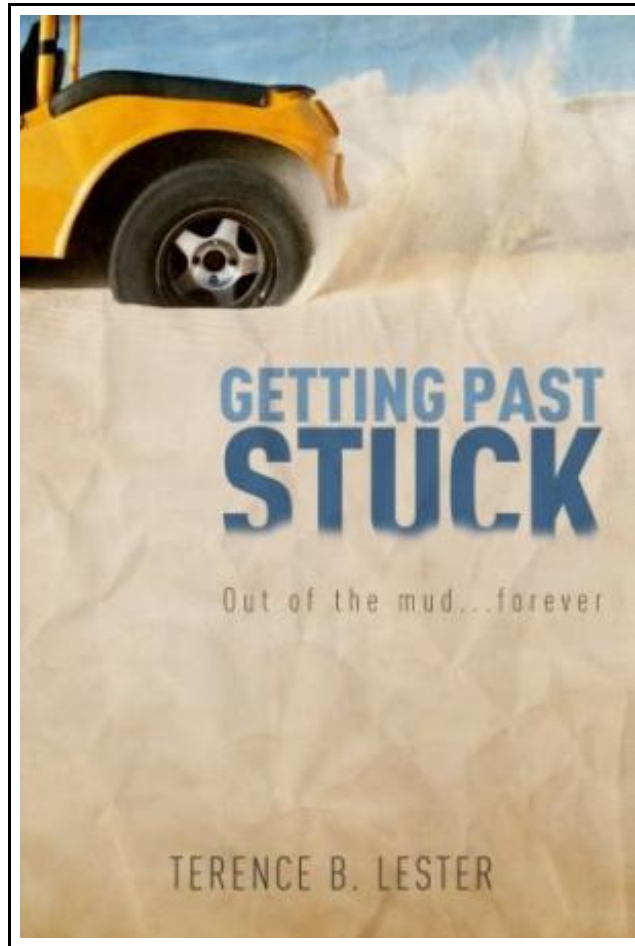


## Getting Past Stuck: Out of the Mud Forever



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### ***Reviews***

*Extremely helpful for all type of folks. It generally is not going to expense a lot of. I found out this book from my dad and i advised this book to find out.*

*(Melany Goyette)*

## GETTING PAST STUCK: OUT OF THE MUD FOREVER



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U-Turn Books, United States, 2012. Paperback. Book Condition: New. 226 x 148 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.The lack of forward mobility and a sense of reasonable accomplishment are natural desires in the human psyche. Deprivation of satisfying achievement has often led to great disappointment, remorse and emotional trauma. In GETTING PAST STUCK, Terence B. Lester affirms the fact that, at one time or the other, most of us will encounter adversity with the propensity to cause us to fall prey to self-condemnation and a sense of failure and stagnation. The presence of difficulty, within itself, is both excusable and predictable. Lester suggests that the methods employed to find one's way out of stagnation or to correct uneasiness, reveal our tenacity, character and level of faith. Drawing from a wealth of personal experiences, episodes from the lives of other individuals, and directives from God's Word, GETTING PAST STUCK encourages immediate self-evaluation coupled with self-confirmation to build a more fulfilling life. Its content serves as a relevant template for shaking off the grave clothes of depression and low self-esteem. It takes a lot for people to admit that they are STUCK. After reading this book, you will be able to recognize when you are coming to the point where you feel STUCK and need help, and also know what tools to use to help you get past stuck. Not only is this book an easy read, but it is practical and relevant for real life situations. -Cecilia L. Lester, Foreword Getting Past Stuck The dynamic, yet simple, God-ordained insight shared between the pages of Getting Past Stuck proves, once again, that Terence Lester, is spiritually wise beyond his natural years. -Kendra Norman-Bellamy, Essence Bestselling Author.



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