



# THE IMPACTS OF CLIMATE CHANGE ON HUMAN HEALTH

## IN THE UNITED STATES

A Scientific Assessment

U.S. Global Change Research Program





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April 2016

Dear Colleagues:

On behalf of the National Science and Technology Council and the U.S. Global Change Research Program, I am pleased to share this report, *The Impacts of Climate Change on Human Health in the United States: A Scientific Assessment*. It advances scientific understanding of the impacts of climate change on public health, highlights social and environmental disparities that make some communities particularly vulnerable to climate change, and confirms that climate change is a significant threat to the health of all Americans.

This report was developed by over 100 experts from across the Nation representing eight Federal agencies. I want to thank in particular the efforts of the U.S. Environmental Protection Agency (EPA), the U.S. Department of Health and Human Services (HHS), and the National Oceanic and Atmospheric Administration (NOAA) for leading in the development of this report. It was called for under the President's Climate Action Plan and is a major contribution to the sustained National Climate Assessment process. The report was informed by input gathered in listening sessions and scientific and technical information contributed through open solicitations. It underwent rigorous reviews by the public and by scientific experts inside and outside of the government, including a special committee of the National Academies of Sciences, Engineering, and Medicine.

I applaud the authors, reviewers, and staff who have developed this scientific assessment. Their dedication over the past three years has been remarkable and their work has advanced our knowledge of how human health is impacted by climate change now and in the future.

Combating the health threats from climate change is a top priority for President Obama and a key driver of his Climate Action Plan. I strongly and respectfully urge decision makers across the Nation to use the scientific information contained within to take action and protect the health of current and future generations.

A handwritten signature in black ink that reads "John P. Holdren".

Dr. John P. Holdren

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# THE IMPACTS OF CLIMATE CHANGE ON HUMAN HEALTH IN THE UNITED STATES

A Scientific Assessment

## About the USGCRP Climate and Health Assessment

The U.S. Global Change Research Program (USGCRP) Climate and Health Assessment has been developed to enhance understanding and inform decisions about the growing threat of climate change to the health and well-being of residents of the United States. This scientific assessment is part of the ongoing efforts of USGCRP's sustained National Climate Assessment (NCA) process and was called for under the President's Climate Action Plan.<sup>1</sup> USGCRP agencies identified human health impacts as a high-priority topic for scientific assessment.

This assessment was developed by a team of more than 100 experts from 8 U.S. Federal agencies (including employees, contractors, and affiliates) to inform public health officials, urban and disaster response planners, decision makers, and other stakeholders within and outside of government who are interested in better understanding the risks climate change presents to human health.

The USGCRP Climate and Health Assessment draws from a large body of scientific peer-reviewed research and other publicly available sources; all sources meet the standards of the Information Quality Act (IQA). The report was extensively reviewed by the public and experts, including a committee of the National Academies of Sciences, Engineering, and Medicine,<sup>2</sup> the 13 Federal agencies of the U.S. Global Change Research Program, and the Federal Committee on Environment, Natural Resources, and Sustainability (CENRS).

## About the National Climate Assessment

The Third National Climate Assessment (2014 NCA)<sup>3</sup> assessed the science of climate change and its impacts across the United States, now and throughout this century. The report documents climate change related impacts and responses for various sectors and regions, with the goal of better informing public and private decision making at all levels. The 2014 NCA included a chapter on human health impacts,<sup>4</sup> which formed the foundation for the development of this assessment.



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# ABOUT THIS REPORT

Climate change threatens human health and well-being in the United States. The U.S. Global Change Research Program (USGCRP) Climate and Health Assessment has been developed to enhance understanding and inform decisions about this growing threat. This scientific assessment, called for under the President's Climate Action Plan,<sup>1</sup> is a major report of the sustained National Climate Assessment (NCA) process. The report responds to the 1990 Congressional mandate<sup>5</sup> to assist the Nation in understanding, assessing, predicting, and responding to human-induced and natural processes of global change. The agencies of the USGCRP identified human health impacts as a high-priority topic for scientific assessment.

The purpose of this assessment is to provide a comprehensive, evidence-based, and, where possible, quantitative estimation of observed and projected climate change related health impacts in the United States. The USGCRP Climate and Health Assessment has been developed to inform public health officials, urban and disaster response planners, decision makers, and other stakeholders within and outside of government who are interested in better understanding the risks climate change presents to human health.

The authors of this assessment have compiled and assessed current research on human health impacts of climate change and summarized the current state of the science for a number of key topics. This assessment provides a comprehensive update to the most recent detailed technical assessment for the health impacts of climate change, the 2008 Synthesis and Assessment Product 4.6 (SAP 4.6), *Analyses of the Effects of Global Change on Human Health and Welfare and Human Systems*.<sup>6</sup> It also updates and builds upon the health chapter of the 2014 NCA.<sup>4</sup> While Chapter 1: Introduction: Climate Change and Human Health includes a brief overview of observed and projected climate change impacts in the United States, a detailed assessment of climate science is outside the scope of this report. This report relies on the 2014 NCA<sup>3</sup> and other peer-reviewed scientific assessments of climate change and climate scenarios as the basis for describing health impacts.

Each chapter of this assessment summarizes scientific literature on specific health outcomes or climate change related exposures that are important to health. The chapters emphasize research published between 2007 and 2015 that quantifies either observed or future health impacts associated with climate change, identifies risk factors for health impacts, and recognizes populations that are at greater risk. In addition, four chapters (Temperature-Related Death and Illness, Air Quality Impacts, Vector-Borne Disease, and Water-Related Illness) highlight recent modeling analyses that project national-scale impacts in these areas.

The geographic focus of this assessment is the United States. Studies at the regional level within the United States, analyses or observations in other countries where the findings have implications for potential U.S. impacts, and studies of global linkages and implications are also considered where relevant. For example, global studies are considered for certain topics where there is a lack of consistent, long-term historical monitoring in the United States. In some instances it is more appropriate to consider regional studies, such as where risk and impacts vary across the Nation.

While climate change is observed and measured on long-term time scales (30 years or more), decision frameworks for public health officials and regional planners are often based on much shorter time scales, determined by epidemiological, political, or budgeting factors. This assessment focuses on observed and current impacts as well as impacts projected in 2030, 2050, and 2100.

The focus of this assessment is on the *health impacts* of climate change. The assessment provides timely and relevant information, but makes no policy recommendations. It is beyond the scope of this report to assess the peer-reviewed literature on climate change mitigation, adaptation, or economic valuation or on health co-bene-



fits that may be associated with climate mitigation, adaptation, and resilience strategies. The report does assess scientific literature describing the role of adaptive capacity in creating, moderating, or exacerbating vulnerability to health impacts where appropriate. The report also cites analyses that include modeling parameters that make certain assumptions about emissions pathways or adaptive capacity in order to project climate impacts on human health. This scientific assessment of impacts helps build the integrated knowledge base needed to understand, predict, and respond to these changes, and it may help inform mitigation or adaptation decisions and other strategies in the public health arena.

Climate and health impacts do not occur in isolation, and an individual or community could face multiple threats at the same time, at different stages in one's life, or accumulating over the course of one's life. Though important to consider as part of a comprehensive assessment of changes in risks, many types of cumulative, compounding, or secondary impacts are beyond the scope of this report. Though this assessment does not focus on health research needs or gaps, brief insights gained on research needs while conducting this assessment can be found at the end of each chapter to help inform research decisions.

The first chapter of this assessment provides background information on observations and projections of climate change in the United States and the ways in which climate change, acting in combination with other factors and stressors, influences human health. It also provides an overview of the approaches and methods used in the quantitative projections of health impacts of climate change conducted for this assessment. The next seven chapters focus on specific climate-related health impacts and exposures: Temperature-Related Death and Illness; Air Quality Impacts; Extreme Events; Vector-Borne Diseases; Water-Related Illness; Food Safety, Nutrition, and Distribution; and Mental Health and Well-Being. A final chapter on Populations of Concern identifies factors that create or exacerbate the vulnerability of certain population groups to health impacts from climate change. That chapter also integrates information from the topical health impact chapters to identify specific groups of people in the United States who may face greater health risks associated with climate change.

## The Sustained National Climate Assessment

The Climate and Health Assessment has been developed as part of the U.S. Global Change Research Program's (USGCRP's) sustained National Climate Assessment (NCA) process. This process facilitates continuous and transparent participation of scientists and stakeholders across regions and sectors, enabling new information and insights to be synthesized as they emerge. The Climate and Health Assessment provides a more comprehensive assessment of the impacts of climate change on human health, a topic identified as a priority for assessment by USGCRP and its Interagency Crosscutting Group on Climate Change and Human Health (CCHHG) and featured in the President's Climate Action Plan.<sup>1</sup>

## Report Sources

The assessment draws from a large body of scientific, peer-reviewed research and other publicly available resources. Author teams carefully reviewed these sources to ensure a reliable assessment of the state of scientific understanding. Each source of information was determined to meet the four parts of the Information Quality Act (IQA): utility, transparency and traceability, objectivity, and integrity and security (see Appendix 2: Process for Literature Review). More information on the process each chapter author team used to review, assess, and determine whether a literature source should be cited can be found in the Supporting Evidence section of each chapter. Report authors made use of the findings of the 2014 NCA, peer-reviewed literature and scientific assessments, and government statistics (such as population census reports). Authors also updated the literature search<sup>7</sup> conducted by the National Institute of Environmental Health Sciences (NIEHS) as technical input to the Human Health chapter of the 2014 NCA.



## Overarching Perspectives

Five overarching perspectives, derived from decades of observations, analysis, and experience, have helped to shape this report: 1) climate change is happening in the context of other ongoing changes across the United States and around the globe; 2) there are complex linkages and important non-climate stressors that affect individual and community health; 3) many of the health threats described in this report do not occur in isolation but may be cumulative, compounding, or secondary; 4) climate change impacts can either be amplified or reduced by individual, community, and societal decisions; and 5) climate change related impacts, vulnerabilities, and opportunities in the United States are linked to impacts and changes outside the United States, and vice versa. These overarching perspectives are briefly discussed below.

### Global Change Context

This assessment follows the model of the 2014 NCA, which recognized that climate change is one of a number of global changes affecting society, the environment, the economy, and public health.<sup>3</sup> While changes in demographics, socioeconomic factors, and trends in health status are discussed in Chapter 1: Introduction: Climate Change and Human Health, discussion of other global changes, such as land-use change, air and water pollution, and rising consumption of resources by a growing and wealthier global population, are limited in this assessment.

### Complex Linkages and the Role of Non-Climate Stressors

Many factors may exacerbate or moderate the impact of climate change on human health. For example, a population's vulnerability 1) may be affected by direct climate changes or by non-climate factors (such as changes in population, economic development, education, infrastructure, behavior, technology, and ecosystems); 2) may differ across regions and in urban, rural, coastal, and other communities; and 3) may be influenced by individual vulnerability factors such as age, socioeconomic status, and existing physical and/or mental illness or disability. These considerations are summarized in Chapter 1: Introduction: Climate Change and Human Health and Chapter 9: Populations of Concern. There are limited studies that quantify how climate impacts interact with the factors listed above or how these interactions can lead to many other compounding, secondary, or indirect health effects. However, where possible, this assessment identifies key environmental, institutional, social, and behavioral influences on health impacts.

### Cumulative, Compounding, or Secondary Impacts

Climate and health impacts do not occur in isolation and an individual or community could face multiple threats at the same time, at different stages in one's life, or accumulating over the course of one's life. Some of these impacts, such as the combination of high ozone levels on hot days (see Ch. 3: Air Quality Impacts) or cascading effects during extreme events (see Ch. 4: Extreme Events), have clear links to one another. In other cases, people may be threatened simultaneously by seemingly unconnected risks, such as increased exposure to Lyme disease and extreme heat. These impacts can also be compounded by secondary or tertiary impacts, such as climate change impacts on access to or disruption of healthcare services, damages to infrastructure, or effects on the economy.

### Societal Choices and Adaptive Behavior

Environmental, cultural, and socioeconomic systems are tightly coupled, and as a result, climate change impacts can either be amplified or reduced by cultural and socioeconomic decisions.<sup>3</sup> Adaptive capacity ranges from an individual's ability to acclimatize to different meteorological conditions to a community's ability to prepare for and recover from damage, injuries, and lives lost due to extreme weather events. Awareness and communication of health threats to the public health community, practitioners, and the public is an important factor in the incidence, diagnosis, and treatment of climate-related health outcomes. Recognition of these interactions, together with recognition of multiple sources of vulnerability, helps identify what information decision makers need as they manage risks.

### International Context

Climate change is a global phenomenon; the causes and the impacts involve energy-use, economic, and risk-management decisions across the globe.<sup>3</sup> Impacts, vulnerabilities, and opportunities in the United States are related in complex and interactive ways with changes outside the United States, and vice versa. The health of Americans is affected by climate changes and health impacts experienced in other parts of the world.

# GUIDE TO THE REPORT

The following describes the format of the report and the structure of each chapter.

## Executive Summary

The Executive Summary describes the impacts of climate change on the health of the American public. It summarizes the overall findings and represents each chapter with a brief overview, the Key Findings, and a figure from the chapter.

## Chapters

### Key Findings and Traceable Accounts

Topical chapters include Key Findings, which are based on the authors' consensus expert judgment of the synthesis of the assessed literature. The Key Findings include confidence and likelihood language as appropriate (see "Documenting Uncertainty" below and Appendix 4: Documenting Uncertainty).

Each Key Finding is accompanied by a Traceable Account which documents the process and rationale the authors used in reaching these conclusions and provides additional information on sources of uncertainty. The Traceable Accounts can be found in the Supporting Evidence section of each chapter.

### Chapter Text

Each chapter assesses the state of the science in terms of observed and projected impacts of climate change on human health in the United States, describes the link between climate change and health outcomes, and summarizes the authors' assessment of risks to public health. Both positive and negative impacts on health are reported as supported by the scientific literature. Where appropriate and supported by the literature, authors include descriptions of critical non-climate stressors and other environmental and institutional context; social, behavioral, and adaptive factors that could increase or moderate impacts; and underlying trends in health that affect vulnerability (see "Populations of Concern" below). While the report is designed to inform decisions about climate change, it does not include an assessment of literature on climate change mitigation, adaptation, or economic valuation, nor does it include policy recommendations.



## Exposure Pathway Diagram

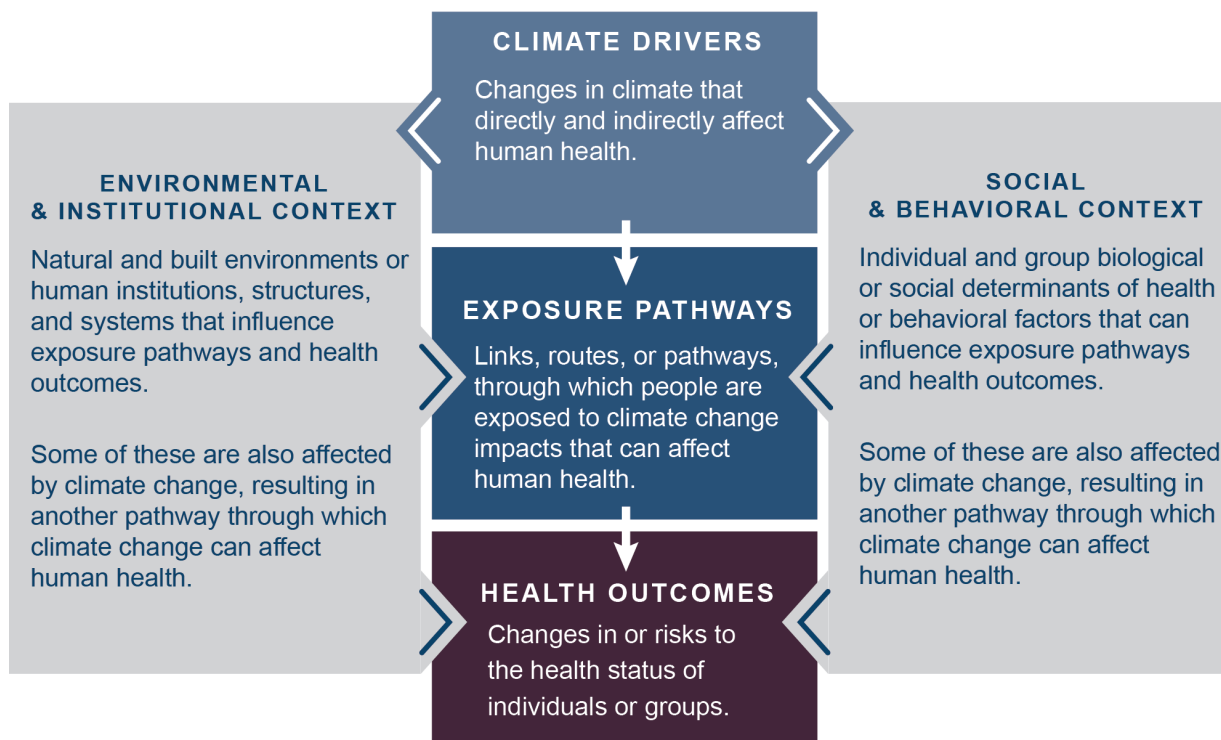
Each topical chapter includes an exposure pathway diagram (see Figure 1). These conceptual diagrams illustrate a key example by which climate change affects health within the area of interest of that chapter. These diagrams are not meant to be comprehensive representations of all the factors that affect human health. Rather, they summarize the key connections between climate drivers and health outcomes while recognizing that these pathways exist within the context of other factors that positively or negatively influence health outcomes.

The exposure pathway diagram in Chapter 1: Introduction: Climate Change and Human Health is a high-level overview of the main routes by which climate change affects health, summarizing the linkages described in the following chapters. Because the exposure pathway diagrams rely on examples from a specific health topic area, a diagram is not included in Chapter 9: Populations of Concern, as that chapter describes crosscutting issues relevant to all health topics.

## Research Highlights

Four chapters include research highlights: Temperature-Related Death and Illness, Air Quality Impacts, Vector-Borne Disease, and Water-Related Illness. Six research highlight sections across these four chapters describe the findings of recently published quantitative analyses of projected impacts conducted for inclusion in this report. Each analysis is summarized with a brief description of the study's 1) Importance, 2) Objectives, 3) Methods, 4) Results, and 5) Conclusions. The analyses are all published in external peer-reviewed sources, and the full description of modeling methods and findings can be found in those citations. While authors of these analyses were provided with modeling guidance and conferred on opportunities for consistency in approach, no comprehensive set of assumptions, timeframes, or scenarios were applied across modeling analyses. Therefore, these six studies do not represent an integrated modeling assessment. The findings of these analyses are considered as part of the overall assessment of the full body of literature when developing the chapter Key Findings. For more information on modeling methods see Appendix 1: Technical Support Document.

### Understanding the Exposure Pathway Diagrams



**Figure 1:** The center boxes include selected examples of climate drivers, the primary pathways by which humans are exposed to health threats from those drivers, and the key health outcomes that may result from exposure. The left gray box indicates examples of the larger environmental and institutional context that can affect a person's or community's vulnerability to health impacts of climate change. The right gray box indicates the social and behavioral context that also affects a person's vulnerability to health impacts of climate change. This path includes factors such as race, gender, and age, as well as socioeconomic factors like income and education or behavioral factors like individual decision making. The examples listed in these two gray boxes can increase or reduce vulnerability by influencing the exposure pathway (changes in exposure) or health outcomes (changes in sensitivity or adaptive capacity). The diagram shows that climate change can affect health outcomes directly and by influencing the environmental, institutional, social, and behavioral contexts of health.



Populations of Concern

One of the main goals of this assessment was to identify populations that are particularly vulnerable to specific health impacts associated with climate change. Each chapter includes discussion of this topic in addition to the full chapter devoted to populations of concern. In these discussions, the authors identify segments of the general population that the peer-reviewed literature has identified as being at increased risk for health-related climate impacts, now or in the future.

Emerging Issues

The Emerging Issues sections briefly describe emerging areas of research including areas of potential future concern; health impacts not currently prevalent or severe in the United States but with potential to become a health concern; or areas where the links between climate change and a human health outcome are in early stages of study and for which a more comprehensive synthesis is outside the scope of this report.

Research Needs

While the goal of this assessment is to highlight the current state of the science on climate impacts on health, research needs identified through the development of this assessment are briefly summarized in each chapter. These research needs could inform research beyond the current state of the science or outside the scope of this report.

Supporting Evidence

The Traceable Accounts supporting each Key Finding are provided at the end of each chapter in the Supporting Evidence section.

Documenting Uncertainty: Confidence and Likelihood

Two kinds of language are used when describing the uncertainty associated with specific statements in this report: confidence language and likelihood language (see table below and Appendix 4: Documenting Uncertainty). Confidence in the validity of a finding is based on the type, amount, quality, strength, and consistency of evidence and the degree of expert agreement on the finding. Confidence is expressed qualitatively and ranges from low confidence (inconclusive evidence or disagreement among experts) to very high confidence (strong evidence and high consensus).

Likelihood language describes the likelihood of occurrence based on measures of uncertainty expressed probabilistically (in other words, based on statistical analysis of observations or model results or based on expert judgment). Likelihood, or the probability of an impact, is a term that allows a quantita-

tive estimate of uncertainty to be associated with projections. Thus, likelihood statements have a specific probability associated with them, ranging from very unlikely (less than or equal to a 1 in 10 chance of the outcome occurring) to very likely (greater than or equal to a 9 in 10 chance).

Likelihood and Confidence Evaluation

All Key Findings include a description of confidence. Where it is considered scientifically justified to report the likelihood of particular impacts within the range of possible outcomes, Key Findings also include a likelihood designation. Confidence and likelihood levels are based on the expert assessment and consensus of the chapter author teams. The author teams determined the appropriate level of confidence or likelihood by assessing the available literature, determining the quality and quantity of available evidence, and evaluating the level of agreement across different studies. For specific descriptions of the process by which each chapter author team came to consensus on the Key Findings and assessment of confidence and likelihood, see the Traceable Account section for each chapter. More information is also available in Appendix 1: Technical Support Document and Appendix 4: Documenting Uncertainty.

Confidence Level	Likelihood
Very High	Very Likely
Strong evidence (established theory, multiple sources, consistent results, well documented and accepted methods, etc.), high consensus	≥ 9 in 10
High	Likely
Moderate evidence (several sources, some consistency, methods vary and/or documentation limited, etc.), medium consensus	≥ 2 in 3
Medium	As Likely As Not
Suggestive evidence (a few sources, limited consistency, models incomplete, methods emerging, etc.), competing schools of thought	≈ 1 in 2
Low	Unlikely
Inconclusive evidence (limited sources, extrapolations, inconsistent findings, poor documentation and/or methods not tested, etc.), disagreement or lack of opinions among experts	≤ 1 in 3
	Very Unlikely
	≤ 1 in 10





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# EXECUTIVE SUMMARY

Climate change threatens human health and well-being in the United States. The U.S. Global Change Research Program (USGCRP) Climate and Health Assessment has been developed to enhance understanding and inform decisions about this growing threat. This scientific assessment, called for under the President's Climate Action Plan, is a major report of the sustained National Climate Assessment (NCA) process. The report responds to the 1990 Congressional mandate to assist the Nation in understanding, assessing, predicting, and responding to human-induced and natural processes of global change. The agencies of the USGCRP identified human health impacts as a high-priority topic for scientific assessment.

The purpose of this assessment is to provide a comprehensive, evidence-based, and, where possible, quantitative estimation of observed and projected climate change related health impacts in the United States. The USGCRP Climate and Health Assessment has been developed to inform public health officials, urban and disaster response planners, decision makers, and other stakeholders within and outside of government who are interested in better understanding the risks climate change presents to human health.

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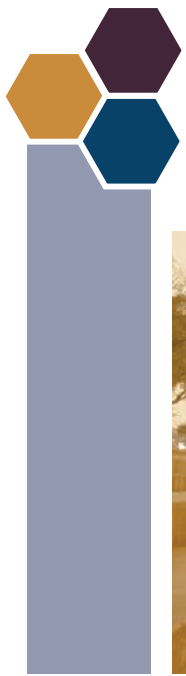
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# Executive Summary of **THE IMPACTS OF CLIMATE CHANGE ON HUMAN HEALTH IN THE UNITED STATES**



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Climate change is a significant threat to the health of the American people. The impacts of human-induced climate change are increasing nationwide. Rising greenhouse gas concentrations result in increases in temperature, changes in precipitation, increases in the frequency and intensity of some extreme weather events, and rising sea levels. These climate change impacts endanger our health by affecting our food and water sources, the air we breathe, the weather we experience, and our interactions with the built and natural environments. As the climate continues to change, the risks to human health continue to grow.

Current and future climate impacts expose more people in more places to public health threats. Already in the United States, we have observed climate-related increases in our exposure to elevated temperatures; more frequent, severe, or longer-lasting extreme events; degraded air quality; diseases transmitted through food, water, and disease vectors (such as ticks and mosquitoes); and stresses to our mental health and well-being.

Almost all of these threats are expected to worsen with continued climate change. Some of these health threats will occur over longer time periods, or at unprecedented times of the year; some people will be exposed to threats not previously experienced in their locations. Overall, instances of potentially beneficial health impacts of climate change are limited in number and pertain to specific regions or populations. For example, the reduction in cold-related deaths is projected to be smaller than the increase in heat-related deaths in most regions.

Every American is vulnerable to the health impacts associated with climate change. Increased exposure to multiple health threats, together with changes in sensitivity and the ability to adapt to those threats, increases a person's vulnerability to climate-related health effects. The impacts of climate change on human health interact with underlying health, demographic, and socioeconomic factors. Through the combined influence of these factors, climate change exacerbates some existing health threats and creates new public health challenges. While all Americans are at risk, some populations are disproportionately vulnerable, including those with low income, some communities of color, immigrant groups (including those with limited English proficiency), Indigenous peoples, children and pregnant women, older adults, vulnerable occupational groups, persons with disabilities, and persons with preexisting or chronic medical conditions.



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Changes in aquatic habitats and species may affect subsistence fishing among Indigenous populations.