



Chakra Illumination: A Musical Journey

By David Ison

SOUNDS TRUE INC, United States, 2012. CD-Audio. Book Condition: New. abridged edition. 145 x 132 mm. Language: English . Brand New. A Music-Based Meditation System to Activate Your Full Energetic Spiritual Potential Every dimension of you arises from the music of the spheres -the cosmic symphony of pure energetic vibration. First revealed by ancient mystics, the healing effects of sound are familiar to those who ve used David Ison s medically proven therapeutic music. Now, with Chakra Illumination, this acclaimed composer and teacher invites you to begin a practice for awakening your full spiritual potential. Join David to learn how the sacred geometries and harmonics of his intentional music activate deep receptivity, gratitude, and illumination at every level-physical, energetic, and spiritual. Then, experience these benefits directly, via two powerful new musical journeys: Harmonizer Level One guides your breathing and consciousness to amplify the specific frequencies-the generative essences-of each of your chakras Harmonizer Level Two brings your seven energy centers into full integration and attuned resonance-empowering you to choose and act from your highest potential Designed to make meditation pleasurable (and virtually effortless), Chakra Illumination works as a complete daily practice, as a boost to your current spiritual path, or simply as a rejuvenating listening...



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