# p-values, Power and Sample Size JH Notes: Inference about a Population Mean ( $\mu$ )

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October 12, 2018



*p*-values

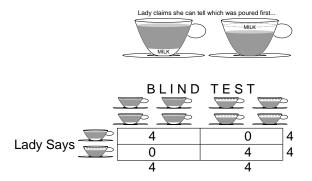
#### p-values and statistical tests

#### Definition 1 (p-value)

A **probability concerning the observed data**, calculated under a **Null Hypothesis** assumption, i.e., assuming that the only factor operating is sampling or measurement variation.

- <u>Use</u> To assess the evidence provided by the sample data in relation to a pre-specified claim or 'hypothesis' concerning some parameter(s) or data-generating process.
- <u>Basis</u> As with a confidence interval, it makes use of the concept of a *distribution*.
- <u>Caution</u> A *p*-value is NOT the probability that the null 'hypothesis' is true

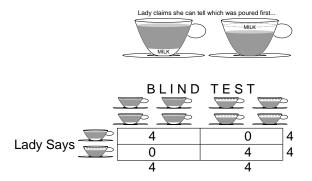
## Example 1 – from Design of Experiments, by R.A. Fisher



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Alternative Hypothesis (H<sub>alt</sub>): she can.

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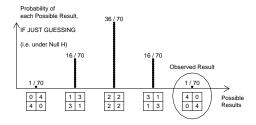


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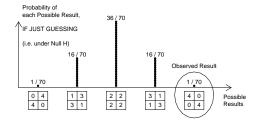
# The evidence provided by the test

- Rank possible test results by degree of evidence against H<sub>null</sub>.
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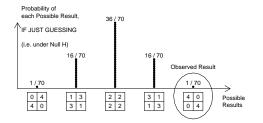


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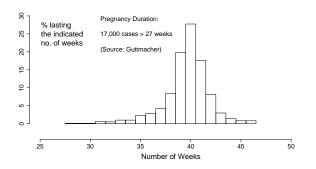
Interpretation of such data often rather simplistic, as if these data alone should decide: i.e. if  $P_{value} < 0.05$ , we 'reject'  $H_{null}$ ; if  $P_{value} > 0.05$ , we don't (or worse, we 'accept'  $H_{null}$ ). Avoid such simplistic 'conclusions'.

# Example 2 – Preston-Jones vs. Preston-Jones, English House of Lords, 1949

#### Divorce case:

- Sole evidence of adultery was that a baby was born almost 50 weeks after husband had gone abroad on military service. The appeal failed.
- To quote the court:
  - "The appeal judges agreed that the limit of credibility had to be drawn somewhere, but on medical evidence 349 (days) while improbable, was scientifically possible."

## Example 2 – data collected from the 1970s



- p-value, calculated under "Null" assumption that husband was father, = 'tail area' or probability corresponding to an observation of '50 or more weeks' in above distribution
- Same system used to report how extreme a lab value is are told where value is located in distribution of values from healthy (reference) population.

### p-value via the Normal (Gaussian) distribution.

- When judging extremeness of a sample mean or proportion (or difference between 2 sample means or proportions) calculated from an amount of information that is sufficient for the Central Limit Theorem to apply, one can use Gaussian distribution to readily obtain the p-value.
- Calculate how many standard errors of the statistic,  $SE_{statistic}$ , the statistic is from where null hypothesis states true value should be. This "number of SE's" is in this situation referred to as a ' $Z_{value}$ .'

$$Z_{value} = \frac{statistic - its \ expected \ value \ under \ H_{null}}{SE_{statistic}}.$$

p-value can then be obtained by determining what % of values in a Normal distribution are as extreme or more extreme than this  $Z_{value}$ .

■ If *n* is small enough that value of *SE*<sub>statistic</sub>, is itself subject to some uncertainty, one would instead refer the "number of SE's" to a more appropriate reference distribution, such as Student's *t*- distribution.

#### More about the *p*-value

■ The *p*-value is a **probability concerning data**, **conditional on the Null Hypothesis being true**.

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```
p_{value} = P(\text{this or more extreme data}|H_0)

\neq P(H_0|\text{this or more extreme data}).
```

- Statistical tests are often coded as statistically significant or not according to whether results are extreme or not with respect to a reference (null) distribution. But a test result is just one piece of data, and needs to be considered along with rest of evidence before coming to a 'conclusion.'
- Likewise with statistical 'tests': the p-value is just one more piece of evidence, hardly enough to 'conclude' anything.

# The prosecutor's fallacy <sup>1</sup>

- A criminal leaves fifty thousand blood cells at the scene of a crime which is just barely enough to stain a handkerchief.
- A forensic scientist extracts DNA from the sample to create a 'DNA fingerprint'.
- Its pattern resembles that of a suspect.
- The scientist calculates that the chance of a match between the sample and a random member of the public is one in a million. How incriminating is this evidence?

Who's the DNA fingerprinting pointing at? New Scientist, 1994.01.29, 51-52.

# The prosecutor's fallacy

- Statistician Peter Donnelly opened a new area of debate, remarking that
  - ► Forensic evidence answers the question: "What is the probability that the defendant's DNA profile matches that of the crime sample, assuming that the defendant is innocent?"
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  - While the jury must try to answer the question: "What is the probability that the defendant is innocent, assuming that the DNA profiles of the defendant and the crime sample match?"
- The error in mixing up these two probabilities is called "the prosecutor's fallacy," and it is suggested that newspapers regularly make this error.
- Donnelly's testimony convinced the judges that the case before them involved an example of this and they ordered a retrial.

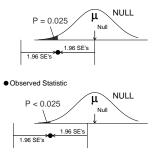
# The prosecutor's fallacy in a game of poker

- Imagine the judges were playing a game of poker with the Archbishop of Canterbury.
- If the Archbishop were to deal a royal flush on the first hand, one might suspect him of cheating.
- The probability of the Archbishop dealing a royal flush on any one hand, assuming he is an honest card player, is about 1 in 70 000.
- But if the judges were asked whether the Archbishop was honest, given that he had just dealt a royal flush, they would be likely to quote a probability greater than 1 in 70 000.

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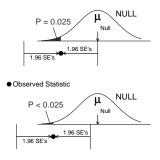
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- But if the judges were asked whether the Archbishop was honest, given that he had just dealt a royal flush, they would be likely to quote a probability greater than 1 in 70 000.
- The first probability is analogous to the answer of the forensic scientist's question, and the second probability analogous to the answer of the jury's question.

# (Intimate) Relationship between p-value and CI



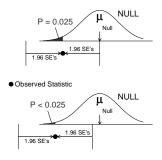
• (Upper graph) If upper limit of 95% CI *just touches* null value, then the 2 sided *p*-value is 0.05 (or 1 sided *p*-value is 0.025).

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- (Lower graph) If upper limit *excludes* null value, then the 2 sided *p*-value is less than 0.05 (or 1 sided *p*-value is less than 0.025).

# (Intimate) Relationship between p-value and CI



- (Upper graph) If upper limit of 95% CI *just touches* null value, then the 2 sided *p*-value is 0.05 (or 1 sided *p*-value is 0.025).
- (Lower graph) If upper limit excludes null value, then the 2 sided p-value is less than 0.05 (or 1 sided p-value is less than 0.025).
- (Graph not shown) If CI includes null value, then the 2-sided p-value is greater than (the conventional) 0.05, and thus observed statistic is "not statistically significantly different" from hypothesized null value.

# Don't be overly-impressed by *p*-values

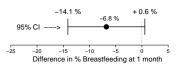
- p-values and 'significance tests' widely misunderstood and misused.
- Very large or very small n's can influence what is or is not 'statistically significant.'
- Use Cl's instead.
- Pre study power calculations (the chance that results will be 'statistically significant', as a function of the true underlying difference) of some help.
- post-study (i.e., after the data have 'spoken'), a CI is much more relevant, as it focuses on magnitude & precision, not on a probability calculated under H<sub>null</sub>.

# **Applications**

# Do infant formula samples ↓ dur<sup>n.</sup> of breastfeeding?<sup>2</sup>

Randomized Clinical Trial (RCT) which withheld free formula samples [given by baby-food companies to breast-feeding mothers leaving Montreal General Hospital with their newborn infants] from a random half of those studied.

Mothers				
At 1 month	given	not given	Total	
	sample	sample		Conclusion
Still Breast	175	182	357	
feeding	(77%)	(84%)	(80.4%)	P=0.07. So,
				the difference is
Not Breast	52	35	87	"Not Statistically
feeding				Significant" at 0.05 level
Total	227	217	444	



<sup>&</sup>lt;sup>2</sup>Bergevin Y, Dougherty C, Kramer MS. Lancet. 1983 1(8334):1148-51

## Messages

- no matter whether the p-value is "statistically significant" or not, always look at the location and width of the confidence interval. it gives you a better and more complete indication of the magnitude of the effect and of the precision with which it was measured.
- this is an example of an inconclusive negative study, since it has insufficient precision ("resolving power") to distinguish between two important possibilities – no harm, and what authoroties would consider a substantial harm: a reduction of 10 percentage points in breastfeeding rates.
- "statistically significant" and "clinically-" (or "public health-") significant are different concepts.
- (message from 1st author:) plan to have enough statistical power. his study had only 50% power to detect a difference of 10 percentage points)

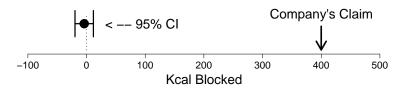
#### Do starch blockers really block calorie absorption?

Starch blockers – their effect on calorie absorption from a high-starch meal. Bo-Linn GW. et al New Eng J Med. 307(23):1413-6, 1982 Dec 2

- Known for more than 25 years that certain plant foods, e.g., kidney beans & wheat, contain a substance that inhibits activity of salivary and pancreatic amylase.
- More recently, this antiamylase has been purified and marketed for use in weight control under generic name "starch blockers."
- Although this approach to weight control is highly popular, it has never been shown whether starch-blocker tablets actually reduce absorption of calories from starch.
- Using a one-day calorie-balance technique and a high starch (100 g) meal (spaghetti, tomato sauce, and bread), we measured excretion of fecal calories after n=5 normal subjects in a cross-over trial had taken either placebo or starch-blocker tablets.
- If the starch-blocker tablets had prevented the digestion of starch, fecal calorie excretion should have increased by 400 kcal.

#### Do starch blockers really block calorie absorption?

■ However, fecal calorie excretion was same on the 2 test days (mean  $\pm$  S.E.M., 80  $\pm$  4 as compared with 78  $\pm$  2).



- We conclude that starch blocker tablets do not inhibit the digestion and absorption of starch calories in human beings.
- EFFECT IS MINISCULE (AND ESTIMATE QUITE PRECISE) AND VERY FAR FROM COMPANY'S CLAIM !!!
- A '**DEFINITIVELY NEGATIVE**' STUDY.

# Summary

#### SUMMARY - 1

- Confidence intervals preferable to p-values, since they are expressed in terms of (comparative) parameter of interest; they allow us to judge magnitude and its precision, and help us in 'ruling in / out' certain parameter values.
- A 'statistically significant' difference does not necessarily imply a clinically important difference.
- A 'not-statistically-significant' difference does not necessarily imply that we have ruled out a clinically important difference.

#### SUMMARY - 2

- Precise estimates distinguish b/w that which if it were true would be important and that which if it were true would not. 'n' an important determinant of precision.
- A lab value in upper 1% of reference distribution (of values derived from people without known diseases/conditions) does not mean that there is a 1% chance that person in whom it was measured is healthy; i.e., it doesn't mean that there's a 99% chance that the person in whom it was measured does have some disease/condition.
- Likewise, *p*-value ≠ probability that null hypothesis is true.
- The fact that

Prob[the data | Healthy] is small [or large] does not necessarily mean that  $Prob[Healthy \mid the \ data] \ is \ small \ [or \ large]$ 

#### SUMMARY - 3

- Ultimately, p-values, Cl's and other evidence from a study need to be combined with other information bearing on parameter or process.
- Don't treat any one study as last word on the topic.

# Power and Sample Size

#### Is this milk watered down?<sup>3</sup>

- A cheese maker buys milk from several suppliers. It suspects that some suppliers are adding water to their milk to increase their profits.
- Excess water can be detected by measuring the freezing point of the liquid.

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- Added water raises the freezing temperature toward 0°C, the freezing point of water.

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- The laboratory manager measures the freezing temperature of five consecutive lots of 'milk' from one supplier. The mean of these 5 measurements is -0.533°C.

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- The laboratory manager measures the freezing temperature of five consecutive lots of 'milk' from one supplier. The mean of these 5 measurements is -0.533°C.
- Question: Is this good evidence that the producer is adding water to the milk?

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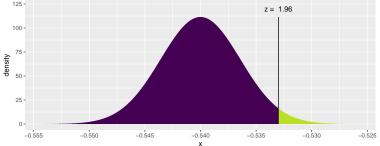
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```
mosaic::xpnorm(q = -0.533, mean = -0.540, sd = 0.008/sqrt(5)) ## ## If X \sim N(-0.54, 0.003578), then ## P(X <= -0.533) = P(Z <= 1.957) = 0.9748 ## P(X > -0.533) = P(Z > 1.957) = 0.0252 ##
```



# Test using a Z statistic

■ 
$$H_0: \mu = -0.540^{\circ}$$
C  $H_a: \mu > -0.540^{\circ}$ C

■ We can also standardize our observed mean and calculate the p-value under a  $\mathcal{N}(0,1)$ 

```
SEM <- 0.008/sqrt(5)

z_stat <- (-0.533 - (-0.540)) / SEM

mosaic::xpnorm(q = z_stat, mean = 0, sd = 1)

##

## If X ~ N(0, 1), then

## P(X <= 1.957) = P(Z <= 1.957) = 0.9748

## P(X > 1.957) = P(Z > 1.957) = 0.0252

##
```



# Test using critical values

■ An observed mean freezing temperature greater than -0.5341 rejects the null hypothesis:

```
mosaic::xqnorm(p = 0.95, mean = -0.540, sd = 0.008/sqrt(5))

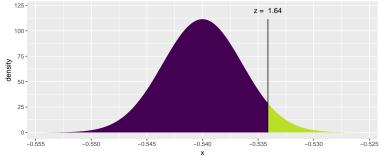
##

## If X ~ N(-0.54, 0.003577709), then

## P(X <= -0.5341152) = 0.95

## P(X > -0.5341152) = 0.05

##
```



# Test using critical values

```
mosaic::xqnorm(p = 0.95, mosaic::xpnorm(q = -0.533, mean = -0.540, sd = 0.008/sqrt(5)) sd = 0.008/sqrt(5))
```

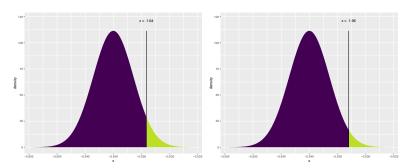


Fig.: critical value under the null Fig.: test statistic under the null distribution distribution

Thus we reject  $H_0$  at  $\alpha = 0.05$ .

What does it mean to reject  $H_0$  at level  $\alpha$ ?

It means that, if  $H_0$  were true and the procedure (sampling data, performing the significance test) were repeated many times, the testing procedure would reject  $H_0$   $\alpha 100\%$  of the time.

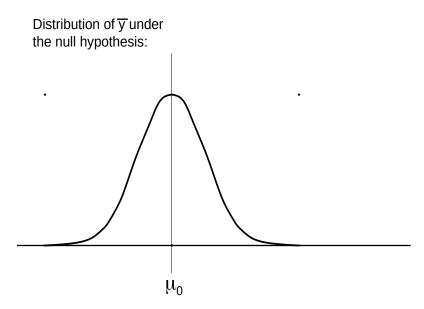
		Truth about the population	
		$H_0$ true	$H_a$ true
Decision based on sample	Reject $H_0$	Type I error	Correct decision
	Accept $H_0$	Correct decision	Type II error

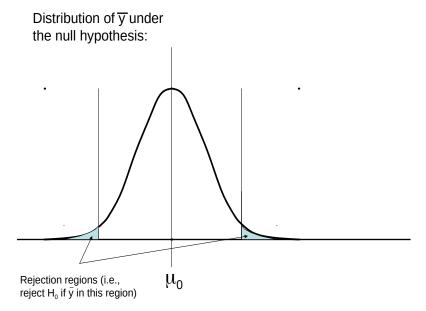
In this special setting we give special names to the false positive and false negative rates:

- Type I error ( $\alpha$ ): probability that a significance test will reject  $H_0$  when in fact  $H_0$  is true.
- Type II error ( $\beta$ ): probability that a significance test will fail to reject  $H_0$  when  $H_0$  is not true.

The Type I error is the significance level of the test,  $\alpha$ , which is often set to 0.05.

As we will see in a moment, the Type II error,  $\beta$ , is determined by the sample size and the chosen Type I error rate/significance level. (Therefore, with  $\alpha$  fixed at, say 0.05, the only way to reduce  $\beta$  is to increase n or decrease s.)

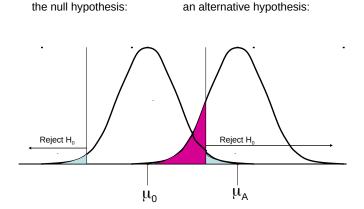




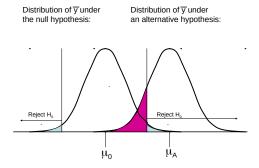
Distribution of  $\overline{y}$  under

- the blue area represents the Type I error the probability of rejecting  $H_0$  if  $H_0$  is true.
- the purple area represents the Type II error the probability of not rejecting  $H_0$  if  $H_A$  is in fact true (and therefore  $H_0$  should be rejected).

Distribution of  $\overline{y}$  under



- (i) the variability of the sampling distribution of  $\overline{\it y}$
- (ii) the distance between  $\mu_0$  and the true value of  $\mu$  (in our previous slide we called this  $\mu_A$ ) will affect the Type II error



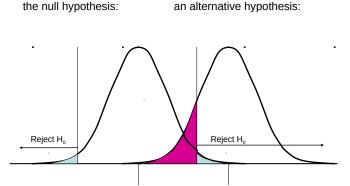
#### Power

# Definition 2 (Power)

Distribution of <del>V</del> under

The probability that a fixed level  $\alpha$  significance test will reject  $H_0$  when a particular alternative value of the parameter is true is called the **power** of the test to detect the alternative

Distribution of  $\overline{V}$  under



# Statistical Power and Sample Size: 3 questions

- 1. How much water a farmer/supplier could add to the milk before (s)he has a 10%, 50%, 80% chance of getting caught (of the buyer 'detecting' the cheating)
- 2. Assume a 99:1 mix of mild and water, and ask what the chances are of detecting cheating if the buyer uses samples n=10, 15 or 20 rather than just 5 measurements
- 3. At what *n* does the chance of detecting cheating reach 80%, a commonly used (but arbitrary) criterion used in sample-size planning by investigators seeking funding for their proposed research

# How much water a farmer/supplier could add to the milk before (s)he has a 10%, 50%, 80% chance of getting caught (of the buyer detecting the cheating)

# Statistical Power: the chance of getting caught

- We now want to know how much water a farmer could add to the milk before they have a 10%, 50%, 80% chance of getting caught (of the buyer detecting the cheating).
- Assume the buyer continues to use an n of 5, and the same  $\sigma=0.008^{\circ}\text{C}$ , and bases the boundary for rejecting/accepting the product on a  $\alpha=0.05$ , and a 1-sided test which translates to the buyer setting the cutoff at

$$-0.540 + 1.645 \times 0.008 / \sqrt{5} = -0.534$$
°C.

This is equivalent to qnorm(p = 0.95, mean =
-0.540, sd = 0.008/sqrt(5))

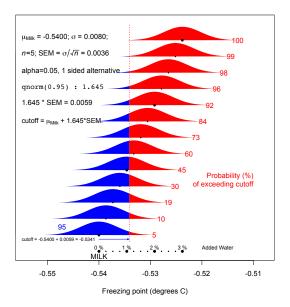
# Statistical Power: the chance of getting caught

Assume that mixtures of M% milk and W% water would freeze at a mean of

$$\mu = (\text{M}/100) \times -0.545^{\circ}\text{C} + (\text{W}/100) \times 0^{\circ}\text{C}$$

and that the  $\sigma$  would remain unchanged.

Thus, mixtures of 99% milk and 1% water would freeze at a mean of  $\mu=(99/100)\times -0.540^{\circ}\text{C}+(1/100)\times 0^{\circ}\text{C}=-0.5346^{\circ}\text{C}.$  Mixtures of 98:2 would freeze at  $\mu=-0.5292^{\circ}\text{C}.$ 



The probabilities in red were calculated using the formula: pnorm(cutoff, mean = mu.mixture, sd = SEM, lower.tail=FALSE)

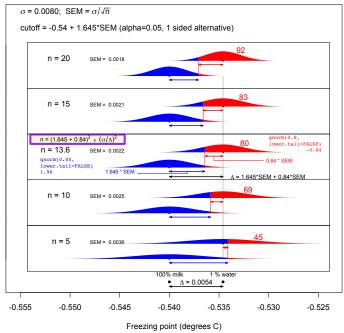
# Statistical Power: the chance of getting caught

- The calculations shown at the left below are used to set the cutoff; it is based on the <u>null</u> distribution shown at the bottom.
- Clearly the bigger the signal (the ' $\Delta$ ') the more chance the test will 'raise the red flag.' It is 92% when it is a 98:2, and virtually 100% when it is a 97:3 mix.

Assume a 99:1 mix of mild and water, and ask what the chances are of detecting cheating if the buyer uses samples n=10, 15 or 20 rather than just 5 measurements

### More measurements

- Suppose even a 1% added water is serious, and worth detecting.
- Clearly, from the previous Figure, and again at the bottom row of the following Figure, one has only a 45% chance of detecting it: there is a large overlap between the sampling distributions under the null (100% Milk) and the mixture (99% milk, 1% water) scenarios.
- So, to better discriminate, one needs to make a bigger resting effort, and measure more lots, i.e., increase the *n*.



#### More measurements

- The larger n narrows and concentrates the sampling distribution. The width is governed by the SD of the sampling distribution of the mean of n measurements, i.e., by the Standard Error of the Mean, or SEM =  $\sigma/\sqrt{n}$ .
- Because the null sampling distribution narrows, the cutoff is brought closer to the null. And under the alternative (non-null) scenario, a greater portion of its sampling distribution is to the right of (i.e., exceeds) the cutoff.
- Indeed, under the alternative (i.e., cheating) screnario the probability of exceeding the threshold is almost 70% when n = 10, 82% when n = 15 and 92% when n = 20.
- You can check these for yourself in **R** using this expression:

```
pnorm(cutoff, mean = mu.mixture, sd =
sigma/sqrt(n), lower.tail=FALSE)
```

At what *n* does the chance of detecting cheating reach 80%, a commonly used (but arbitrary) criterion used in sample-size planning by investigators seeking funding for their proposed research

# What sample size needed?

- We can come up with a closed form formula that (a) allows you to compute the sample size 'by hand' and (b) shows you, more explicitly than the diagram or R code can, what drives the n.
- The 'balancing formula', in SEM terms, is simply the *n* where

$$1.645 \times \text{SEM} + 0.84 \times \text{SEM} = \Delta.$$

Replacing each of the SEMs (assumed equal, because we assumed the variability is approx. the same under both scenarios) by  $\sigma/\sqrt{n}$ , i.e.,

$$1.645 \times \sigma/\sqrt{n} + 0.84 \times \sigma/\sqrt{n} = \Delta.$$

and solving for n, one gets

$$n = (1.645 + 0.84)^2 \times \left\{\frac{\sigma}{\Delta}\right\}^2 = (1.645 + 0.84)^2 \times \left\{\frac{\text{Noise}}{\text{Signal}}\right\}^2.$$

# What sample size needed?

- Notice the 'anatomy' or 'structure of the formula. The *first* component has to do with the operating characteristics or performance of the test, i.e., the 'type I error' probability ' $\alpha$ ' and the desired power (the complement of the 'type II error' probability,  $\beta$ ).
- The second has to do with the context in which it is applied, i.e, the size of the 'noise' relative to the 'signal.' In our example, where the 'Noise-to-Signal Ratio' is  $\frac{\sigma=0.0080}{\Delta=0.0054} = 1.48, \text{ so that its square is } 1.48^2 \text{ or approx } 2.2, \text{ and } (1.645+0.84)^2 = 2.485^2 = \text{approx } 6.2,$

$$n = 6.2 \times 2.2 = 13.6$$
, approx, or, rounded up,  $n = 14$ .