**Psychosis**

Reference:

<https://www.healthline.com/health/psychosis#symptoms>

<https://www.healthline.com/symptom/unable-to-concentrate>

|  |  |
| --- | --- |
| Difficulty Concentrating | * Lack of short-term memory. * Difficulty sitting still. * Difficulty thinking clearly. * Frequently losing things. * Inability to make decisions. * Inability to perform complicated tasks. * Lack of focus. * Careless mistakes. |
| Depressed mood |  |
| Sleeping too much or not enough |  |
| Suspiciousness |  |
| Withdrawal |  |
| Delusions | A false belief or impression that is firmly held even though contradicted by reality. (Paranoia etc.) Might think they are being followed, or that secret messages are being sent. There are other types of delusion such as somatic and grandiose. |
| Hallucinations | Sensory perception. Seeing, hearing, feeling or smelling something that isn’t real. |
| Switching topics erratically |  |
| Depression |  |
| Suicidal thoughts |  |

Reference:

<https://journals.sagepub.com/doi/pdf/10.1177/070674370805301004>

Hallucinations –

* May command harm to self or others.

Delusions –

* Feeling that one’s mind is dominated by forces beyond one’s control.
* Feeling of outside thoughts that are not their own.
* Feeling that there are people that wish to do one harm.

<https://www.sciencedirect.com/science/article/abs/pii/S0005796706001641>

Social Anxiety Disorder in schizophrenia –

Triggered by anticipation of catastrophic loss of social status. Shame of psychosis causes psychotic symptoms and depression. Socially marginalized them.

Video Case study:

<https://www.youtube.com/watch?v=UK813F8ZoPg>

Causes:

* Stress.
* Drugs/Alcohol.
* Risk of medications (Steroids)
* Mental illness (Mood disorder/Schizophrenia)
* Brain damage.

<https://www.youtube.com/watch?v=tV2RLLtOgL4>

We all have the illusion of reality.

An active imagination / impressions / perceptions. “Back project to the sensations that we do have.”