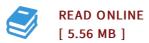




### Making Healthy Families: A Guide for Parents, Spouses and Stepparents

By Gayle Peterson PhD

Shadow & Light. Paperback. Book Condition: New. Paperback. 264 pages. Dimensions: 8.9in. x 6.0in. x 0.7in.Making Healthy Families explains the elements required to make and sustain healthy, functional families. This timely book describes the family life stages, from Becoming a Couple, to Becoming Parents, to Raising Adolescents and Launching Children. It educates about the predictable stresses of each stage of development, and offers guidelines and hands-on exercises for achieving a healthy adjustment in each stage of family life. A chapter on Trouble Shooting offers couples an opportunity to plot their own predictable stress points on the family journey, thereby allowing them to better master their particular life struggles. A chapter on Divorce: Crisis and Transformation offers advice to parents for helping their children and themselves through trying times. A chapter on Stepfamilies provides wisdom about the stages of stepfamily development that make remarriage rewarding, helping families avoid the pitfalls that cause over half of second marriages to fail. Learn what makes families work-from structure and communication to family style and characteristics of healthy marital relationships. Cutting edge research is enlivened through reallife questions about marriage, family, and parenting that have been answered by Dr. Peterson at www. makinghealthyfamilies. com This...



#### Reviews

Good eBook and useful one. It is amongst the most remarkable ebook i actually have study. You can expect to like the way the article writer publish this pdf.

-- Prof. Armand Senger DVM

Absolutely essential go through book. It can be rally fascinating through studying period of time. You wont truly feel monotony at at any time of your respective time (that's what catalogues are for concerning in the event you question me).

-- Roberto Leannon

### Other Kindle Books



## Perinatal Bereavement Services in Nassau Suffolk Counties: A Guide for Families

Createspace, United States, 2015. Paperback. Book Condition: New. 216 x 140 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*. Perinatal Bereavement Services in Nassau Suffolk Counties: A Guide for Families is a book designed to offer resources for parents...



#### Abc Guide to Fit Kids: A Companion for Parents and Families

Murdoch Books, 2007. Paperback. Book Condition: New. Brand new books and maps available immediately from a reputable and well rated UK bookseller - not sent from the USA; despatched promptly and reliably worldwide by Royal Mail;



# Talking Digital: A Parent's Guide for Teaching Kids to Share Smart and Stay Safe Online

Createspace, United States, 2014. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book. It is time for the digital talk. Today, kids are growing up in a wired world. Their online interactions, the good and the bad,...



# Ready, Set, Preschool!: Stories, Poems and Picture Games with an Educational Guide for Parents

Book Condition: Brand New. Book Condition: Brand New.



### Daycare Seen Through a Teacher's Eyes: A Guide for Teachers and Parents

America Star Books, United States, 2010. Paperback. Book Condition: New. 224 x 152 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*. Between the good mornings and the good nights it s what happens during the day I want the...



Simple Signing with Young Children: A Guide for Infant, Toddler, and Preschool Teachers

Book Condition: Brand New. Book Condition: Brand New.