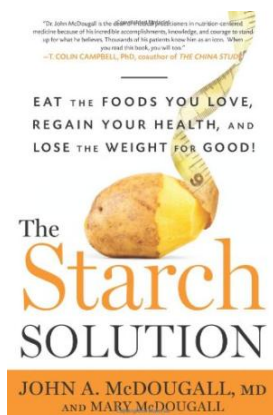


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# THE STARCH SOLUTION: EAT THE FOODS YOU LOVE, REGAIN YOUR HEALTH, AND LOSE THE WEIGHT FOR GOOD!



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- Authored by McDougall, John; McDougall, Mary
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