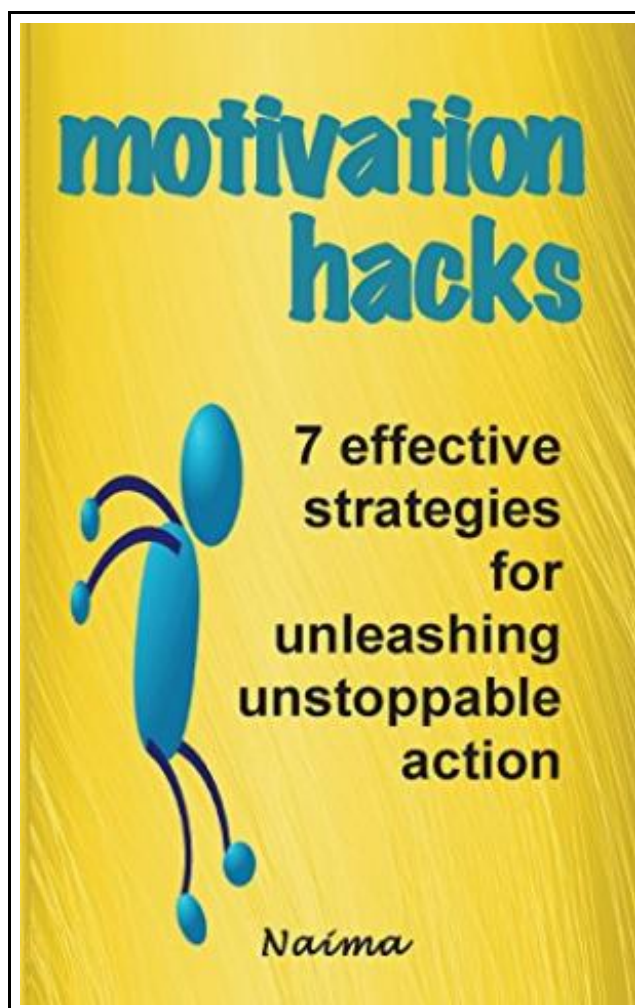


Motivation Hacks: 7 Essential Strategies to Unleash Ustoppable Action



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Reviews

Basically no words to clarify. Of course, it is perform, still an amazing and interesting literature. Its been printed in an exceptionally basic way which is only soon after i finished reading through this ebook where actually altered me, change the way i really believe.

(Newton Runolfsson)

MOTIVATION HACKS: 7 ESSENTIAL STRATEGIES TO UNLEASH USTOPPABLE ACTION



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CreateSpace Independent Publishing Platform. Paperback. Book Condition: New. This item is printed on demand. Paperback. 112 pages. Dimensions: 8.0in. x 5.0in. x 0.3in. When you got it, you just got it. Do you know one of those hyper productive, enthusiastic, energetic types who seem to do everything and more, and all with a huge grin on their faces? Annoying isn't it? So you secretly wish you were one of them. Especially on those days when you struggle to muster up enough motivation to just get out of bed. Or even the days when you do get out of bed, but only so you don't end up smelly, bankrupt, with starving kids, homeless, or whatever your own personal version of rock bottom is. The Power Of Motivation. Changing your motivation levels has the power to change how you approach your goals, your environment and your life. High motivation means you are full of energy, excited about your day and its contents, and, far from struggling to get through it, you live it and experience it fully. Being highly motivated means that even hard work has the potential to become a fun challenge. But how do you get from here, where you are now, to there, where those annoying super-motivated individuals are? Motivation Hacks shows you seven actionable strategies you can adopt today to start on your road to having self-motivation on demand. I discuss each strategy in turn, explaining why they work, and taking you through a step-by-step blueprint on incorporating them into your life, one day at a time. Soon, you will have the skill (and make no mistake, self-motivation is a learned skill) to design and live your very own annoyingly enthusiastic and energetic days. Yes, but what about . . . You don't have to give in to your negative internal dialogue. You don't have to settle for mediocrity,...



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