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Easy Vegetarian One-pot: Delicious Fuss-free Recipes for Hearty Meals

By Ryland Peters & Small

Ryland, Peters & Small Ltd. Paperback. Book Condition: new. BRAND NEW, Easy Vegetarian One-pot: Delicious Fuss-free Recipes for Hearty Meals, Ryland Peters & Small, One-pot dishes are simply the easiest way to eat well. Healthy and nutritious, they can be prepared with minimal fuss and washing up. In Easy Vegetarian One-pot, you will find an enormous selection of some of the best meat-free one-pot recipes. Lighter meals include Soups and Salads - try a Spicy Pinto Bean Soup with Sour Cream to fill the family on a cold day - and quick and satisfying Omelettes and Frittatas, such as a fresh-tasting Minted Courgette Frittatta. Pasta is also an easy one-pot dish, so choose between a classic Puttanesca or an original combination such as Pasta with Potatoes and Macadamia Pesto. Noodles and Stir-fries can be prepared quick as a flash, while satisfying Casseroles and Stews, such as a delicious Greek Summer Stew with Lemon and Olives, are easy to prepare but benefit from slow cooking. Bakes and Gratins are great for entertaining - serve a warming Baked Spinach Mornay to delight friends and family - while Rice and Grains includes delicious recipes for risottos and pilaus, amongst others. Finally, Curries and...



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