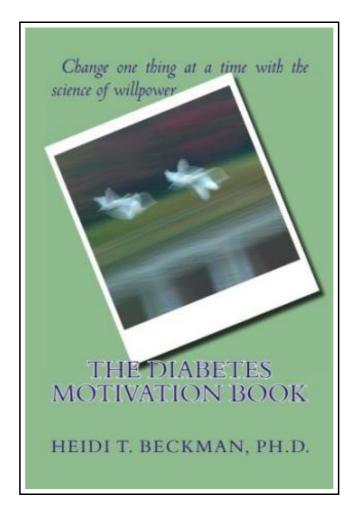
The Diabetes Motivation Book: Change One Thing at a Time with the Science of Willpower



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