



Move the Nest: A Mothers Guide to Letting Go

By Catherine Harris

iUniverse. Hardcover. Book Condition: New. Hardcover. 116 pages. Dimensions: 9.0in. x 6.0in. x 0.4in. Move the Nest is a compassionate and supportive companion that provides practical advice, valuable instruction, and realistic coping tips for parents who are preparing to send a child off to college. Letting go isnt easy, and Catherine Harriss experience was no exception. While preparing her only child to leave the nest for college, she felt like she was sending him to the moon. Plain and simple, she knew her relationship with him would change forever. Harris shares her humorous and heartwarming account of her attempt to hang on to her college-bound son as she details her personal experiences and incorporates valuable insight as to what parents can expect during the transition from high school to college. She includes action plans, timelines, and a packing list while providing guidance on topics such as: What to do with their empty room The greatest gift you can give before they leave When to never call your college student How to prepare for their first visit home Parents everywhere will appreciate Catherine Harriss conversational style as they learn to let go and, along with their college-bound teen, begin a new chapter...



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