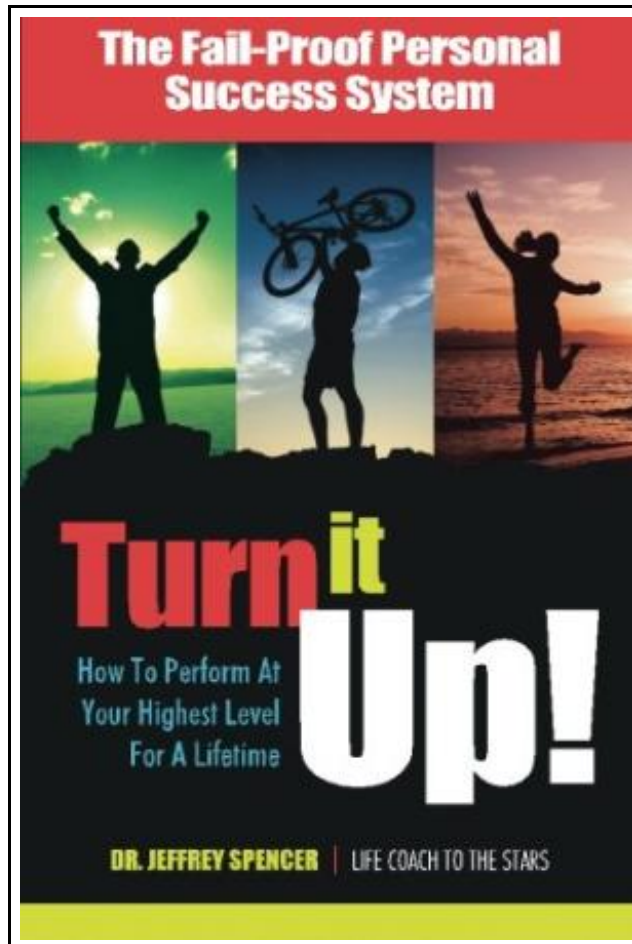


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TURN IT UP: HOW TO PERFORM AT YOUR HIGHEST LEVEL FOR A LIFETIME



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