



The Food Dehydrating Bible: Grow it. Dry it. Enjoy it!

By Brett L Markham

Skyhorse Publishing, United States, 2014. Paperback. Book Condition: New. 251 x 175 mm. Language: English . Brand New Book. Bestselling author of the Mini Farm series, self-sufficiency expert Brett Markham turns his attention to the timeless art of food dehydrating. An avid food dryer for years, Brett walks you through the simple steps for dehydrating everything from traditional classics like apples and jerky to more unusual fare. Whether you re following a raw food lifestyle or looking for new ways to make the most of your garden s produce, this is an inside look at all aspects of dehydrating. The Food Dehydrating Bible includes: * Straightforward, easy easy-to to-follow instructions * Dozens of recipes * Diagrams * One hundred color photographs * And more! This is a must-have manual for beginners and dehydrating gurus alike! Skyhorse Publishing, along with our Good Books and Arcade imprints, is proud to publish a broad range of cookbooks, including books on juicing, grilling, baking, frying, home brewing and winemaking, slow cookers, and cast iron cooking. We ve been successful with books on gluten-free cooking, vegetarian and vegan cooking, paleo, raw foods, and more. Our list includes French cooking, Swedish cooking, Austrian and German cooking,...



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