	4				
3. A feeling that your ears are clogged or "under water"?	1	2	3	4 5	6
4. Ear problems when you have a cold or sinusitis?	1	2	3	4 5	6
5. Crackling or popping sounds in the ears?	1	2	3	4 (5)	6
6. Ringing in the ears?	Ī	2	3	5	6
7. A feeling that your hearing is muffled?	1	2	3	5	6
Do you get these symptoms in one ear only or both ears?  Left ear only Right ear only Both ears	?				
Total Score ÷ 7 = Mean item score 3.7					
1. ETDQ-7 Copyright 2012 by McCoul ED, Anand VK and Christos PJ. Weill Cornell Medical College, New York, New York.  Thinks L Sile My Cruckly					

During the past 1 month, how much of a problem

was each of the following?

1. Pressure in the ears?

2. Pain in the ears?

No

Problem

2

2

Moderate

Problem

4

5

5

Severe

Problem

7

7

7

7

7

7

7