



Pain Free - True Stories of Transformation from Chronic Pain to Instant Relief

By Else Vistisen

Rethink Press Limited, United States, 2015. Paperback. Book Condition: New. 216 x 140 mm. Language: English . Brand New Book ***** Print on Demand *****.If you thought that you had no alternative to living with pain, now is the time to think again. With Else Strom Vistisen, you CAN return to your best and enjoy a pain-free and fulfilled life. This is the message of PAIN FREE. It demonstrates just some of the results of Else s individualised, long-lasting pain solutions. Her therapies are effective, non-invasive and intuitive; they eliminate chronic pain without drugs, other remedies, oils or expensive physical therapy. In PAIN FREE you will learn of: The broad spectrum of people who have suffered in silence and given up hope of returning to their best; A light touch that can reactivate nerve receptors to realign and rebalance the body; Muscle and tendon inflammation that can be solved without the use of drugs; Gentle, efficient lymphatic drainage that improves joint mobility and releases common pain; Real life examples of diverse, simple and gentle treatments that can transform lives within minutes. Else Strom Vistisen is a successful Danish occupational therapist and the founder and owner of Else Vistisen Therapy, Singapore....



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Reviews

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This composed publication is great. It is one of the most remarkable publication i have got read through. I am just quickly could get a delight of looking at a composed book.

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