

Problem

Gaming Addiction

Identify

1. Questionnaire
2. Information Bank

Conquer (Overcome the addiction) & Sustain

1. Set Clear Goals: What is their gaming time target
2. Set Boundaries: Limit gaming time
3. Find Other Activities: Before they play & after the limit, send a prompt suggesting other things to do
4. Remove Temptations: Uninstall Game
5. Make Progress: Progressively decrease gaming time
6. Track Progress: Log Gaming Time
7. Stay Accountable: Accountability Bank/Reward & Punishment System

Reward & Punishment System:

- Each successful day, earn coins
- Depending on the streak can make x2, x3, etc
- If you fail the day, you lose coins
- Your coins will be public

Features

Green: High priority, very important to implement first

Orange: Low priority, very important to focus on green first

1. Questionnaire
2. Information Bank (Static)
 - a. Content writers (us) write articles/blogs on gaming addiction
 - i. Am I Addicted?
 - ii. How To Get Rid Of Gaming Addiction?
3. Progress Tracker
 - a. User manually logs
 - b. Background logger (installable)
4. Reward & Punishment System
 - a. On a Successful day, user gets coins
 - b. On a Failed day user loses coins
 - c. Public list of top 10 users with the most coins
5. Community Forum
 - a. Post list
 - b. Submit post
 - c. View post