



Pocket Posh Creative Thinking: 50 Brain-Training Puzzles

By The Puzzle Society

Andrews McMeel Publishing. Paperback. Book Condition: new. BRAND NEW, Pocket Posh Creative Thinking: 50 Brain-Training Puzzles, The Puzzle Society, Don't get stuck in a rut-free up your creativity. This guide will teach you how to think creatively by calming the critical voice in your head that can sometimes paralyze fresh thought. Scientists tell us that our brains are often more active when we are working with others. Creative thinking will help you develop strategies for thinking cooperatively-not only when you're in a team, bouncing ideas around, but also when you're alone, by seeking inspiration and a fresh outlook from the world around as well as from personal mentors and even written sources. A key part of the book provides essential guidance on lifestyle and fostering a positive outlook to complement exercises that help you get those creative juices flowing.



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