



## An Author s View on Happiness

By Sherrie Lynn

Createspace, United States, 2014. Paperback. Book Condition: New. 203 x 127 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.Author Sherrie Lynn is back with An Author s View on Happiness!, a thoughtful little non-fiction book that explores the happiness of humanity and the struggle of many to achieve happiness. Lynn shares her views on a range of selected subjects, including: The importance of goal-setting. The truth about time management and how it can increase happiness. The very things that many might view as happiness-inducing are, in fact merely cultivating an insensitivity towards humanity and its core happiness levels! By rediscovering the roots of happiness, humanity can learn how to truly be happy again, through developing a matrix of interpersonal social skills, faith and prioritizing. This is a book you will want to read again and again as a reminder to. Be Happy!.



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