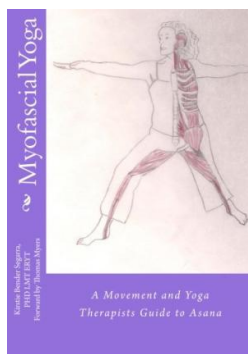


Myofascial Yoga: A Movement and Yoga Therapists Guide to Asana



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Book Review

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