level that will enable them use the acquired knowledge successfully in real life situations.

Prior to registering the girls and women for the literacy programme, they will be assessed to know their motivation to participate in the functional literacy classes. During the period of their learning, they will receive counselling adapted to their level of understanding. This is to ensure that as their minds broaden, they are properly instructed to have a proper appreciation of themselves and their environment - both in their community and the other communities.

The functional literacy programme will be opened to all teenage girls in the Mbororo community of the Santa Sub-Division who did not attend or complete elementary education. This means from age 12 onward.

b) **Phase 2: Post Functional Literacy:** By the time they have finished the first year of their functional literacy programme, we begin to assess their intentions after acquiring basic literacy. Our goal is to empower the female population as soon as possible to be financially self-sufficient. We guide them generally to acquire skills in income-generating activities. On the other hand, those who demonstrate a higher intellectual capacity will be encouraged to sit for the First School Leaving Certificate exams. Among these, some will be encouraged to pursue further studies in post primary institutions. To facilitate their choices, a presentation will be made by a representative from the National Employment Fund and the Divisional Delegation for Women's Empowerment and the Family on the possibilities that are available.

- i. **Income-generating Activities:** A general assessment among the teenage girls indicates that most of them are more inclined to tailoring. However, we will make a list of various trades that are easily accessible to those who have basic literacy knowledge and propose them to the teenage girls. This is to diversify basic income generating activities among the Mbororo community. At this point we have identified some of these IGAs: tailoring, hairdressing, decoration, petty restaurant, small scale trade (provision store). Furthermore, we are also reflecting on the possibility of introducing dairy processing in the community, in view of the fact that they have cattle which could be used for this purpose.
- ii. **Vocational Training:** Post primary vocational training in recommended institutions will be proposed to teenage girls and young adult women who have demonstrated the capacity to study at this level. These institutions propose a variety of skills training of which the most popular are: nursing, industrial tailoring, cookery, catering, restaurant services, farming & gardening, animal husbandry, poultry rearing, food processing, etc. The decision of which training programme to place the beneficiary on will be based on her choice which will be taken based on the explanations she has received. The duration of any of the training will be between 1 and 3 years depending on the institution's training programme.
- iii. **Standard Secondary Education:** With regard to those of the younger age group, from 12 to 14 years (with or without children), they will be encouraged to pursue secondary education. They will be recommended to integrate standard educational system. Those above 15 (with or without children) who have demonstrated the capacity to study further will be registered for evening classes, to prepare them for the G.C.E. Ordinary level certificate exams and equivalent.



c) **Phase 3: Post Secondary Education:** As the female group acquires more skills and knowledge, some will become more ambitious and their vision range will become broader and farther. We hope to partner with other stakeholders (individuals or groups) who will be willing and ready to sponsor them at the post secondary level which include studies in Polytechnics, University and Higher Vocational and Professional Education. Those at this level will be more mature, will have attained academic levels that will enable them face more intellectual challenges and take more decisive roles and positions in the society.

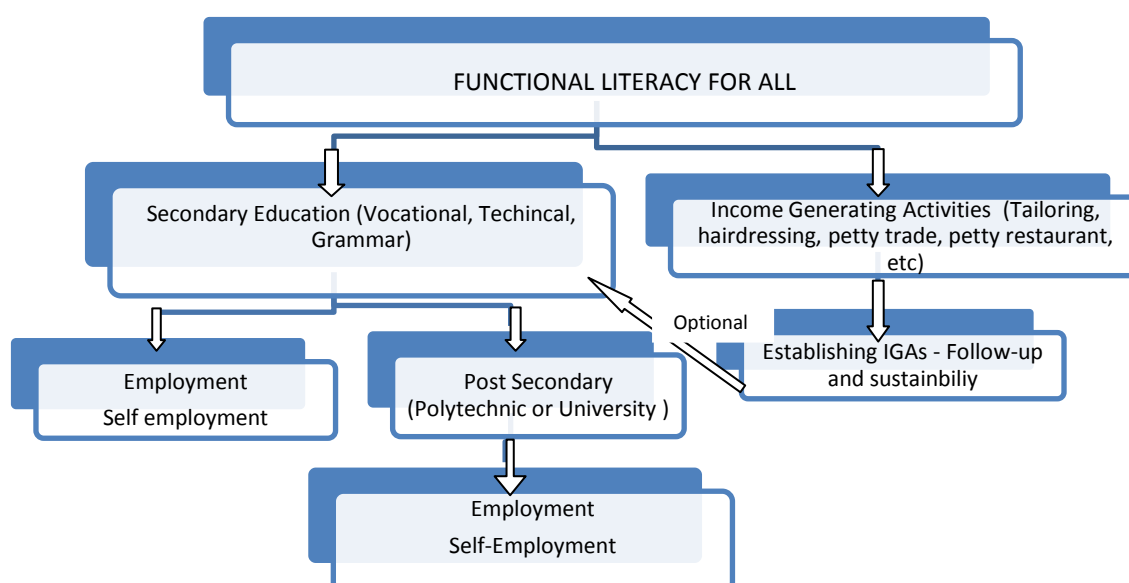
d) **Other Activities:** As we step into this community to encourage the women to become proactive not only within their community, but also to be able to integrate and interact with other communities, we reckoned that it was also necessary to come up with a strategy to maintain a balance between the genders, in order not to fracture the relationship between male and female. To this end, through discussions with MBOSCUA, an adult literacy programme for men, and older women, will be set up in the near future. While this will be on-going, together with other actors in the field, joint sessions to sensitize the population on selected subjects will be organized. Focus will be on family planning, sex education, education for children, sexually transmitted diseases, and other topics as may be requested by the target population.

e) **Profile of New Caseload for 2016:**

In addition to the 10 teenage mothers that constitute the pilot group, 28 teenagers and young women will begin functional literacy from January 2016. The profile of this group is thus:

STATUS	No.	Age range	No. of Children
Single teen mothers	6	13 to 16	1 or 2
Married teen mother	1	15	2
Unmarried teen girls	8	13 to 15	0
Single adult mothers	3	23 to 28	3 to 4
Adult Moms married	3	20 to 25	4, 6, 8
Adult moms separated	4	25 to 28	5 to 8
Adult separated woman	1	29	0
Widows	2	28 and 30	6 and 9

**CAPACITY BUILDING PROJECT FOR
MBORORO GIRLS AND YOUNG ADULT FEMALES
SANTA SUB-DIVISION, N.W.R., CAMEROON**





3. SPECIAL CASES:

While we have been able to identify the two groups above, we realized that there is a certain category of teenage mothers whose attention we cannot ignore. These are single teenage mothers who have more than one child at a young age. They do not often have someone who can help them with their little children so that they can undertake a specific rehabilitation programme. They may be engaged in petty business which can barely generate enough money to meet up with their basic needs. Due to this dire state, without the help of Haven of Hope, they can easily fall prey to anyone who proposes sex against money, which could lead to another pregnancy or contracting a STD. This group of girls receive counselling regularly, especially to stress on the importance of family planning, not to fall in the trap again due to financial hardship. They are given some financial assistance which helps them make ends meet, and are encouraged to be patient for their youngest child to start nursery school (age 3), when they too will be able to engage into a rehabilitation programme sponsored by Haven of Hope. At this point, they integrate the standard programme, while continuing with a small income generating activity that helps them pay their rents and cope with basic needs.

C. APPEAL FOR FUNDS:

1. **Current Sources of Funding:** During these initial 3 years of operation, our sources of funding have been as indicated below:

YEAR:	2013	%	2014	%	2015 (@ 31 st August)	%
TOTAL DONATIONS:	€17,753	100	€12,824	100	€11,211	100
Founder	7,930	44.8	5,358	41.8	7,191	64.0
Trustees	5'164	29.0	4,153	32.4	3,131	28.0
Members	3'202	18.0	1,693	13.2	452	4.0
Sympathisers	1,457	8.2	1,620	12.6	438	4.0

So far, the contributions and donations have been sufficient to meet with our planned budget.

The success the assistance project is having both on the urban and rural caseloads have been very significant, and have been applauded by the parents and guardians, local government authorities, local NGO partners and others. This has attracted a great number of potential beneficiaries from both the urban and rural caseloads, who are on our waiting lists, pending the availability of funds.

2. Appeal for Public Funding and from Stakeholders

(a) THE MBORORO/FULANI CASELOAD

This is particularly crucial for the MBORORO/Fulani caseload that requires substantial funding to lift up the community. The assistance for this caseload is such that we cannot be selective to focus only on the teen mothers. As indicated, the rate of teen pregnancy in this community is quite high, as traditionally, the girls are given into marriage at a tender age. This being the custom, the problem currently faced is that, many of these marriages among the youth do not last long, because the young men may not be able to cope with the family responsibilities, which cause them to abandon the home and go somewhere else. The young mothers find themselves alone with their children, some have to return to their parents' home while others may be stranded in the village community while struggling to raise her children with meagre or no means. In other circumstances, they are forced to get married to old men in polygamous homes, without a real solution, as even in this case, they have to fend for themselves and their children. In order to encourage teenage girls to be patient and not precipitate into marriage, it is important that literacy apprenticeship is opened to all grown up girls who have not been to school from age 12 and above, irrespective of the fact that they may be mothers or not. We also reckon that those above teenage, who are already married but are in a dire financial situation, should also be considered for literacy and small scale income generating activity. A positive respond to our appeal for funds, either as a subsidy or donation will enable us to address the situation of the Mbororo community more efficiently and bring a long term solution to this community.



(b) **THE URBAN CASELOAD:**

In order to boost up our efforts to alleviate the plight of the teen mothers in urban centres, we want to be able to maintain a regular active caseload between 20 and 25 yearly. Among this number, we hope to graduate (settle) between 5 and 10 girls each year. Our current caseload consists of 16 active teenage mothers in various rehabilitation programmes. Our appeal is addressed particularly for those who are excelling and have demonstrated the desire to continue post secondary education either in professional institutions (Polytechnics) or university studies followed by a specialisation. In view of the fact that at this level most of the girls would be in their early twenties, have to start living on their own as these institutions are away from home, the financial implications are far beyond our regular sources of income. That is why we are appealing for funds and looking for sponsors who can accept to fund this segment of the rehabilitation programme. We would like to underline the fact that in view of gender equality and the promotion of the woman in Cameroon, it is very encouraging to see some of the girls pick up and extend their vision beyond what they had initially chosen. For the current year two girls are going into higher education for journalism and food processing. In the forthcoming years, we are sure that we will be having an increasing number of teenage mothers aspiring for higher education.

With regard to the number of teenage mothers in the urban areas sponsored during the current year, we had to turn down requests, due to limited funds. Therefore, we are hoping to be able to raise funds that will enable us to sponsor up to the targeted number of 25 girls a year, and also to be able to facilitate the integration of those who are ready to start up their own income-generating activities.

D. SUSTAINABILITY: The long term vision of Haven of Hope is to see the multiplication of the organisation and the spread of its vision across the board. For this to succeed, we intend to give on the job training to more workers who will replicate the vision. In view of our limited numbers, support from other sources will help us realise this dream. Furthermore, as we give opportunities for those who were marginalised to emerge and become successful citizens, we hope that they will become potential donors to keep the vision alive, or, at least be ambassadors who will uphold and promulgate the vision in one way or the other. Our collaboration with the government, local and international NGOs enable us to improve on our performance as we make adjustments to be able to streamline our activities and make them more effective for the caseloads we assist. Apart from relying on the financial support of other stakeholders, we are endeavouring to develop agriculture of which the profits will be used to support the project. Likewise there are the prospects to develop available land for projects that will help to finance the rehabilitation of teenage mothers, and promote community based projects.

E. CONCLUSION: In light with the move to educate the girl child, empower women and strive for a society of justice, peace and equal opportunities to all to attain one's dreams and potentials, Haven of Hope, through our projects, endeavour to contribute to the achievement of these goals. The co-founders have committed to contribute by offering their services free of charge, and ensure a steady financial contribution to the Foundation. We are conscious of the magnitude of what needs to be done to alleviate the plight of the vulnerable, even within this category, but we believe that each day brings relief to someone, which makes a difference not only to that person's life, but also to those who are directly connected to her, and thus extending beyond boundaries we cannot define. This conviction motivates us to continue with this service to our communities and our society; thus we gladly welcome others who desire to extend a helping hand to someone, to join the team as convenient. We are committed to be the reliable channel through which the vulnerable and disenfranchised could be reached and be uplifted.

Prepared by:

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Attached BUDGETS:

2016 TO 2018:		≈ Euros	XAF
ANNEX 1:	2016	15'189.34	9'963'450.00
ANNEX 2:	2017	19'232.79	12'615'750.00
ANNEX 3:	2018	21'409.79	14'043'750.00
TOTAL: 2016-2018		55'831.92	36'622'950.00



HAVEN OF HOPE

BUDGET

COUNSELLING, REHABILITATION AND CAPACITY BUILDING OF TEENAGE MOTHERS CAMEROON 2015-2016

ITEM	DESCRIPTION	UNIT	COST/UNIT	DURATION	AMOUNT
	<u>URBAN CASELOAD</u>				
TUITION FEES	SECONDARY-GENERAL EDUC-TUITION, REG°, EXAM	5	70'000.00	9 MTHS	350'000.00
TUITION FEES	VOCATIONAL/PROFESSIONAL-TUITION, REG°, EXAM	4	120'000.00	9 MTHS	480'000.00
TUITION FEES	APPRENTICESHIP-TUITION, REG°, EXAM	5	120'000.00	12 MTHS	600'000.00
REQUIREMENTS	SECONDARY GEN EDUC:BOOKS, UNIFORMS, TOOLS, ETC	5	60'000.00		300'000.00
REQUIREMENTS	VOCATIONAL/PROF:BOOKS, UNIFORMS TOOLS, ETC	4	80'000.00		320'000.00
REQUIREMENTS	APPRENTICESHIP-BOOKS, TOOLS, ETC.	5	60'000.00	12 MTHS	300'000.00
MISCELLANEOUS- REHAB	FIELD TRIPS, RESEARCH, INTERNSHIP, RELATED ACTIVITIES	1			180'000.00
TRANSPORT FARE	REGULAR ACTIVITIES	1			380'000.00
LOAN SCHEME	LOANS GIVEN TO TEENS FOR IGAS	1			360'000.00
BUSINESS TRAINING	PREPARATION FOR IGAS-RELATED EXPENSES	1			200'000.00
GIFTS	GIFTS, AWARDS, AND INCENTIVES TO TEENS.	1			220'000.00
GATHERINGS	Monthly meetings - snacks & drinks, etc	15			150'000.00
MISCELLANEOUS-NON REHAB	EMERGENCIES: MEDICAL CARE, RENTS, FOOD, ETC	1			120'000.00
IGA SUPPORT	AID TO CONSOLIDATE IGA ACTIVITIES	1			90'000.00
TUITION FEES	POST SECONDARY EDUCATION	2			400'000.00
REQUIREMENTS	POST SECONDARY EDUCATION	2			200'000.00
INCENTIVES	Mobilisation of teen mothers by local volunteers				180'000.00
UNIFORMS/BADGES	PUBLIC EVENTS (Womens Day, Y/END PARTY, Labour day)	30	8'000.00		320'000.00

ITEM	DESCRIPTION	UNIT	COST/UNIT	DURATION	AMOUNT
	URBAN CASELOAD – (Cont'd)				
LODGING	Renting apartment for Teens				420'000.00
RENTAL	HALL FOR PUBLIC EVENTS (YEP, LABOUR DAY, ETC)	2			150'000.00
GIFTS-NON TEENS	Gifts to local authorities and NGO Partners	1			120'000.00
	New teenage mothers during course of year				360'000.00
ENTERTAINMENT	PUBLIC PRESENTATIONS (YEP, CERTIFICATE AWARDS, ETC)				800'000.00
	SUB-TOTAL : URBAN CASELOAD:				7'000'000.00
OVERHEAD 5%					350'000.00
	TOTAL : URBAN CASELOAD:				7'350'000.00
	<u>SPECIAL CASES -</u>				
ITEM	DESCRIPTION	UNIT	COST/UNIT	DURATION	AMOUNT
TRANSPORT ALLOWANCE					60'000.00
SUPPLY CLOTHINGS					30'000.00
FEEDING ALLOWANCE		3	36'000.00	1	108'000.00
MEDICAL CARE					60'000.00
OTHER SPECIAL NEEDS					90'000.00
HOUSING ALLOWANCE		2	3'000.00	1	72'000.00
	TOTAL : SPECIAL CASES				420'000.00
	<u>SANTA - MBORORO TEEN MOTHERS - CAPACITY BUILDING:</u>				
ITEM	DESCRIPTION	UNIT	COST/UNIT	DURATION	AMOUNT
TUITION	Candidates for FSLC - Registration Fee	5	6'000.00	5	30'000.00
TUITION	Apprenticeship training	5	3'000.00	12 MTHS	180'000.00
REQUIREMENTS	Candidates for FSLC - Birth Certificate, and formalities	5	18'000.00	1	90'000.00
REQUIREMENTS	2nd year students - Didactic materials, Uniforms, etc	10	12'000.00		120'000.00
REQUIREMENTS	1st year students - Didactic materials, Uniforms, etc	28	8'000.00	12 MTHS	224'000.00
REQUIREMENTS	Apprenticeship training	5	12'000.00		60'000.00
TRANSPORT	Taxi fare to attend classes	1	10'000.00	12MTHS	180'000.00
TRANSPORT	Special Events (YEP, Labour Day, Women's Day, etc)				120'000.00
AWARDS/INCENTIVE	Awards to encourage beneficiaries				45'000.00

ITEM	DESCRIPTION	UNIT	COST/UNIT	DURATION	AMOUNT
	<u>SANTA – MBORORO (Cont'd)</u>				
MEETINGS	Snacks, Drinks, related expenses	1	20'000.00	1 * 4 x	80'000.00
MISCELLANEOUS	Medical and non-mandated interventions				60'000.00
ALLOWANCE	Monthly allowance - Head Teacher - Adult Literacy Classes	1	30'000.00	12 MTHS	360'000.00
ALLOWANCE	Monthly allowance - Teacher - Adult Literacy Classes	1	20'000.00	12 MTHS	240'000.00
INCENTIVE	Mobilization - sensitization of girls & women	3	10'000.00	3*	90'000.00
COMMUNICATION	Communication allowance (Mobile phone credits)	1	5'000.00	12	60'000.00
MONITORING	Fuel for mission to Santa	1	10'000.00	1*9/mths	90'000.00
GIFTS/GRATUITIES	Local Authorities & Partners		Lumpsum		60'000.00
	SUB-TOTAL : SANTA-MBORORO CAPACITY BUILDING				2'089'000.00
OVERHEAD: 5%					104'450.00
	TOTAL: SANTA-MBORORO CAPACITY BUILDING				2'193'450.00
OVERALL TOTAL: 1 + 2 + 3:					9'963'450.00

EXCHANGE RATE: €1.00 ± XAF 655.95

= Euros

15'189.34



HAVEN OF HOPE

BUDGET

COUNSELLING, REHABILITATION AND CAPACITY BUILDING OF TEENAGE MOTHERS CAMEROON 2016-2017

ITEM	DESCRIPTION	UNIT	COST/UNIT	DURATION	AMOUNT
	<u>URBAN CASELOAD</u>				
TUITION FEES	SECONDARY-GENERAL EDUC-TUITION, REG°, EXAM	8	80'000.00	9 MTHS	640'000.00
TUITION FEES	VOCATIONAL/PROFESSIONAL-TUITION, REG°, EXAM	4	90'000.00	9 MTHS	360'000.00
TUITION FEES	APPRENTICESHIP-TUITION, REG°, EXAM	6	120'000.00	12 MTHS	720'000.00
REQUIREMENTS	SECONDARY GEN EDUC:BOOKS, UNIFORMS, TOOLS, ETC	8	60'000.00		480'000.00
REQUIREMENTS	VOCATIONAL/PROF:BOOKS, UNIFORMS TOOLS, ETC	4	80'000.00		320'000.00
REQUIREMENTS	APPRENTICESHIP-BOOKS, TOOLS, ETC.	6	60'000.00	12 MTHS	360'000.00
MISCELLANEOUS- REHAB	FIELD TRIPS, RESEARCH, INTERNSHIP, RELATED ACTIVITIES	1			240'000.00
TRANSPORT FARE	REGULAR ACTIVITIES	1			360'000.00
TRANSPORT FARE	MONTHLY GATHERINGS	20	2'000.00	10*	400'000.00
LOAN SCHEME	LOANS GIVEN TO TEENS FOR IGAS	1			420'000.00
BUSINESS TRAINING	PREPARATION FOR IGAS-RELATED EXPENSES	1			200'000.00
GIFTS	GIFTS, AWARDS, AND INCENTIVES TO TEENS.	1			220'000.00
GATHERINGS	Monthly meetings - snacks & drinks, etc	1	15'000.00	10*	150'000.00
MISCELLANEOUS-NON REHAB	EMERGENCIES: MEDICAL CARE, RENTS, FOOD, ETC	1			120'000.00
IGA SUPPORT	AID TO CONSOLIDATE IGA ACTIVITIES	1			150'000.00
TUITION FEES	POST SECONDARY EDUCATION	2			400'000.00

ITEM	DESCRIPTION	UNIT	COST/UNIT	DURATION	AMOUNT
	URBAN CASELOAD - pg.2				
REQUIREMENTS	POST SECONDARY EDUCATION	2			200'000.00
INCENTIVES	Mobilisation of teen mothers by local volunteers				180'000.00
LODGING	Renting apartment for Teens				420'000.00
UNIFORMS/BADGES	PUBLIC EVENTS (Womens Day, Y/END PARTY, Labour day)	30	5'000.00		150'000.00
RENTAL	HALL FOR PUBLIC EVENTS (YEP, LABOUR DAY, ETC)	2			150'000.00
GIFTS-NON TEENS	Gifts to local authorities and NGO Partners	1			120'000.00
COUNSELLING ONLY	New teenage mothers during course of year				180'000.00
ENTERTAINMENT	PUBLIC PRESENTATIONS (YEP, CERTIFICATE AWARDS, ETC)				800'000.00
	SUB-TOTAL : URBAN CASELOAD:				7'740'000.00
OVERHEAD 5%					387'000.00
	TOTAL : URBAN CASELOAD:				8'127'000.00
	<u>SPECIAL CASES -</u>				
ITEM	DESCRIPTION	UNIT	COST/UNIT	DURATION	AMOUNT
TRANSPORT ALLOWANCE					60'000.00
SUPPLY CLOTHINGS					30'000.00
FEEDING ALLOWANCE		3	36'000.00	1	108'000.00
MEDICAL CARE					60'000.00
OTHER SPECIAL NEEDS					90'000.00
HOUSING ALLOWANCE		2	3'000.00	1	72'000.00
	TOTAL : SPECIAL CASES				420'000.00
	<u>SANTA - MBORORO TEEN MOTHERS - CAPACITY BUILDING</u>				
ITEM	DESCRIPTION	UNIT	COST/UNIT	DURATION	AMOUNT
TUITION	Candidates for FSLC - Registration Fee	13	6'000.00	5	78'000.00
TUITION	Apprenticeship training	15	3'000.00	12 MTHS	540'000.00
TUITION	Vocational Institutions	2	80'000.00		160'000.00
TUITION	Secondary school	2	80'000.00		160'000.00

ITEM	DESCRIPTION	UNIT	COST/UNIT	DURATION	AMOUNT
	<u>SANTA - MBORORO TEEN MOTHERS – (cont'd)</u>				
REQUIREMENTS	Candidates for FSLC - Birth Certificate, and formalities	13	15'000.00	1	195'000.00
REQUIREMENTS	2nd year students - Didactic materials, Uniforms, etc	25	12'000.00		300'000.00
REQUIREMENTS	1st year students - Didactic materials, Uniforms, etc	15	8'000.00	12 MTHS	180'000.00
REQUIREMENTS	Apprenticeship training	15	12'000.00		180'000.00
REQUIREMENTS	Vocational Institutions	2	50'000.00		100'000.00
REQUIREMENTS	Secondary school	2	50'000.00		100'000.00
TRANSPORT	Taxi fare to attend classes	1	20'000.00	12MTHS	240'000.00
TRANSPORT	Special Events (YEP, Labour Day, Women's Day, etc)	1			170'000.00
AWARDS/INCENTIVE	Awards to encourage beneficiaries	1			60'000.00
MEETINGS	Snacks, Drinks, related expenses	1	20'000.00	1 * 4 x	80'000.00
MISCELLANEOUS	Medical, allowance to help children cost, etc				240'000.00
ALLOWANCE	Monthly allowance - Head Teacher - Adult Literacy Classes	1	40'000.00	12 MTHS	480'000.00
ALLOWANCE	Monthly allowance - Teacher - Adult Literacy Classes	1	25'000.00	12 MTHS	300'000.00
INCENTIVE	Mobilization - sensitization of girls & women	3	10'000.00	3*	90'000.00
COMMUNICATION	Communication allowance (Mobile phone credits)	1	6'000.00	12	72'000.00
MONITORING	Fuel for mission to Santa	1	10'000.00	1*9/mths	90'000.00
GIFTS/GRATUITIES	Local Authorities & Partners		Lumpsum		60'000.00
	SUB-TOTAL : SANTA-MBORORO CAPACITY BUILDING				3'875'000.00
OVERHEAD: 5%					193'750.00
	TOTAL: SANTA-MBORORO CAPACITY BUILDING				4'068'750.00
OVERALL TOTAL: 1 + 2 + 3:					12'615'750.00
	EXCHANGE RATE: €1.00 ± XAF 655.95			= Euros	19'232.79



HAVEN OF HOPE

BUDGET

COUNSELLING, REHABILITATION AND CAPACITY BUILDING OF TEENAGE MOTHERS CAMEROON 2017-2018

ITEM	DESCRIPTION	UNIT	COST/UNIT	DURATION	AMOUNT
	<u>URBAN CASELOAD</u>				
TUITION FEES	SECONDARY-GENERAL EDUC-TUITION, REG°, EXAM	8	80'000.00	9 MTHS	640'000.00
TUITION FEES	VOCATIONAL/PROFESSIONAL-TUITION, REG°, EXAM	4	90'000.00	9 MTHS	360'000.00
TUITION FEES	APPRENTICESHIP-TUITION, REG°, EXAM	6	120'000.00	12 MTHS	720'000.00
REQUIREMENTS	SECONDARY GEN EDUC:BOOKS, UNIFORMS, TOOLS, ETC	8	60'000.00		480'000.00
REQUIREMENTS	VOCATIONAL/PROF:BOOKS, UNIFORMS TOOLS, ETC	4	80'000.00		320'000.00
REQUIREMENTS	APPRENTICESHIP-BOOKS, TOOLS, ETC.	6	60'000.00	12 MTHS	360'000.00
MISCELLANEOUS- REHAB	FIELD TRIPS, RESEARCH, INTERNSHIP, RELATED ACTIVITIES	1			240'000.00
TRANSPORT FARE	REGULAR ACTIVITIES	1			360'000.00
LOAN SCHEME	LOANS GIVEN TO TEENS FOR IGAS	20	2'000.00	10*	400'000.00
BUSINESS TRAINING	PREPARATION FOR IGAS-RELATED EXPENSES	1			420'000.00
GIFTS	GIFTS, AWARDS, AND INCENTIVES TO TEENS.	1			200'000.00
GATHERINGS	Monthly meetings - snacks & drinks, etc	1			220'000.00
MISCELLANEOUS-NON REHAB	EMERGENCIES: MEDICAL CARE, RENTS, FOOD, ETC	1	15'000.00	10*	150'000.00
IGA SUPPORT	AID TO CONSOLIDATE IGA ACTIVITIES	1			120'000.00
TUITION FEES	POST SECONDARY EDUCATION	1			150'000.00
REQUIREMENTS	POST SECONDARY EDUCATION	2			400'000.00

	ITEM	DESCRIPTION	UNIT	COST/UNIT	DURATION	AMOUNT
		URBAN CASELOAD (Cont'd)				
	INCENTIVES	Mobilisation of teen mothers by local volunteers	2			200'000.00
	LODGING	Renting apartment for Teens				180'000.00
	UNIFORMS/BADGES	PUBLIC EVENTS (Womens Day, Y/END PARTY, Labour day)				420'000.00
	RENTAL	HALL FOR PUBLIC EVENTS (YEP, LABOUR DAY, ETC)	1			150'000.00
	UNIFORMS/BADGES	PUBLIC EVENTS (Womens Day, Y/END PARTY, Labour day)	30	5'000.00		150'000.00
	GIFTS-NON TEENS	Gifts to local authorities and NGO Partners	1			120'000.00
	COUNSELLING ONLY	New teenage mothers during course of year	1			180'000.00
	ENTERTAINMENT	PUBLIC PRESENTATIONS (YEP, CERTIFICATE AWARDS, ETC)				800'000.00
		SUB-TOTAL : URBAN CASELOAD:				7'740'000.00
	OVERHEAD 5%					387'000.00
		TOTAL : URBAN CASELOAD:				8'127'000.00
		<u>SPECIAL CASES</u>				
CODE	ITEM	DESCRIPTION	UNIT	COST/UNIT	DURATION	AMOUNT
6586	TRANSPORT ALLOWANCE					60'000.00
6587	SUPPLY CLOTHINGS					30'000.00
6589	FEEDING ALLOWANCE		3	36'000.00	1	108'000.00
6589	MEDICAL CARE					60'000.00
6589	OTHER SPECIAL NEEDS					90'000.00
6595	HOUSING ALLOWANCE		2	3'000.00	1	72'000.00
		TOTAL : SPECIAL CASES				420'000.00
		<u>SANTA - MBORORO TEEN MOTHERS - CAPACITY BUILDING</u>				
	ITEM	DESCRIPTION	UNIT	COST/UNIT	DURATION	AMOUNT
	TUITION	Candidates for FSLC - Registration Fee	13	6'000.00	5	78'000.00
	TUITION	Apprenticeship training	15	3'000.00	12 MTHS	540'000.00
	TUITION	Vocational Institutions	2	80'000.00		160'000.00
	TUITION	Secondary school	2	80'000.00		160'000.00
	REQUIREMENTS	Candidates for FSLC - Birth Certificate, and formalities	13	15'000.00	1	195'000.00

ITEM	DESCRIPTION	UNIT	COST/UNIT	DURATION	AMOUNT
	<u>SANTA-MBORORO (Cont'd)</u>				
REQUIREMENTS	2nd year students - Didactic materials, Uniforms, etc	25	12'000.00		300'000.00
REQUIREMENTS	1st year students - Didactic materials, Uniforms, etc	15	8'000.00	12 MTHS	180'000.00
REQUIREMENTS	Apprenticeship training	15	12'000.00		180'000.00
REQUIREMENTS	Vocational Institutions	2	50'000.00		100'000.00
REQUIREMENTS	Secondary school	2	50'000.00		100'000.00
TRANSPORT	Taxi fare to attend classes	1	20'000.00	12MTHS	240'000.00
TRANSPORT	Special Events (YEP, Labour Day, Women's Day, etc)	1			170'000.00
BUSINESS TRAINING	Basic business training to prepare for IGAs	1			160'000.00
AWARDS/INCENTIVE	Awards to encourage beneficiaries	1			60'000.00
MEETINGS	Snacks, Drinks, related expenses	1	20'000.00	1 * 4 x	80'000.00
MISCELLANEOUS	Medical, School allowance for children, etc				240'000.00
GRANT	Setting up IGAs	20			1'200'000.00
ALLOWANCE	Monthly allowance - Head Teacher - Adult Literacy Classes	1	40'000.00	12 MTHS	480'000.00
ALLOWANCE	Monthly allowance - Teacher - Adult Literacy Classes	1	25'000.00	12 MTHS	300'000.00
INCENTIVE	Mobilization - sensitization of girls & women	3	10'000.00	3*	90'000.00
COMMUNICATION	Communication allowance (Mobile phone credits)	1	6'000.00	12	72'000.00
MONITORING	Fuel for mission to Santa	1	10'000.00	1*9/mths	90'000.00
GIFTS/GRATUITIES	Local Authorities & Partners		Lumpsum		60'000.00
	SUB-TOTAL : SANTA-MBORORO CAPACITY BUILDING				5'235'000.00
OVERHEAD: 5%					261'750.00
	TOTAL: SANTA-MBORORO CAPACITY BUILDING				5'496'750.00
OVERALL TOTAL: 1 + 2 + 3:					14'043'750.00
EXCHANGE RATE: €1.00 ± XAF 655.95				≈ Euros	21'409.79

TOTAL BUDGET FROM 2016 TO 2018:

2016

2017

2018

≈ Euros

15'189.34

9'963'450.00

19'232.79

12'615'750.00

21'409.79

14'043'750.00

55'831.92

36'622'950.00

HAVEN OF HOPE

CAMEROON



How can single illiterate women face the complex situations in a post-modern society which they have not been prepared to live in?

In response HOH initiated a capacity building project for Mbororo/Fulani teenage girls, beginning with a functional literacy education programme in January 2015 with 10 teenage mothers of Mbororo descent.

Single teen mothers proudly and happily display their certificates at the end of their vocational training programmes.



As her eyes caught the promise of hope, she pondered if her dreams would finally come true.

Today she sees a bright future ahead as she prepares for her graduation as a nurse, after 2 years training; thanks to the opportunity given to her by HOH.

