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EAT DIRT: WHY LEAKY GUT MAY BE THE ROOT CAUSE OF YOUR HEALTH PROBLEMS AND 5 SURPRISING STEPS TO CURE IT (MAIN MARKET ED.)



Pan Macmillan. Paperback. Book Condition: new. BRAND NEW, Eat Dirt: Why Leaky Gut May be the Root Cause of Your Health Problems and 5 Surprising Steps to Cure it (Main Market Ed.), Josh Axe, Affecting 80% of the population, leaky gut syndrome is the root cause of a litany of ailments, including chronic inflammation, allergies, autoimmune diseases, hypothyroidism, adrenal fatigue, diabetes, and even arthritis. In order to keep us in good health, our gut relies on maintaining a symbiotic relationship...

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- Authored by Josh Axe
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This ebook is really gripping and fascinating. it had been writtern extremely perfectly and useful. Once you begin to read the book, it is extremely difficult to leave it before concluding.

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