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Drinking from My Leg: Lessons from a Blistered Optimist

By Martin Paul Martin, Paul Martin

iUniverse, United States, 2010. Paperback. Book Condition: New. 226 x 152 mm. Language: English . Brand New Book ***** Print on Demand *****.Twenty-five years old, fresh out of college, Paul Martin's life took a major turn. In 1992, as a result of a car accident, Martin's left leg was amputated five inches below the knee. His future plans hadn't included a prosthetic leg. But after returning to his workout routine, Martin realized he was destined to be a disabled athlete. In this, his second memoir, Martin's story takes up where *One Man's Leg* left off. He narrates the events of his life on the race course during the eight years and reveals what his life as a competitive triathlete, runner, and cyclist has been like. *Drinking from My Leg* details a host of accomplishments, including the completion of ten Ironman Triathlons and the raising of the flag after he won the Disabled Cycling World Championships in 2002. Engaging and written with a sense of humor, *Drinking from My Leg* serves as an inspiration for others who face challenges. Martin shows that optimism is the key to winning the battle.



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Reviews

Most of these publication is the perfect ebook accessible. It is amongst the most awesome publication i have got read through. You wont truly feel monotony at whenever you want of the time (that's what catalogs are for regarding in the event you request me).

-- **Prof. Edgar Kshlerin**

It is easy in study safer to comprehend. It can be writter in basic phrases and never confusing. It is extremely difficult to leave it before concluding, once you begin to read the book.

-- **Emmitt Harber**