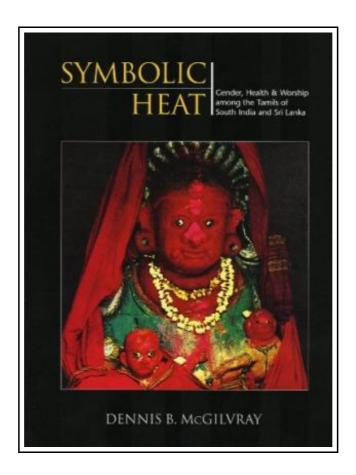
# Symbolic Heat: Gender, Health and Worship Among the Tamils of South India and Sri Lanka



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### Reviews

This book is great. I have go through and so i am confident that i will going to read through once again again in the future. I am just easily can get a satisfaction of looking at a written book. (Miss Vernie Schimmel)

## SYMBOLIC HEAT: GENDER, HEALTH AND WORSHIP AMONG THE TAMILS OF SOUTH INDIA AND SRI LANKA



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Grantha Corporation. Paperback. Book Condition: new. BRAND NEW, Symbolic Heat: Gender, Health and Worship Among the Tamils of South India and Sri Lanka, Dennis B. McGilvray, For the Tamils, an ethnic community in modern-day South India and Sri-Lanka, a concept of physical and spiritual heat as female energy (sakti) influences their diet, their traditional medical practices, their view of men and women, and their worship of Hindu deities. This cultural viewpoint is interpreted here photographically, by an anthropologist who has conducted firsthand field research in both locations. Some of the striking interconnections between "cooling" and "heating" foods, Ayurvedic humoral medical treatments, male and female gender relations, popular beliefs about sexuality and the life cycle, and "cooling" rituals of worship for "hot" Hindu goddesses are illustrated in this volume, which accompanies the Symbolic Heat photographic exhibit mounted by the University of Colorado Museum.

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