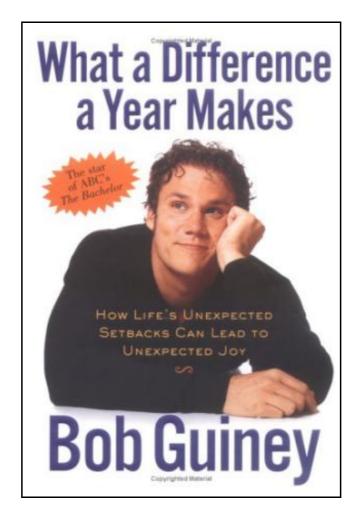
What a Difference a Year Makes: How Life s Unexpected Setbacks Can Lead to Unexpected Joy (Hardback)



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Reviews

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WHAT A DIFFERENCE A YEAR MAKES: HOW LIFE S UNEXPECTED SETBACKS CAN LEAD TO UNEXPECTED JOY (HARDBACK)



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Penguin Group USA, 2003. Hardback. Book Condition: New. 208 x 140 mm. Language: English . Brand New Book. The next star of ABC s The Bachelor, and the funny guy who stole America s heart on The Bachelorette shares hard-earned advice and wisdom on how life s unexpected setbacks can lead to unexpected joy. One Thanksgiving weekend Bob Guiney came home to find a white Post-it(tm) note from his wife informing him that she wanted a divorce. On top of his broken heart, he suffered a series of physical injuries, gained forty pounds, and fell into a deep depression. For the first time in his life, he found himself at rock bottom, unsure of how to pick up the pieces. What a Difference a Year Makes looks, month-by-month, at a devastating year and the wise words and lessons drawn from uncles, aunts, parents, and his best friend: Grandma. On paper, he writes, I looked like a failure-no football career, no music career, and a divorce. But actually I m doing better than I ever have in my life. With the honesty and humor that have made Bob America s favorite bachelor, he explores the simple but valuable life lessons that helped him return to vitality and optimism. The result is a witty and warm book that will touch and inspire anyone who has ever suffered a broken heart.

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