

Skill Assessment for 3.0 Players

Name: _____ Self-Rating: _____ Date: _____
 Email: _____ Cell Phone: _____ #Games Observed: _____

Weather Conditions: _____

To be filled out by the Rating Team:

3.0 Skill Level – should ALSO possess most/ all 2.5 Skills

	0	1	2	3
Demonstrates control forehand groundstrokes (placement, direction, depth)				
Demonstrates control backhand groundstrokes (placement, direction, depth)				
Placing serves deep into the court				
Demonstrates placement of serves				
Uses deeper and higher returns of serve to allow time to approach the net				
Approaches the non-volley line quickly rather than staying back				
Sustains a short volley session at the net				
Exhibits correct court positioning for doubles and how to “move as a team”				
Uses the forehand lob with some success				
Serve team attempts to approach the net with a slow paced ball (3 rd shot)				
Sustains a dink exchange at the net				
Adjusts to differing ball speeds (serves, volleys, groundstrokes)				
Returns the ball lower over the net				
Has good mobility *				
Has good quickness *				
Has good hand-eye coordination*				

Svr. Requirement – 7 out of 10 (70%)		
	YES	NO
Service Good		
Service foot faults		

Volley Requirement – 7 out of 10 (70%)		
	YES	NO
Backhand		
Forehand		
Non-Volley Zone foot faults		

Svr. Return Requirement – 7 out 10 (70%)		
	YES	NO
Good Forehand		
Good Backhand		

* - If a person cannot move quickly enough due to physical restrictions, then the rating will be reduced according to the physical limitations as related to playing the game.

Rater's Sign: _____ Actual Skill Level: _____ Player's Sign: _____

Ledger: 0 = not observed or not able to execute, 1 = attempted but poorly executed/ needs work, 2 = good basic form/ needs work, 3 = solid, consistent performance