

# A Morning Rush – John Foster

Into the bathroom,  
Turn on the tap.  
Wash away the sleepiness –  
Splish! Splosh! Splash!

Into the bedroom,  
Pull on your vest.  
Quickly! Quickly!  
Get yourself dressed.

Down to the kitchen.  
No time to lose.  
Gobble up your breakfast.  
Put on your shoes.

Back to the bathroom.  
Squeeze out the paste.  
Brush, brush, brush your teeth.  
No time to waste.

Look in the mirror.  
Comb your hair.  
Hurry, scurry, hurry, scurry  
Down the stairs.

Pick your school bag  
Up off the floor.  
Grab your coat  
And out through the door.