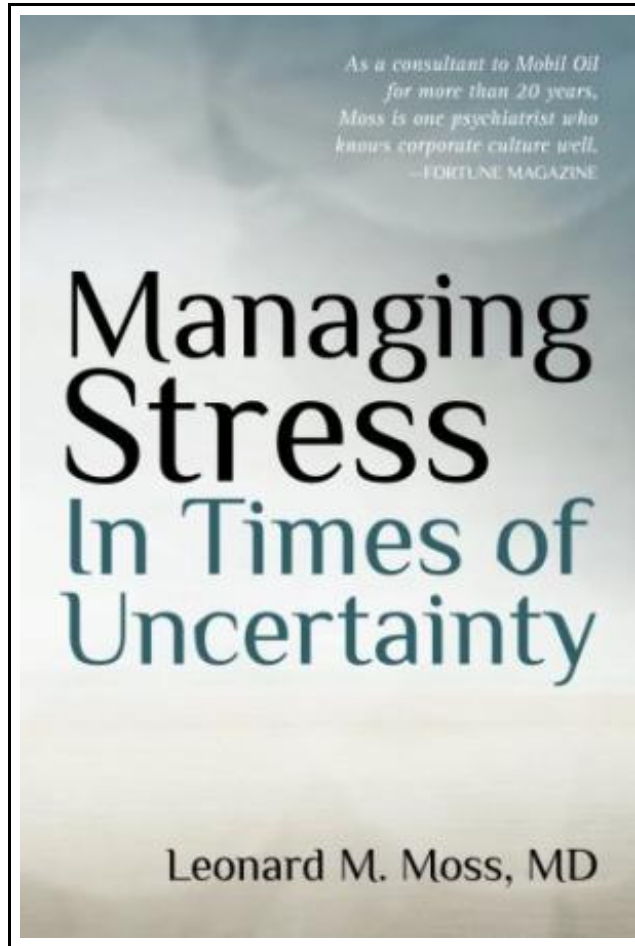


Managing Stress in Times of Uncertainty



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Createspace, United States, 2012. Paperback. Book Condition: New. 234 x 155 mm. Language: English . Brand New Book ***** Print on Demand *****.In *Managing Stress in Times of Uncertainty*, Dr. Leonard M. Moss, tells the story of his highly unusual career using psychoanalytic expertise to help organizations, their employees and individuals deal with crises, transitions, the erosion of employee loyalty, and job loss. The case histories included throughout the book illustrate how to assist individuals to think constructively about their work and life experiences, and to apply what they learned to solve future problems. The author uses his extensive experience serving as a consultant to major corporations such as Mobil, American Express, and General Motors, to demonstrate how to address the impact employees experience during corporate restructuring and downsizing, the merger of conflicting work cultures, and the closing of a manufacturing plant that was the mainstay of its community. Dr. Moss believes that fundamental changes in behavior achieved through company-sponsored training and development exercises are rarely sustained unless underlying life, stress, interpersonal, or personality factors are modified as well. His year-long confidential Executive Development Program focuses on interpersonal relationships, past experiences, and emotions, as well as career goals and work performance. CEOs turned to the executive development process to help outstanding performers develop the interpersonal skills and empathy necessary for them to become leaders. Case histories demonstrate his unique and highly successful Executive Development Process. Many issues facing our society today are reflected in his long and eventful career. Dr. Moss discusses his treatment of seriously suicidal patients, the relationship between the overcrowded New York City prison environment and inmate suicidal behavior, and the stress of living and working on giant offshore oil production platforms in Norway. Having made the critical career decision to leave the comfort of office practice...



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