

12 questions (Feynman)
What are the questions that I am
interested in?

- How to be happy?

- How to be mindful?

- How not to forget things?

- How to stay hearthy?

- How to become financially independent?

- How to be a good husband?

Capture
What to capture?

- Is it related to my questions?

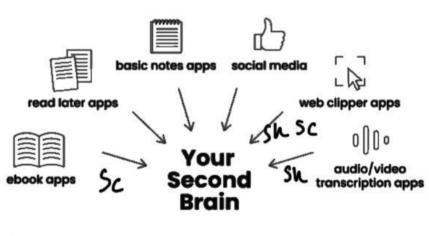
- Does it inspire me?

- Is it useful?

- Is it personal?

- Is it surptising?

Capture tools



Sc- Screenshots

At home P- Hayf marathon pro A- Movey, Sport, Hed R- Philosophy

Instead of organizing ideas according to where they come from, I recommend organizing them according to where they are going—specifically, the outcomes

Distill

- Discoverability
- Highlighting

