



## Parenting Teenagers: A Guide to Solving Problems, Building Relationships and Creating Harmony in the Family

By John Sharry

Veritas Publications, Ireland, 2013. Paperback. Book Condition: New. 2nd. 216 x 138 mm. Language: English . Brand New Book. The bestselling book from noted psychologist John Sharry has now been updated to take into account recent developments in society and technology. This book lays out a balanced approach to parenting, setting out a step-by-step guide showing how you can stay supportively involved in your teenager's life. It emphasizes a positive approach that builds on your strengths as a parent, helping you not only to solve discipline problems and reduce conflict, but also to have a more satisfying and enjoyable relationship with your teenager.



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