



## Very Vegan: Quick, Easy, and Flavorful Vegan Recipes That Any Foodie Will Enjoy

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By Gregory Echols

Createspace Independent Publishing Platform, United States, 2015. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.Avoid Animal Cruelty While Still Eating Like A King Or Queen The 25 recipes in this book will introduce you to vegan cooking. There are several recipes for breakfast, such as pancakes, waffles, and muffins, and many recipes for vegetables. The vegan lifestyle can be very rewarding. Harming animals and using their byproducts only promotes animal death. There are plenty of other methods and recipes that taste just as good that don't use animals!.



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