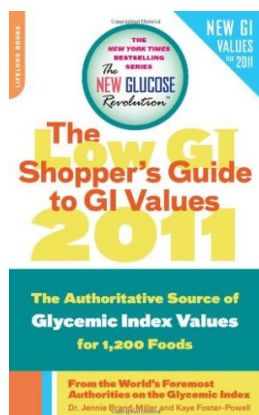


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## THE LOW GI SHOPPER'S GUIDE TO GI VALUES 2011: THE AUTHORITATIVE SOURCE OF GLYCEMIC INDEX VALUES FOR 1200 FOODS



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