# New a posteriori error estimate and quasi-optimal convergence of the adaptive nonconforming Wilson element ${ }^{\star}$ 

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#### Abstract

In this paper we establish the quasi-optimal convergence of the adaptive nonconforming Wilson element on the rectangular mesh. The main ingredients are a new a posteriori error estimator and a crucial observation that there is some special orthogonality between the conforming part and the nonconforming part in the energy inner product, which helps us to show the quasi-orthogonality and the discrete reliability. Finally we integrate these components in a usual way to achieve the quasi-optimal convergence.


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## 1. Introduction

Adaptive finite element methods are a fundamental numerical instrument to approximate partial differential equations. The adaptive conforming finite element method for second order elliptic problems has been studied for many years following the pioneering work of Babuška [1], and its theory has in some sense become rather mature. For nonconforming methods, started with $[2,3]$, where the nonconforming linear element method for the Poisson and Stokes equations is analyzed, the a posteriori error theory has been studied in the literature [4-7]. However, the convergence and optimality analysis are not established for most nonconforming methods in the literature.

The main difficulty for the convergence and optimality analysis of adaptive nonconforming finite element methods is the lack of the Galerkin-orthogonality, which is a key ingredient for the convergence and optimality analysis of adaptive conforming methods for second order elliptic problem [8-12]. For the nonconforming linear element of the Poisson equation, a quasi-orthogonality is obtained in $[13,14]$ by using some special equivalency between the nonconforming linear element and the lowest order Raviart-Thomas element, which is extended to the nonconforming linear element for the Stokes-like problem in [15]. For the Morley element of the fourth order elliptic problem, a quasi-orthogonality is established in [16] based on a crucial local conservative property of the Morley element method, such an idea is generalized to the nonconforming linear element therein, see also $[17,18]$. However, these techniques cannot be extended to the nonconforming Wilson element under consideration, since the gradient of the functions in the Wilson element space is not a piecewise constant. Moreover, there is no local conservative property like the nonconforming linear element and the nonconforming Morley element.

The aim of this paper is to propose a new a posteriori error estimator and achieve the convergence and optimality of the adaptive Wilson element. The key observation is that the Wilson element space can be decomposed into a conforming part and a nonconforming part and that there is some special orthogonality between the two parts in the energy inner product. We use this property to prove the reliability and efficiency of the new estimator, and show a quasi-orthogonality,

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Fig. 1. (left) A rectangle $K$ with its four nodes $A_{1}, \ldots, A_{4}$; (right) A hanging node $A_{0}$ and associated regular nodes $A_{1}$, $A_{2}$, a hanging edge $E$ and its two children $E_{1}$ and $E_{2}$.
and establish the discrete reliability. We integrate these results to prove the quasi-optimal convergence of the adaptive nonconforming Wilson element method.

The rest of the paper is organized as follows. In Section 2, we present the second order elliptic equation and the 1-irregular mesh, and introduce the Wilson element as well as a new a posteriori error estimator. We give a priori analysis of the Wilson element on the 1-irregular mesh in Theorem 2.2, and then present a new a posteriori estimator with its reliability and efficiency proof in Theorem 2.6. In Section 3, we prove the quasi-orthogonality and show the convergence of the adaptive Wilson element method. To obtain the optimality of the adaptive algorithm, we establish the discrete reliability in Section 4. Consequently, we show the optimality of the adaptive Wilson element method in Section 5. Finally, we give some numerical examples in Section 6.

## 2. Notation and preliminaries

Let $\Omega$ be a polygonal domain in $\mathbb{R}^{2}$ with boundary $\Gamma:=\partial \Omega$. We consider the following second order elliptic equation:

$$
\begin{cases}-\Delta u=f & \text { in } \Omega  \tag{1}\\ u=0 & \text { on } \Gamma\end{cases}
$$

where $f \in L^{2}(\Omega)$.
Now we turn to the weak formulation of the problem (1). For a measurable set $G \subset \Omega$, let $(\cdot, \cdot)_{L^{2}(G)}$ and $\|\cdot\|_{L^{2}(G)}$ denote the inner product and the norm in $L^{2}(G)$, and if $G=\Omega$, we drop the index $L^{2}(\Omega)$ for simplicity. Then the weak formulation of the problem (1) reads

$$
\left\{\begin{array}{l}
\text { Find } u \in H_{0}^{1}(\Omega), \quad \text { such that }  \tag{2}\\
a(u, v)=(f, v) \quad \text { for any } v \in H_{0}^{1}(\Omega)
\end{array}\right.
$$

with $a(u, v):=\int_{\Omega} \nabla u \cdot \nabla v d x$, where the symbol $\cdot$ is the inner product in the Euclidean space $\mathbb{R}^{2}$.

### 2.1. The 1-irregular mesh

Given an initial regular rectangular mesh $\mathcal{T}_{0}$ of $\Omega$ in the sense of Ciarlet [19], a rectangular mesh $\mathcal{T}$ is a set of rectangles obtained by a finite number $L$ of refinements from $\mathcal{T}_{0}$, i.e., $\mathcal{T}=\mathcal{T}_{L}$, where for every $l=1, \ldots, L$ there exists one $K \in \mathcal{T}_{l-1}$ and $\mathcal{T}_{l}$ is just the former partition except that $K$ is refined into four elements $K_{1}, \ldots, K_{4}$ by connecting the midside points of the edges of $K$. Then, one says that $\mathcal{T}$ is some refinement of $\mathcal{T}_{0}$.

Given some element $K$ of a rectangular mesh $\mathcal{T}_{h}, h_{K}=|K|^{1 / 2}$ denotes its size, $\mathcal{N}_{h}(K)$ its vertices, $\mathcal{E}_{h}(K)$ its edges. The set of nodes of $\mathcal{T}_{h}$ reads $\mathcal{N}_{h}:=\cup_{K \in \mathcal{T}_{h}} \mathcal{N}_{h}(K)$, while the set of edges reads $\varepsilon_{h}:=\cup_{K \in \mathcal{T}} \mathcal{E}(K)$. Besides, let $\xi_{h}(\Omega)$ be the set of interior edges and $\varepsilon_{h}(\Gamma)$ be the set of boundary edges.

Let $\mathcal{T}_{h}$ be some refinement of $\mathcal{T}_{0}$, some node $z \in \mathcal{N}_{h}$ is called a hanging node if some element $K \in \mathcal{T}_{h}$ satisfies

$$
z \in \partial K \backslash \mathcal{N}_{h}(K)
$$

(i.e., $z$ belongs to its boundary but not a vertex of it). Otherwise the node $z \in \mathcal{N}_{h}$ is called regular. In case any edge $E \in \mathcal{E}_{h}$ contains at most $k$ hanging node in its inside, $\mathcal{T}_{h}$ is called $k$-irregular.

A 0 -irregular mesh is a conforming mesh. In this paper, we restrict to conforming and 1-irregular meshes which allow for some local mesh-refinement.

An edge $E$ of an element $K$ is called a hanging edge if its midpoint $A$ is a hanging node. The two edge $E_{1}$ and $E_{2}$ with vertex A which belong to the neighbor elements $K_{1}$ and $K_{2}$, are called children of $E$. Fig. 1 illustrates the definition of a hanging edge $E=\overline{A_{1} A_{2}}$ and its two children $E_{1}=\overline{A_{0} A_{2}}$ and $E_{2}=\overline{A_{0} A_{1}}$.

### 2.2. The Wilson element and its a priori error estimate

Let $\mathcal{T}_{h}$ be a rectangular mesh of $\Omega$. We define $H^{1}\left(\mathcal{T}_{h}\right)$ as

$$
H^{1}\left(\mathcal{T}_{h}\right):=\left\{v \in L^{2}(\Omega) ; \forall K \in \mathcal{T}_{h},\left.v\right|_{K} \in H^{1}(K)\right\}
$$

and for $v \in H^{1}\left(\mathcal{T}_{h}\right)$, we denote by $\nabla_{h} v$ the gradient operator defined piecewise with respect to $\mathcal{T}_{h}$, i.e.,

$$
\left.\nabla_{h} v\right|_{K}:=\nabla\left(\left.v\right|_{K}\right)
$$

Let $K$ be an element of $\mathcal{T}_{h}$, and $\mathbf{x}_{K}^{0}=\left(x_{0, K}, y_{0, K}\right)$ be the center of $K$ with the horizontal edge length $2 h_{x, K}$ and vertical edge length $2 h_{y, K}$. Define $\xi:=\frac{x-x_{0, K}}{h_{x, K}}$ and $\eta:=\frac{y-y_{0, K}}{h_{y, K}}$, then the rectangle $K$ has another description

$$
\begin{equation*}
K=\left\{\mathbf{x}=(x, y)^{T} \mid x=x_{0, K}+\xi h_{x, K}, y=y_{0, K}+\eta h_{y, K},-1 \leqslant \xi, \eta \leqslant 1\right\} . \tag{3}
\end{equation*}
$$

For a measurable set $G \subset \Omega$, we use $P_{k}(G)$ to denote the space of all polynomials of degree no more than $k$ and $Q_{k}(G)$ to denote the space of degree no more than $k$ in each variable on the domain $G$. For a rectangular mesh, we first recall the conforming bilinear element space [1,20,21] before introducing the Wilson element space. Define the discontinuous finite element space on the 1-irregular mesh $\mathcal{T}_{h}$ as:

$$
\begin{equation*}
D_{h}:=\left\{v \in L^{2}(\Omega) ;\left.v\right|_{K} \in Q_{1}(K), \forall K \in \mathcal{T}_{h}\right\} \tag{4}
\end{equation*}
$$

then the conforming bilinear element space is $Q_{h}:=D_{h} \cap H_{0}^{1}(\Omega)$. To keep the continuity of the functions in $Q_{h}$, we treat the unknowns corresponding to hanging nodes as spurious degrees of freedom, i.e., their values are fixed to be a suitable interpolation of the unknowns corresponding to neighboring regular nodes. Let $v_{1}$ be the nodal variable on the node $A_{1}$, and $v_{2}$ the nodal variable on the node $A_{2}$, then $v_{0}$, the nodal variable on the hanging node $A_{0}$, is determined by

$$
\begin{equation*}
v_{0}=\frac{v_{1}+v_{2}}{2} \tag{5}
\end{equation*}
$$

Define the nonconforming bubble function space

$$
\begin{equation*}
B_{h}:=\left\{v \in L^{2}(\Omega) ;\left.v\right|_{K} \in \operatorname{span}\left\{1-\xi^{2}, 1-\eta^{2}\right\}, \forall K \in \mathcal{T}_{h}\right\} \tag{6}
\end{equation*}
$$

then the finite element space of the nonconforming Wilson element is defined as

$$
V_{h}:=Q_{h}+B_{h} .
$$

The Wilson element approximation $u_{h} \in V_{h}$ of (2) then satisfies

$$
\begin{equation*}
\int_{\Omega} \nabla_{h} u_{h} \cdot \nabla_{h} v_{h} d x=\int_{\Omega} f v_{h} d x, \quad \forall v_{h} \in V_{h} . \tag{7}
\end{equation*}
$$

Remark 2.1. The $Q_{1}$ element space has another equivalent definition $Q_{h}=\left\{v \in H_{0}^{1}(\Omega) ;\left.v\right|_{K} \in Q_{1}(K), \forall K \in \mathcal{T}_{h}\right\}$. However, the former is more convenient for implementation [21].

Let $u_{h}$ be the solution to the discrete problem on the mesh $\mathcal{T}_{h}$, then $u_{h}$ can be written as $u_{h}=u_{h}^{c}+u_{h}^{b}$, where $u_{h}^{c} \in Q_{h}$ and $u_{h}^{b} \in B_{h}$. The index $c$ stands for the conforming part, and $b$, the bubble function which is the nonconforming part. For any $K \in \mathcal{T}_{h}$,

$$
\begin{align*}
& \left.u_{h}^{c}\right|_{K}=\frac{1}{4}(1-\xi)(1-\eta) u_{h}\left(A_{1}\right)+\frac{1}{4}(1+\xi)(1-\eta) u_{h}\left(A_{2}\right)+\frac{1}{4}(1-\xi)(1+\eta) u_{h}\left(A_{3}\right)+\frac{1}{4}(1+\xi)(1+\eta) u_{h}\left(A_{4}\right) \\
& \left.u_{h}^{b}\right|_{K}=c_{x, K}\left(1-\xi^{2}\right)+c_{y, K}\left(1-\eta^{2}\right) \tag{8}
\end{align*}
$$

where $c_{x, K}=-\frac{h_{x, K}^{2}}{2|K|} \int_{K} \frac{\partial^{2} u_{h}}{\partial x^{2}} d x d y$, and $c_{y, K}=-\frac{h_{y, K}^{2}}{2|K|} \int_{K} \frac{\partial^{2} u_{h}}{\partial y^{2}} d x d y$, and $u_{h}\left(A_{i}\right)$ are the values at the four vertices $A_{i}, i=1, \ldots, 4$, of the element $K$ as depicted in Fig. 1. Let $b_{x, K}=1-\xi^{2}, b_{y, K}=1-\eta^{2}$. In (7), we choose

$$
v_{h}= \begin{cases}b_{x, K} & \mathbf{x} \in K \\ 0 & \mathbf{x} \notin K\end{cases}
$$

This gives

$$
\left(\nabla u_{h}, \nabla b_{x, K}\right)_{L^{2}(K)}=\left(f, b_{x, K}\right)_{L^{2}(K)}
$$

We recall that $K$ is a rectangle. On the other hand, $u_{h}^{c} \in \operatorname{span}\{1, \xi, \eta, \xi \eta\}, b_{x, K} \in \operatorname{span}\left\{1-\xi^{2}\right\}$, and $b_{y, K} \in \operatorname{span}\left\{1-\eta^{2}\right\}$. A direct calculation leads to the following important orthogonality:

$$
\begin{equation*}
\left(\nabla u_{h}^{c}, \nabla b_{x, K}\right)_{L^{2}(K)}=0, \quad\left(\nabla b_{y, K}, \nabla b_{x, K}\right)_{L^{2}(K)}=0 \tag{9}
\end{equation*}
$$

This leads to

$$
c_{x, K}\left(\nabla b_{x, K}, \nabla b_{x, K}\right)_{L^{2}(K)}=\left(f, b_{x, K}\right)_{L^{2}(K)}
$$

Therefore,

$$
\begin{equation*}
c_{x, K}=\frac{3}{16} \frac{h_{x, K}}{h_{y, K}} \int_{K} f\left(1-\xi^{2}\right) d x d y \tag{10}
\end{equation*}
$$

A similar argument shows that

$$
\begin{equation*}
c_{y, K}=\frac{3}{16} \frac{h_{y, K}}{h_{x, K}} \int_{K} f\left(1-\eta^{2}\right) d x d y \tag{11}
\end{equation*}
$$

Formulas (10) and (11) will play a crucial role in the analysis of this paper. We shall follow [22] to use the notation $\lesssim$ and $\approx$. When we write

$$
A_{1} \lesssim B_{1}, \quad \text { and } \quad A_{2} \cong B_{2},
$$

then there exist possible constants $C_{1}, c_{2}$ and $C_{2}$ such that

$$
A_{1} \leqslant C_{1} B_{1}, \quad \text { and } \quad c_{2} B_{2} \leqslant A_{2} \leqslant C_{2} B_{2} .
$$

Define the canonical interpolation operator $\Pi_{K}$ from $H^{2}(K)$ onto $P_{K}:=Q_{1}(K)+\operatorname{span}\left\{x^{2}, y^{2}\right\}$ as follows:

$$
\begin{aligned}
\Pi_{K} v:= & \frac{1}{4}(1-\xi)(1-\eta) v\left(A_{1}\right)+\frac{1}{4}(1+\xi)(1-\eta) v\left(A_{2}\right) \\
& +\frac{1}{4}(1-\xi)(1+\eta) v\left(A_{3}\right)+\frac{1}{4}(1+\xi)(1+\eta) v\left(A_{4}\right) \\
& +\left(1-\xi^{2}\right)\left(-\frac{h_{x, K}^{2}}{2|K|} \int_{K} \frac{\partial^{2} v}{\partial x^{2}} d x d y\right)+\left(1-\eta^{2}\right)\left(-\frac{h_{y, K}^{2}}{2|K|} \int_{K} \frac{\partial^{2} v}{\partial y^{2}} d x d y\right),
\end{aligned}
$$

where $v\left(A_{i}\right)$ are the values at the four vertices $A_{i}, i=1, \ldots, 4$, of the element $K$. We denote by $\Pi_{h}$ the interpolation operator defined piecewise with respect to $\mathcal{T}_{h}$, i.e.,

$$
\left.\Pi_{h} v\right|_{K}:=\Pi_{K}\left(\left.v\right|_{K}\right), \quad \forall K \in \mathcal{T}_{h}
$$

The standard error estimate for the approximation of polynomials states

$$
\begin{equation*}
\left\|\nabla\left(v-\Pi_{h} v\right)\right\| \lesssim h_{\widetilde{T}_{h}}\left\|D^{2} v\right\| \tag{12}
\end{equation*}
$$

for any $v \in H^{2}(\Omega)$ where $D^{2} v$ is the Hessian of $v$.
Theorem 2.2 (A Priori Error Estimates). Let $u$ and $u_{h}$ be the solutions to problem (2) and problem (7), respectively. Suppose $u \in H^{2}(\Omega) \cap H_{0}^{1}(\Omega)$, then it holds

$$
\begin{equation*}
\left\|\nabla_{h}\left(u-u_{h}\right)\right\| \lesssim h_{\widetilde{T}_{h}}\left\|D^{2} u\right\| \tag{13}
\end{equation*}
$$

where $h_{\widetilde{T}_{h}}:=\max _{K \in \mathcal{T}_{h}} h_{K}$.
Proof. The Strang lemma gives the following estimate [19]

$$
\begin{equation*}
\left\|\nabla_{h}\left(u-u_{h}\right)\right\| \lesssim \inf _{v_{h} \in V_{h}}\left\|\nabla_{h}\left(u-v_{h}\right)\right\|+\sup _{0 \neq w_{h} \in V_{h}} \frac{\left|\left(f, w_{h}\right)-a_{h}\left(u, w_{h}\right)\right|}{\left\|\nabla_{h} w_{h}\right\|} \tag{14}
\end{equation*}
$$

where $a_{h}(v, w)=\sum_{K \in \mathcal{T}_{h}} a\left(\left.v\right|_{K},\left.w\right|_{K}\right), \forall v, w \in H^{1}\left(\mathcal{T}_{h}\right)$. Since $-\Delta u=f$, integrating by parts yields

$$
\begin{aligned}
\left(f, w_{h}\right)-a_{h}\left(u, w_{h}\right) & =-\left(\Delta u, w_{h}\right)-a_{h}\left(u, w_{h}\right) \\
& =-\sum_{K \in \Im_{h}} \int_{\partial K} \frac{\partial u}{\partial v} w_{h} d s
\end{aligned}
$$

where $v=\left(v_{x}, v_{y}\right)$ is the unit normal vector of $\partial K$. By the definition of the space $V_{h}, w_{h}$ has a decomposition $w_{h}=w_{h}^{c}+w_{h}^{b}$. Since $w_{h}^{c} \in H_{0}^{1}(\Omega)$, this implies

$$
\begin{aligned}
\left(f, w_{h}\right)-a_{h}\left(u, w_{h}\right) & =-\sum_{K \in \mathcal{T}_{h}} \int_{\partial K} \frac{\partial u}{\partial v} w_{h}^{b} d s \\
& =-\sum_{K \in \mathcal{T}_{h}} \int_{\partial K}\left(\frac{\partial u}{\partial x} v_{x}+\frac{\partial u}{\partial y} v_{y}\right) w_{h}^{b} d s .
\end{aligned}
$$

On the other hand, a direct calculation leads to

$$
\begin{aligned}
\int_{\partial K} w_{h}^{b} v_{x} d s & =\int_{K} \frac{\partial w_{h}^{b}}{\partial x} d x d y=0 \\
\int_{\partial K} w_{h}^{b} v_{y} d s & =\int_{K} \frac{\partial w_{h}^{b}}{\partial y} d x d y=0
\end{aligned}
$$

Let $P_{K}^{0}$ be the orthogonal projection operator from $L^{2}(K)$ onto $P_{0}(K)$, this gives

$$
\begin{aligned}
\left|\left(f, w_{h}\right)-a_{h}\left(u, w_{h}\right)\right| & =\left|\sum_{K \in \mathcal{T}_{h}} \int_{\partial K}\left(\left(\frac{\partial u}{\partial x}-P_{K}^{0} \frac{\partial u}{\partial x}\right)\left(w_{h}-w_{h}^{c}\right) v_{x}+\left(\frac{\partial u}{\partial y}-P_{K}^{0} \frac{\partial u}{\partial y}\right)\left(w_{h}-w_{h}^{c}\right) v_{y}\right) d s\right| \\
& \leqslant \sum_{K \in \mathcal{T}_{h}}\left\|\frac{\partial u}{\partial x}-P_{K}^{0} \frac{\partial u}{\partial x}\right\|_{L^{2}(\partial K)}\left\|w_{h}-w_{h}^{c}\right\|_{L^{2}(\partial K)}+\sum_{K \in \mathcal{T}_{h}}\left\|\frac{\partial u}{\partial y}-P_{K}^{0} \frac{\partial u}{\partial y}\right\|_{L^{2}(\partial K)}\left\|w_{h}-w_{h}^{c}\right\|_{L^{2}(\partial K)} \\
& \lesssim \sum_{K \in \mathcal{T}_{h}} h_{K}^{2}\left\|D^{2} u\right\|_{L^{2}(K)}\left\|D^{2} w_{h}\right\|_{L^{2}(K)} .
\end{aligned}
$$

It follows from the inverse inequality and the Schwarz inequality that

$$
\begin{equation*}
\left|\left(f, w_{h}\right)-a_{h}\left(u, w_{h}\right)\right| \lesssim h_{\widetilde{J}_{h}}\left\|D^{2} u\right\| \cdot\left\|\nabla_{h} w_{h}\right\| \tag{15}
\end{equation*}
$$

A combination of (12), (14) and (15) completes the proof.
Remark 2.3. The analysis herein is the extension of that in $[23,24]$ to the mesh with hanging nodes.

### 2.3. A new a posteriori error estimator and its reliability and efficiency

Let $\omega_{K}$ denote the union of elements $K^{\prime} \in \mathcal{T}_{h}$ that share a vertex, or an edge, or a child edge of an edge with $K$. Let $\omega_{e}$ denote the patch of elements having in common the edge $e$ or one of the child edge of $e$, or share the hanging node as a vertex. Given any edge $e \in \varepsilon_{h}(\Omega)$ with the length $h_{e}$ we assign one fixed unit normal $\nu_{e}:=\left(v_{x}, v_{y}\right)$ and tangential vector $\tau_{e}:=\left(-v_{y}, v_{x}\right)$. Once $v_{e}$ and $\tau_{e}$ have been fixed on $e$, in relation to $v_{e}$ one defines the element $K_{-} \in \mathcal{T}_{h}$ and $K_{+} \in \mathcal{T}_{h}$, with $e=K_{+} \cap K_{-}$. Given $e \in \varepsilon_{h}(\Omega)$ and some $\mathbb{R}^{d}$-valued function $v$ defined in $\Omega$ with $d=1$, 2, we denote by $[v]:=\left.\left(\left.v\right|_{K_{+}}\right)\right|_{e}-\left.\left(\left.v\right|_{K_{-}}\right)\right|_{e}$ the jump of $v$ across $e$.

Before introducing a new estimator, we first recall the residual-type a posteriori error estimator in the literature, see for instance [6]

$$
\hat{\eta}^{2}\left(u_{h}, \mathcal{T}_{h}\right):=\sum_{K \in \mathcal{T}_{h}} h_{K}^{2}\left\|f+\Delta u_{h}\right\|_{L^{2}(K)}^{2}+\sum_{e \in \mathcal{E}_{h}(\Omega)} h_{e}\left\|\left[\nabla u_{h}\right]\right\|_{L^{2}(e)}^{2}+\sum_{e \in \varepsilon_{h}(\Gamma)} h_{e}\left\|\frac{\partial u_{h}}{\partial \tau_{e}}\right\|_{L^{2}(e)}^{2}
$$

For this estimator, we have the following reliability and efficiency [6].
Lemma 2.4. Let $u$ be the solution of problem (2), and $u_{h}$ be the solution of problem (7). Then

$$
\begin{equation*}
\left\|\nabla_{h}\left(u-u_{h}\right)\right\|^{2} \lesssim \hat{\eta}^{2}\left(u_{h}, \mathcal{T}_{h}\right) \lesssim\left\|\nabla_{h}\left(u-u_{h}\right)\right\|^{2}+\operatorname{osc}^{2}\left(f, \mathcal{T}_{h}\right) . \tag{16}
\end{equation*}
$$

For the estimator $\hat{\eta}$, we cannot show the convergence of the adaptive algorithm because the unknown $u_{h}$ is involved in the interior residual $f+\Delta u_{h}$. The remedy is to propose a new estimator by dropping the term $\Delta u_{h}$. This results in the following estimator

$$
\begin{equation*}
\eta_{K}:=h_{K}\|f\|_{L^{2}(K)}+\left(\sum_{\varepsilon_{h}(\Omega) \ni \leftharpoonup \subset \partial K} h_{e}\left\|\left[\nabla_{h} u_{h}\right]\right\|_{L^{2}(e)}^{2}+\sum_{\varepsilon_{h}(\Gamma) \ni \bigodot \subset \partial K} h_{e}\left\|\frac{\partial u_{h}}{\partial \tau_{e}}\right\|_{L^{2}(e)}^{2}\right)^{\frac{1}{2}}, \tag{17}
\end{equation*}
$$

for any $K \in \mathcal{T}_{h}$. For any $S_{h} \subset \mathcal{T}_{h}$, we define the estimator over $S_{h}$ by

$$
\eta^{2}\left(u_{h}, S_{h}\right):=\sum_{K \in S_{h}} \eta_{K}^{2}
$$

In particular, for $S_{h}=\mathcal{T}_{h}$, we have

$$
\eta^{2}\left(u_{h}, \mathcal{T}_{h}\right):=\sum_{K \in \mathcal{T}_{h}} \eta_{K}^{2}
$$

We further define the $\operatorname{oscillation} \operatorname{osc}\left(f, \mathcal{T}_{h}\right)$ by

$$
\operatorname{osc}^{2}\left(f, \mathcal{T}_{h}\right):=\sum_{K \in \widetilde{T}_{h}} h_{K}^{2}\left\|f-f_{K}\right\|_{L^{2}(K)}^{2}
$$

where $f_{K} \in P_{0}(K)$ is the constant projection of $f$ over $K$.
Lemma 2.5. Let $u_{h}$ be the solution to the discrete problem (7) on the mesh $\mathcal{T}_{h}$. For any $K \in \mathcal{T}_{h}$, there exists a positive constant $C$ such that

$$
\begin{equation*}
\|f\|_{L^{2}(K)}-C\left\|f-f_{K}\right\|_{L^{2}(K)} \leqslant\left\|f+\Delta u_{h}\right\|_{L^{2}(K)} \leqslant\|f\|_{L^{2}(K)}+C\left\|f-f_{K}\right\|_{L^{2}(K)} \tag{18}
\end{equation*}
$$

Proof. Since $u_{h}$ is the solution to the discrete problem (7) on the mesh $\mathcal{T}_{h}, u_{h}$ has a decomposition $u_{h}=u_{h}^{c}+u_{h}^{b}$ with $u_{h}^{c} \in Q_{h}$ and $u_{h}^{b} \in B_{h}$. Since $\left.\Delta u_{h}^{c}\right|_{K}=0$,

$$
\begin{aligned}
f+\left.\Delta u_{h}\right|_{K} & =f+\left.\Delta u_{h}^{b}\right|_{K} \\
& =f+c_{x, K} \frac{\partial^{2} b_{x, K}}{\partial x^{2}}+c_{y, K} \frac{\partial^{2} b_{y, K}}{\partial y^{2}} \\
& =f-\frac{2}{h_{x, K}^{2}} c_{x, K}-\frac{2}{h_{y, K}^{2}} c_{y, K} .
\end{aligned}
$$

Note that $c_{x, K}$ and $c_{y, K}$ have already been computed in (10) and (11). This implies

$$
\begin{aligned}
f+\left.\Delta u_{h}\right|_{K} & =f-\frac{3}{8} \frac{h_{x, K}}{h_{y, K}} \frac{1}{h_{x, K}^{2}} \int_{K} f\left(1-\xi^{2}\right) d x d y-\frac{3}{8} \frac{h_{y, K}}{h_{x, K}} \frac{1}{h_{y, K}^{2}} \int_{K} f\left(1-\eta^{2}\right) d x d y \\
& =2\left(f-f_{K}\right)-f-\frac{3}{8} \frac{1}{h_{x, K} h_{y, K}} \int_{K}\left(f-f_{K}\right)\left(1-\xi^{2}\right) d x d y-\frac{3}{8} \frac{1}{h_{x, K} h_{y, K}} \int_{K}\left(f-f_{K}\right)\left(1-\eta^{2}\right) d x d y .
\end{aligned}
$$

Then

$$
\left\|f+\Delta u_{h}\right\|_{L^{2}(K)}=\left\|2\left(f-f_{K}\right)-f-\frac{3}{8} \frac{1}{h_{x, K} h_{y, K}} \int_{K}\left(f-f_{K}\right)\left(1-\xi^{2}\right) d x d y-\frac{3}{8} \frac{1}{h_{x, K} h_{y, K}} \int_{K}\left(f-f_{K}\right)\left(1-\eta^{2}\right) d x d y\right\|_{L^{2}(K)} .
$$

An application of the triangle inequality completes the proof.
By Lemmas 2.4, 2.5 and the fact $\operatorname{osc}\left(f, \mathcal{T}_{h}\right) \leqslant \eta\left(u_{h}, \mathcal{T}_{h}\right)$ we have the following reliability and efficiency of the estimator $\eta$.
Theorem 2.6. Let $u$ be the solution of problem (2), and $u_{h}$ be the solution of problem (7). Then

$$
\begin{equation*}
\left\|\nabla_{h}\left(u-u_{h}\right)\right\|^{2} \leqslant C_{\text {Rel }} \eta^{2}\left(u_{h}, \mathcal{T}_{h}\right) \leqslant C_{\mathrm{Eff}}\left(\left\|\nabla_{h}\left(u-u_{h}\right)\right\|^{2}+\operatorname{osc}^{2}\left(f, \mathcal{T}_{h}\right)\right) . \tag{19}
\end{equation*}
$$

## 3. Convergence

In this section, we shall establish the convergence of our adaptive nonconforming finite element method. First we present our adaptive nonconforming finite element method. In doing this, we replace the dependence on the actual rectangular mesh $\mathcal{T}$ by the iteration counter $k$. Correspondingly, we use the notations $Q_{k}, B_{k}, \nabla_{k}$ instead of $Q_{h}, B_{h}, \nabla_{h}$.

Algorithm 3.1. Given the initial mesh $\mathcal{T}_{0}$ and marking parameter $0<\theta<1$, set $k=0$ and iterate
(1) Solve on $\mathcal{T}_{k}$, to get the solution $u_{k}$.
(2) Compute the error estimator $\eta=\eta\left(u_{k}, \mathscr{T}_{k}\right)$.
(3) Mark the minimal element set $\mathcal{M}_{k}$ such that

$$
\begin{equation*}
\eta^{2}\left(u_{k}, \mathcal{M}_{k}\right) \geqslant \theta \eta^{2}\left(u_{k}, \widetilde{J}_{k}\right) . \tag{20}
\end{equation*}
$$

(4) Refine each rectangle $K \in \mathcal{M}_{k}$, and refine any element for which any of the sides contains more than one irregular nodes; $k=k+1$.

Next we show the quasi-orthogonality for the Wilson element. Quasi-orthogonality is essential for the convergence analysis, but for most nonconforming finite element methods, whether the quasi-orthogonality holds is not clear. In the known results, based on some special equivalency between the nonconforming linear element and the lowest order Raviart-Thomas element, the quasi-orthogonality for the nonconforming linear element of the Poisson equation was first established in [13]. For the Morley element of the fourth order elliptic problem, the conservative property is used to analyze the quasiorthogonality. This is also extended to the nonconforming linear element therein, see also [17,18]. Neither could be used for the Wilson element under consideration, so we need to find a new way to handle with it. The key ingredient is to use the orthogonality of (9).

Lemma 3.2 (Quasi-Orthogonality). Let $\mathcal{T}_{k}$ be some refinement of $\mathcal{T}_{k-\ell}$. Given any constant $\delta \in(0,1)$, there exists a positive constant $C(\delta)$ such that

$$
\begin{equation*}
(1-\delta)\left\|\nabla_{k}\left(u-u_{k}\right)\right\|^{2} \leqslant\left\|\nabla_{k-\ell}\left(u-u_{k-\ell}\right)\right\|^{2}-\left\|\nabla_{k}\left(u_{k}-u_{k-\ell}\right)\right\|^{2}+C(\delta) \sum_{K \in \tau_{\mathcal{T}}-\ell \backslash \widetilde{T}_{k}} h_{K}^{2}\|f\|_{L^{2}(K)}^{2} . \tag{21}
\end{equation*}
$$

Proof. We use the decompositions $u_{k}=u_{k}^{c}+u_{k}^{b}$ and $u_{k-\ell}=u_{k-\ell}^{c}+u_{k-\ell}^{b}$ where $u_{i}^{c} \in Q_{i}, u_{i}^{b} \in B_{i}, i=k-\ell, k$. Since $\left(\nabla u-\nabla_{k} u_{k}, \nabla\left(u_{k}^{c}-u_{k-\ell}^{c}\right)\right)=0$,

$$
\left(\nabla u-\nabla_{k} u_{k}, \nabla_{k} u_{k}-\nabla_{k} u_{k-\ell}\right)=\left(\nabla u-\nabla_{k} u_{k}, \nabla_{k} u_{k}^{b}-\nabla_{k-\ell} u_{k-\ell}^{b}\right) .
$$

Notice that the restriction of the nonconforming part $u_{i}^{b}$ on any element $K \in \mathcal{T}_{i}, i=k-\ell, k$ can be determined only by the source term $f$, so we have $\left.\nabla_{k} u_{k}^{b}\right|_{K}=\left.\nabla_{k-\ell} u_{k-\ell}^{b}\right|_{K}$ for $K \in \mathcal{T}_{k-\ell} \cap \mathcal{T}_{k}$. This gives

$$
\begin{equation*}
\left|\left(\nabla u-\nabla_{k} u_{k}, \nabla_{k} u_{k}-\nabla_{k} u_{k-\ell}\right)\right|=\left|\sum_{\kappa \in \mathscr{T}_{k-\ell} \backslash T_{k}}\left(\nabla u-\nabla_{k} u_{k}, \nabla_{k} u_{k}^{b}-\nabla_{k-\ell} u_{k-\ell}^{b}\right)\right| \tag{22}
\end{equation*}
$$

For $K \in \mathcal{T}_{k-\ell} \backslash \mathcal{T}_{k}, K$ is refined into elements $K_{1}, \ldots, K_{M}, M \geqslant 4$, a combination of (8), (10) and (11) leads to

$$
\begin{align*}
\left\|\frac{\partial u_{k-\ell}^{b}}{\partial x}\right\|_{L^{2}(K)} & =\left\|c_{x, K} \frac{\partial b_{x, K}}{\partial x}\right\|_{L^{2}(K)} \\
& =\left\|-\frac{3 \xi}{8 h_{y, K}} \int_{K} f\left(1-\xi^{2}\right) d x d y\right\|_{L^{2}(K)} \\
& \lesssim \int_{K} f\left(1-\xi^{2}\right) d x d y \\
& =\|f\|_{L^{2}(K)}\left\|1-\xi^{2}\right\|_{L^{2}(K)} \\
& \lesssim h_{K}\|f\|_{L^{2}(K)}, \tag{23}
\end{align*}
$$

and

$$
\begin{align*}
\left\|\frac{\partial u_{k}^{b}}{\partial x}\right\|_{L^{2}(K)}^{2} & =\sum_{i=1}^{M}\left\|\frac{\partial u_{k}^{b}}{\partial x}\right\|_{L^{2}\left(K_{i}\right)}^{2} \\
& \lesssim \sum_{i=1}^{M} h_{K_{i}}^{2}\|f\|_{L^{2}\left(K_{i}\right)}^{2} \\
& \lesssim h_{K}^{2}\|f\|_{L^{2}(K)}^{2} . \tag{24}
\end{align*}
$$

From (22)-(24) we get

$$
\begin{equation*}
\left|\left(\nabla u-\nabla_{k} u_{k}, \nabla_{k} u_{k}-\nabla_{k} u_{k-\ell}\right)\right| \leqslant C_{Q O} \sum_{K \in \mathcal{T}_{k-\ell} \backslash \mathscr{T}_{k}} h_{K}\left\|\nabla u-\nabla_{k} u_{k}\right\|_{L^{2}(K)}\|f\|_{L^{2}(K)} \tag{25}
\end{equation*}
$$

for some positive constant $C_{Q O}$. The desired result follows from the Young inequality.
Lemma 3.3 (Corollary 3.4, [8], Lemma 4.5, [21]). Let $\mathcal{T}_{k}$ be some refinement of $\mathcal{T}_{k-1}$ with the bulk criterion (20), then there exist $\rho>0$ and a positive constant $\beta \in(1-\rho \theta, 1)$ such that

$$
\begin{equation*}
\eta^{2}\left(u_{k-1}, \mathcal{T}_{k}\right) \leqslant \beta \eta^{2}\left(u_{k-1}, \mathcal{T}_{k-1}\right)+(1-\rho \theta-\beta) \eta^{2}\left(u_{k-1}, \mathcal{T}_{k-1}\right) \tag{26}
\end{equation*}
$$

Lemma 3.4. Let $\mathcal{T}_{k}$ be some refinement of $\mathcal{T}_{k-\ell}$, then there exists $\rho>0$ such that

$$
\begin{equation*}
\sum_{K \in \widetilde{T}_{k}} h_{K}^{2}\|f\|_{L^{2}(K)}^{2} \leqslant \sum_{K \in \mathscr{T}_{k}-\ell} h_{K}^{2}\|f\|_{L^{2}(K)}^{2}-\rho \sum_{K \in \widetilde{T}_{k-\ell} \backslash \widetilde{T}_{k}} h_{K}^{2}\|f\|_{L^{2}(K)}^{2} . \tag{27}
\end{equation*}
$$

Proof. The proof immediately follows from the definition of the mesh size $h_{K}$.
Lemma 3.5. Let $u_{k}$ and $u_{k-1}$ be the solutions to the discrete problem (7) on the meshes $\mathcal{T}_{k}$ and $\mathcal{T}_{k-1}$, respectively. Given any positive constant $\varepsilon$, there exists a positive constant $\beta_{2}(\varepsilon)$ dependent on $\varepsilon$ such that

$$
\begin{equation*}
\eta^{2}\left(u_{k}, \mathcal{T}_{k}\right) \leqslant(1+\varepsilon) \eta^{2}\left(u_{k-1}, \mathcal{T}_{k}\right)+\frac{1}{\beta_{2}(\varepsilon)}\left\|\nabla_{k}\left(u_{k}-u_{k-1}\right)\right\|^{2} \tag{28}
\end{equation*}
$$

Proof. Given any $K \in \mathcal{T}_{k}$, let

$$
\begin{equation*}
\eta_{K}\left(u_{k}\right):=h_{K}\|f\|_{L^{2}(K)}+\left(\sum_{\varepsilon_{k}(\Omega) \ni е \subset \partial K} h_{e}\left\|\left[\nabla_{k} u_{k}\right]\right\|_{L^{2}(e)}^{2}+\sum_{\varepsilon_{k}(\Gamma) \ni е \subset \partial K} h_{e}\left\|\frac{\partial u_{k}}{\partial \tau_{e}}\right\|_{L^{2}(e)}^{2}\right)^{\frac{1}{2}} . \tag{29}
\end{equation*}
$$

It follows from the definitions of $\eta_{K}\left(u_{k}\right)$ and $\eta_{K}\left(u_{k-1}\right)$ that

$$
\begin{aligned}
& \left|\eta_{K}\left(u_{k}\right)-\eta_{K}\left(u_{k-1}\right)\right|=\left\lvert\,\left(\sum_{\varepsilon_{k}(\Omega) \ni \prec \subset \partial K} h_{K}\left\|\left[\nabla_{k} u_{k}\right]\right\|_{L^{2}(e)}^{2}+\sum_{\varepsilon_{k}(\Gamma) \ni \leftharpoonup \subset \partial K} h_{e}\left\|\frac{\partial u_{k}}{\partial \tau_{e}}\right\|_{L^{2}(e)}^{2}\right)^{\frac{1}{2}}\right. \\
& \left.-\left(\sum_{\varepsilon_{k}(\Omega) \ni е \subset \partial K} h_{K}\left\|\left[\nabla_{k-1} u_{k-1}\right]\right\|_{L^{2}(e)}^{2}+\sum_{\varepsilon_{k}(\Gamma) \ni е \subset \partial K} h_{e}\left\|\frac{\partial u_{k-1}}{\partial \tau_{e}}\right\|_{L^{2}(e)}^{2}\right)^{\frac{1}{2}} \right\rvert\, \\
& \leqslant\left(\sum_{\varepsilon_{k}(\Omega) \ni е \subset \partial K} h_{K}\left\|\left[\nabla_{k}\left(u_{k}-u_{k-1}\right)\right]\right\|_{L^{2}(e)}^{2}+\sum_{\varepsilon_{k}(\Gamma) \ni \bigodot \subset \partial K} h_{e}\left\|\frac{\partial\left(u_{k}-u_{k-1}\right)}{\partial \tau_{e}}\right\|_{L^{2}(e)}^{2}\right)^{\frac{1}{2}} .
\end{aligned}
$$

Let $e=K \cap K^{\prime}$. Then we use the trace theorem and inverse inequality to get

$$
\left\|\left.\nabla_{k}\left(u_{k}-u_{k-1}\right)\right|_{K}\right\|_{L^{2}(e)} \lesssim h_{K}^{-1 / 2}\left\|\nabla_{k}\left(u_{k}-u_{k-1}\right)\right\|_{L^{2}(K)}
$$

The same argument holds for $K^{\prime}$. This gives

$$
\left\|\left[\nabla_{k}\left(u_{k}-u_{k-1}\right)\right]\right\|_{L^{2}(e)} \lesssim h_{K}^{-1 / 2}\left\|\nabla_{k}\left(u_{k}-u_{k-1}\right)\right\|_{L^{2}\left(\omega_{e}\right)}
$$

which leads to

$$
\left|\eta_{K}\left(u_{k}\right)-\eta_{K}\left(u_{k-1}\right)\right| \lesssim\left\|\nabla_{k}\left(u_{k}-u_{k-1}\right)\right\|_{L^{2}\left(\omega_{K}\right)} .
$$

A summary over all elements in $\mathcal{J}_{k}$ plus the Young inequality complete the proof.
With aforementioned lemmas, we shall show the convergence of our adaptive method. Generally, the energy error between two levels are not strictly monotone, so we borrow the concept of total error of [16] which contains the energy norm of the error, the scaled estimator and volume term. By showing reduction of the total error, we obtain the convergence.

Theorem 3.6. Let $u$ be the solution to the problem (2), and $u_{k}$ and $u_{k-1}$ be the solutions to the discrete problem (7) on the meshes $\mathcal{T}_{k}$ and $\mathcal{T}_{k-1}$, respectively. Then there exist positive constants $\gamma, \beta_{1}$ and $0<\alpha<1$ with

$$
\begin{equation*}
\epsilon_{k} \leqslant \alpha \epsilon_{k-1} \tag{30}
\end{equation*}
$$

where

$$
\begin{equation*}
\epsilon_{k}=\left\|\nabla_{k}\left(u-u_{k}\right)\right\|^{2}+\gamma \eta^{2}\left(u_{k}, \widetilde{\tau}_{k}\right)+\beta_{1} \sum_{K \in \widetilde{\tau}_{k}} h_{K}^{2}\|f\|_{L^{2}(K)}^{2} \tag{31}
\end{equation*}
$$

Proof. By Lemmas 3.2-3.5, we have for any positive constant $0<\alpha<1$

$$
\begin{aligned}
\epsilon_{k}-\alpha \epsilon_{k-1} \leqslant & \left(\frac{1}{1-\delta}-\alpha\right)\left\|\nabla_{k-1}\left(u-u_{k-1}\right)\right\|^{2}+\gamma((1+\varepsilon)(1-\rho \theta-\beta)+\varepsilon \beta) \eta^{2}\left(u_{k-1}, \mathcal{T}_{k-1}\right) \\
& +(\gamma \beta-\alpha \gamma) \eta^{2}\left(u_{k-1}, \mathcal{T}_{k-1}\right)+\left(\frac{\gamma}{\beta_{2}(\varepsilon)}-\frac{1}{1-\delta}\right)\left\|\nabla_{k}\left(u_{k}-u_{k-1}\right)\right\|^{2} \\
& +\left(\beta_{1}-\alpha \beta_{1}\right) \sum_{K \in \mathcal{T}_{k-1}} h_{K}^{2}\|f\|_{L^{2}(K)}^{2}+\left(\frac{C(\delta)}{1-\delta}-\rho \beta_{1}\right) \sum_{K \in \mathcal{T}_{k-1} \backslash \mathscr{T}_{k}} h_{K}^{2}\|f\|_{L^{2}(K)}^{2}
\end{aligned}
$$

where $\delta, \gamma, \beta$ and $\beta_{1}$ are four positive constants to be chosen later. We first set

$$
\gamma=\frac{\beta_{2}(\varepsilon)}{1-\delta}, \quad \beta_{1}=\frac{C(\delta)}{\rho(1-\delta)}, \quad \text { and } \quad \beta=(1-\rho \theta)(1+\varepsilon)
$$

which leads to

$$
\epsilon_{k}-\alpha \epsilon_{k-1} \leqslant\left(\frac{1}{1-\delta}-\alpha\right)\left\|\nabla_{k-1}\left(u-u_{k-1}\right)\right\|^{2}+(\gamma \beta-\alpha \gamma) \eta^{2}\left(u_{k-1}, \mathcal{T}_{k-1}\right)+\left(\beta_{1}-\alpha \beta_{1}\right) \sum_{K \in \mathscr{T}_{k-1}} h_{K}^{2}\|f\|_{L^{2}(K)}^{2} .
$$

We choose $\varepsilon$ to be small enough such that $0<\beta<1$. So we obtain the reduction of the total error if the following inequality holds

$$
\beta_{1}(1-\alpha) \sum_{K \in \mathcal{T}_{k-1}} h_{K}^{2}\|f\|_{L^{2}(K)}^{2}+\left(\frac{1}{1-\delta}-\alpha\right)\left\|\nabla_{k-1}\left(u-u_{k-1}\right)\right\|^{2}+\gamma(\beta-\alpha) \eta^{2}\left(u_{k-1}, \mathcal{T}_{k-1}\right) \leqslant 0
$$

By applying the upper bound of Theorem 2.6

$$
\left\|\nabla_{k-1}\left(u-u_{k-1}\right)\right\|^{2} \leqslant C_{\text {Rel }} \eta^{2}\left(u_{k-1}, \mathcal{T}_{k-1}\right)
$$

and the fact that

$$
\sum_{K \in \widetilde{J}_{k-1}} h_{K}^{2}\|f\|_{L^{2}(K)}^{2} \leqslant \eta^{2}\left(u_{k-1}, \mathcal{T}_{k-1}\right)
$$

we get

$$
\begin{aligned}
& \beta_{1}(1-\alpha) \sum_{K \in \mathscr{T}_{k-1}} h_{K}^{2}\|f\|_{L^{2}(K)}^{2}+\left(\frac{1}{1-\delta}-\alpha\right)\left\|\nabla_{k-1}\left(u-u_{k-1}\right)\right\|^{2}+\gamma(\beta-\alpha) \eta^{2}\left(u_{k-1}, \mathcal{T}_{k-1}\right) \\
& \quad \leqslant\left(\left(\frac{1}{1-\delta}-\alpha\right) C_{\text {Rel }}+\gamma(\beta-\alpha)+\beta_{1}(1-\alpha)\right) \eta^{2}\left(u_{k-1}, \mathcal{T}_{k-1}\right)
\end{aligned}
$$

provided that $0<\delta<1$. This implies that we should choose the error reduction rate $\alpha=\frac{\beta_{1}+\gamma \beta+\frac{C_{\mathrm{Rel}}}{1-\delta}}{\gamma+\beta_{1}+C_{\mathrm{Rel}}}>\beta$. The choice of $0<\delta<\frac{\gamma-\gamma \beta}{\gamma-\gamma \beta+C_{\mathrm{Rel}}}$ assures that $\alpha<1$, which completes the proof.

## 4. Discrete reliability

In this section we analyze the discrete reliability of the estimator $\eta$. Based on the decomposition of the Wilson element space, we can use the Scott-Zhang interpolation for estimating the conforming part and a similar method used in Lemma 3.2 for the nonconforming part.

Lemma 4.1. Let $\mathcal{T}_{k}$ be some refinement of $\mathcal{T}_{k-\ell}$, and let $u_{k}$ and $u_{k-\ell}$ be the solutions to the discrete problem (7) on the meshes $\mathcal{T}_{k}$ and $\mathcal{T}_{k-\ell}$, respectively. Then it holds that

$$
\begin{equation*}
\left\|\nabla_{k}\left(u_{k}-u_{k-\ell}\right)\right\|^{2} \leqslant C_{\text {Drel }} \eta^{2}\left(u_{k-\ell}, \mathcal{T}_{k-\ell} \backslash \mathcal{T}_{k}\right) \tag{32}
\end{equation*}
$$

Proof. We use the decompositions $u_{i}=u_{i}^{c}+u_{i}^{b}$, where $u_{i}^{c} \in Q_{i}, u_{i}^{b} \in B_{i}, i=k-\ell, k$.

$$
\begin{align*}
\left\|\nabla_{k}\left(u_{k}-u_{k-\ell}\right)\right\|^{2} & =\left(\nabla_{k}\left(u_{k}-u_{k-\ell}\right), \nabla_{k}\left(u_{k}^{c}-u_{k-\ell}^{c}\right)\right)+\left(\nabla_{k}\left(u_{k}-u_{k-\ell}\right), \nabla_{k}\left(u_{k}^{b}-u_{k-\ell}^{b}\right)\right) \\
& =\left(f, v_{k}^{c}\right)-\left(\nabla_{k} u_{k-\ell}, \nabla v_{k}^{c}\right)+\left(\nabla_{k}\left(u_{k}-u_{k-\ell}\right), \nabla_{k}\left(u_{k}^{b}-u_{k-\ell}^{b}\right)\right) \tag{33}
\end{align*}
$$

where $v_{k}^{c}=u_{k}^{c}-u_{k-\ell}^{c}$. To estimate the first part, we employ the Scott-Zhang interpolation operator $\mathcal{g}: Q_{k} \rightarrow Q_{k-\ell}$, which can be found in [20,25,21], which has the following properties:

$$
\begin{align*}
& \left.\mathscr{g} v_{k}^{c}\right|_{K}=\left.v_{k}^{c}\right|_{K}, \quad \text { for any } K \in \mathcal{T}_{k} \cap \mathcal{T}_{k-\ell},  \tag{34}\\
& \left\|\nabla \mathcal{g} v_{k}^{c}\right\|_{L^{2}(K)}+\left\|h_{K}^{-1}\left(v_{k}^{c}-\mathscr{g} v_{k}^{c}\right)\right\|_{L^{2}(K)} \lesssim\left\|\nabla v_{k}^{c}\right\|_{L^{2}\left(\omega_{K}\right)},  \tag{35}\\
& \left\|h_{e}^{-1 / 2}\left(v_{k}^{c}-\mathscr{g} v_{k}^{c}\right)\right\|_{L^{2}(e)} \lesssim\left\|\nabla v_{k}^{c}\right\|_{L^{2}\left(\omega_{e}\right)} . \tag{36}
\end{align*}
$$

Since $\mathcal{I} v_{k}^{c} \in Q_{k-\ell} \subset V_{k-\ell}$, from (34)-(36) we have

$$
\begin{align*}
\left(f, v_{k}^{c}\right)-\left(\nabla_{k} u_{k-\ell}, \nabla v_{k}^{c}\right)= & \left(f, v_{k}^{c}-\mathcal{g} v_{k}^{c}\right)-\left(\nabla_{k} u_{k-1}, \nabla\left(v_{k}^{c}-\mathcal{g} v_{k}^{c}\right)\right) \\
= & \left(f+\Delta_{k} u_{k-\ell}, v_{k}^{c}-\mathcal{g} v_{k}^{c}\right)-\sum_{K \in T_{k}} \int_{\partial K} \nabla_{k} u_{k-\ell} \cdot v\left(v_{k}^{c}-\mathcal{g} v_{k}^{c}\right) d s \\
\leqslant & \sum_{K \in \mathcal{T}_{k-\ell} \backslash \mathcal{T}_{k}}\left\|f+\Delta_{k} u_{k-\ell}\right\|_{L^{2}(K)}\left\|v_{k}^{c}-\mathcal{g} v_{k}^{c}\right\|_{L^{2}(K)} \\
& +\sum_{K \in \mathcal{T}_{k-\ell} \backslash T_{k}} \sum_{e}\left\|\left[\nabla_{k-\ell} u_{k-\ell}\right] \cdot v_{e}\right\|_{L^{2}(e)}\left\|v_{k}^{c}-\mathcal{g} v_{k}^{c}\right\|_{L^{2}(e)} \\
\lesssim & \eta\left(u_{k-\ell}, \mathcal{T}_{k-\ell} \backslash \mathcal{T}_{k}\right)\left\|\nabla v_{k}^{c}\right\| \\
\lesssim & \eta\left(u_{k-\ell}, \mathcal{T}_{k-\ell} \backslash \mathcal{T}_{k}\right)\left(\left\|\nabla_{k} v_{k}\right\|+\left\|\nabla_{k} v_{k}^{b}\right\|\right) . \tag{37}
\end{align*}
$$

In the second inequality, we use the fact $\left\|f+\Delta_{k} u_{k-\ell}\right\|_{L^{2}(K)} \lesssim\|f\|_{L^{2}(K)}$. From the proof of Lemma 3.2, we have

$$
\begin{equation*}
\left\|\nabla_{k}\left(u_{k}^{b}-u_{k-\ell}^{b}\right)\right\| \lesssim \eta\left(u_{k-\ell}, \mathcal{T}_{k-\ell} \backslash \mathcal{T}_{k}\right) \tag{38}
\end{equation*}
$$

A summary of (33), (37) and (38) proves the desired result.
By applying the discrete reliability we find some connection between the energy error and bulk criterion. We omit the proof here which can be found in [16].

Lemma 4.2. Let $\mathcal{T}_{k}$ be some refinement of $\mathcal{T}_{k-\ell}$ such that the following reduction holds

$$
\begin{equation*}
\left\|\nabla_{k}\left(u-u_{k}\right)\right\|^{2}+\operatorname{osc}^{2}\left(f, \mathcal{T}_{k}\right) \leqslant \alpha^{\prime}\left(\left\|\nabla_{k-\ell}\left(u-u_{k-\ell}\right)\right\|^{2}+\operatorname{osc}^{2}\left(f, \mathcal{T}_{k-\ell}\right)\right), \tag{39}
\end{equation*}
$$

for some $0<\alpha^{\prime}<1$, then there exists $0<\theta_{*}=\frac{\left(1-\alpha^{\prime}\right)^{2} c_{\text {Eff }}}{2\left(2 \alpha^{\prime}\left(C_{00}\right)^{2}+\left(1-\alpha^{\prime}\right)\left(C_{\text {Drel }}+1\right)\right)}<1$ such that

$$
\theta_{*} \eta^{2}\left(u_{k-\ell}, \mathcal{T}_{k-\ell}\right) \leqslant \eta^{2}\left(u_{k-\ell}, \mathcal{T}_{k-\ell} \backslash \mathcal{T}_{k}\right) .
$$

## 5. Optimality

For the analysis of the optimality, we introduce some notation from nonlinear approximation theory. Let $\mathbb{T}_{N}$ be the set of all possible rectangular meshes satisfying one-irregular rule generated from $\mathcal{T}_{0}$ with at most $N$ elements more than $\mathcal{T}_{0}$. For $s>0$ we define the nonlinear approximation class $\mathbb{A}_{s}$ as

$$
\mathbb{A}_{s}:=\left\{(u, f)| | u,\left.f\right|_{s}:=\sup _{N>0} N^{s} \sigma(N ; u, f)<+\infty\right\}
$$

with

$$
\sigma(N ; u, f):=\inf _{\mathcal{T} \in \mathbb{T}_{N}} \inf _{v \in V_{\mathcal{T}}}\left(\left\|\nabla_{\mathcal{T}}(u-v)\right\|^{2}+R^{2}(u)+\operatorname{osc}^{2}(f, \mathcal{T})\right)
$$

where

$$
R(u)=\sup _{o \neq v \in V_{\mathcal{T}}} \frac{\left(\nabla u, \nabla_{\mathcal{T}} v\right)-(f, v)}{\left\|\nabla_{\mathcal{T}} v\right\|} .
$$

Lemma 5.1. Let $\mathcal{T}_{k}$ be some refinement of $\mathcal{T}_{k-\ell}$, $u$ be the solution to the problem (2), and $u_{k}$ and $u_{k-\ell}$ be the solutions to the discrete problem (7) on the meshes $\mathcal{T}_{k}$ and $\mathcal{T}_{k-\ell}$, respectively. Then there exists a constant $C_{1}>0$ such that

$$
\begin{equation*}
\left\|\nabla\left(u-u_{k}\right)\right\|^{2}+\operatorname{osc}^{2}\left(f, \mathcal{T}_{k}\right) \leqslant C_{1}\left(\left\|\nabla\left(u-u_{k-\ell}\right)\right\|^{2}+\operatorname{osc}^{2}\left(f, \mathcal{T}_{k-\ell}\right)\right) . \tag{40}
\end{equation*}
$$

Proof. In view of inequalities (21) and (27), we get

$$
\begin{aligned}
(1-\delta)\left\|\nabla u-\nabla_{k} u_{k}\right\|^{2}+\operatorname{osc}^{2}\left(f, \mathcal{T}_{k}\right) & \leqslant\left\|\nabla u-\nabla_{k-\ell} u_{k-\ell}\right\|^{2}+(C(\delta)+1) \sum_{K \in \mathcal{T}_{k-\ell}} h_{K}^{2}\|f\|_{L^{2}(K)}^{2} \\
& \leqslant\left\|\nabla u-\nabla_{k-\ell} u_{k-\ell}\right\|^{2}+(C(\delta)+1) \eta^{2}\left(u_{k-\ell}, \mathcal{T}_{k-\ell}\right) .
\end{aligned}
$$

This and inequality (19) complete the proof.
Theorem 5.2. Let $\mathcal{M}_{k}$ be a set of marked elements with minimal cardinality from Algorithm 3.1, $u$ the solution of problem (7), and $\left(\mathcal{T}_{k}, V_{k}, u_{k}\right)$ the sequence of meshes, finite element spaces and discrete solutions produced by the adaptive finite element methods with $0<\theta<\frac{C_{\text {Eff }}}{4\left(2\left(C_{00}\right)^{2}+C_{\text {Drel }}+1\right)}$. It holds that

$$
\begin{equation*}
\# \mathcal{M}_{k} \lesssim\left(\alpha^{\prime}\right)^{-\frac{1}{s}}|u, f|_{s}^{\frac{1}{s}}\left(C_{1}\right)^{\frac{1}{s}}\left(\left\|\nabla_{k}\left(u-u_{k}\right)\right\|^{2}+\operatorname{osc}^{2}\left(f, \mathcal{T}_{k}\right)\right)^{-\frac{1}{s}}, \tag{41}
\end{equation*}
$$

for any $\alpha^{\prime} \in\left(0, \frac{1}{2}\right)$.
Proof. We set $\varepsilon=\alpha^{\prime}\left(C_{1}\right)^{-1}\left(\left\|\nabla_{k}\left(u-u_{k}\right)\right\|^{2}+\operatorname{osc}^{2}\left(f, \mathcal{T}_{k}\right)\right)$ with $0<\alpha^{\prime}<\frac{1}{2}$. Since $(u, f) \in \mathbb{A}_{s}$, there exists a $\mathcal{T}_{\varepsilon}$ of the refinement of $\mathcal{T}_{0}$ and $u_{\varepsilon} \in V_{\mathcal{T}_{\varepsilon}}$ such that

$$
\begin{align*}
& \# \mathcal{T}_{\varepsilon}-\# \mathcal{T}_{0} \leqslant|u, f|_{s}^{\frac{1}{s}} \varepsilon^{-\frac{1}{s}}, \\
& \left\|\nabla_{\mathcal{T}_{\varepsilon}}\left(u-u_{\varepsilon}\right)\right\|^{2}+\operatorname{osc}^{2}\left(f, \mathcal{T}_{\varepsilon}\right)<\varepsilon . \tag{42}
\end{align*}
$$

Let $\mathcal{T}_{*}$ be the overlay of $\mathcal{T}_{\varepsilon}$ and $\mathcal{T}_{k}$, and let $u_{*}$ be the discrete solution of problem (7) on $\mathcal{J}_{*}$. Since $\mathcal{T}_{*}$ is a refinement of $\mathcal{T}_{\varepsilon}$, from (40) and (42) we have

$$
\begin{aligned}
\left\|\nabla_{\mathcal{T}_{*}}\left(u-u_{*}\right)\right\|^{2}+\operatorname{osc}^{2}\left(f, \mathcal{T}_{*}\right) & \leqslant C_{1}\left(\left\|\nabla_{\mathcal{J}_{\varepsilon}}\left(u-u_{\varepsilon}\right)\right\|^{2}+\operatorname{osc}^{2}\left(f, \mathcal{T}_{\varepsilon}\right)\right) \\
& \leqslant C_{1} \varepsilon=\alpha^{\prime}\left(\left\|\nabla_{k}\left(u-u_{k}\right)\right\|^{2}+\operatorname{osc}^{2}\left(f, \mathcal{J}_{k}\right)\right) .
\end{aligned}
$$

Hence, we deduce from Lemma 4.2 that

$$
\theta_{*} \eta^{2}\left(u_{k}, \mathcal{T}_{k}\right) \leqslant \eta^{2}\left(u_{k}, \mathcal{T}_{k} \backslash \mathcal{T}_{*}\right),
$$

where $\theta_{*} \in(0,1)$. We note that the step (3) in Algorithm 3.1 with $\theta \leqslant \theta_{*}$ chooses a subset of $\mathcal{M}_{k} \subset \mathcal{T}_{k}$ with minimal cardinality with the same property. Therefore, from [26, Lemma 4.3] and [27, Lemma 6.7],

$$
\begin{equation*}
\# \mathcal{M}_{k} \leqslant \# \mathcal{T}_{*}-\# \mathcal{T}_{k} \leqslant \# \mathcal{T}_{\varepsilon}-\# \mathcal{T}_{0} \tag{43}
\end{equation*}
$$

Finally, by combining (43) and the definition of $\varepsilon$, we end up with

$$
\# \mathcal{M}_{k} \lesssim\left(\alpha^{\prime}\right)^{-\frac{1}{s}}|u, f|_{s}^{\frac{1}{s}}\left(C_{1}\right)^{\frac{1}{s}}\left(\left\|\nabla_{k}\left(u-u_{k}\right)\right\|^{2}+\operatorname{osc}^{2}\left(f, \mathcal{T}_{k}\right)\right)^{-\frac{1}{s}}
$$

Theorem 5.3. Let the marking step in Algorithm 3.1 select a set $\mathcal{M}_{k}$ of marked elements with minimal cardinality, $u$ the solution to problem (2), and ( $\mathcal{T}_{k}, V_{k}, u_{k}$ ) the sequence of meshes, finite element spaces and discrete solutions produced by the adaptive finite element methods with $0<\theta<\frac{C_{\text {Eff }}}{4\left(2\left(C_{00}\right)^{2}+C_{\text {Drel }}+1\right)}$. Then it holds that

$$
\begin{equation*}
\left\|\nabla_{T_{N}}\left(u-u_{N}\right)\right\|^{2}+\operatorname{osc}^{2}\left(f, \mathcal{T}_{N}\right) \lesssim|u, f|_{s}\left(\# \mathcal{T}_{N}-\# \mathcal{T}_{0}\right)^{-s} \quad \text { for }(u, f) \in \mathbb{A}_{s} \tag{44}
\end{equation*}
$$

Proof. Let $\mu=\left(\alpha^{\prime}\right)^{-\frac{1}{s}}|u, f|_{s}^{\frac{1}{s}}\left(C_{1}\right)^{\frac{1}{s}}$. We use the result that $\# \tau_{k}-\# \mathcal{T}_{0} \lesssim \sum_{j=0}^{k-1} \# \mathcal{M}_{j}$ from [27, Lemma 6.5] (see also [9] for meshes without hanging nodes) to obtain that

$$
\begin{equation*}
\# \mathcal{T}_{N}-\# \mathcal{T}_{0} \lesssim \sum_{j=0}^{N-1} \# \mathcal{M}_{j} \lesssim \mu \sum_{j=0}^{N-1}\left(\left\|\nabla_{T_{j}}\left(u-u_{j}\right)\right\|^{2}+\operatorname{osc}^{2}\left(f, \mathcal{T}_{j}\right)\right)^{-\frac{1}{s}} \tag{45}
\end{equation*}
$$

The fact that

$$
\left\|\nabla_{j}\left(u-u_{j}\right)\right\|^{2}+\operatorname{osc}^{2}\left(f, \mathcal{T}_{j}\right) \approx \epsilon_{j}
$$

gives

$$
\begin{equation*}
\epsilon_{j} \lesssim\left\|\nabla_{j}\left(u-u_{j}\right)\right\|^{2}+\operatorname{osc}^{2}\left(f, \mathcal{T}_{j}\right) \tag{46}
\end{equation*}
$$

For any $0 \leqslant j \leqslant N-1$, we use the convergence result from Theorem 3.6 to derive that

$$
\begin{equation*}
\epsilon_{N} \leqslant \alpha^{(N-j)} \epsilon_{j} \tag{47}
\end{equation*}
$$

A summary of (45)-(47) yields

$$
\# \mathcal{T}_{N}-\# \mathcal{T}_{0} \lesssim \mu\left(\left\|\nabla_{T_{N}}\left(u-u_{N}\right)\right\|^{2}+\operatorname{osc}^{2}\left(f, \mathcal{T}_{N}\right)\right)^{-\frac{1}{s}} \sum_{j=1}^{N} \alpha^{\frac{j}{s}}
$$

Since $\alpha<1$, the geometric series is bounded by the constant $C_{\theta}=\alpha^{1 / s}\left(1-\alpha^{1 / s}\right)^{-1}$. This leads to

$$
\left\|\nabla_{N}\left(u-u_{N}\right)\right\|^{2}+\operatorname{osc}^{2}\left(f, \mathcal{T}_{N}\right) \lesssim|u, f|_{s}\left(\# \mathcal{T}_{N}-\# \mathcal{T}_{0}\right)^{-s}
$$

which completes the proof.

## 6. Numerical experiments

### 6.1. Example 1

Consider the domain $\Omega=[0,1] \times[0,1]$ and $f=2 \pi^{2} \sin (\pi x) \sin (\pi y)$ with a vanishing Dirichlet boundary condition. The exact solution is $u=\sin (\pi x) \sin (\pi y)$. We scale the estimator $\eta$ with the factor $\theta=0.5$. Fig. 2 displays the grid when the degrees of freedom (DOFs) are more than $10^{4}$. Fig. 3 displays experimental convergence rates for the true error and the estimator $\eta$ for the adaptive refinement with the corresponding mesh depicted in Fig. 2. The convergence rate of the adaptive refinement is the optimal one, $O\left(n^{-1 / 2}\right)$, with respect to the number of degrees of freedom.

### 6.2. Example 2

On the $L$-shaped domain $\Omega=[-0.5,0.5] \times[-0.5,0.5] \backslash[0,0.5] \times[-0.5,0]$, let $f=0$ and $u_{D}$ a smooth function such that in polar coordinates

$$
u(r, \theta)=r^{2 / 3} \sin \left(\frac{2}{3} \theta\right)
$$

is the exact solution of problem (1). Fig. 4 displays the grid when the degrees of freedom are more than $10^{4}$. We find that there is a local higher refinement towards the reentrant corner. Fig. 5 shows the rate of convergence is optimal.

### 6.3. Example 3

Consider an interesting domain which is $\Omega=[0,1] \times[0,1] \backslash[0.25,0.75] \times[0.5,0.5] \backslash[0.5,0.5] \times[0.25,0.75]$. Let $u_{D}=0$ and $f=1$. The exact solution is unknown, but we can guess there must be a local higher refinement towards every reentrant corner. Fig. 6 confirms our guess.


Fig. 2. Adaptive mesh refinement.



Fig. 3. True error and estimator: the optimal decay is indicated by the line with slope $-1 / 2$.


Fig. 4. Adaptive mesh refinement.


Fig. 5. True error and estimator: the optimal decay is indicated by the line with slope $-1 / 2$.


Fig. 6. Adaptive mesh refinement.

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