

## Food security status, based on 18 item questionnaire\*

Status	Interpretation	10 item adult food security scale	8 item child food security scale
Food secure	No report of income-related problems of food access.	No items affirmed	No items affirmed
Marginal food insecurity**	Some indication of worry or an income-related barrier to adequate, secure food access.	Affirmed no more than 1 item on either scale	
Moderate food insecurity	Compromise in quality and/or quantity of food consumed by adults and/or children due to a lack of money for food.	2 to 5 positive responses	2 to 4 positive responses
Severe food insecurity	Disrupted eating patterns and reduced food intake among adults and/or children	6 or more positive responses	5 or more positive responses

\* Adapted from: Canadian Community Health Survey, cycle 2.2, Nutrition (2004): Income related Household Food Security in Canada.

\*\* One item in either scale affirmed.