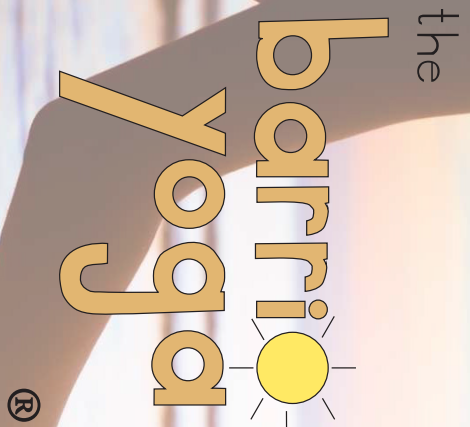


San Luis Obispo, CA
93405

Hours of Operation: 5am - 10pm



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Hours: 5am - 10pm

Barrio Yoga wants to revolutionize the way people treat stress, especially for college students and young adults. With all the craziness of 2020, stress and anxiety levels are higher than ever before; this doesn't include the normal stress that comes along with being a student.

We hope some of this practicing by following guidelines.



to help relieve stress through yoga, all in following CDC This

is your time to relax, hang out with some friends, and enjoy the nature around you, whatever that may be. Barrio Yoga, your local neighborhood studio, is so much more than just yoga; it's a way to channel your stress and bring out your happiness.



®

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barrio
yoga