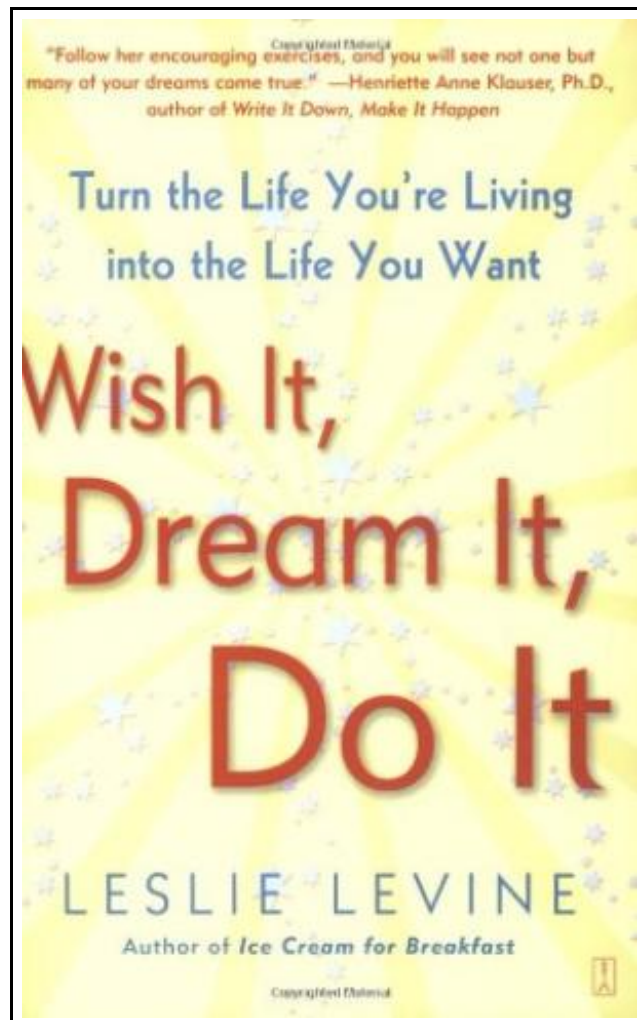


## Wish it, Dream it, Do it: Turn the Life You re Living into the Life You Want



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Simon Schuster Ltd, United Kingdom, 2005. Paperback. Book Condition: New. Original ed.. 213 x 140 mm. Language: English . Brand New Book. Do you save the wishbone? Do you pause before you blow out the candles? Does wishing make it so? In WISH IT, DREAM IT, DO IT author and speaker Leslie Levine clearly, creatively, and gently shows readers how to combine their dreams and wishes with practical strategies intended to help them achieve what they really want from life. In each of the fifty-two chapters - one for each week of the year - Levine prescribes strategic advice to help readers combine their inner resources with external sources of support, such as mentors, workshops, books, friends and family. Each chapter instructs readers - in a holistic manner - to 1) ask, 2) experiment, 3) practice, and 4) affirm. In chapters ranging from Don t Keep Your Dreams in a Drawer to Make Peace With Your Past, from Meet Ms. Greedy, Ms. Envy, and Ms. Jealousy to Redefine Failure, Levine encourages readers to experiment with the what if s, so that they can get a sense of what might happen if, indeed, they try on their dreams. In this way, readers learn how to test themselves without worrying about failing or being judged. Each chapter ends with an affirmation - a show of support and a few words that coax readers towards taking the next step. Under Levine s accomplished and inspiring tutelage, readers learn how to take their dream and make it reality, how to wish it, dream it, and do it!.



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