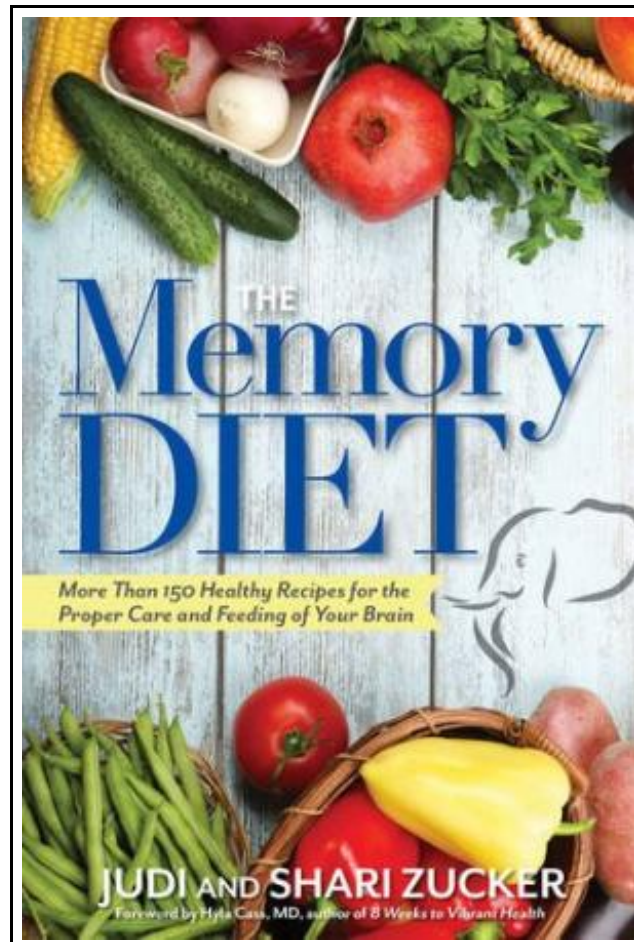


The Memory Diet: More Than 150 Healthy Recipes for the Proper Care and Feeding of Your Brain



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