The Official Newsletter of the Golf Lakes Pickleball Club

Editor: Larry Van Deventer

Website: www.GL-PC.org

Edition # 24 January 2021

Chairman's Message

Welcome to the 2021 Pickleball Season. As the Covid-19 pandemic continues we are able to see light at the end of the tunnel. We are rounding the corner with the introduction of two new vaccines.

Hopefully by this time next year we will be back to our new normal. In the interim we must follow the Pickleball Covid-19 Guidelines.

As our new season gets underway we have setup Tuesday/Thursday Ladder play as well as Monday Night Partner play and Ladies night on Wednesday. Thank you to Mike Henderson, Larry Van Deventer, and Bonnie Frye for setting up the schedules and keeping the stats. We are also offering Pickleball lessons on Wednesday morning.

Presentation of last year awards was given out Monday night January 18th at the Pickleball courts.

The Pickleball committee submitted a Guest/Visitor proposal to the Golf Lakes Board on January 14th. Before we could present our guidelines the Golf Lakes Board of Directors voted 'NO' Guests/Visitors for any activity in the Park at this time. They will look at it at a future date.

Please continue working with us to keep everyone safe, wearing your mask and keeping social distancing.

Thank you for your support during these extreme times. Things will get better.

Bill Blake, Chairman



GLPC – Board Members & Sub-Committees for 2020 / 2021

Bill Blake Chairman Secretary Kevin Hogan Mary Lenhard (acting) Bonnie Frve Treasurer Communications. Larry Van Deventer Sandy Tiell Equipment Socials Debbie Atkinson Socials Sandy Tiell Tournaments & Mike Henderson League Ladders.. Janis Hogan

Equipment - Windscreens

Windscreens are still being evaluated. Samples of the fabric, sizes, and costs are being compared. We are focused primarily on the pool side and the pond side for now.

Larry Van Deventer

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2019 Fall & 2020 Awards

Mike Henderson gave out the earned awards from last season's play.

2019- Fall Ladder



Thursday Ladder
First Place Men – Dave Harris
Second Place Men – Gerry DeJong



Thursday Ladder
First Place Women – Debby Atkinson
Second Place Women – Janis Hogan
(not shown)

2019- Fall Ladder (cont.)



Tuesday LadderFirst Place Men – Steve Augsburger
Second Place Men – Dave Harris



Tuesday LadderFirst Place Women – Janis Hogan (not shown)
Second Place Women – Teresa Blake

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2020 Weekly Ladder Results



Thursday Ladder
First Place Men – Dave Harris
Second Place Men – Joe McKeever

Photos Not Available

First Place Women – Janis Hogan Second Place Women – Claudette Schaefer



First Place Men – Steve Augsburger Second Place Men – Glenn Spraetz Photos Not Available First Place Women – Janis Hogan Second Place Women – Kimberley Vanderstelt

2020- Monday Partner Play



Group AFirst Place – Bill Blake
Second Place – Dave Harris



Group BFirst Place – Larry Van Deventer
Second Place – Mike Henderson

2020- Women's Wednesday

Photos Not Available
First Place – Sandy Tiell
Second Place – Lori Mathos

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2021 Fall Ladder

Ladder play is underway for this year. We are now in the second week of our Tuesday and Thursday ladder play. We began the Monday Partner Play this week and the Women's Wednesday Night Play.



Website News www.GL-PC.org

Shirt Sale - Tom Van Tuinen offered shirts, hats, & pullovers for sale again this month, with the new logo, for those that did not place an order in the fall.

History of Pickleball - This is linked to another site that gives a breakdown of the annual history of the sport.

Archives – Information about our club with previous scores, awards, and a download for the daily score sheets and membership form.

Scores – All current ladders and weekly play scores are included by day.

App Install – This is an easy link to put the **GLPC** app on your phone for easy access to the website when you are on the go. The instructions are on the website.

Five More Tips for Better Play

- 1. Return serves deep. What I just talked about for serves (last month) also applies to return serves. Return them as deep as possible. Returning them deep makes their third shot drop much more difficult. And making the third shot drop more difficult than it already is will make any pickleball player cringe.
- 2. Warm up with third shot drops. You should always have a basic warm-up routine before you start playing pickleball. But make sure you include some third shot drops in there. This is especially pertinent if you're playing at a new location. Third shot drops are hard enough as they are. But introducing a new venue, new net, and even new balls can complicate things. Make sure you warm up with some third shot drops to get used to it.
- 3. Don't be a victim of the pickleball panics. It's easy to lose control over your body when you play pickleball. I understand; I've been there too. One of the best ways to stave off the pickleball panics is to focus on your footwork. When you panic in pickleball, your feet tend to just shut down. And when your feet shutdown, well, you know what happens. Try to keep your feet relaxed and you'll do much better with the pickleball panics.

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4. Always be ready. What do infield baseball players look like when the pitch is being thrown? Are they standing straight up with their hands at their sides? Nope! They're crouching slightly with their glove and hands ready. You should do the same in pickleball. It doesn't really matter how you do it, but just getting in your stance is important.

5. Don't get down on yourself. There's no better way to utterly decimate your team's momentum on the court than by sulking. If you are visibly getting down on yourself on the court, it doesn't just affect you. It affects everyone around you. If you're playing competitively, your opponents will eat that up and use it against you.

By: BARRETT KINCHELOE A Part of his 101 Pickleball Tips







