

# NotebookLM



See the official NotebookLM help .

NotebookLM

Google tool that uses AI to analyze documents and texts. It allows you to organize, understand, and connect ideas based on the information you provide as a data source. It's like having a **personal assistant** that analyzes your documents, helps you understand them, finds relevant information, and generates ideas for your projects.



It is only based **on the information sources that you have previously uploaded or indicated** and, therefore, will never provide an answer that is not within this set of information.

## How does it work?

1. **Upload your data sources** : You can upload PDFs, Google Docs, plain text, audio files, web page URLs, etc.
2. NotebookLM's AI **processes** these documents and **extracts key information** .
3. **Explore and learn** : from here you can search for specific terms, generate summaries, create questions and answers, ask for analysis and comparisons of information, and much more.
4. **Collaborate with AI** : NotebookLM allows you to interact with information in a conversational way, as if you were talking to an expert on the subject.

## How can it help you?

- **Research** : Helps you quickly find relevant information in large amounts of text.
- **Questions and Answers** : Ask questions about the content of your

documents and it will give you precise and concise answers.

- **Learning** : allows you to delve deeper into complex topics and consolidate

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your knowledge; generate study guides, create podcasts of your documents, etc.

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- **Collaboration** : allows you to share notebooks and work as a team,

**License:**  d solutions together.

[Accessibility](#) .

## How to access it?

1. Log in to UPF's Google Workspace.
2. Access NotebookLM .

