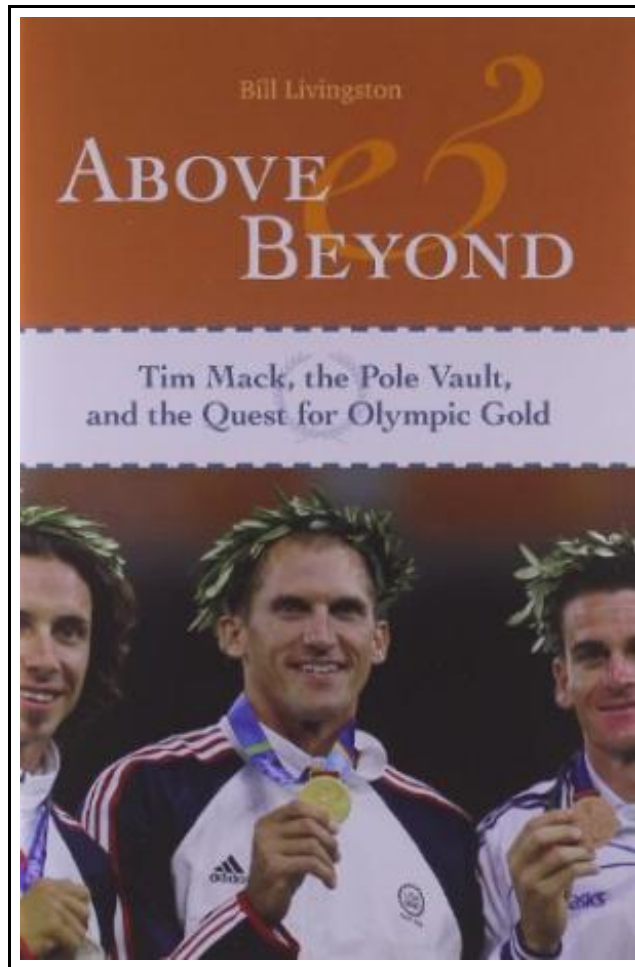


Above and Beyond: Tim Mack, the Pole Vault, and the Quest for Olympic Gold (Hardback)



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Reviews

Basically no words to clarify. Of course, it is perform, still an amazing and interesting literature. Its been printed in an exceptionally basic way which is only soon after i finished reading through this ebook where actually altered me, change the way i really believe.

(Newton Runolfsson)

ABOVE AND BEYOND: TIM MACK, THE POLE VAULT, AND THE QUEST FOR OLYMPIC GOLD (HARDBACK)

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Kent State University Press, United States, 2008. Hardback. Book Condition: New. New.. 236 x 160 mm. Language: English . Brand New Book. This book addresses overcoming the odds to win the gold. Two Olympic medalists were recognized at Quicken Loans Arena in Cleveland, Ohio, days before Christmas 2004. One was the Cleveland Cavaliers LeBron James, the Chosen One of the NBA. He had a bronze medal from the Athens games that summer. The other was a Cleveland homeboy too, a gold medalist who had flown higher than anyone before on the Olympic stage. Hardly anyone knew his name. He was Tim Mack. His high school coach didn't see anything particularly promising in the young pole-vaulter. Mack never made it to the state meet, and he was the first to admit he had a fear of heights. But thanks to his unflinching determination and confidence, Mack went on to prove that he was anything but mediocre. In 2004, the young athlete won the Olympic gold medal for pole vaulting. His jump of 19 feet 6-1/4 inches was not only Mack's personal best but the highest in Olympic history. Award-winning sports columnist Bill Livingston follows Mack as he practices one of the world's most dangerous and demanding sports. Livingston reveals the fascinating subculture of pole vaulting - from Bob Richards, the only man to win Olympic gold twice in pole vaulting; to Sergey Bubka, the most controversial pole vaulter ever; to Don Bragg, a rowdy Tarzan-like character who swung on ropes in his backyard to build upper-body strength; to the stirring duel between Mack and Toby Stevenson as they battled for gold in Athens. Readers will discover how Mack struggled and endured, while working in a factory, as a mascot in a bumblebee costume, and as a janitor, and how Mack changed...



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