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Weight Watchers Diet Box Set: (3 in 1) Weight Watchers Freezer Meals, Weight Watchers Pressure Cooker Weight Watchers Dutch Oven Recipes

By Savanna Peters, Kristina Newman

Createspace Independent Publishing Platform, United States, 2015. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book ***** Print on Demand *****.ARE YOU TIRED OF GUESSING WHAT'S FOR DINNER? DO YOU FEEL AS IF YOU NEVER HAVE TIME TO COOK A HOMEMADE MEAL FOR YOUR FAMILY? These days, it can be very difficult to find anything that is truly quick and easy when it is marketed as such. Fortunately, this book will combine two schools of thought about food that will indeed deliver the vitamins, nutrients, and good flavors that your body craves! Throughout this book, which is packed with an impressive 1,000 slow cooker recipes, you will notice that although these meals will take time to cook, the difference is they will not take a lot of your time from start to finish. Before you head out to work or to run errands for the day, just set the desired heat on your appliance, and you're set! You do not need to watch over the slow cooker or come back to it until you are ready to plate your food. It's that simple. With 1,000 different delicious recipes to choose from, you...



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