

# Practice Assignment

Tutorial 7

## **Tips: Some brief background**

What is glucose-6-phosphatase (G6Pase)?

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Glycogenolysis

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- Glucose-6-phosphate  $\xrightarrow{\text{G6Pase}}$  glucose

What is para-Nitrophenyl phosphate (PNPase)?

- In the study, PNPase is a control that does not get influenced by refeeding

## Tips: Euglycemic hyperinsulinemic clamp

Eu = constant, hyper = increased

- 1 Infuse a set amount of insulin into vein
- 2 Infuse glucose into vein and adjust glucose infusion to maintain blood glucose at normal levels (approx. 5mM)
- 3 Measure how much glucose had to be infused to keep blood glucose normal

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**By design**, blood glucose doesn't change, but blood insulin levels are very high.

What are clamps trying to measure/determine?

Assess insulin resistance. . . less glucose infused → more insulin resistant (cellular uptake less) at any given insulin level.

## Study 1

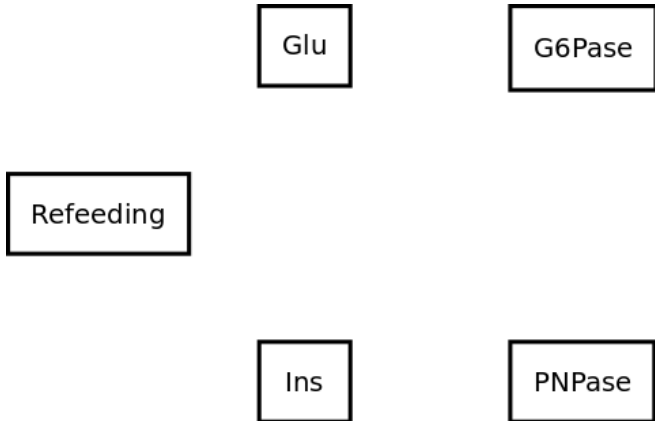
- The objective of this study was to determine the effect of refeeding food-deprived rats on hepatic glucose-6-phosphatase (G6Pase) activity.
- Rats were food-deprived for 48hrs and then given free access to food for 0, 90, 180 or 360 minutes.
- At each time point, plasma was obtained for glucose and insulin measurements and liver samples removed for enzyme determination. In addition to G6Pase, paprinitrophenyl-phosphatase (PNPase) activity was monitored as a control for the G6Pase measurement.



## Study 1, con't

- To determine whether changes in glucose or insulin were mediating the effects of refeeding on hepatic G6Pase activity, a euglycemic, hyperinsulinemic clamp experiment was performed.
- Food-deprived rats were fitted with catheters in the carotid artery and jugular vein for blood sampling (artery) and glucose and insulin infusions (vein).
- Rats were perfused with predetermined doses of insulin and then variable doses of glucose were administered in order to maintain normal blood glucose levels.
- Fifty minutes after commencement of the infusion, liver samples were removed for G6Pase determination.

# Concept map



## Question 1a

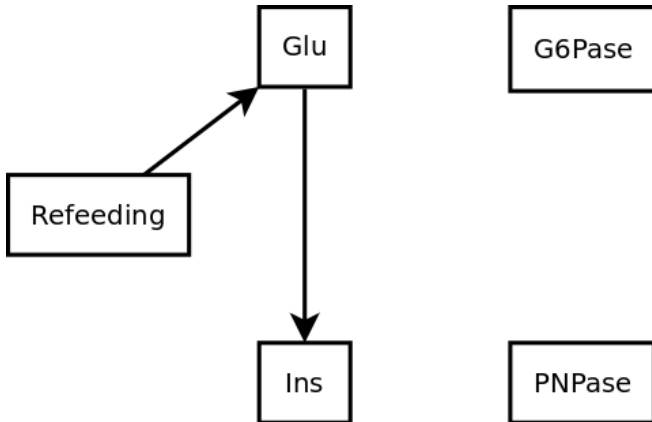
Describe the differences in blood glucose and insulin associated with refeeding the food-deprived rats (Table 1) (2).

Table 1: Changes in plasma glucose and insulin levels in previously unfed rats in the course of refeeding

Time	Glu (mmol/L)	Ins (pmol/L)
0	6.3+/-0.6	83+/-14
90	11.1+/-0.7*	366+/-54
180	10.1+/-1.1*	331+/-56*
360	9.2+/-0.8*	345+/-41*

Note: Values are means +/- SEM. \*  $p < 0.05$  vs time zero (0).

## Concept map



## Question 1b

Describe the effects of refeeding on G6Pase activity (Figure 1) (1).

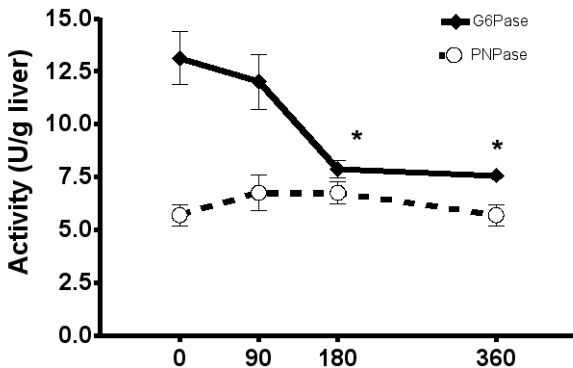
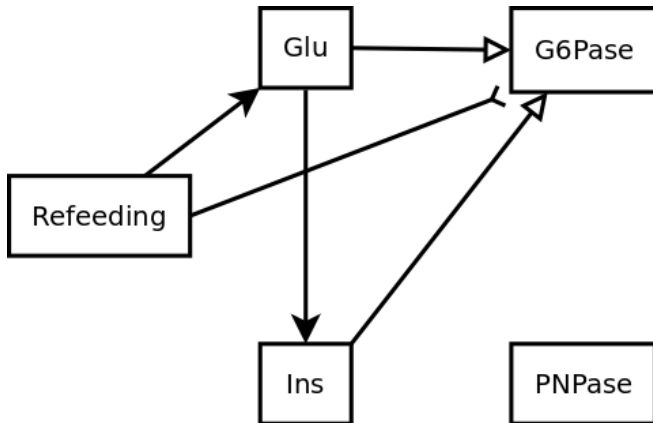


Figure 1. Time course of glucose-6-phosphatase activity during refeeding of previously unfed rats. Values are means $\pm$ SEM, n=6/group.

\*Significantly different from unfed value ( $p < 0.01$ ).

## Concept map



## Question 2

Using the data provided, discuss the relative contributions of hepatic and dietary carbohydrate to plasma glucose levels observed over the time course monitored (7).

**Possible answer:**

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**Possible answer:**

- G-6-Pase activity decreases significantly by 180 & 360 minutes, while blood glucose & insulin levels continue to rise during this time. We would expect this since a supply of glucose from the food reduces the amount that the body needs to supply endogenously from the liver



## Question 2, con't

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- Illustrates the shift from the metabolic state seen in the post-absorptive or fasted state, to the metabolic state of a fed animal
- PNPase is just a housekeeping enzyme.

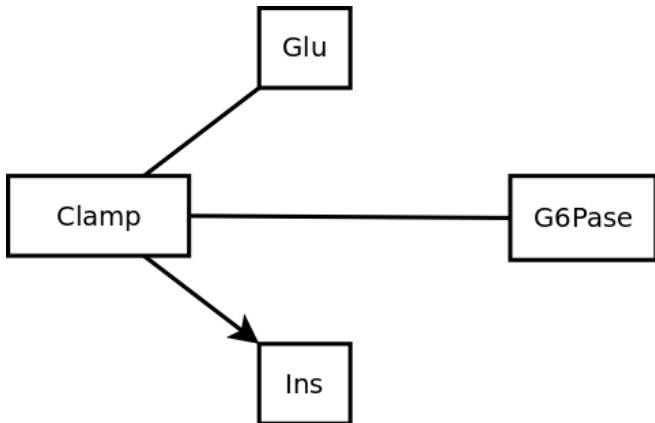
### Question 3

Describe the major outcomes of the euglycemic clamp study (Table 2) (2).

Table 2: Effect of insulin infusion on glucose-6-phosphatase activity in unfed rats with euglycemic clamps. (Note: Glu/Ins in = glucose/insulin perfused into the blood).

Ins in	Glu in	Glu start	Glu end	Ins	G6Pase
Saline	—	$6.4 \pm 0.2$	$6.8 \pm 0.2$	$97 \pm 7$	$12.0 \pm 0.8$
240	$11 \pm 1$	$6.4 \pm 0.1$	$7.1 \pm 0.2$	$221 \pm 8$	$10 \pm 0.4$
480	$18 \pm 2$	$6.7 \pm 0.5$	$6.8 \pm 0.2$	$324 \pm 29$	$11.3 \pm 0.7$
960	$35 \pm 1$	$6.0 \pm 0.4$	$6.9 \pm 0.5$	$704 \pm 94$	$12.1 \pm 1.2$
2880	$50 \pm 2$	$5.9 \pm 0.2$	$6.0 \pm 0.2$	$>1400$	$14.6 \pm 0.8$
28800	$49 \pm 2$	$5.9 \pm 0.4$	$6.5 \pm 0.8$	$>1400$	$13.6 \pm 0.3$

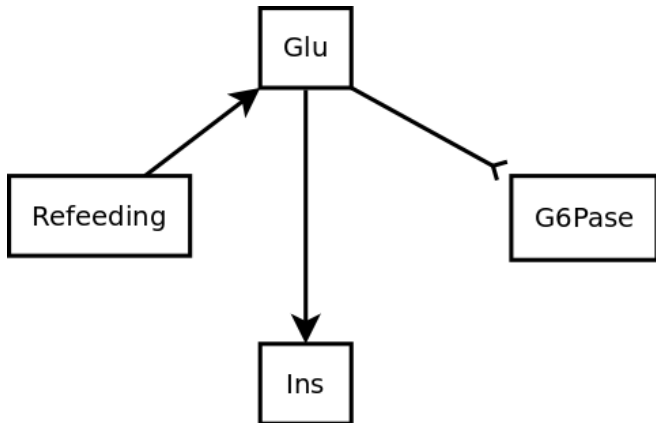
## Concept map — Glu or Ins on G6Pase?



## Question 4

Discuss whether G6Pase activity is predominantly regulated by dietary carbohydrate or hormonal factors (8). (Hint: Does insulin (hormone) or glucose (diet) change G6Pase?)

## Concept map



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### Possible answer:

- Feeding increased glucose & insulin (Table 1)
- After the increase in glucose and insulin, G6Pase activity drops (Figure 1)
- This drop in G6Pase is likely due to changes in glucose since changes in insulin have no effect on G6Pase activity

## Tip: Brief background

What is phosphofructokinase-I (PFK-I)?

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Glycolysis

- Fructose-6-Phosphate  $\xrightarrow{\text{PFK-I}}$  Fructose-1,6-bisphosphate  $\rightarrow$  ATP generation (glucose metabolism)

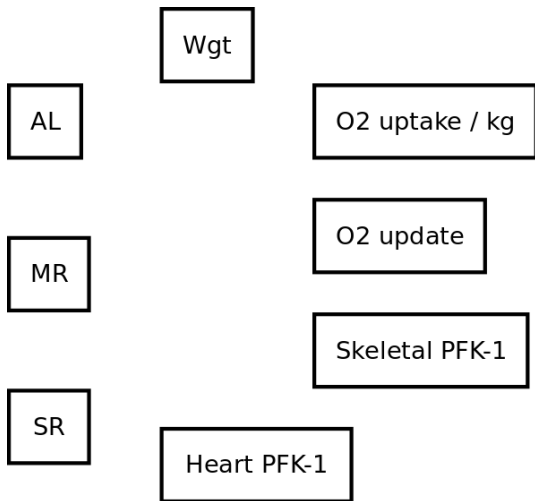
## Study 2

- The purpose of this experiment was to determine the effects of dietary restriction and subsequent weight loss on phosphofructokinase-I (PFK-I) activity in selected skeletal and heart muscles.
- Fifty-five female rats were separated into 3 groups for 10 weeks of dietary restriction.
  - 1 AL = ad libitum fed (no restriction)
  - 2 MR = moderate restriction (weight reduced to 81% of AL)
  - 3 SR = severe restriction (weight reduced to 63% of AL).

## Study 2, con't

- During the last week of the study, a measurement of the animal's resting oxygen uptake was taken in order to estimate total oxygen consumption associated with energy metabolism.
- The rats were then killed and the PFK-1 activity in the heart and various skeletal muscles was determined using standardized techniques.

## Concept map



## Question 1

Describe changes in body weight, and resting oxygen uptake (both in absolute and relative terms) for the AL, MR, and SR groups (Table 1, Figure 2)(3).

Table 3: Mean body weight of animals prior to and after the dietary restriction.

	Wgt (g) - AL	Wgt (g) - MR	Wgt (g) - SR
Pre-restriction	350+/-30	350+/-30	350+/-30
Post-restriction	395+/-60a	331+/-50b	253+/-38c

Mean +/- SEM. Means in the same row with different superscripts are significantly different ( $p < 0.05$ ).



## Question 1, con't

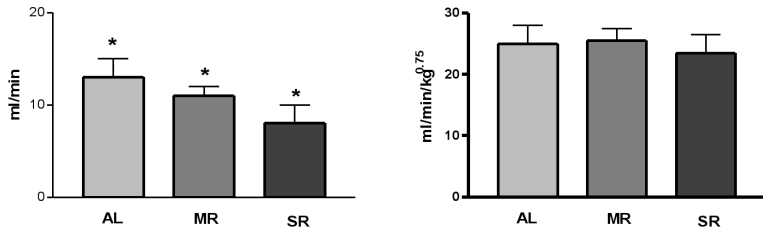
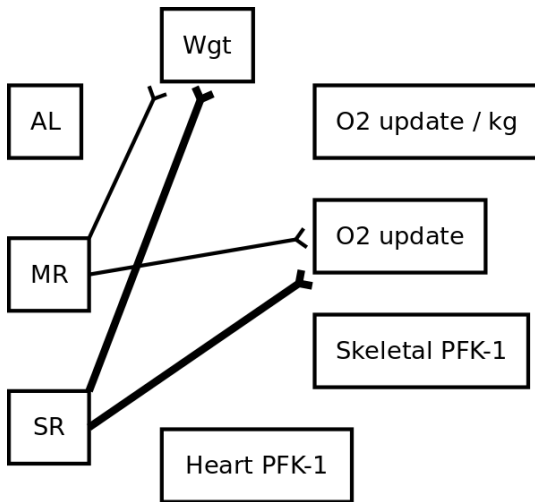


Figure 2. Resting oxygen uptake for 55 female Sprague-Dawley rats expressed in absolute (ml/min) and relative (ml/min/kg<sup>0.75</sup>) terms. \* All groups are statistically different from each other,  $p < 0.05$ .

## Concept map



## Question 1b

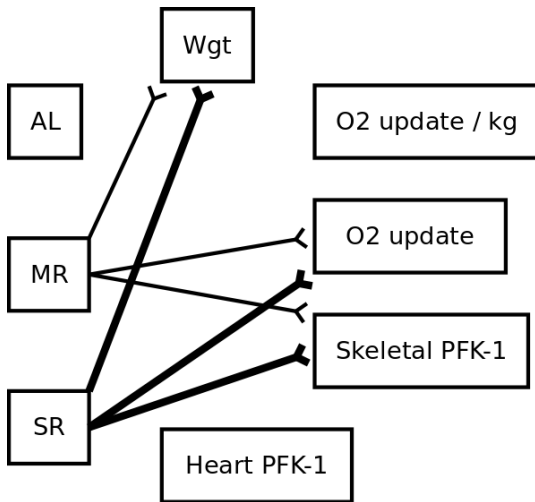
Describe changes in the activity of PFK-1 in heart and skeletal muscles caused by dietary restriction (Table 2)(2).

Table 4: Effect of dietary restriction on PFK-1 ( $\mu\text{mol/g/min}$ ) activity in skeletal and heart muscle.

	AL	MR	SR
# per group	16	20	19
Skeletal			
- Gastrocnemius	105 $\pm$ 7 <sup>a</sup>	86 $\pm$ 6 <sup>b</sup>	62 $\pm$ 6 <sup>c</sup>
- Plantaris	92 $\pm$ 6 <sup>a</sup>	86 $\pm$ 5 <sup>a</sup>	66 $\pm$ 4 <sup>b</sup>
- Soleus	25 $\pm$ 2 <sup>a</sup>	22 $\pm$ 1 <sup>a</sup>	16 $\pm$ 1 <sup>b</sup>
- Heart	64 $\pm$ 3	68 $\pm$ 3	66 $\pm$ 3

Means  $\pm$  SEM. Means in the same row with different superscripts are significantly different,  $p < 0.05$

## Concept map



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- Figure 1: Calorically restricted rats have decreased metabolism (measured from resting O<sub>2</sub> uptake) but this effect is totally accounted for by the loss in body weight (there is no significant difference between groups when data is normalized for body weight → expressed in relative terms)

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### **Possible answer:**

- Table 1: Caloric restriction causes a drop in body weight
- Figure 1: Calorically restricted rats have decreased metabolism (measured from resting O<sub>2</sub> uptake) but this effect is totally accounted for by the loss in body weight (there is no significant difference between groups when data is normalized for body weight → expressed in relative terms)
- Table 2: Skeletal muscle PFK-1 activity drops with caloric restriction (but not heart PFK-1)



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- Decreased energy intake leads to decreased PFK-1 activity and therefore decreased glucose use
- The animals are most likely mobilizing fat from adipose tissue for fuel and some protein

## Question 3

What other enzyme/metabolites would you want to measure to verify the PFK-I enzyme effect, and why? (5)

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**Possible answers:**

- Any enzymes/metabolites in glycolytic pathway
- Any enzymes/metabolites in beta-oxidation to confirm increased use of fat for fuel