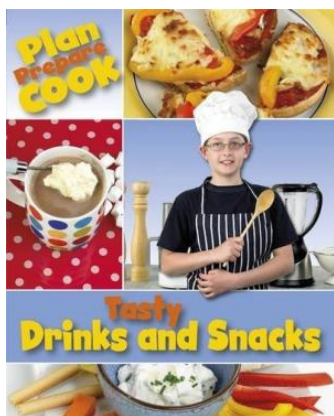


## Read Book

# TASTY DRINKS AND SNACKS



Hachette Children's Group. Paperback. Book Condition: new. BRAND NEW, Tasty Drinks and Snacks, Rita Storey, Snacks and drinks are a useful way of boosting your energy between meals. But many savoury snacks are high in salt and fat and many sweet snacks and drinks are high in sugar. This book provides lots of ideas for healthy, but very tasty, snacks and drinks. The recipes include mini-wraps, cheese dip, blueberry milkshake and banana muffins. The 'Plan, Prepare, Cook' series has brilliant step-by-step...

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- Authored by Rita Storey
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