

Sound Life



RECIPES
STEW GRATIFIES THE SOUL, BUT CAN DRAIN THE POCKETBOOK, 6E

TRAVEL: TANZANIA



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Staff in a dhow and kayak fish for dinner as the sun sets over Lake Tanganyika, the world's longest and second deepest lake, on the west side of Tanzania. The Mahale Mountains National Park sits at the south end of the lake, which borders Tanzania, Zambia, Burundi and the Democratic Republic of the Congo.

Searching for chimpanzees in the Mahale Mountains

2 days of trekking to see chimps worth strenuous rain forest climbs

M group chimpanzees live in the remote area of western Tanzania

Research group has been studying the family since the mid-1960s



BY LIZ WISHAW
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The dhow slowly makes its way south down Lake Tanganyika, the Mahale Mountains in the background. The captain keeps the boat moving extra slow, and his crew hands me sodas to combat my motion sickness. We are halfway through an adventure trip through Tanzania — and I am focusing on the horizon to squelch the queasiness.

We pass a fishing village of Watongwe people. The fishermen are laying out their dark red nets with catches of sardines to dry. Our tour operator, Tom Lithgow, points out the camp that was abandoned over a year ago by other tour operators. Only two tour operators remain, along with the Tanzania National Parks Authority and a group



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A pair of M group chimpanzees groom each other in the Mahale Mountains National Park. Visitors come to this remote area of Tanzania to observe the chimpanzees in their natural habitat.

of Japanese researchers, to inhabit this remote area at the south end of the lake, which borders Tanzania, Zambia, Burundi and the Democratic Republic of the Congo.

My grandmother Karen Jackson, Lithgow and myself have traveled here to track and observe the M group of chimpan-

SEE TANZANIA, 4E

ONLINE

This is the last in a two-part series on travel in Tanzania. Read the first part at thenewstribune.com/living

MAKE A PIT STOP AT PARKER RANCH SHOPPING

A stop at the Parker Ranch stores makes for a great rest stop on the two-hour drive from the sunny side of the island near Kona (where most of the resorts are) to the volcano park and gardens near Hilo on the rainy side of the Big Island.

Arched bridges, weeping willows, azaleas, bamboo groves and easy-to-stroll pathways make this garden a favorite of anyone who visits Hilo. You can also enjoy the shade of the huge banyan trees, each marked with the name of the famous person that planted it — from Babe Ruth to Richard Nixon. Admission is free.

WALK THE WORLD BOTANICAL GARDEN

The lure of this botanic garden

SEE BINETTI, 3E



ON GARDENING

Exploring Big Island's greenery



BY MARIANNE BINETTI
Contributing writer

It doesn't get much better than visiting Hawaii during the cold winter months.

Leading a group of garden and nature lovers on a visit to the Big Island of Hawaii revealed some interesting sites that go beyond sun and sand. The dirt-cheap ideas below may be a bit off the beaten tourist track, but exploring all the variety that this island has to offer is one reason it has become so popular.

HILO JAPANESE GARDEN AND BANYAN TREES

This public garden in Hilo, on the rainy, green side of the Big

Island, was planted to honor the Japanese immigrants, and this lovely park is the site of many local weddings.

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CRAIG SAILOR Staff file, 2013
In this photo processed and formatted by the online social media application Instagram: A Hawaiian pink quill blooms at the Hawaii Tropical Botanical Garden, north of Hilo on the Big Island.

