



# Not Broken: Making the Transition to Living with Physical Disability

By Andrea M Orsini

Balboa Press, United States, 2015. Paperback. Book Condition: New. 203 x 127 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.Who you are is determined by what fills your heart, your soul, and your spirit. After physical disability, who you are is still determined by what fills your heart, your soul, and your spirit. This book provides you with transition strategies that assist you in overcoming obstacles and negotiating a successful transition to living fully with physical disability. You most definitely can reclaim the momentum of your life if that is your choice. You can utilize transition strategies, insights, intuition, life lessons, self-respect, self-kindness, and a broad perspective to build a strong foundation that can support an exciting future. Change is Life. Your response to change determines the quality of your life.



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