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Painkillers, Heroin, and the Road to Sanity: Real Solutions for Long-Term Recovery from Opiate Addiction

By Joani Gammill RN

Hazelden. Paperback. Book Condition: New. Paperback. 180 pages. Dimensions: 8.3in. x 5.3in. x 0.7in. Recovery from prescription painkiller or heroin addiction can feel impossible, especially considering that those who have gone through typical twenty-eight-day treatment programs often experience relapses and sometimes even fatal overdoses. But there is hope. In Painkillers, Heroin, and the Road to Sanity, recovering addict and prominent interventionist Joani Gammill offers a radically effective approach for those struggling with opiate addiction, sharing sometimes controversial tips that have worked for others who are in long-term recovery. Gammill examines the science behind the low numbers of people sustaining recovery from the disease of opiate addiction. Tapping the pioneering work of treatment professionals whose new approaches are changing the way we think about opiate addiction, she offers practical steps for creating a realistic and effective recovery plan. Gammill affirms that recovery from opiate addiction is a process, not an event. This honest and trustworthy guide reveals that, although it may not happen in one detox or treatment experience, a healthy, drug-free life is possible. This item ships from multiple locations. Your book may arrive from Roseburg,OR, La Vergne,TN. Paperback.



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