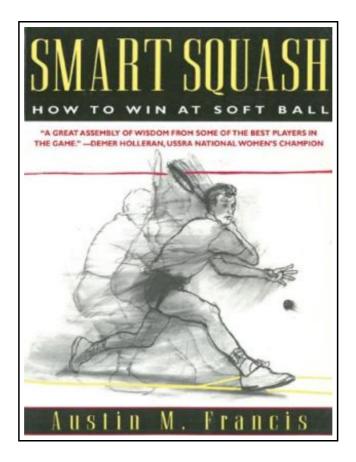
Smart Squash: How to Win at Soft Ball



Filesize: 7.41 MB

Reviews

It is great and fantastic. Better then never, though i am quite late in start reading this one. Your life period will likely be transform once you comprehensive reading this book.

(Blanca Davis)

SMART SQUASH: HOW TO WIN AT SOFT BALL



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Skyhorse Publishing, United States, 2014. Paperback. Book Condition: New. 234 x 175 mm. Language: English. Brand New Book. After more than one hundred years of playing squash with a hard ball, Americans switched, almost overnight, to using a soft ball. In order to aid this transition, Austin M. Francis wrote Smart Squash: How to Win at Soft Ball, a comprehensive guide to winning squash with this new method. For players of all levels, whether switching from hard ball or new to learning the game entirely, Smart Squash: How to Win at Soft Ball is a must-have. Francis draws from experience and advice from over thirty US and international coaches, champions, and professionals, covering all aspects of the game. Readers will learn tactics, strokes, shots, drills, match play, and strategies from this invaluable source of instruction and inspiration. Experienced squash players and novices alike will gain enormous wisdom and expert techniques from this all-encompassing guide to soft-ball squash. Skyhorse Publishing, as well as our Sports Publishing imprint, is proud to publish a broad range of books for readers interested in sports--books about baseball, pro football, college football, pro and college basketball, hockey, or soccer, we have a book about your sport or your team. In addition to books on popular team sports, we also publish books for a wide variety of athletes and sports enthusiasts, including books on running, cycling, horseback riding, swimming, tennis, martial arts, golf, camping, hiking, aviation, boating, and so much more. While not every title we publish becomes a New York Times bestseller or a national bestseller, we are committed to publishing books on subjects that are sometimes overlooked by other publishers and to authors whose work might not otherwise find a home.

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