



The Healthy Husband Cookbook: Quick and Easy Recipes to Feed the Man You Love Good Food and Good Health

By Helen Cassidy Page

Createspace. Paperback. Book Condition: New. This item is printed on demand. Paperback. 172 pages. Dimensions: 9.0in. x 6.0in. x 0.6in. Cant get your husband to eat healthy Lets face it. Sometimes we care more about our husbands health than they do. But now a renowned cook, caterer, and food writer reveals her secret tips and techniques for transforming artery-clogging, belly-fattening, disease-promoting food into healthful, delicious and easy recipes designed for a mans appetite. She has been doing it for decades for publications such as Bon Apptit, Gourmet and Mens Fitness. Now let her show you how you can give your man what he wants with over 50 delicious man-approved recipes while you get what you want - a healthier, happier husband. Imagine peaceful mealtimes because youre serving food you feel good about, and hes eating food he, too, feels good about. Imagine no more complaints about rabbit food on the plate when he wants a man-sized, rib-sticking dinner. Imagine saving money because you dont have to serve those expensive cuts of meat every night. Imagine having a leaner, sexier husband who feels better about the way he looks and feels. But dont take our word for it. Listen to what Frank...



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