

Documents

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Increasing and evolving role of smart devices in modern medicine

(2019) *European Cardiology Review*, 14 (3), pp. 181-186. Cited 44 times.

Abstract

Today is an age of rapid digital integration, yet the capabilities of modern-day smartphones and smartwatches are underappreciated in daily clinical practice. Smartphones are ubiquitous, and smartwatches are very common and on the rise. This creates a wealth of information simply waiting to be accessed, studied and applied clinically, ranging from activity level to various heart rate metrics. This review considers commonly used devices, the validity and accuracy of the data they obtain and potential clinical application of the data. © RADCLIFFE CARDIOLOGY 2019.

Author Keywords

AF; Android; Apple Watch; Fitbit; Fitness Tracker; Garmin; Google Health; Health App; IOS; iPhone; Kardia; MHealth; S Health; Samsung Health; Single-lead ECG; Smartwatch

Index Keywords

accuracy, Article, blood pressure, cardiology, clinical practice, heart rate, human, medicine, mobile application, validity

2-s2.0-85081977933

Document Type: Article

Publication Stage: Final

Source: Scopus