



# Understanding Abnormal Psychology: Clinical and Biological Perspectives

By Pamilla Ramsden

Sage Publications Ltd, United Kingdom, 2013. Paperback. Book Condition: New. 230 x 186 mm. Language: English . Brand New Book. This is a very comprehensive text which provides detailed, yet accessible, coverage of abnormal psychology. The author has a clear command of the subject matter, yet also demonstrates a critical appreciation of some of the more contentious issues within mental health. The written content is superbly accompanied by innovative diagrams and illustrations which greatly enhance the pedagogical features of this book Dr Philip John Tyson, University of Wales, Newport This textbook presents a thorough understanding of abnormal psychology with a focus on the integration of psychology, biology and health. It goes beyond a descriptive overview of clinical disorders to provide a critical appreciation of the multifaceted aspects of mental illness. Each disorder is clearly and succinctly explained with the support of case studies. These examples are then used to introduce the debates surrounding current research, the biology of abnormal disorders and standards of treatment. The bridge between the biological elements of brain functioning and the psychological mechanisms that are responsible for coping and adjustment is thoroughly explored. This valuable consideration of the range of elements involved in the diagnosis and...



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