



Time to Get Things Done: Beat Procrastination, Stop Being Lazy, Take Actions, and Master Your Life in 24 Hours

By Christ Lewis

Createspace, United States, 2014. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book ***** Print on Demand *****.Get Things Done Within 24 Hours!

Sometimes, you just don't want to do something. But you have to, or perhaps you want to, but you don't really feel like it. Worse yet, you may feel that inertia just sucking the life out of you, making matters worse. And then you may cope with that unpleasant feeling by getting sidetracked with distracting procrastination activities. So what to do? You can't always rely on desire to magically kick in and propel you into productive effort. Further, you may have a habit of avoiding things that you are not otherwise forced to do. Like most of us, if you don't have external pressure and potential penalties spurring you on, it can be tough to get yourself to take actions now and beat procrastination. With this book, you will be able to get things done faster, better, and more easily. Whether you're facing down a deadline or just trying not to waste too much time getting something done, a little extra attention and willpower will help you...



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Reviews

Most of these publication is the perfect ebook accessible. It is amongst the most awesome publication i have got read through. You wont truly feel monotony at whenever you want of the time (that's what catalogs are for regarding in the event you request me).

-- **Prof. Edgar Kshlerin**

It is easy in study safer to comprehend. It can be writter in basic phrases and never confusing. It is extremely difficult to leave it before concluding, once you begin to read the book.

-- **Emmitt Harber**