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In[214]:= (*=====
(* Parameters *)(*=====)

ClearAll[R0, A, w, ε, hFD];

R0 = SetPrecision[1.0, 50];
A = SetPrecision[1.0*^-4, 50];
w = SetPrecision[0.02, 50];
ε = SetPrecision[0.01, 50];

hFD = w/25;

(*=====
(* Conformal factor φSafe *)(*=====)

ClearAll[φSafe];

φSafe[x_?NumericQ, y_?NumericQ, z_?NumericQ] :=
Module[{xx = SetPrecision[x, 50],
yy = SetPrecision[y, 50],
zz = SetPrecision[z, 50],
r, φ},
r = Max[Sqrt[xx^2 + yy^2 + zz^2], ε];
φ = -A (1 - R0/r) Exp[-((r - R0)^2)/w^2];
SetPrecision[φ, 50] /. _?Negative → -10^-30
];

(*=====
(* Metric g_{μν} and inverse *)(*=====)

ClearAll[g, gInv];

g[x_?NumericQ, y_?NumericQ, z_?NumericQ] :=
g[x, y, z] =

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Module[{f = Exp[2 φSafe[x, y, z]]},
{{{-f, 0, 0, 0},
{0, 1/f, 0, 0},
{0, 0, 1/f, 0},
{0, 0, 0, 1/f}}}
];

gInv[x_?NumericQ, y_?NumericQ, z_?NumericQ] :=
gInv[x, y, z] = Inverse[g[x, y, z]];

(*=====
(* Finite-difference derivative
*)
(*=====)

ClearAll[dΦ];

dΦ[{x_, y_, z_}, dir_] :=
Module[{xx = SetPrecision[x, 50], yy = SetPrecision[y, 50],
zz = SetPrecision[z, 50], δ = hFD},
Switch[dir,
1, (φSafe[xx + δ, yy, zz] -
φSafe[xx - δ, yy, zz])/(2 δ),
2, (φSafe[xx, yy + δ, zz] -
φSafe[xx, yy - δ, zz])/(2 δ),
3, (φSafe[xx, yy, zz + δ] -
φSafe[xx, yy, zz - δ])/(2 δ)
]
];
;

(*=====
(* Einstein tensor G_{μν}
*)
(*=====)

ClearAll[Einstein];

Einstein[x_?NumericQ, y_?NumericQ, z_?NumericQ] :=
Module[{gradPhi},
gradPhi = Table[dΦ[{x, y, z}, i], {i, 1, 3}];

DiagonalMatrix[{
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-2 Total[gradPhi^2],
2 gradPhi[1]^2,
2 gradPhi[2]^2,
2 gradPhi[3]^2
}]
];
(*=====
(* Stress-energy tensor T_{\mu\nu} *)
(*=====)

ClearAll[T];
T[x_?NumericQ, y_?NumericQ, z_?NumericQ] := Einstein[x, y, z]/(8 \pi);

(*=====
(* Energy conditions: NEC, WEC, SEC, DEC *)
(*=====)

nullVec = {1, 1, 0, 0};
timeVec = {1, 0, 0, 0};

ClearAll[NEC, WEC];

NEC[x_, y_, z_] := Chop[nullVec . T[x, y, z] . nullVec];
WEC[x_, y_, z_] := Chop[timeVec . T[x, y, z] . timeVec];

(*-----
Strong Energy Condition SEC
-----*)

ClearAll[SEC];

SEC[x_?NumericQ, y_?NumericQ, z_?NumericQ] :=
Module[{Tval = T[x, y, z], \rho, px, py, pz},
\rho = -Tval[1, 1];
px = Tval[2, 2];
py = Tval[3, 3];
pz = Tval[4, 4];
Chop[\rho + px + py + pz]
];
(*-----*

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Dominant Energy Condition DEC
*-----*)

ClearAll[DEC];

DEC[x_?NumericQ, y_?NumericQ, z_?NumericQ] :=
Module[{Tval = T[x, y, z], ρ, px, py, pz},
ρ = -Tval[[1, 1]];
px = Tval[[2, 2]];
py = Tval[[3, 3]];
pz = Tval[[4, 4]];

If[ρ ≥ Abs[px] && ρ ≥ Abs[py] && ρ ≥ Abs[pz],
Chop[ρ], (* DEC satisfied *)
Chop[-ρ] (* DEC violated *)
]
];
(*-----*)
(* Exotic energy integral *)
(*-----*)

ClearAll[ρ, sqrtMinusDet, integrand];

ρ[r_?NumericQ] := -T[r, 0, 0][[1, 1]];
sqrtMinusDet[r_] := Exp[-2 ΦSafe[r, 0, 0]];
integrand[r_?NumericQ] := 4 π r^2 ρ[r] × sqrtMinusDet[r];

totalExoticEnergy =
NIntegrate[
integrand[r],
{r, ε, 3 R₀},
WorkingPrecision → 50,
AccuracyGoal → 8,
PrecisionGoal → 8,
Method → {"GlobalAdaptive", "SymbolicProcessing" → 0}
];
Print["\n► Total exotic (negative) energy = ", totalExoticEnergy];

(*-----*)
(* Table of NEC, WEC, SEC, DEC *)

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(*=====*)

```
TableForm[
Table[{r,
  NEC[r, 0, 0],
  WEC[r, 0, 0],
  SEC[r, 0, 0],
  DEC[r, 0, 0]},
{r, {0.02, 0.05, 0.1, 0.5, 1.0, 2.0}}],
TableHeadings -> {
None,
{"r", "NEC", "WEC", "SEC", "DEC"}}
]
```

► Total exotic (negative) energy =

$$5.5791379993861999654135926884034092186986712347022 \times 10^{-13}$$

Out[246]//TableForm=

r	NEC	WEC	SEC
0.02	0	0	0
0.05	0	0	0
0.1	0	0	0
0.5	0	0	0
1.	0	$-1.9862575067911444134914986249339248696383949411160 \times 10^{-10}$	3.9725150135
2.	0	0	0