



Time to Dream

By -

Barron s Educational Series Inc.,U.S., United States, 2016.
 Paperback. Book Condition: New. arsEdition (illustrator). 279 x 212 mm. Language: English . Brand New Book. Sweet dreams are made of these lavish illustrations that require your care and devotion to make them come alive. There are wildly imaginative images of dolphins and dream catchers, giraffes and zebras, city streets and jungle habitats, crashing waves and gorgeous mandalas, ferocious dragons and gorgeous fashionistas. Let yourself relax and unwind with each one, choosing your own color palette while you let your creativity take flight. Coloring takes concentration, which in turn leads to greater mindfulness, enhanced attention, and increased opportunities to let your mind consider new and exciting avenues and ideas. Create a universe of colors in this book that lets you quiet your mind, create something beautiful, and offers much-needed time to focus and dream.



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Reviews

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Completely essential go through book. This is for all who statte there had not been a worthy of reading through. It is extremely difficult to leave it before concluding, once you begin to read the book.

-- **Lydia Legros**