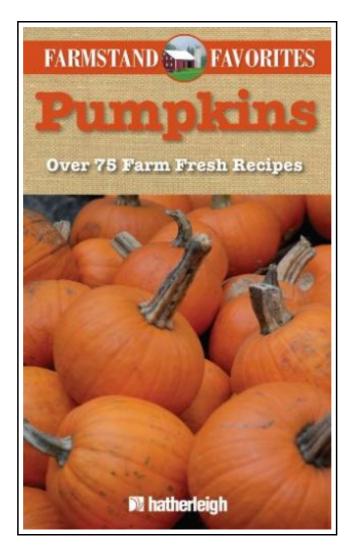
## **Farmstand Favorites: Pumpkins**



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## Reviews

Very good e book and useful one. Better then never, though i am quite late in start reading this one. I am just quickly could possibly get a pleasure of reading through a published ebook.

(Laron Cartwright)

## **FARMSTAND FAVORITES: PUMPKINS**



Hatherleigh Press, U.S., United States, 2010. Paperback. Book Condition: New. 206 x 138 mm. Language: English. Brand New Book. Delight in the Delicious Bounty of the Pumpkin Harvest! Farmstand Favorites: Pumpkins highlights one of the most recognizable vegetables from the harvest season--pumpkins. From creamy pumpkin puree to crunchy pumpkin seeds, pumpkins are one of the most versatile vegetables, and with over 75 easy-toprepare recipes, you will find delicious and simple ways to enjoy pumpkins year-round. You will also learn about the many varieties of pumpkins, how to select the perfect pumpkin, and how to incorporate pumpkins into any course. Farmstand Favorites: Pumpkins features easy-to-prepare recipes, including a few all-American favorites, such as: - Honey-Pumpkin Muffins with Cream Cheese Frosting - Pumpkin Curry Soup - Quinoa and Pumpkin Seed Salad - Roasted Chicken with Pumpkin Risotto - Roasted Pumpkin Seeds - Pumpkin Corn Bread -Honey Walnut Pumpkin Pie With a trip to the farmers market and Farmstand Favorites: Pumpkins, you can reap the benefits of a local vegetable that, grown without hormones and pesticides, provides healthful nutrients and a connection to the earth and your community. Buy Local and Support Your Local Farmer and Farmers Markets The Farmstand Favorites series was created to encourage buying local and buying fresh. More than ever, we strive for a better understanding of where our food comes from, and for many of us this means shopping at a farmers market or farmstand. By supporting your local farmers and producers, you are also supporting a livelihood which is vital for a healthy, sustainable future.



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