

# Individual Reflection Worksheet

It's time to discuss your behavior with the teacher. Be honest, focus on progress and complete this worksheet with the teacher.

## Questions

1. How are you feeling now? 😊 😐 😞 I feel \_\_\_\_\_.

2. What did you do? \_\_\_\_\_

3. How did it affect others? \_\_\_\_\_

4. What was going on for you? \_\_\_\_\_

5. a. What do you think others needed? \_\_\_\_\_

b. What do you think you needed? \_\_\_\_\_

6. How can we make it better? \_\_\_\_\_

7. What is the plan? \_\_\_\_\_

8. When will we follow up? \_\_\_\_\_

## Agreed

Name: \_\_\_\_\_ Date: \_\_\_\_\_