



## DHEA: Your Fountain of Youth Hormone

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By Susan Richards M D

Createspace, United States, 2015. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.Susan Richards, M.D., one of the most respected women s alternative medicine experts, shares her all natural, safe and effective program that has helped countless women support their own DHEA production and successfully recover from health issues caused by the lack of this valuable hormone. DHEA is one of the most important sex hormones for women with benefits that affect almost every aspect of our health and well-being. Many research studies have found that when DHEA levels are balanced and healthy in the body, it is a veritable fountain of youth. The benefits of this hormone are so wide-reaching that it is now recognized as one of the most important markers of aging. DHEA eases menopausal symptoms and boost heart and bone health. It supports the healing of autoimmune diseases, arthritis, multiple sclerosis, diabetes and even cancer. It improves sex drives and support lean body mass and increased muscle strength. Every woman who wants to maintain her energy, vitality, zest for life, emotional balance and maintain resistance to disease needs to be aware of the benefits of DHEA....



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