



CYBERROOKIE

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CyberRookie Project - Learning Cyber Skills By Building A HomeLab

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Week 3 Lesson - Firewall

Overview

1. Firewall
2. Online Free Courses
3. LAB Practice
4. Hardening

Firewall

1. What is a Firewall

https://www.cisco.com/c/en_ca/products/security/firewalls/what-is-a-firewall.html

2. What is the NGFW

<https://www.cisco.com/c/en/us/products/security/firewalls/what-is-a-next-generation-firewall.html>

Online Free Courses

1. PAN9 Cyber Security Essentials Self Paced Course

NDG is offering assistance to Palo Alto Networks Cybersecurity Academy members by sponsoring 90 days of free access to course.

<https://www.netdevgroup.com/online/courses/cybersecurity/pan9-cybersecurity-essentials>

#This course comes with Online LAB, highly recommend to complete it.

2. FORTINET NSE Institute

https://training.fortinet.com/course/index.php/Certification:NSE_4/

LAB Practice

#1 PfSense

1. Download/Deploy Pfsense on EXSi

<https://docs.netgate.com/pfsense/en/latest/recipes/virtualize-esxi.html>

2. Create the basic Firewall Policy/Rule

<https://docs.netgate.com/pfsense/en/latest/firewall/rule-methodology.html>

References:

Set Up the Network Firewall

https://docs.securedrop.org/en/stable/network_firewall.html

Hardening

CIS_Check_Point_Firewall_Benchmark_v1.1.0 PDF.pdf

CIS_Cisco_Firewall_Benchmark_v4.1.0.pdf

CIS_Palo_Alto_Firewall_9_Benchmark_v1.0.0.pdf

Homework Requirements

1. Understand Firewall
2. Complete PAN9 Cyber Security Essentials Self Paced Course
3. Complete Lab Practice
4. Check out the Hardening Documentations

Q&A

**Look forward to your feedbacks and suggestions.
Contact: CyberRookieProject@gmail.com**



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Thank You